**PROACT-SCIPr-UK® Physical Intervention Assessment Record (L)**

**Participant Name: .............................................................................. Date: ...............................**

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| **Front Deflection** – PWP 5 | **√** | **Comments** |
| As the individual enters your personal space step out to the side. |  |  |
| When the individual is approximately level with your shoulder raise your arms to shoulder height, keeping your palms open. |  |  |
| As the individual moves past you turn/pivot in the direction of their movement, keeping your hands at shoulder height but not in contact. |  |  |
| Once they have moved past you must bring your hands down to the sides. |  |  |
| Continue moving your body so you end up in a stable Stance facing the individual. |  |  |
| Health & Safety |  |  |
| **Pass / Refer** |  |  |

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| **Protective Stance - Stage Two** – KS 1 | **√** | **Comments** |
| Stage One reduce the target area  From the Stance position take one step back to create space between you and the individual. |  |  |
| Turn the front leg sideways to present the side of your body |  |  |
| Keep your back straight |  |  |
| Stage Two blocking punches  Place your arms in a horizontal position; make a fist to tense muscles (palms facing outwards, fingers tucked in, thumb on top) the ‘front’ arm to protect the head area and the other arm to protect the trunk. |  |  |
| Protect from punches, thrown objects etc. by raising the arm to deflect the blow and then immediately returning to a vertical position (down by your side). |  |  |
| Broaden base of support and lower the centre of gravity. |  |  |
| If you need mobility raise the centre of gravity and step and slide out as required (be aware of your exits). |  |  |
| Health & Safety |  |  |
| **Pass / Refer** |  |  |

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| **Two Person Escort – A Moving Intervention** – RPS 4 (Restrictive) | **√** | **Comments** |
| From the One Person Escort Position the Lead Person will signal that they need support. |  |  |
| The Support Person will then mirror the position of the Lead (i.e. gradient through Touch Support into a One Person Escort). |  |  |
| At this point the Lead Person will signal behind the individual to indicate the change of the front hands to an underhand grasp. |  |  |
| At the same time the Lead Person will indicate that the individual’s forearms must be lowered towards their waist to alleviate pressure on the breathing centre. |  |  |
| Beware of joints. |  |  |
| Maintain ‘Hip to hip’ shoulder to shoulder’ contact. |  |  |
| Lead Person to monitor Health and Safety – BBANC |  |  |
| Lead Person to indicate when they should move. |  |  |
| Lead Person to indicate gradient out. |  |  |
| Change front hands back to palms down position. |  |  |
| Support to gradient out through Touch Support and move away but remain in vicinity. |  |  |
| As individual calms further Lead Person to gradient out through Touch Support. |  |  |
| Health and Safety / Aftercare. |  |  |
| **Pass / Refer** |  |  |

**Instructor Name:…………………………………… Signature: …………………………………..**