**PROACT-SCIPr-UK® Physical Intervention Assessment Record (J)**

**Participant Name: .............................................................................. Date: ...............................**

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| **Protective Stance - Stage One** – PWP 3 | **√** | **Comments** |
| From the Stance position, take one step back to create space between you and the individual. |  |  |
| Turn the front leg sideways to present the side of your body. |  |  |
| Keep back straight. |  |  |
| Broaden base of support and lower the centre of gravity. |  |  |
| Step and slide out if necessary, keeping your eye on the individual. |  |  |
| Health and Safety |  |  |
| **Pass / Refer** |  |  |

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| **Front Approach Prevention** – KS 2 (Restrictive Component) | **√** | **Comments** |
| From a Stance position, as the person enters your personal space you place the heel of your hands into the hollows of their shoulders so that the palms of your hands cup the collar bones. |  |  |
| Keep your arms straight and allow the individual to move you back by taking one step back absorbing the individuals’ momentum. Keep knees bent and centre of gravity low. |  |  |
| Keep your arms straight elbows outstretched and keep head safe. |  |  |
| Move away or gradient into another physical intervention, e.g. Touch Support. |  |  |
| Health & Safety / Aftercare. |  |  |
| **Pass / Refer** |  |  |

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| **Hug** – RPS 5 (Restrictive) | **√** | **Comments** |
| Approach the individual from the side slightly behind about a 45 degree angle. |  |  |
| Adopt a Protective Stance behind the individual, with your front foot in line with the centre of the individual. |  |  |
| Keep your head down low and place it against the individuals opposite shoulder. |  |  |
| ‘Bring your arms around the individual above the elbows. |  |  |
| Bring the individual’s arms down to their side. |  |  |
| Do not link fingers. |  |  |
| Beware of gender and health and safety issues. |  |  |
| Gradient into another intervention which is less restrictive, e.g. Touch Support. |  |  |
| Health and Safety / Aftercare. |  |  |
| **Pass / Refer** |  |  |

**Instructor Name:…………………………………… Signature: …………………………………...**