**PROACT-SCIPr-UK® Physical Intervention Assessment Record (H)**

**Participant: ...................................................................................... Date: ...............................**

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| **Front Deflection** – PWP 5 | **√** | **Comments** |
| As the individual enters your personal space step out to the side. |  |  |
| When the individual is approximately level with your shoulder raise your arms to shoulder height, keeping your palms open. |  |  |
| As the individual moves past you turn/pivot in the direction of their movement, keeping your hands at shoulder height but not in contact. |  |  |
| Once they have moved past you must bring your hands down to the sides. |  |  |
| Continue moving your body so you end up in a stable Stance facing the individual. |  |  |
| Health & Safety |  |  |
| **Pass / Refer** |  |  |

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| **Front Arm Catch** – KS 3 (Restrictive Component) | **√** | **Comments** |
| From a Stance position, as the person approaches you grasp their forearms ‘palms down ‘ thumb underneath’ in a ‘binocular’ type position. |  |  |
| Absorb the individual’s forward momentum by going back into a Protective Stance whilst maintaining alignment. Keep knees bent and centre of gravity low. |  |  |
| Cross your own forearms this will in turn result in the individual’s forearms also crossed. Keep your arms straight and elbows locked. |  |  |
| Assess what next. |  |  |
| Either move away or move into another intervention, e.g. Touch Support. |  |  |
| Health & Safety / Aftercare. |  |  |
| **Pass / Refer** |  |  |

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| **One Person Escort – A Moving Intervention** – RPS 3 (Restrictive) | **√** | **Comments** |
| From the Touch Support position move your back foot in to narrow your Stance then slide your front foot forwards placing it against the individual’s foot, slightly in front. Making a pair of shoes! Maintain, hip-to-hip, shoulder to shoulder contact. |  |  |
| As you move in closer, tuck individuals nearest arm between your body at a 90 degree angle. |  |  |
| Ensure your hip is slightly in front of the individual’s hip. Move inside hand across back grasping their forearm palms down thumb underneath (mirror position of other arm). |  |  |
| Prior to moving, ensure that your Stance is broader than that of the individual you are supporting |  |  |
| To gradient out move back into Touch Support Position and reassess. Then move hand from nearest shoulder first, step away releasing forearm last. |  |  |
| Health and Safety / Aftercare. |  |  |
| **Pass / Refer** |  |  |

**Instructor Name:…………………………………… Signature: …………………………………...**