**PROACT-SCIPr-UK® Physical Intervention Assessment Record (F)**

**Participant Name: .............................................................................. Date: ...............................**

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| **Touch Support** – PWP 4 | **√** | **Comments** |
| Approach the individual from slightly behind (about a 45 degree angle). Keep within the peripheral vision of the individual. |  |  |
| Place nearest leg forwards Protective Stance position. |  |  |
| Maintain an appropriate distance between yourself and the individual to allow for some movement. (Keep a stable base of support - both feet flat on the floor!). |  |  |
| Take your outside arm across your body. |  |  |
| Grasp the middle of the individual’s forearm palms down thumb underneath. |  |  |
| Place inside hand, ensure open palm, fingers and thumb together to support individual on the back of the nearest shoulder blade. |  |  |
| Walk with individual if required. |  |  |
| Ensure good body alignment. |  |  |
| To change direction across your path move inside hand to back of opposite shoulder to guide individual. Return to nearest shoulder once you have changed direction. Alternatively if you need to guide the individual in the other direction stay on the nearest shoulder and quicken your pace. |  |  |
| To gradient out move hand from nearest shoulder first, step away releasing forearm last. |  |  |
| Health & Safety. |  |  |
| **Pass / Refer** |  |  |

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| **One Arm Release** – KS 4 (Restrictive Component) | **√** | **Comments** |
| Stabilise by using your free hand to grasp the individual’s forearm palms down thumb underneath. |  |  |
| Ensuring you keep your back straight and in alignment adopt a Protective Stance with your front foot under the point contact. |  |  |
| Assess the communicative function of this behaviour. |  |  |
| If a release is required make a fist. |  |  |
| Twist your arm so that the narrow part is adjacent to the gap between the fingers and thumb. |  |  |
| Move lower body weight forward whilst keeping your back straight. This will splint upper arm to body, keep head away. |  |  |
| Using a whole body movement move backwards bringing your arm out through the gap and in towards your abdomen. Step and slide as with Protective Stance. |  |  |
| Assess what next. |  |  |
| Health & Safety. |  |  |
| **Pass / Refer** |  |  |

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| **Two Person Arm Support** – RPS 2 (Restrictive) | **√** | **Comments** |
| This intervention introduces the concept of the Lead and Support Person. |  |  |
| You need to gradient into this intervention at the same time, approach from 45 degrees. |  |  |
| Place nearest leg forward Protective Stance position; take your outside arm across your body. |  |  |
| Grasp individuals forearm palms down thumb underneath. |  |  |
| With your inside hand ensure open palm, fingers and thumb together to support individuals upper arm. |  |  |
| Lead to monitor health and safety and indicates when to move, plus when to gradient out. |  |  |
| Gradient into a less restrictive intervention. |  |  |
| Health & Safety. |  |  |
| **Pass / Refer** |  |  |

**Instructor Name:…………………………………………… Signature: ……………………………**