

Energy in Case of S.H.M

$$E_T = P.E + K.E$$

$$x = A \sin \omega t$$

P.E :- $F_r = -Kx$

Let, dW_{system} be the work done for
 dx displacement

$$dW_{\text{system}} = -Kx \cdot dx$$

$$dU = -dW_{\text{system}} = Kx dx$$

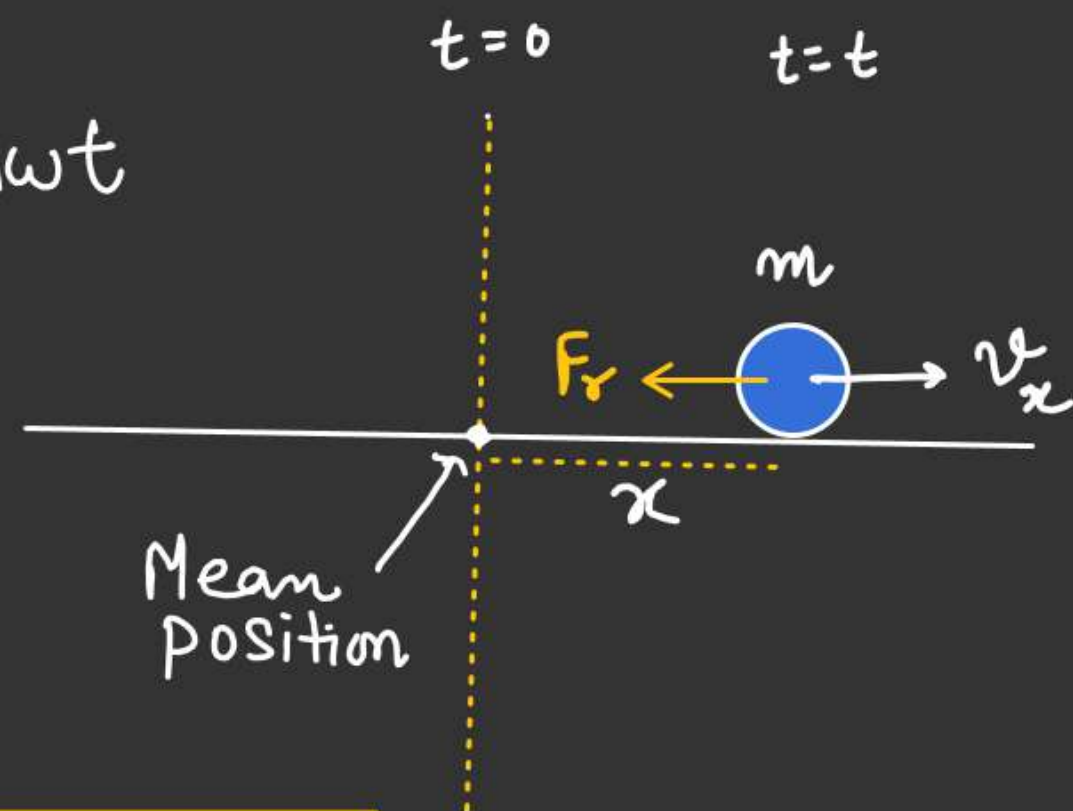
$$\int_0^U dU = K \int_0^x dx$$

$$U = \frac{1}{2} K x^2$$

$$\omega^2 = \frac{K}{m} \Rightarrow K = m\omega^2$$

$$U = \frac{1}{2} K A^2 \sin^2 \omega t$$

$$U = \frac{1}{2} m \omega^2 A^2 \sin^2 \omega t$$



K.E in Case of S.H.M

$$x = A \sin \omega t$$

$$v = \frac{dx}{dt} = \underline{A\omega \cos \omega t}$$

$$K.E = \frac{1}{2} m v^2$$

$$K.E = \frac{1}{2} m A^2 \omega^2 \cos^2 \omega t$$

Total Energy in Case of S.H.M

$$E_T = P.E + K.E$$

$$= \frac{1}{2} m \omega^2 A^2 \sin^2 \omega t + \frac{1}{2} m \omega^2 A^2 \cos^2 \omega t$$

$$= \frac{1}{2} m \omega^2 A^2 (\sin^2 \omega t + \cos^2 \omega t)$$

$$E_T = \frac{1}{2} m \omega^2 A^2$$

S.H.M

$$\underline{P.E} = \frac{1}{2} K x^2$$

↓
y

$$y = 4ax^2$$

$$v = \omega \sqrt{A^2 - x^2}$$

$$K.E = \frac{1}{2} m v^2$$

$$= \frac{1}{2} m \omega^2 (A^2 - x^2)$$

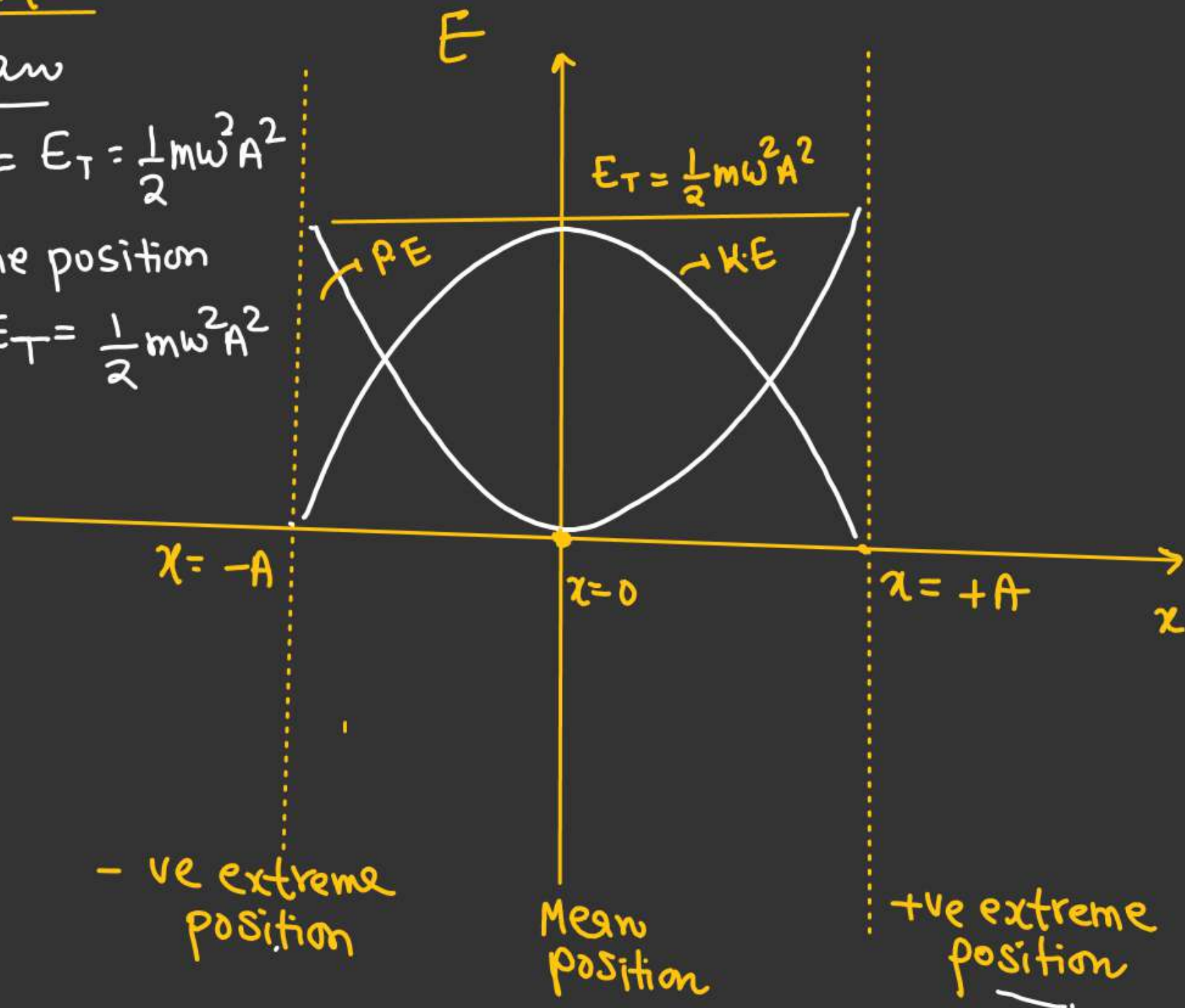
(Parabola
opening
downward)

At Mean

$$K.E_{\max} = E_T = \frac{1}{2} m \omega^2 A^2$$

At extreme position

$$P.E_{\max} = E_T = \frac{1}{2} m \omega^2 A^2$$



S.H.MAvg P.E & K.E in S.H.M (In one time period)

$$P.E = \frac{1}{2} m \omega^2 A^2 \sin^2 \omega t.$$

$$T = \frac{2\pi}{\omega}.$$

$$P.E_{avg} = \frac{\frac{1}{2} m \omega^2 A^2 \int_0^T \sin^2 \omega t \cdot dt}{\int_0^T dt}$$

$$\cos 2\theta = 2\cos^2 \theta - 1$$

$$= 1 - 2\sin^2 \theta \Rightarrow \sin^2 \theta = \frac{1 - \cos 2\theta}{2}$$

$$P.E_{avg} = \frac{\frac{1}{2} m \omega^2 A^2 \int_0^T \left(\frac{1 - \cos 2\omega t}{2} \right) dt}{\int_0^T dt}$$

$$= \frac{1}{2T} m \omega^2 A^2 \left[\frac{1}{2} \int_0^T dt - \int_0^T \cos 2\omega t \cdot dt \right]$$

$$= \frac{m \omega^2 A^2}{2T} \left[\frac{1}{2} \times T - \left[\frac{\sin 2\omega t}{2\omega} \right]_0^{2\pi/\omega} \right]$$

$$\downarrow$$

$$0.$$

Ans

$$P.E_{avg} = \frac{m \omega^2 A^2}{4}$$

$$y = f(x) \quad x_f$$

$$y_{avg} = \frac{x_i \int y \cdot dx}{x_f \int dx}$$

K.E_{avg} in one time period

$$K.E_{avg} = \frac{1}{4} m \omega^2 A^2$$

$$\sin^2 \theta \text{ or } \cos^2 \theta$$

Period $\rightarrow \pi$

$$\sin \theta \text{ or } \cos \theta$$

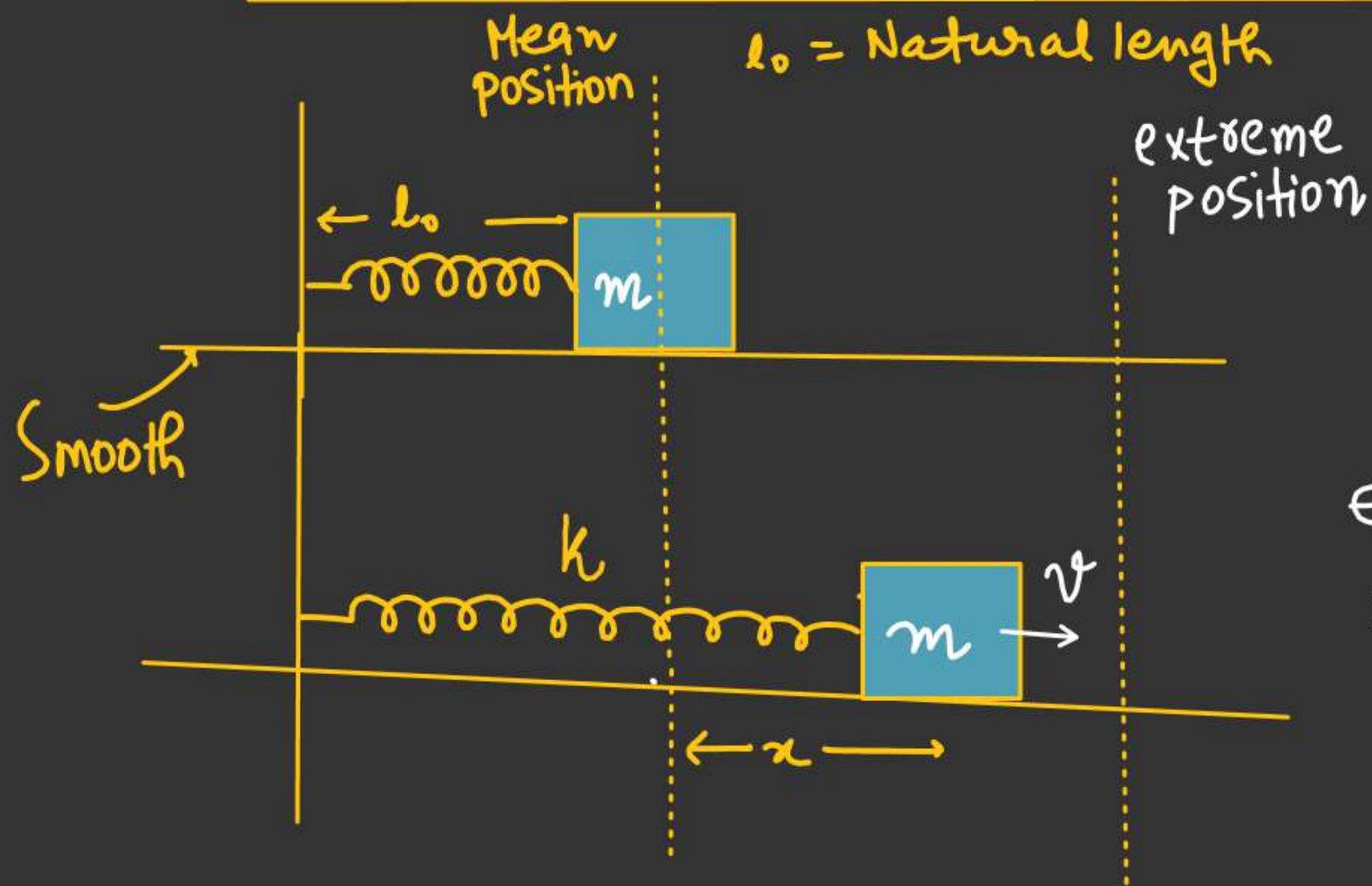
Period = 2π

$$X = A \sin \omega t \rightarrow 2\pi$$

$$K.E = \frac{1}{2} m \omega^2 A^2 \cos^2 \omega t \rightarrow \pi$$

Note:-

If f be the frequency of particle
then frequency of energy is (oscillation of energy)
be $2f$

S.H.MTime period of Spring-block system (ENERGY METHOD)

⇒ Approach :- Write the total energy of particle at any intermediate position & differentiate it w.r.t time and apply $\frac{dE_T}{dt} = 0$

E_T when block is at a position x from mean position

$$E_T = \frac{1}{2}mv^2 + \frac{1}{2}Kx^2$$

$$E_T = \frac{1}{2}mv^2 + \frac{1}{2}Kx^2$$

Differentiating both Side w.r.t time

$$\frac{dE_T}{dt} = \frac{1}{2}m \frac{d(v^2)}{dt} + \frac{1}{2}K \frac{d(x^2)}{dt}$$

$$\downarrow = \frac{1}{2}m \left[\frac{d(v^2)}{dv} \times \frac{dv}{dt} \right] + \frac{1}{2}K \left[\frac{d(x^2)}{dx} \right] \times \left(\frac{dx}{dt} \right)$$

$$0 = \frac{1}{2}m \left[2v \times \frac{dv}{dt} \right] + \frac{1}{2}K(2x) \left(\frac{dx}{dt} \right)$$

$$0 = mv \left(\frac{dv}{dt} \right) + Kx \left(\frac{dx}{dt} \right)$$

$$\cancel{m} \cancel{v} \left(\frac{dv}{dt} \right) = -Kx \cancel{\left(\frac{dx}{dt} \right)}$$

\Downarrow
a

$$a = -\frac{K}{m}x$$

$$a = -\omega^2 x$$

$$\omega = \sqrt{\frac{K}{m}}$$

$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m}{K}}$$

S.H.M

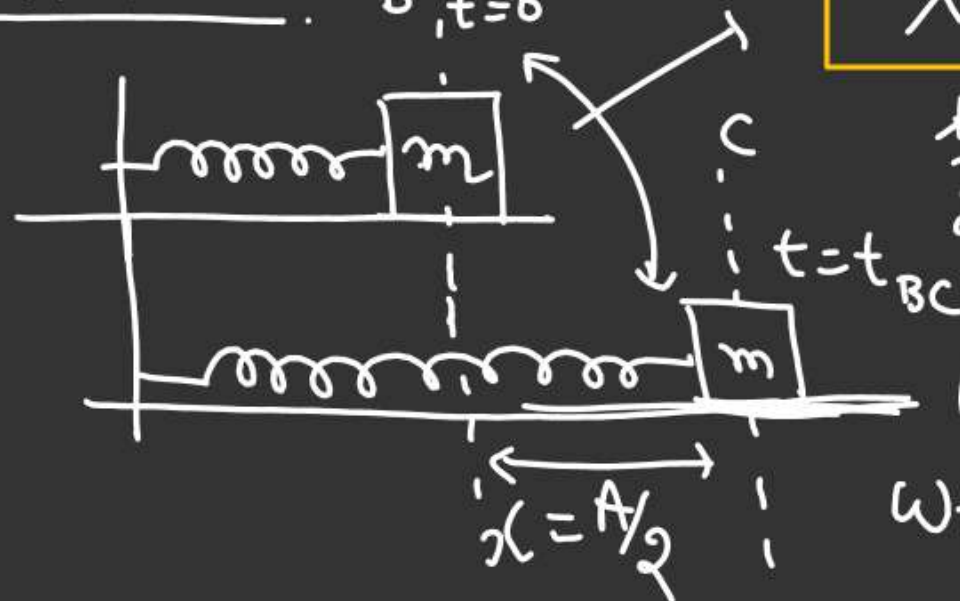
Collision b/w block & wall is perfectly elastic.

Block Compressed by A distance and released. Find the time period of block. [wall is at a distance of $A/2$ from the mean position]

$$t_{AB} = \frac{T}{4} = \frac{1}{4} \times 2\pi \sqrt{\frac{m}{K}}$$

$$t_{AB} = \frac{\pi}{2} \sqrt{\frac{m}{K}}$$

For BC. B, $t=0$

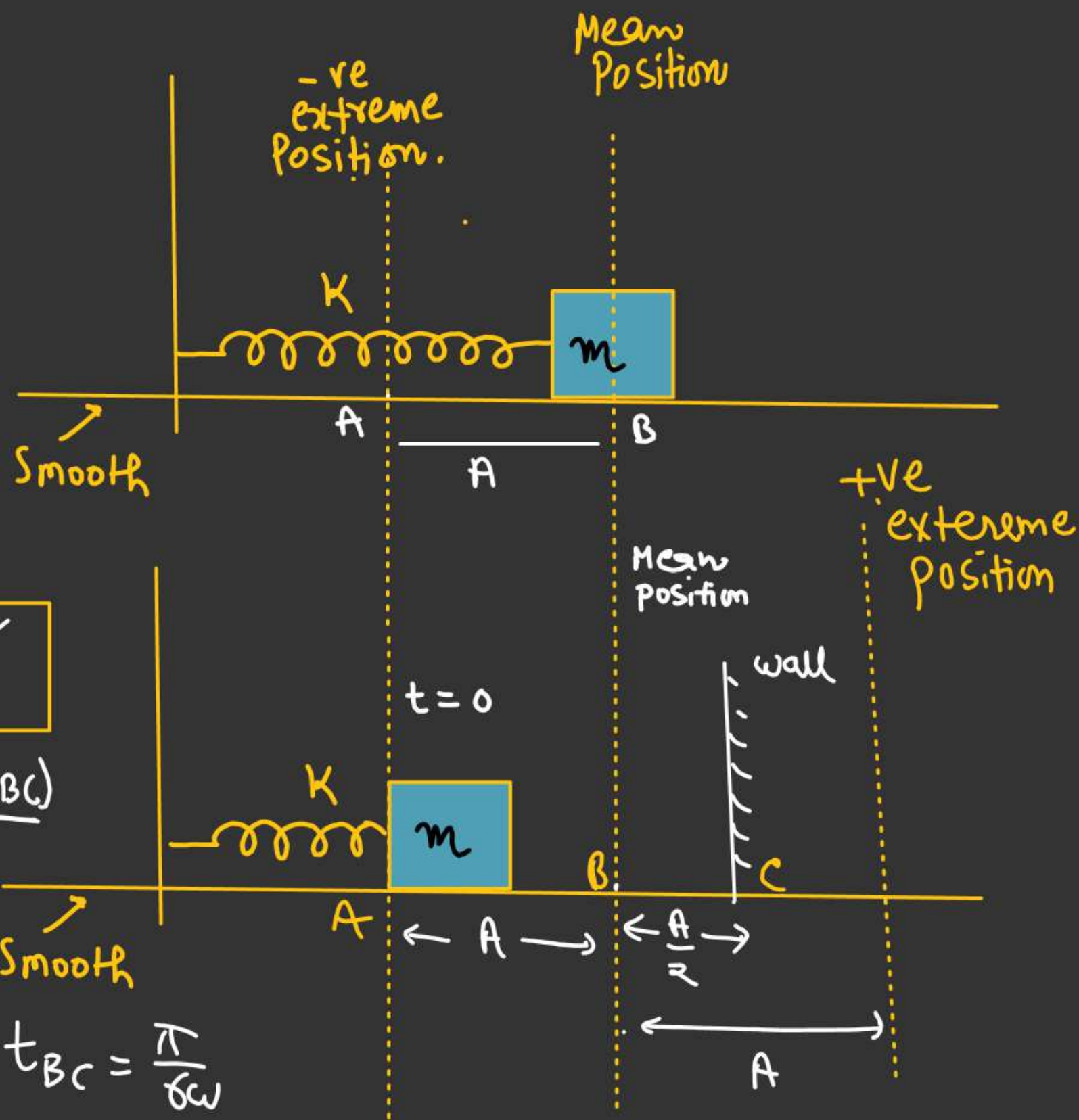


$$x = A \sin \omega t$$

$$\frac{A}{2} = A \sin(\omega t_{BC})$$

$$\omega t_{BC} = \sin^{-1}\left(\frac{1}{2}\right)$$

$$\omega t_{BC} = \frac{\pi}{6} \Rightarrow t_{BC} = \frac{\pi}{6\omega}$$



$$T' = 2(t_{AB} + t_{BC})$$

$$\omega = \sqrt{\frac{k}{m}}$$

$$T' = 2\left(\frac{\pi}{2}\sqrt{\frac{m}{k}} + \frac{\pi}{6\omega}\right)$$

$$T' = 2\left[\frac{\pi}{2}\sqrt{\frac{m}{k}} + \frac{\pi}{6}\sqrt{\frac{m}{k}}\right]$$

$$T' = \pi\sqrt{\frac{m}{k}}\left[1 + \frac{1}{3}\right]$$

$$\left(T' = \frac{4\pi}{3}\sqrt{\frac{m}{k}}\right) \checkmark$$

S.H.M** Time period of two blocks & Spring System

Both the block released simultaneously at $t=0$ from a distance x_1 and x_2 from their mean position

$$x_0 = x_1 + x_2 \text{ --- (1) } x_0 = (\text{Total Elongation})$$

$$\Delta X_{\text{com}} = 0$$

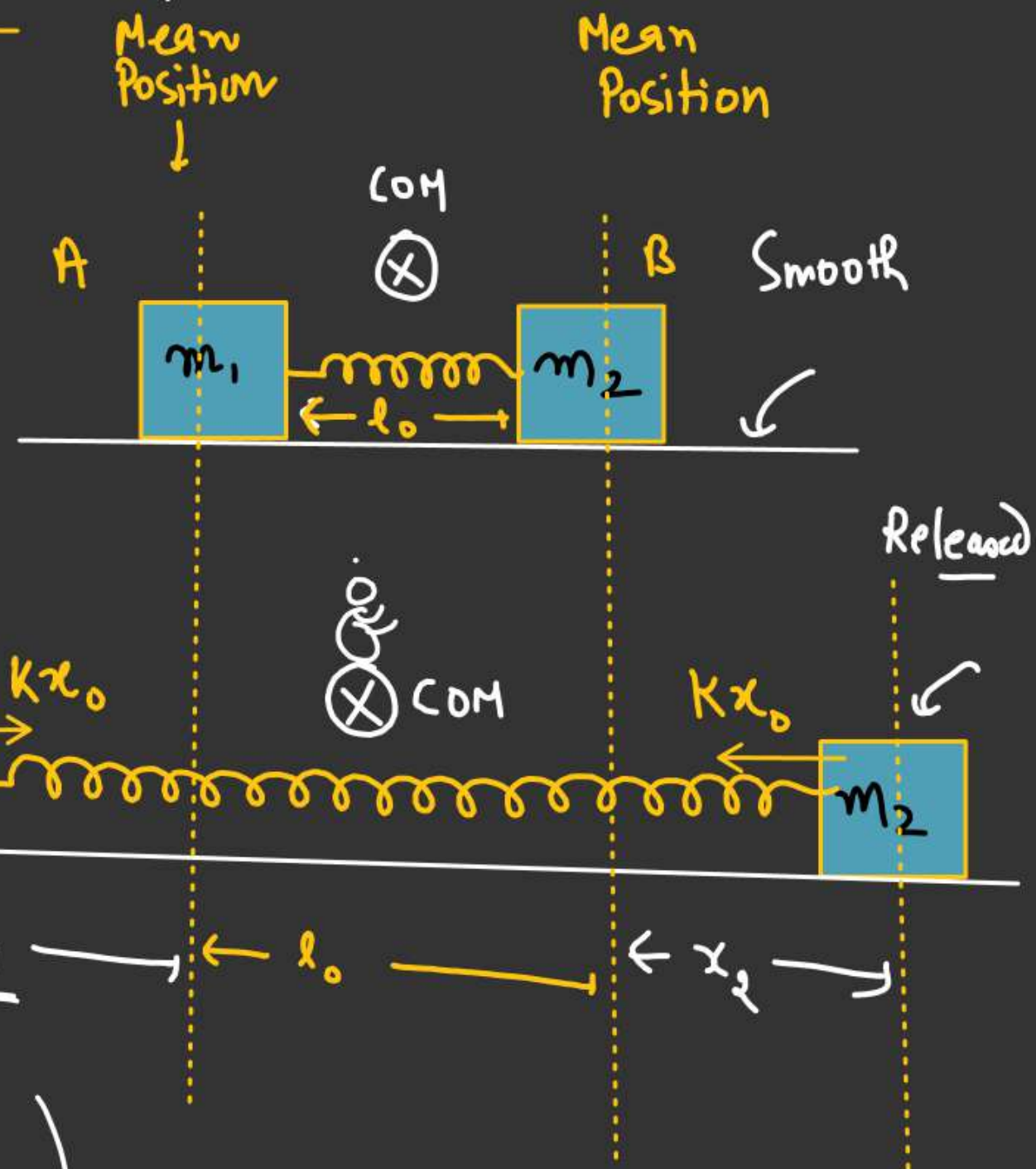
$$\frac{m_2 x_2 - m_1 x_1}{m_1 + m_2} = 0$$

$$m_2 x_2 - m_1 x_1 = 0 \text{ --- (2)}$$

$$x_1 = \frac{m_2}{m_1} x_2 \text{ --- Put in (1)}$$

$$\left(x_1 = \frac{m_2 x_0}{m_1 + m_2}, x_2 = \frac{m_1 x_0}{m_1 + m_2} \right)$$

Amplitude of m_1



S.H.M

$$F_s = -Kx_0$$

For m_1

$$F_s = -K \left(\frac{m_1 + m_2}{m_2} \right) x_1$$

$$a_1 = \frac{F_s}{m_1} = - \left(K \left(\frac{m_1 + m_2}{m_1 m_2} \right) x_1 \right)$$

$$a = -\omega^2 x$$

$$\omega = \sqrt{\frac{K(m_1 + m_2)}{m_1 m_2}}$$

$$\frac{m_2 x_0}{m_1 + m_2} = x_1$$

$$x_0 = \frac{x_1 (m_1 + m_2)}{m_2}$$

$$\frac{m_1 x_0}{m_1 + m_2} = x_2$$

$$x_0 = \left(\frac{m_2 + m_2}{m_1} \right) x_2 \quad \checkmark$$

For m_2

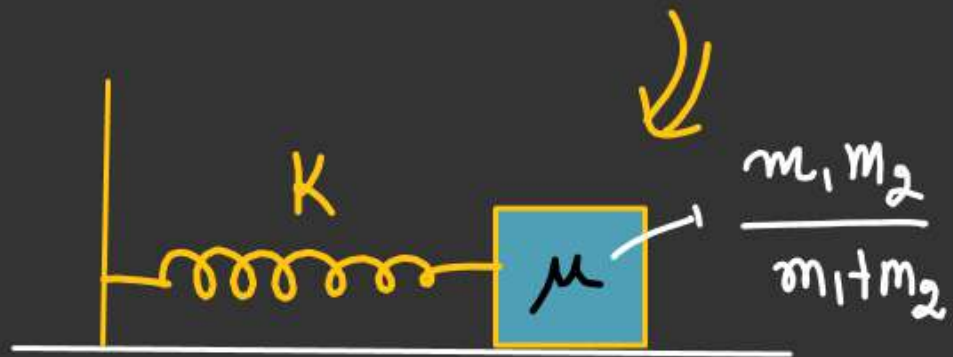
$$F_s = -Kx_0$$

$$F_s = -K \left(\frac{m_1 + m_2}{m_1} \right) x_2$$

$$a_2 = \frac{F_s}{m_2} = - \left(K \left(\frac{m_1 + m_2}{m_1 m_2} \right) x_2 \right)$$

$$a = -\omega^2 x$$

$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m_1 m_2}{K(m_1 + m_2)}}$$



$$T = 2\pi \sqrt{\frac{\mu}{k}}$$

$$T = 2\pi \sqrt{\left(\frac{m_1 m_2}{m_1 + m_2}\right) \frac{1}{k}}$$