A Beginner's Guide to Seven Practices That Kill Performance

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- SQL Server DBA & DB Developer
- Chicago Suburban User Group Chapter Leader
- Chicago SQL Association Director-at-Large
- Working with SQL Server since 2001
- Speaking since Early 2014
- Microsoft MVP (2017-2018)

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Today's Agenda

Administrative Practices

T-SQL Practices

https://www.github.com/sqlbek

100-200 Level Session

Will be introducing many intermediate & advanced topics

Survey session – will not be in-depth



Administrative Practices



#1 – All The Power

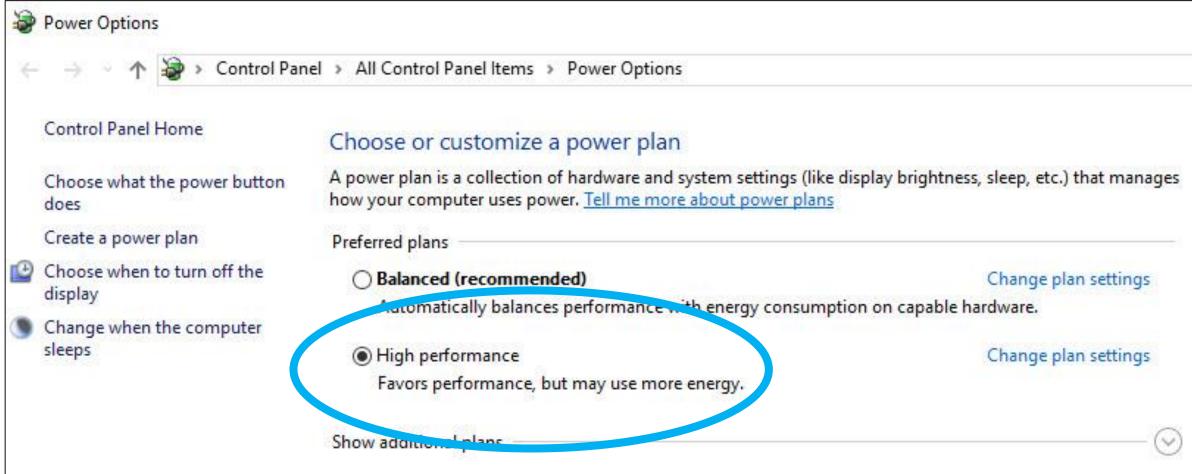
Windows Server - Power Plan

Wrong Setting Throttles CPU

Microsoft Default Makes Me Sad...



#1 – High Performance – Always!





#1 — Power to the Shell Learn More:

dbatools.io: Test-DbaPowerPlan & Set-DbaPowerPlan

- https://docs.dbatools.io/#Test-DbaPowerPlan
- https://docs.dbatools.io/#Set-DbaPowerPlan
- https://www.sqlskills.com/blogs/glenn/windows-power-planeffects-on-newer-intel-processors/



#2 – Change Those Defaults

- 1. TempDB
- 2. Max Memory
- 3. Autogrowth



#2.1 – What is TempDB



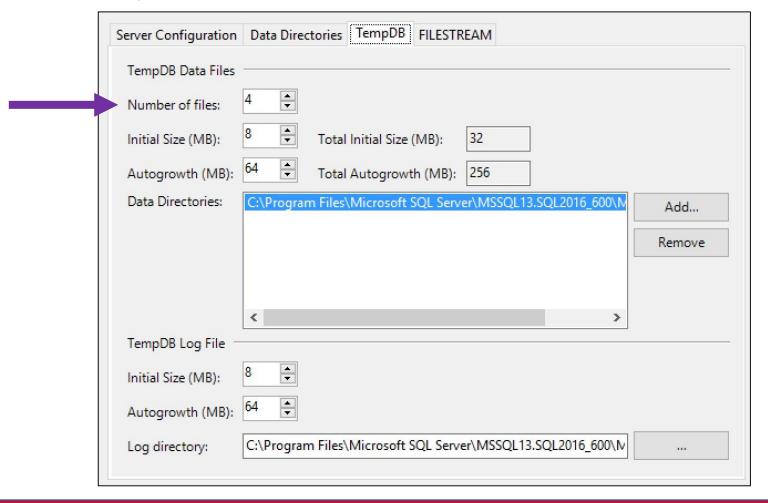


#2.1 — We need to share





#2.1 – SQL Server 2016





#2.1 – TempDB Recap

Learn More:

- https://www.sentryone.com/blog/aaronbertrand/sql-server-2016-tempdb-fixes
- https://blogs.msdn.microsoft.com/sql_server_team/tempdbfiles-and-trace-flags-and-updates-oh-my/
- https://sqlperformance.com/2019/08/tempdb/tempdb-enhancements-in-sql-server-2019



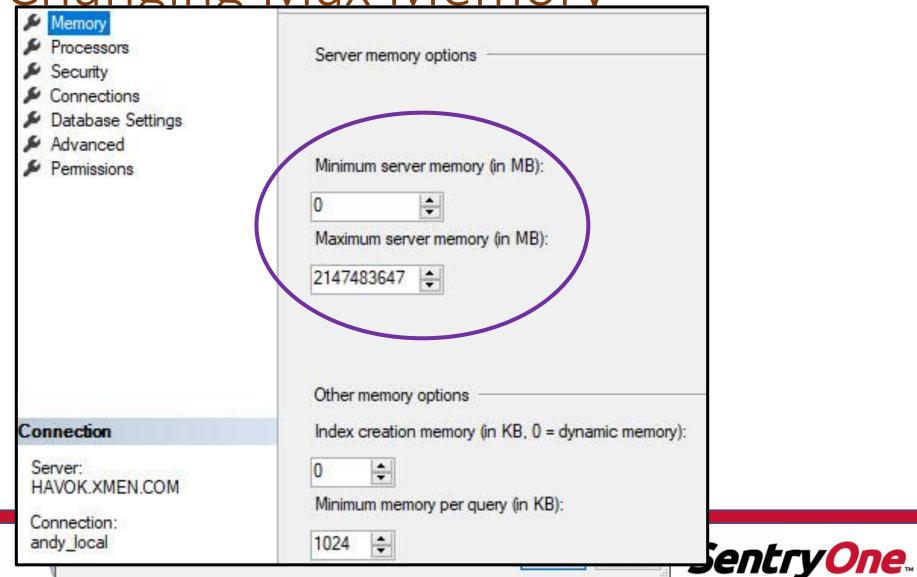
#2.2 – Max Memory







#2.2 — Changing Max Memory



#2.2 – Max Memory Recap Learn More:

- https://www.sqlskills.com/blogs/jonathan/how-much-memorydoes-my-sql-server-actually-need/
- https://straightpathsql.com/archives/2017/02/sql-server-maxmemory-best-practices/
- https://docs.microsoft.com/en-us/sql/databaseengine/configure-windows/server-memory-serverconfiguration-options?view=sql-server-2017



#2.3 – Autogrowth

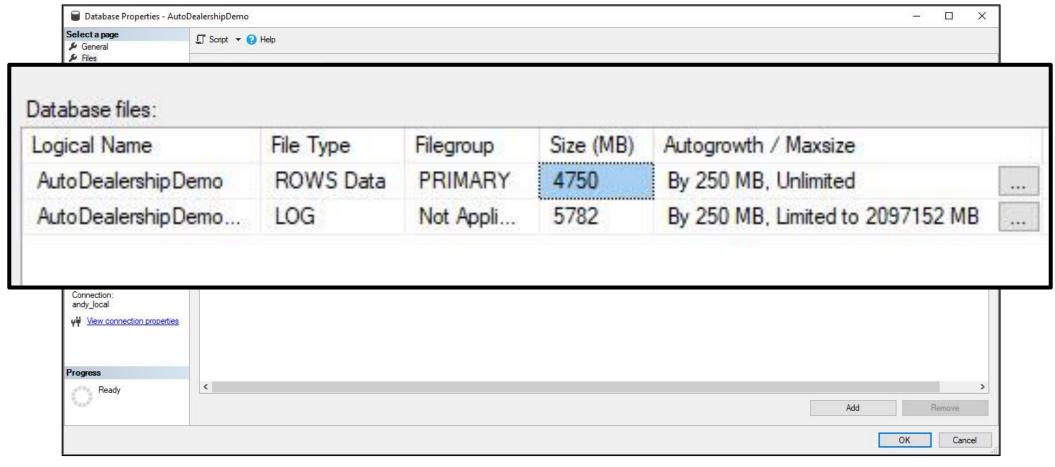






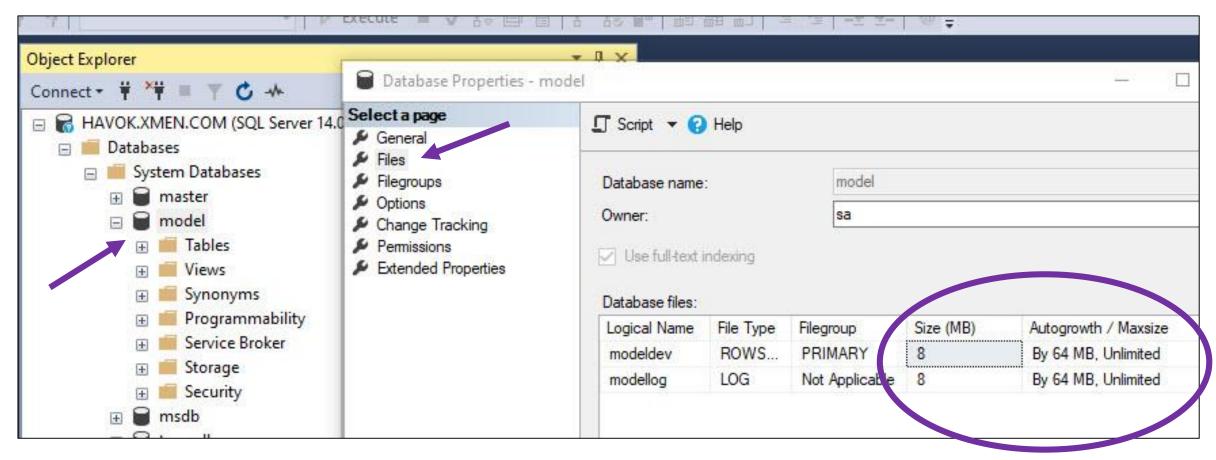


#2.3 – Change Me





#2.3 – Model After Me





#2.3 – AutoGrowth Recap

Learn More:

- https://www.sqlskills.com/blogs/paul/importance-of-data-filesize-management/
- https://www.sqlskills.com/blogs/paul/importance-of-propertransaction-log-size-management/
- https://sqlperformance.com/2014/12/io-subsystem/proactive-sql-server-health-checks-1

BONUS: https://www.sqlskills.com/blogs/paul/why-you-should-not-shrink-your-data-files/



#2 —Defaults Suck

- 1. TempDB
- 2. Max Memory
- 3. Autogrowth



#3 —Parallelism

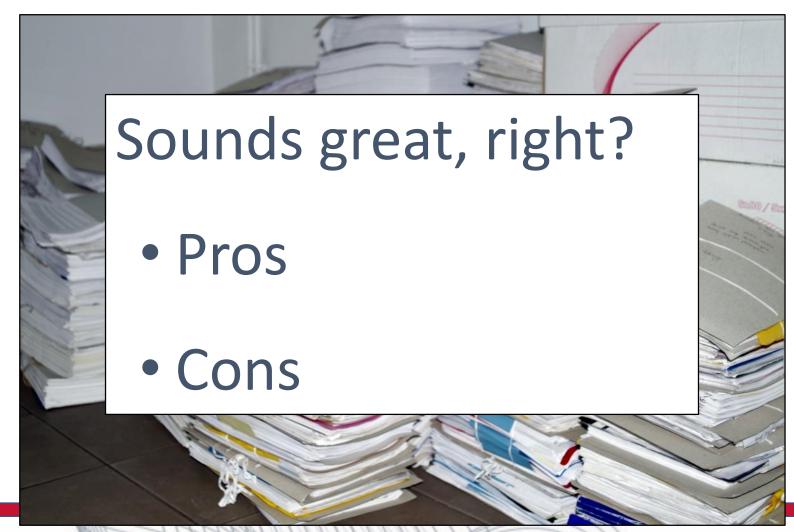
Controlled via two SQL Server settings:

- MAXDOP # of cores
- Cost Threshold for Parallelism minimum execution plan cost to consider parallelism

Don't Fear Parallelism

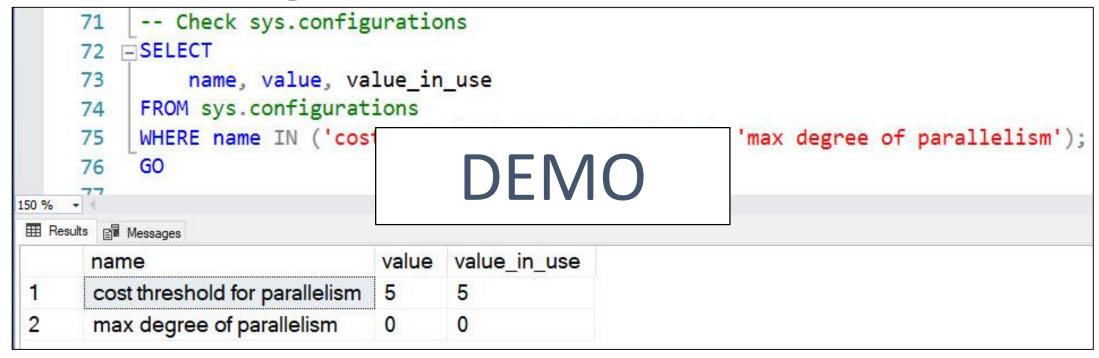


#3 – How Does It Work?





#3 – Change Me





#3 – Cost Threshold for Parallelism Recap Learn More:

- https://www.sqlskills.com/blogs/jonathan/tuning-costthreshold-for-parallelism-from-the-plan-cache/
- https://docs.microsoft.com/en-us/sql/databaseengine/configure-windows/configure-the-cost-threshold-forparallelism-server-configuration-option?view=sql-server-2017
- https://www.brentozar.com/archive/2017/03/why-cost-threshold-for-parallelism-shouldnt-be-set-to-5/



#3 – MAXDOP Recap

Learn More:

- https://www.sqlskills.com/blogs/paul/maxdop-configurationsurvey-results/
- https://docs.microsoft.com/en-us/sql/databaseengine/configure-windows/configure-the-max-degree-ofparallelism-server-configuration-option?view=sql-server-2017

BONUS: https://blogs.vmware.com/apps/2018/09/sql-server-on-vmware-august-2018.html



Recap

- 1. Power Plan
- 2. SQL Server Defaults
- 3. Parallelism



T-SQL Practices



#4 – Large Queries

Ever see a query where...?

Tried to write a query that does everything?

Get X, SUM(Y), Count of Z...



#4 – Languages Matter

Procedural/Imperative - HOW

- Defines HOW to do something
- What you tell it to do, it will do

Declarative - WHAT

- Defines WHAT you would like to happen
- The HOW is left up to the language parser



#4 – Follow The Recipe

Ingredients:

- 1 cup dry spaghetti
- 1 16oz jar tomato sauce
- 1 1lb ground beef
- 1 1/2 small onion
- 1 16oz box mushrooms
- 3 garlic cloves
- 1 tbsp dried oregano
- 1 tbsp dried basil
- Salt & pepper

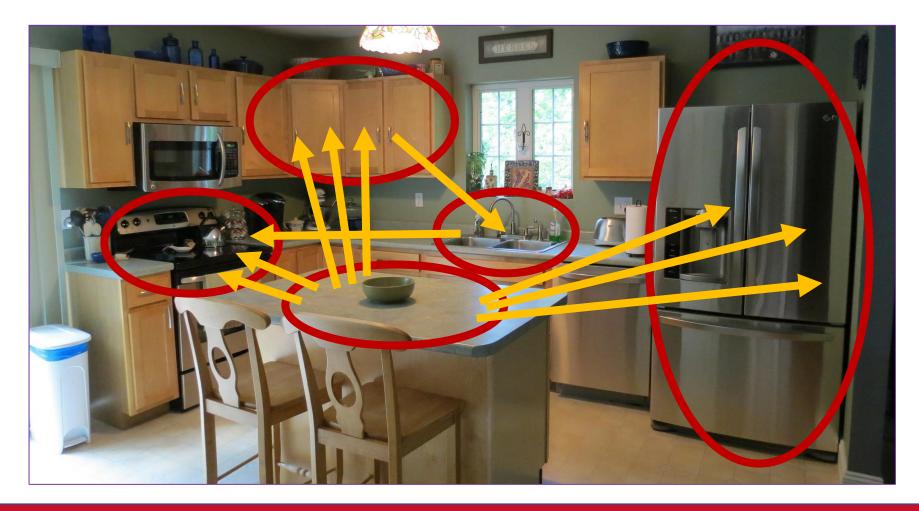
Steps:

- 1. Retrieve onion, & mushrooms from fridge.
- 2. Retrieve chef knife, cutting board from cabinet.
- 3. Retrieve garlic, oregano, basil, & tomato sauce from pantry.
- 4. Chop onion & mushrooms.
- 5. Retrieve saute pan from cabinet.
- 6. Saute garlic & onion. Remove & set aside.
- 7. Saute mushrooms. Remove & set aside.
- 8. Retrieve ground beef from fridge.
- 9. Brown beef.
- 10.Return garlic, onion, & mushrooms to saute pan with ground beef.

- 11. Add tomato sauce, salt & pepper, reduce to simmer, & cover.
- 12. Wait 15 minutes, stirring occasionally.
- 13. Retrieve spaghetti & salt from pantry.
- 14. Measure desired amount of spaghetti.
- 15. Retrieve stock pot from cabinet.
- 16. Fill stock pot with 6 qt. water from sink.
- 17. Add 2 tbsp salt to stock pot & bring water to boil on stove.
- 18. Add spaghetti to boiling water.
- 19. Wait 10 minutes.
- 20. Drain water from stock pot.
- 21. Combine pasta with sauce & serve.



#4 – Procedural: Follow The Directions





#4 – Declarative: Doing It My Way





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#4 – How to Solve?

Consoliate and/or Break It Up

Temp Tables are y DEMO

• But Beware Table variables

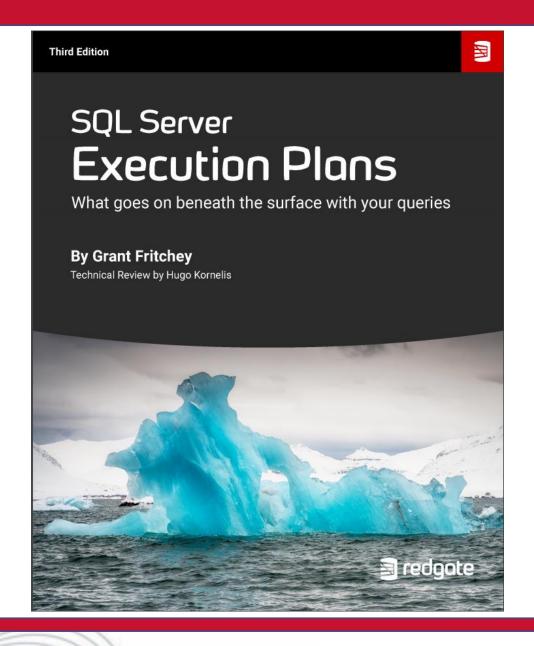


#4 – Large Query Recap

Learn More:

- https://erikdarlingdata.com/2019/07/stop -writing-big-queries/
- https://michaeljswart.com/2014/01/sqlsimplicity-methods/
- eBook by Grant Fritchey

https://www.red-gate.com/simpletalk/books/sql-server-execution-plansthird-edition-by-grant-fritchey/





#5 – Key Lookups (& Indexes)

Cookbook

- Table of Contents
- Index (1 or more)
 - Alphabetical Recipe
 - Meal Course
 - Cuisine
 - Ingredient



#5 – Look It Up

Andy's Awesome Cheeseburger: Page 16

• Bacon, Cheddar, Warnestorshire Course

Roasted Chicken

DEMO

• Butter, Rosemary, Thyme, Garlic

Romantic Spaghetti: Page 62

• Parmesan, Romano, Lemon Zest



#5 – Key Lookups Recap Learn More:

- https://sqlespresso.com/2019/04/03/whats-a-key-lookup/
- https://www.sqlskills.com/blogs/jonathan/finding-key-lookupsinside-the-plan-cache/
- https://sqlperformance.com/2016/05/sql-indexes/rid-lookupfaster-key-lookup

BONUS: Plan Explorer Index Analysis https://www.sentryone.com/blog/devonleannwilson/t-sql-tuesday-101



#6 – TempDB Spills

I Need Some Space

Memory Grants





#6 – TempDB Spills Recap Learn More:

- https://erikdarlingdata.com/2019/07/spills-week-when-sortspills-might-not-matter/
- https://sqlperformance.com/2019/06/sqlmemory/troubleshooting-variable-memory-grants

BONUS: Advanced

https://sqlperformance.com/2016/09/sql-plan/sort-spills-level-

15000



#6 – TempDB Spills Recap Learn More:

 https://www.sqlskills.com/blogs/kimberly/understandingtempdb-table-variables-v-temp-tables-and-improvingthroughput-for-tempdb/



#7 – Code Re-Use

Functions

- Scalar
- Inline Table Va

DEMO

Multi-Statement Table Valued

Views



#7 — Code Re-Use

Learn More:

- https://sqlbits.com/Sessions/Event16/Performance_Pitfalls_of_
 Code_Reuse
- http://blog.waynesheffield.com/wayne/archive/2012/02/comparing-inline-and-multistatement-table-valued-functions/
- https://sqlperformance.com/2015/06/sql-server-2016/sys-dm-exec-function-stats
- https://sqlperformance.com/2017/08/t-sql-queries/multistatement-tvfs-dynamics-crm



Session Recap

1. Power Plan

4. Large Queries

2. SQL Server Defaults

5. Key Lookups

3. Parallelism

6. TempDB Spills

7. Code Re-Use



Thank you!

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