**PROACT-SCIPr-UK® Physical Intervention Assessment Record**

**Participant Name: .............................................................................. Date: ...............................**

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| **Front Approach Prevention** – KS 2 (Restrictive Component) | **√** | **Comments** |
| From a Stance position, as the person enters your personal space you place the heel of your hands into the hollows of their shoulders so that the palms of your hands cup the collar bones. |  |  |
| Keep your arms straight and allow the individual to move you back by taking one step back absorbing the individuals’ momentum. Keep knees bent and centre of gravity low. |  |  |
| Keep your arms straight elbows outstretched and keep head safe. |  |  |
| Move away or gradient into another physical intervention, e.g. Touch Support. |  |  |
| Health & Safety / Aftercare. |  |  |
| **Pass / Refer** |  |  |

**Instructor Name:…………………………………… Signature: …………………………………...**