

Rules And Regulations

Covid – 19 Guidelines

- All participants should bring their vaccination card.
- Should enter the premises with mask and face shield.
- Face shield can be removed only when you cooking.
- Mask should be worn all the time. (Recommended KN95)
- Should bring a sanitizer for your own use.

Covid – 19 Guidelines (premises)

- All participants have to bring more than one spoon to taste.
- All participants should wash their cutleries after tasting your own dish.
- Judges will be given new spoons for each tasting.

Competition Rules and Regulations

- If there are any changes in your time slots, participants should inform one of the directors within 24 hours.
- All participants should bring small spoons, knife and a fork for your own use.
- All participants should make a dish along two side dishes.
- All participants should select the ingredients from the given list of ingredients to create their dish.
- All participants will be given 20 minutes of preparation time (Mise on Place) and 40 minutes cooking time. All together 1 hour for your dish.
- All participants will have a separate Station to cook, within the given time every participant should clean their stations and cutleries.
- 20 competitors will be selected for Round 02.
- There will be 3 judges to taste your dish and points will be awarded and the selected competitors will be announced after 24 hours.
- MSG Prohibited.

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