

# Healthcare Assistant Report

## **Predicted Disease:**

Fungal infection

## **Disease Description:**

Fungal infection is a common skin condition caused by fungi.

## **Precautions:**

bath twice

use detol or neem in bathing water

keep infected area dry

use clean cloths

## **Medications:**

['Antifungal Cream', 'Fluconazole', 'Terbinafine', 'Clotrimazole', 'Ketoconazole']

## **Dietary Recommendations:**

['Antifungal Diet', 'Probiotics', 'Garlic', 'Coconut oil', 'Turmeric']

## **Workout Recommendations:**

Avoid sugary foods

Consume probiotics

Increase intake of garlic

Include yogurt in diet

Limit processed foods

Stay hydrated

Consume green tea

Eat foods rich in zinc

Include turmeric in diet

Eat fruits and vegetables