**PROACT-SCIPr-UK® Physical Intervention Assessment Record (E)**

**Participant Name: .............................................................................. Date: ...............................**

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| **Touch Support** – PWP 4 | **√** | **Comments** |
| Approach the individual from slightly behind (about a 45 degree angle). Keep within the peripheral vision of the individual. |  |  |
| Place nearest leg forwards Protective Stance position. |  |  |
| Maintain an appropriate distance between yourself and the individual to allow for some movement. (Keep a stable base of support - both feet flat on the floor!). |  |  |
| Take your outside arm across your body. |  |  |
| Grasp the middle of the individual’s forearm palms down thumb underneath. |  |  |
| Place inside hand, ensure open palm, fingers and thumb together to support individual on the back of the nearest shoulder blade. |  |  |
| Walk with individual if required. |  |  |
| Ensure good body alignment. |  |  |
| To change direction across your path move inside hand to back of opposite shoulder to guide individual. Return to nearest shoulder once you have changed direction. Alternatively if you need to guide the individual in the other direction stay on the nearest shoulder and quicken your pace. |  |  |
| To gradient out move hand from nearest shoulder first, step away releasing forearm last. |  |  |
| Health & Safety. |  |  |
| **Pass / Refer** |  |  |

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| **Front Approach Prevention** – KS 2 (Restrictive Component) | **√** | **Comments** |
| From a Stance position, as the person enters your personal space you place the heel of your hands into the hollows of their shoulders so that the palms of your hands cup the collar bones. |  |  |
| Keep your arms straight and allow the individual to move you back by taking one step back absorbing the individuals’ momentum. Keep knees bent and centre of gravity low. |  |  |
| Keep your arms straight elbows outstretched and keep head safe. |  |  |
| Move away or gradient into another physical intervention, e.g. Touch Support. |  |  |
| Health & Safety / Aftercare. |  |  |
| **Pass / Refer** |  |  |

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| **Back Choke Release** – PS 5 | **√** | **Comments** |
| Raise arm straight as close to your ear as possible with an open palm. |  |  |
| Step forward with your opposite foot this may gain a release. |  |  |
| If unsuccessful turn 180° into raised arm to gain a release. |  |  |
| Gradually bring your arm down and round until it is by your side as you turn to face the individual. |  |  |
| Move back to increase distance between you and the individual. |  |  |
| Ensure you finish facing the individual in a Stance / Protective Stance position. |  |  |
| Assess what next. |  |  |
| Health and Safety / Aftercare. |  |  |
| **Pass / Refer** |  |  |

**Instructor Name:…………………………………… Signature: …………………………………...**