



Action Items 05/09/2025

REMEMBER: When you call,

1. Be Specific – state what you are calling about and why you are concerned
 2. Request a response – tell the staffer you want a response
 3. Ask for Action Items – tell me what the representative's plans are regarding this issue
- If you leave a voicemail message: Please leave your full street address to ensure your call is tallied.
 - Also, it has been recommended that you call both the Congress members' DC and District offices.

Senator Chris Murphy **202-224-4041; 860-549-8463 (CT office)**

Senator Richard Blumenthal **202-224-2823; 860-258-6940 (CT Office)**

Call BLUE Senators:

Issue #1: Air Safety and ICE Raids

Hi, my name is [name] and I'm a constituent from [zip code],

I'm calling for a couple of reasons:

First, what is the Senator doing about our air travel crisis? Because the Trump administration's rank incompetence is going to lead to catastrophe. This is literally all their fault: first, the FAA was left without leadership after Musk forced the Administrator to resign. Then Trump fired TSA's leadership and dismantled the Aviation Security Advisory Committee. Then Trump offered air traffic controllers buyouts even though we had a nationwide staffing shortage. And now Americans are terrified to fly. Congress needs to act.

Also, I'm seeing increasingly alarming footage of ICE arrests around the country. These officers wear masks, show no ID, are often brutal when conducting arrests, and seem accountable to no one. What the hell is happening in this country? Abusing immigrants doesn't make us safer—it just makes us evil. We need hearings into ICE's unlawful behavior. Will the Senator call for them?



Issue #2: Oppose Sale of Public Lands:

On May 6th, the House Natural Resources committee amended and passed their portion of the reconciliation bill, which must now be approved by both chambers of Congress. In a late night vote, committee Republicans added a bill amendment to [authorize the sale of roughly 11,000 acres of public lands](#) in Nevada and Utah. It is unclear what these lands would be sold for, but other parts of the bill would reverse environmental laws to allow more timber production and new oil and gas leases.

Hi, my name is [name] and I'm a constituent from [zip code],

I am calling to urge Senator [Name] to oppose the budget reconciliation bill provision authorizing the sale of public lands. Public lands should be protected and preserved, not destroyed by the fossil fuel industry or sold off to fund tax breaks for billionaires and corporations.

Thank you.

Issue #3: Oppose Anti-Vax Influencer Casey Means for US Surgeon General

Donald Trump's latest US Surgeon General nominee, wellness influencer Casey Means, has a [lapsed medical license](#) and a concerning history of promoting [lies about life-saving childhood immunizations](#).

Means has correctly expressed alarm over the troubling epidemic of chronic illnesses in the United States. However, many of her proposed remedies, from [raw milk to the aforementioned reduction in childhood vaccinations to dubious supplements that she sells](#), ignore the root causes of poor health in pursuit of pseudoscientific "cures" that conveniently make her money.

Hi, my name is [name] and I'm a constituent from [zip code],

I'm calling to urge Senator [Name] to oppose Case Means' appointment to US Surgeon General. Means is an influencer with a lapsed medical license who has promoted dangerous lies about childhood vaccines. She is wholly unfit for the Surgeon General position. Thank you.



Call BLUE House of Representatives:

CT Representatives (call whomever represents your district):

Jim Himes – 203-333-6600

Rosa DeLauro – 202- 225-3661 or 203-562-3718

Johana Hayes – 202-225-4476 or 860-223-8412

Joe Courtney – 202-225-2076 or 860-886-0139

John Larson – 202-225-2265 or 860-278-8888

Issue #1: Cuts to Social Programs:

Hi, I'm a constituent calling from [zip]. My name is _____.

I am calling to ask Representative Himes [customize for your representative] to oppose ALL cuts to Medicaid, SNAP, and other vital programs in the Republican reconciliation bill. In our district alone, over 64,000 children under the age of 19, and 30,000 seniors would lose their healthcare. In addition, 67,000 people in District 4 count on SNAP to put food on the table. And 128,388 children rely on free school lunches. (NOTE: FIND YOUR DISTRICT STATS HERE). Selling these folks out to pay for tax cuts for billionaires is horrific. Don't do it. Thanks!

Issue #2: DOGE Amassing a Single Database:

Hi, I'm a constituent calling from [zip]. My name is _____.

I'm alarmed by the Washington Post's new reporting that Elon Musk and DOGE are creating a single database to gather ALL of Americans' most sensitive and personal data. This is a disaster in the making and Congress needs to stop it NOW. Cyber



security experts are horrified by this plan and so am I. Do your job. Make it stop. Keep DOGE out of my personal data. Thanks.

For those of you with RED Senator:

- **Find your Senator's phone number [here](#)**

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!!!EXTRAS!!!

➤ **CT State Legislature Actions**

There are only 5 weeks left of the Session. We want to ensure,

- The Child Tax Credit remains strong and included in budget negotiations,
- That the budget includes raising Medicaid rates and nonprofit provider rates,
- Funding for school meals,
- More support for Special Ed,
- Strengthening of mental health parity (SB 10)

Call your local legislator and urge strong support for these to be brought to a vote. Let them know there is strong public support for all of this, as we face catastrophic federal funding losses.

Find your local rep [here](#).

➤ **Changes to the Endangered Species Act**

Seems unbelievable that any Democratic Senators would support a Trump nominee, but that's exactly what happened this week. Here are the 16. If you find one of your Senators on the list – let them know this is NOT OK!

Currently, the Endangered Species Act prohibits certain actions that “harass, harm, pursue, hunt, shoot, wound, kill, trap, capture, or collect” threatened and endangered organisms. Until now, “harm” was understood to include actions that significantly impact an organism’s habitat.

However, the new proposed rule change would rescind the regulatory definition of “harm,” limiting the Act’s prohibitions to actions that directly injure or kill listed species.

Comments can be submitted [here](#). You do not have to be an expert to comment. Just write about the local impact this proposal would have. Non-unique comments will be ignored so write from your heart and tell them why you want endangered species to stay protected.



➤ **Hit El Salvador Where it Counts: In Their Wallet**

The Trump administration has paid \$6 million dollars to El Salvador to house hundreds of people deported from the U.S. to that country's high-security mega-prison. Here's two ways to fight back.

1. Boycott all products made in El Salvador. Such products include clothing, mattresses, food and more, so check tags and packages and avoid buying those marked "Made in El Salvador." Companies that manufacture in El Salvador include Hanes, Fruit of the Loom, Gildan, Diana, Capri, Indufoam, Bon Appetit, and many more.
2. Contact the heads of companies manufacturing in El Salvador, such as Hanes and Fruit of the Loom, to voice your dismay at their silence.
 - **Hanes** email: contact_us@hanes.com or 336-519-8080; brands include Maidenform, Bali, Playtex, Hanes, Bonds, and more
 - **Fruit of the Loom** [contact form](#) or 1-855-253-4534; brands include Spalding, Russell Athletic, Vanity Fair, Jerzees, Dudley, Fruit of the Loom, BVD, and American Athletic

Sample script (please personalize):

As a company that manufactures in El Salvador, you should be speaking out loudly and publicly against President Bukele's refusal to send Kilmar Abrego Garcia home. Your company has influence to reinforce U.S. constitutional rights and democratic values. Until you have done all you can to pressure president Bukele to return Abrego Garcia, I will boycott your brands.

Ask Target Corporation (or Tesla) how boycotts are working out for them.