**PROACT-SCIPr-UK® Physical Intervention Assessment Record**

**Participant Name: ............................................................................... Date: ...............................**

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| **One Person Escort – A Moving Intervention** – RPS 3 (Restrictive) | **√** | **Comments** |
| From the Touch Support position move your back foot in to narrow your Stance then slide your front foot forwards placing it against the individual’s foot, slightly in front. Making a pair of shoes! Maintain, hip-to-hip, shoulder to shoulder contact. |  |  |
| As you move in closer, tuck individuals nearest arm between your body at a 90 degree angle. |  |  |
| Ensure your hip is slightly in front of the individual’s hip. Move inside hand across back grasping their forearm palms down thumb underneath (mirror position of other arm). |  |  |
| Prior to moving, ensure that your Stance is broader than that of the individual you are supporting |  |  |
| To gradient out move back into Touch Support Position and reassess. Then move hand from nearest shoulder first, step away releasing forearm last. |  |  |
| Health and Safety / Aftercare. |  |  |
| **Pass / Refer** |  |  |

**Instructor Name:………………………………………… Signature: ……………………………**