

A Beginner's Guide to Becoming a Performance Tuner

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- SQL Server DBA & DB Developer
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- Chicago SQL Association – Director-at-Large
- Working with SQL Server since 2001
- Speaking since Early 2014
- Microsoft MVP (2017-2018)



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Wide World Out There

“Performance Tuning”

What do you think that phrase entails?

Knowledge of... what?

What do I need to learn?

Today's Agenda

Administrative Practices

T-SQL Practices

<https://www.github.com/sqlbek>

100-200 Level Session

**Will be introducing many intermediate
& advanced topics**

Survey session – will not be in-depth

Administrative Practices

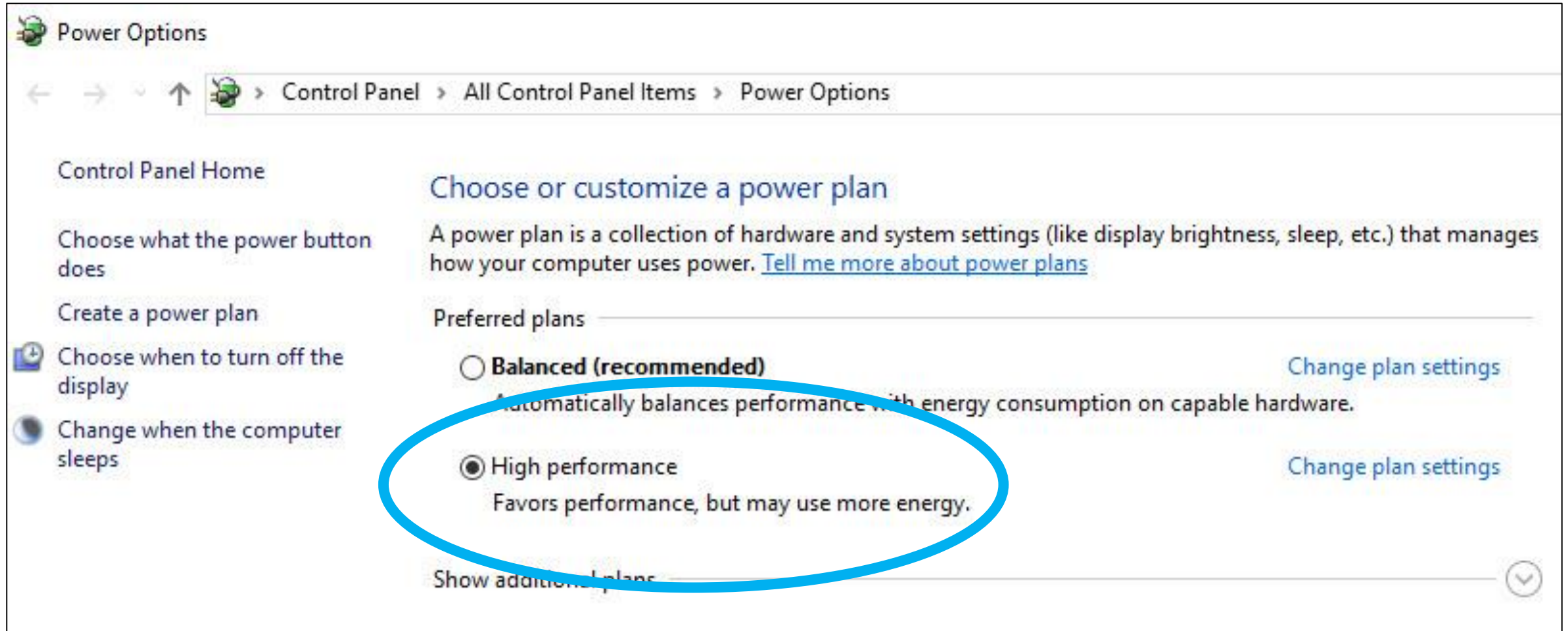
#1 – All The Power

Windows Server - Power Plan

Wrong Setting Throttles CPU

Microsoft Default Makes Me Sad...

#1 – High Performance – Always!



#1 – Power to the Shell

Learn More:

dbatools.io: Test-Dbapowerplan & Set-Dbapowerplan

- <https://docs.dbatools.io/#Test-Dbapowerplan>
- <https://docs.dbatools.io/#Set-Dbapowerplan>
- <https://www.sqlskills.com/blogs/glenn/windows-power-plan-effects-on-newer-intel-processors/>

#2 – Change Those Defaults

1. TempDB – # of files
2. Max Memory – not “infinity”
3. Autogrowth

#2 – Autogrowth



#2 – Change Me

Database Properties - AutoDealershipDemo

Select a page

- General
- Files

Script ? Help

Database files:

Logical Name	File Type	Filegroup	Size (MB)	Autogrowth / Maxsize
AutoDealershipDemo	ROWS Data	PRIMARY	4750	By 250 MB, Unlimited ...
AutoDealershipDemo...	LOG	Not Appli...	5782	By 250 MB, Limited to 2097152 MB ...

Connection: andy_local

[View connection properties](#)

Progress

Ready

Add Remove

OK Cancel

#2 – Model After Me

The screenshot shows the SQL Server Enterprise Manager interface. In the Object Explorer, the 'model' database is selected under 'HAVOK.XMEN.COM (SQL Server 14.0)'. The 'Database Properties - model' window is open, and the 'Files' page is selected. The 'Database files' table is circled in purple.

Logical Name	File Type	Filegroup	Size (MB)	Autogrowth / Maxsize
modeldev	ROWS...	PRIMARY	8	By 64 MB, Unlimited
modellog	LOG	Not Applicable	8	By 64 MB, Unlimited

#2 – AutoGrowth Recap

Learn More:

- <https://www.sqlskills.com/blogs/paul/importance-of-data-file-size-management/>
- <https://www.sqlskills.com/blogs/paul/importance-of-proper-transaction-log-size-management/>
- <https://sqlperformance.com/2014/12/io-subsystem/proactive-sql-server-health-checks-1>

BONUS: <https://www.sqlskills.com/blogs/paul/why-you-should-not-shrink-your-data-files/>

#3 –Parallelism

Controlled via two SQL Server settings:

- MAXDOP - # of cores
- Cost Threshold for Parallelism – minimum execution plan cost to consider parallelism

Don't Fear Parallelism

#3 – How Does It Work?

Sounds great, right?

- Pros
- Cons

#3 – Change Me

```
71 -- Check sys.configurations
72 SELECT
73     name, value, value_in_use
74 FROM sys.configurations
75 WHERE name IN ('cost threshold for parallelism', 'max degree of parallelism');
76 GO
77
```

DEMO

150 %

Results Messages

	name	value	value_in_use
1	cost threshold for parallelism	5	5
2	max degree of parallelism	0	0

#3 – Cost Threshold for Parallelism Recap

Learn More:

- <https://www.sqlskills.com/blogs/jonathan/tuning-cost-threshold-for-parallelism-from-the-plan-cache/>
- <https://docs.microsoft.com/en-us/sql/database-engine/configure-windows/configure-the-cost-threshold-for-parallelism-server-configuration-option?view=sql-server-2017>
- <https://www.brentozar.com/archive/2017/03/why-cost-threshold-for-parallelism-shouldnt-be-set-to-5/>

#3 – MAXDOP Recap

Learn More:

- <https://www.sqlskills.com/blogs/paul/maxdop-configuration-survey-results/>
- <https://docs.microsoft.com/en-us/sql/database-engine/configure-windows/configure-the-max-degree-of-parallelism-server-configuration-option?view=sql-server-2017>

BONUS: <https://blogs.vmware.com/apps/2018/09/sql-server-on-vmware-august-2018.html>

Recap

1. Power Plan
2. SQL Server Defaults
3. Parallelism

T-SQL Practices

#4 – Large Queries

Ever see a query where... ?

Tried to write a query that does everything?

Get X, SUM(Y), Count of Z...

#4 – Languages Matter

Procedural/Imperative - HOW

- Defines HOW to do something
- What you tell it to do, it will do

Declarative - WHAT

- Defines WHAT you would like to happen
- The HOW is left up to the language parser

#4 – Follow The Recipe

Ingredients:

- 1 cup dry spaghetti
- 1 16oz jar tomato sauce
- 1 1lb ground beef
- 1 1/2 small onion
- 1 16oz box mushrooms
- 3 garlic cloves
- 1 tbsp dried oregano
- 1 tbsp dried basil
- Salt & pepper

Steps:

1. Retrieve onion, & mushrooms from fridge.
2. Retrieve chef knife, cutting board from cabinet.
3. Retrieve garlic, oregano, basil, & tomato sauce from pantry.
4. Chop onion & mushrooms.
5. Retrieve saute pan from cabinet.
6. Saute garlic & onion. Remove & set aside.
7. Saute mushrooms. Remove & set aside.
8. Retrieve ground beef from fridge.
9. Brown beef.
10. Return garlic, onion, & mushrooms to saute pan with ground beef.
11. Add tomato sauce, salt & pepper, reduce to simmer, & cover.
12. Wait 15 minutes, stirring occasionally.
13. Retrieve spaghetti & salt from pantry.
14. Measure desired amount of spaghetti.
15. Retrieve stock pot from cabinet.
16. Fill stock pot with 6 qt. water from sink.
17. Add 2 tbsp salt to stock pot & bring water to boil on stove.
18. Add spaghetti to boiling water.
19. Wait 10 minutes.
20. Drain water from stock pot.
21. Combine pasta with sauce & serve.

#4 – Procedural: Follow The Directions



#4 – Declarative: Doing It My Way



#4 – Declarative: Doing It My Way

Ingredients:

- 1 cup dry spaghetti
- 1 16oz jar tomato sauce
- 1 1lb ground beef
- 1 1/2 small onion
- 1 16oz box mushrooms
- 3 garlic cloves
- 1 tbsp dried oregano
- 1 tbsp dried basil
- Salt & pepper

Steps:

1. Retrieve onion from fridge.
2. Retrieve cheese from cabinet.
3. Retrieve garlic from tomato sauce.
4. Chop onion & mushrooms.
5. Retrieve sauce from cabinet.
6. Saute garlic & onion aside.
7. Saute mushrooms & onion aside.
8. Retrieve ground beef from freezer.
9. Brown beef.
10. Return garlic, onion, & mushrooms to saute pan with ground beef.



11. Add tomato sauce, salt & pepper, reduce to simmer, & cover.
12. Wait 15 minutes, stirring occasionally.
13. Retrieve spaghetti & salt from pantry.
14. Measure desired amount of spaghetti.
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#4 – How to Solve?

Consolidate and/or Break It Up

Temp Tables are y

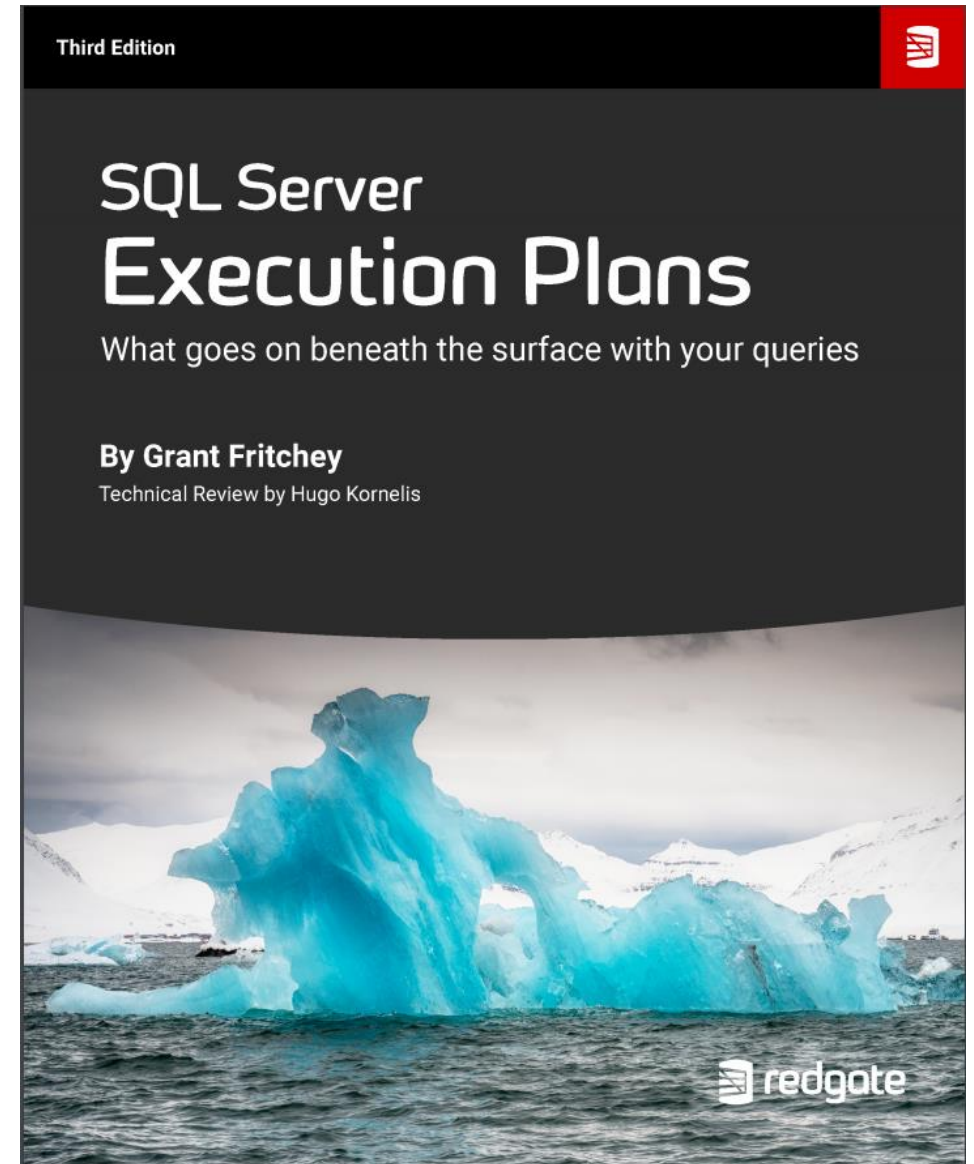
DEMO

- But Beware Table variables

#4 – Large Query Recap

Learn More:

- <https://erikdarlingdata.com/2019/07/stop-writing-big-queries/>
- <https://michaeljswart.com/2014/01/sql-simplicity-methods/>
- eBook by Grant Fritchey
<https://www.red-gate.com/simple-talk/books/sql-server-execution-plans-third-edition-by-grant-fritchey/>



#5 – Key Lookups (& Indexes)

Cookbook

- Table of Contents
- Index (1 or more)
 - Alphabetical Recipe
 - Meal Course
 - Cuisine
 - Ingredient

#5 – Look It Up

Andy's Awesome Cheeseburger: Page 16

- Bacon, Cheddar, Worcestershire Sauce

Roasted Chicken

- Butter, Rosemary, Thyme, Garlic

Romantic Spaghetti: Page 62

- Parmesan, Romano, Lemon Zest

DEMO

#5 – Key Lookups Recap

Learn More:

- <https://sqlespresso.com/2019/04/03/whats-a-key-lookup/>
- <https://www.sqlskills.com/blogs/jonathan/finding-key-lookups-inside-the-plan-cache/>
- <https://sqlperformance.com/2016/05/sql-indexes/rid-lookup-faster-key-lookup>

BONUS: Plan Explorer Index Analysis

<https://www.sentryone.com/blog/devonleannwilson/t-sql-tuesday-101>

#6 – TempDB Spills

I Need Some Space

Memory Grants

DEMO



#6 – TempDB Spills Recap

Learn More:

- <https://erikdarlingdata.com/2019/07/spills-week-when-sort-spills-might-not-matter/>
- <https://sqlperformance.com/2019/06/sql-memory/troubleshooting-variable-memory-grants>

BONUS: Advanced

<https://sqlperformance.com/2016/09/sql-plan/sort-spills-level-15000>

#6 – TempDB Spills Recap

Learn More:

- <https://www.sqlskills.com/blogs/kimberly/understanding-tempdb-table-variables-v-temp-tables-and-improving-throughput-for-tempdb/>

#7 – Code Re-Use

Functions

- Scalar
- Inline Table Valued
- Multi-Statement Table Valued

DEMO

Views

#7 – Code Re-Use

Learn More:

- https://sqlbits.com/Sessions/Event16/Performance_Pitfalls_of_Code_Reuse
- <http://blog.waynesheffield.com/wayne/archive/2012/02/comparing-inline-and-multistatement-table-valued-functions/>
- <https://sqlperformance.com/2015/06/sql-server-2016/sys-dm-exec-function-stats>
- <https://sqlperformance.com/2017/08/t-sql-queries/multi-statement-tvfs-dynamics-crm>

Session Recap

1. Power Plan
2. SQL Server Defaults
3. Parallelism
4. Large Queries
5. Key Lookups
6. TempDB Spills
7. Code Re-Use

Feeling Overwhelmed?

Twitter - #sqlhelp

SQL Slack Community – sqlslack.com

SQL Server Central forums

DBA Stack Exchange

Reddit – [/r/SQLServer](https://www.reddit.com/r/SQLServer)

Thank you!

<https://github.com/SQLBek>

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<http://blogs.sentryone.com/andyyun/>

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Want To Learn More About SentryOne?

Book a demo with me!

<http://www.sentryone.com/BookAndy/>