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# Energy in Case of S.H.M

$$E_T = P.E + K.E$$

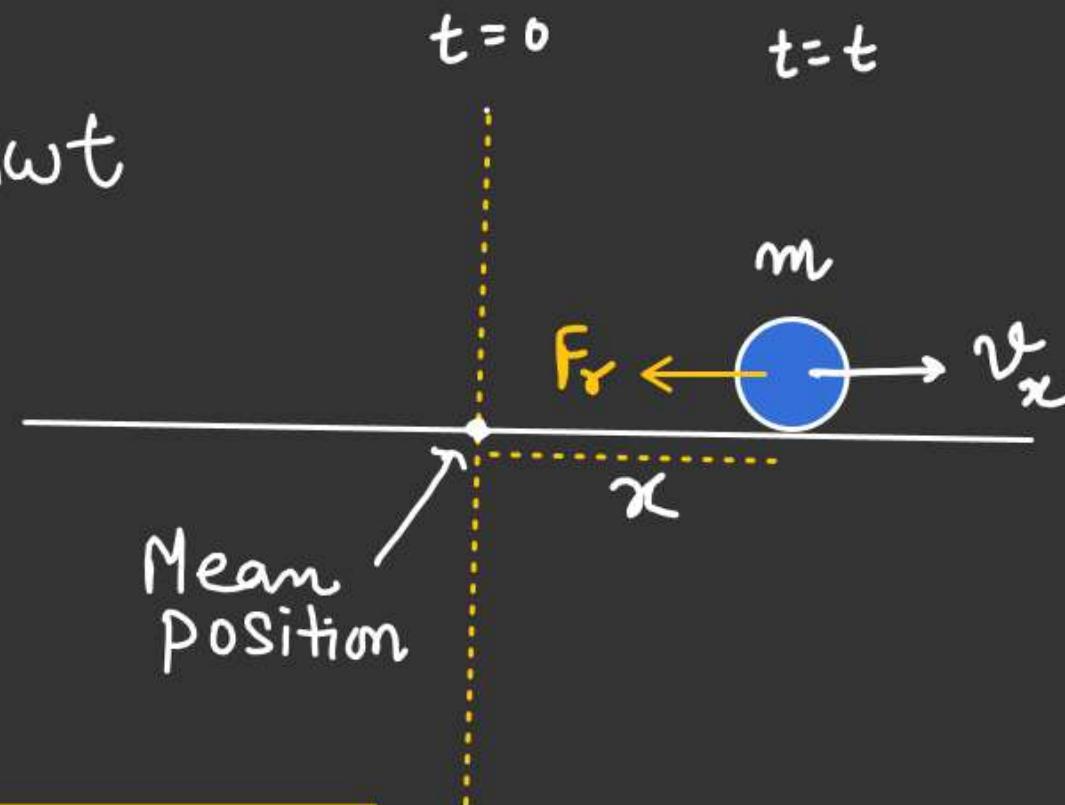
P.E :-  $F_r = -Kx$ .

Let,  $dW_{\text{system}}$  be the work done for  $dx$  displacement

$$dW_{\text{system}} = -Kx \cdot dx$$

$$\begin{aligned} dU &= -dW_{\text{system}} = Kx \cdot dx \\ \int_0^U dU &= K \int_0^x dx \end{aligned}$$

$$x = A \sin \omega t$$



$$U = \frac{1}{2} Kx^2$$

$$\omega^2 = \frac{K}{m} \Rightarrow K = m\omega^2$$

$$U = \frac{1}{2} K A^2 \sin^2 \omega t$$

$$U = \frac{1}{2} m \omega^2 A^2 \sin^2 \omega t$$

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K-E in Case of S.H.M

$$x = A \sin \omega t$$

$$v = \frac{dx}{dt} = A\omega \cos \omega t$$

$$K.E = \frac{1}{2} m v^2$$

$$K.E = \frac{1}{2} m A^2 \omega^2 \cos^2 \omega t$$

Total Energy in Case of S.H.M

$$E_T = P.E + K.E$$

$$= \frac{1}{2} m \omega^2 A^2 \sin^2 \omega t + \frac{1}{2} m \omega^2 A^2 \cos^2 \omega t$$

$$= \frac{1}{2} m \omega^2 A^2 (\sin^2 \omega t + \cos^2 \omega t)$$

$$E_T = \frac{1}{2} m \omega^2 A^2$$

$$\underbrace{P.E}_{y} = \frac{1}{2} K x^2$$

$$v = \omega \sqrt{A^2 - x^2}$$

$$K.E = \frac{1}{2} m v^2$$

$$\therefore = \frac{1}{2} m \omega^2 (A^2 - x^2)$$

(Parabola  
Opening  
downward)

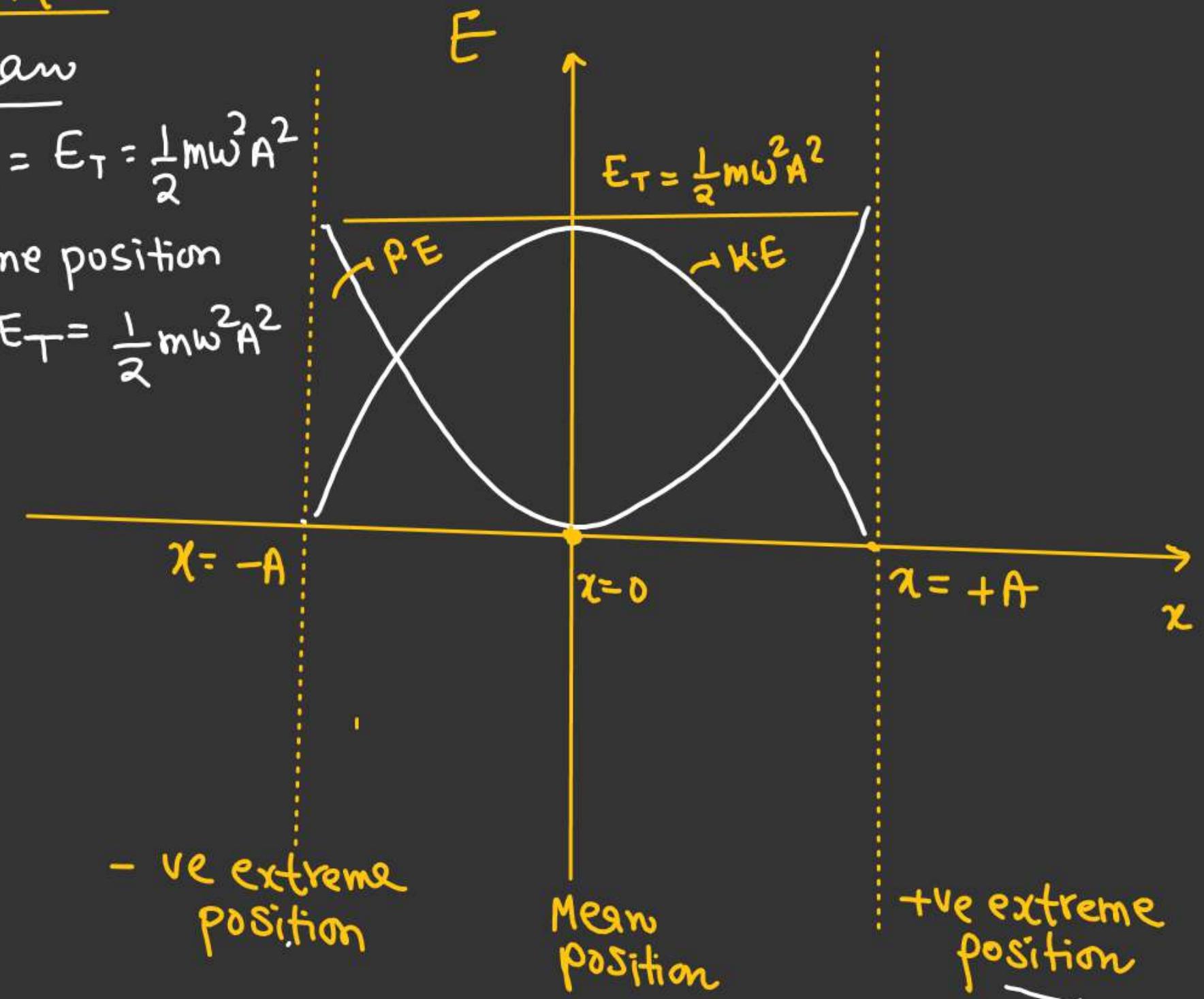
S.H.M

At Mean

$$K.E_{\max} = E_T = \frac{1}{2} m \omega^2 A^2$$

At extreme position

$$P.E_{\max} = E_T = \frac{1}{2} m \omega^2 A^2$$



S.H.M

Avg P.E & K.E in S.H.M (In one time period)

$$P.E = \frac{1}{2} m \omega^2 A^2 \sin^2 \omega t. \quad T = \frac{2\pi}{\omega}$$

$$P.E_{avg} = \frac{\frac{1}{2} m \omega^2 A^2 \int_0^T \sin^2 \omega t \cdot dt}{T \int_0^T dt}$$

$$\cos 2\theta = 2\cos^2 \theta - 1$$

$$= 1 - 2\sin^2 \theta \Rightarrow \sin^2 \theta = \frac{1 + \cos 2\theta}{2}$$

$$P.E_{avg} = \frac{\frac{1}{2} m \omega^2 A^2 \int_0^T \left( \frac{1 - \cos 2\omega t}{2} \right) dt}{T \int_0^T dt}$$

~~P.E~~

$$P.E_{avg} = \frac{m \omega^2 A^2}{4}$$

$$y = f(x)$$

$$y_{avg} = \frac{\int_{x_i}^{x_f} y \cdot dx}{x_f - x_i}$$

$$= \frac{1}{2T} m \omega^2 A^2 \left[ \frac{1}{2} \int_0^T dt - \int_0^T \cos 2\omega t \cdot dt \right]$$

$$= \frac{m \omega^2 A^2}{2T} \left[ \frac{1}{2} \times T - \frac{[\sin 2\omega t]_{0}^{2\pi/\omega}}{2\omega} \right]$$

$$= \frac{m \omega^2 A^2}{4} \left[ \frac{1}{2} - 0 \right]$$

K.E<sub>avg</sub> in one time period

$$K.E_{avg} = \frac{1}{4} m \omega^2 A^2$$

$$\sin^2 \theta \text{ or } \cos^2 \theta$$



Period  $\rightarrow \pi$

$$\sin \theta \text{ or } \cos \theta$$

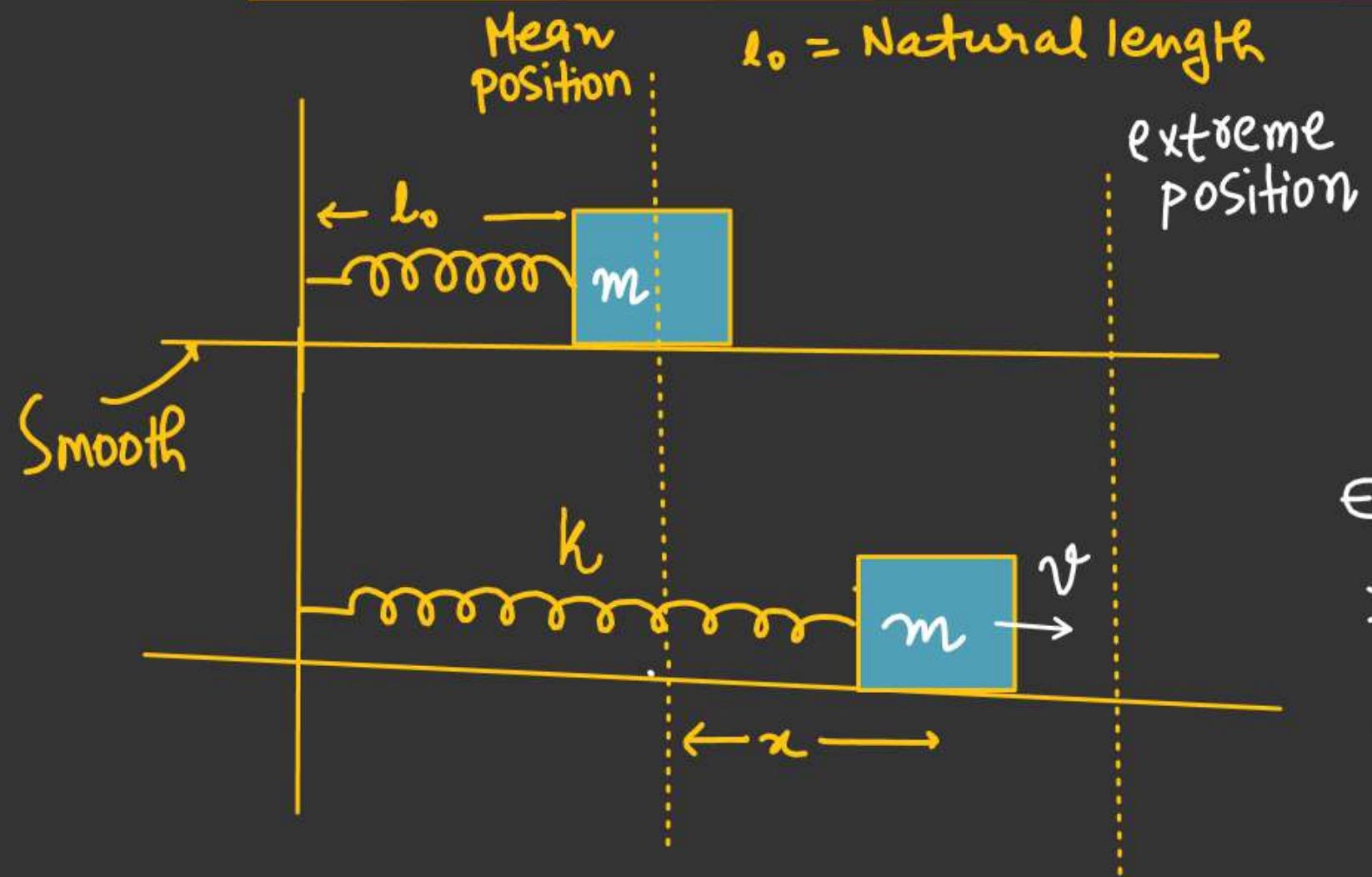


Period  $= \frac{2\pi}{\omega}$

$$x = A \sin \omega t \xrightarrow{2\pi}$$

$$K.E = \frac{1}{2} m \omega^2 A^2 \cos^2 \omega t \xrightarrow{\pi}$$

Note :- If  $f$  be the frequency of particle  
then frequency of energy i.e (oscillation of energy)  
be  $2f$

S.H.MTime period of Spring-block system (ENERGY METHOD) $l_0 = \text{Natural length}$ 

Mean position

extreme position

↪ Approach :- Write the total energy of particle at any intermediate position & differentiate it w.r.t time and apply  $\frac{dE_T}{dt} = 0$

$E_T$  when block is at a position  $x$  from mean position

$$E_T = \frac{1}{2}MV^2 + \frac{1}{2}Kx^2$$

$$E_T = \frac{1}{2}mv^2 + \frac{1}{2}Kx^2$$

Differentiating both Side w.r.t time

$$\frac{dE_T}{dt} = \frac{1}{2}m \underbrace{\frac{d(v^2)}{dt}} + \frac{1}{2}K \frac{d(x^2)}{dt}$$

$$\downarrow = \frac{1}{2}m \left[ \frac{d(v^2)}{dv} \times \frac{dv}{dt} \right] + \frac{1}{2}K \left[ \frac{d(x^2)}{dx} \times \left( \frac{dx}{dt} \right) \right]$$

$$O = \frac{1}{2}m \left[ 2v \times \frac{dv}{dt} \right] + \frac{1}{2}K(2x) \left( \frac{dx}{dt} \right)$$

$$O = m v \left( \frac{dv}{dt} \right) + Kx \left( \frac{dx}{dt} \right)$$

~~$m v \left( \frac{dv}{dt} \right) = -Kx \left( \frac{dx}{dt} \right)$~~

↓  
a

$$a = -\frac{K}{m} x$$

$$a = -\omega^2 x$$

$$\omega = \sqrt{\frac{K}{m}}$$

$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m}{K}}$$

S.H.M

# Collision b/w block & wall  
is perfectly elastic.

Block compressed by A distance  
and released. Find the time period  
of block. [Wall is at a distance  
 $A/2$  from the mean position].

$$t_{AB} = \frac{T}{4} = \frac{1}{4} \times 2\pi \sqrt{\frac{m}{K}}$$

$$t_{AB} = \frac{\pi}{2} \sqrt{\frac{m}{K}}$$

for BC

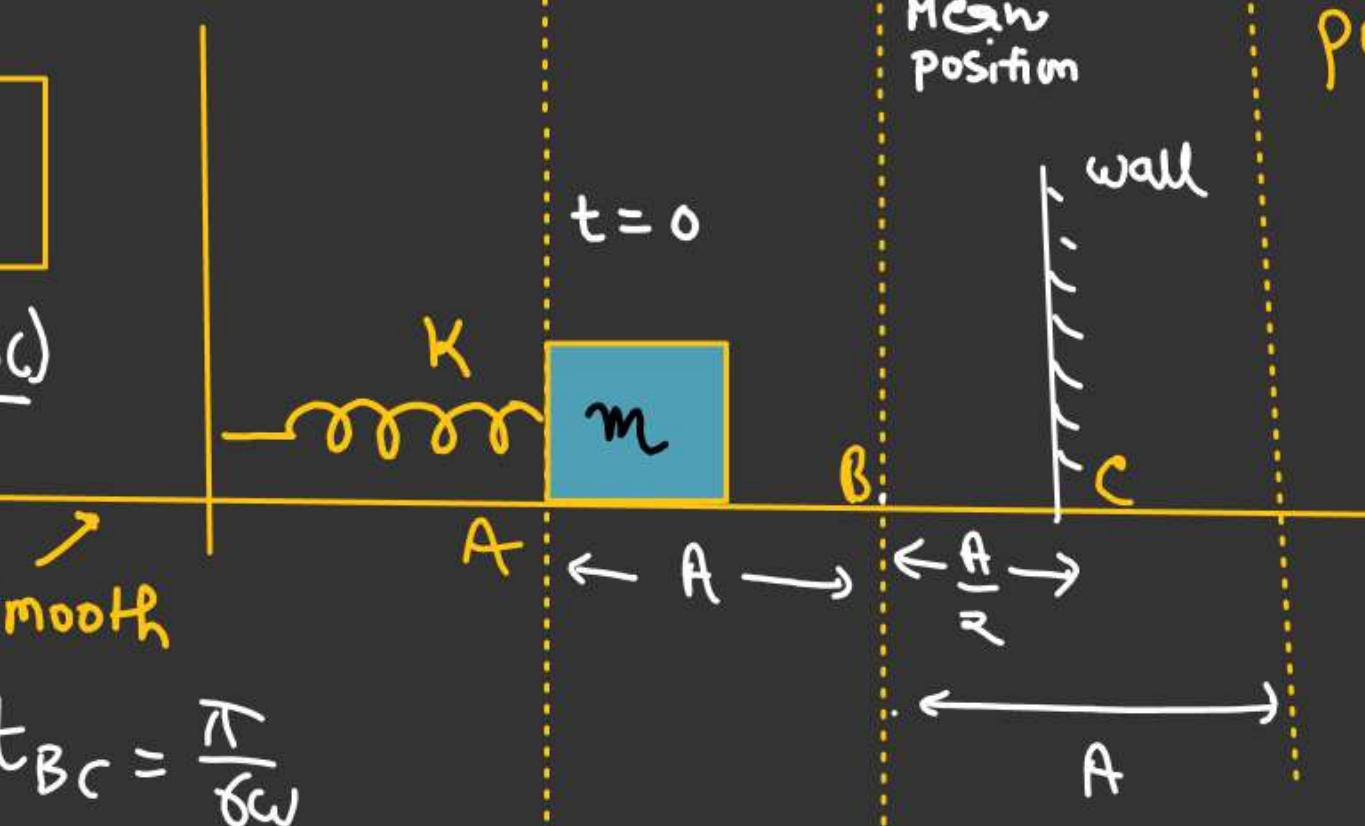
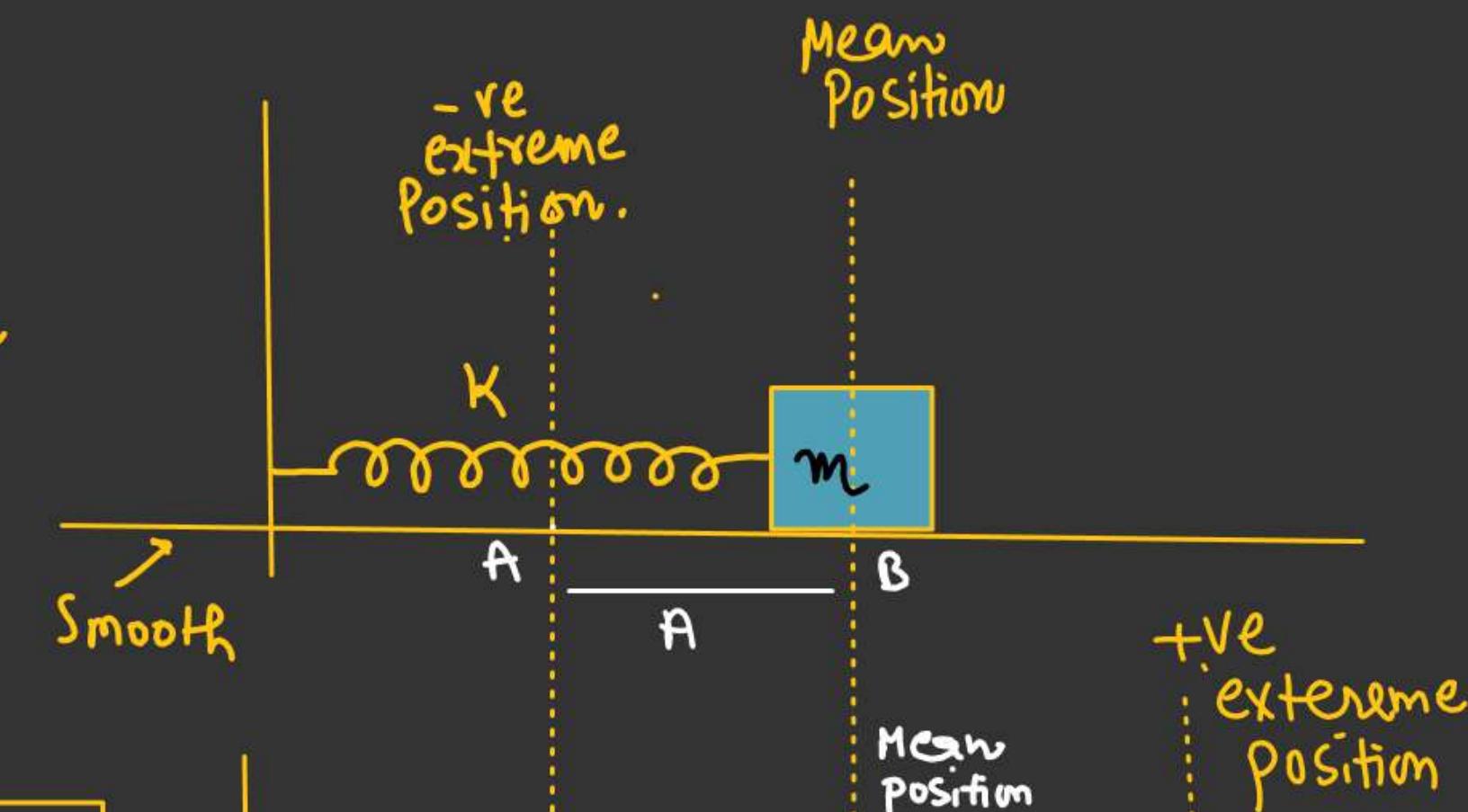
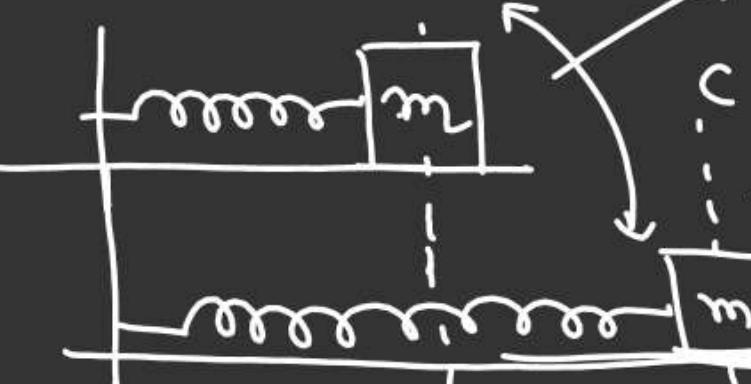
$B, t=0$

$$\checkmark x = A \sin \omega t \checkmark$$

$$\frac{A}{2} = A \sin(\omega \cdot t_{BC})$$

$$\omega t_{BC} = \sin^{-1} \frac{1}{2}$$

$$\omega t_{BC} = \frac{\pi}{6} \Rightarrow t_{BC} = \frac{\pi}{6\omega}$$



$$T' = 2(t_{AB} + t_{BC})$$

$$\omega = \sqrt{\frac{k}{m}}$$

$$T' = 2\left(\frac{\pi}{2}\sqrt{\frac{m}{k}} + \frac{\pi}{6}\omega\right)$$

$$T' = 2\left[\underbrace{\frac{\pi}{2}\sqrt{\frac{m}{k}}}_{\text{2nd term}} + \frac{\pi}{6}\sqrt{\frac{m}{k}}\right]$$

$$T' = \pi\sqrt{\frac{m}{k}}\left[1 + \frac{1}{3}\right]$$

$$\left(T' = \frac{4\pi}{3}\sqrt{\frac{m}{k}}\right) \checkmark$$

SHM\* Time period of two blocks & Spring System

Both the block released simultaneously at  $t=0$  from a distance  $x_1$  and  $x_2$  from their mean position

$$x_0 = x_1 + x_2 \quad \text{①} \quad x_0 = (\text{Total Elongation})$$

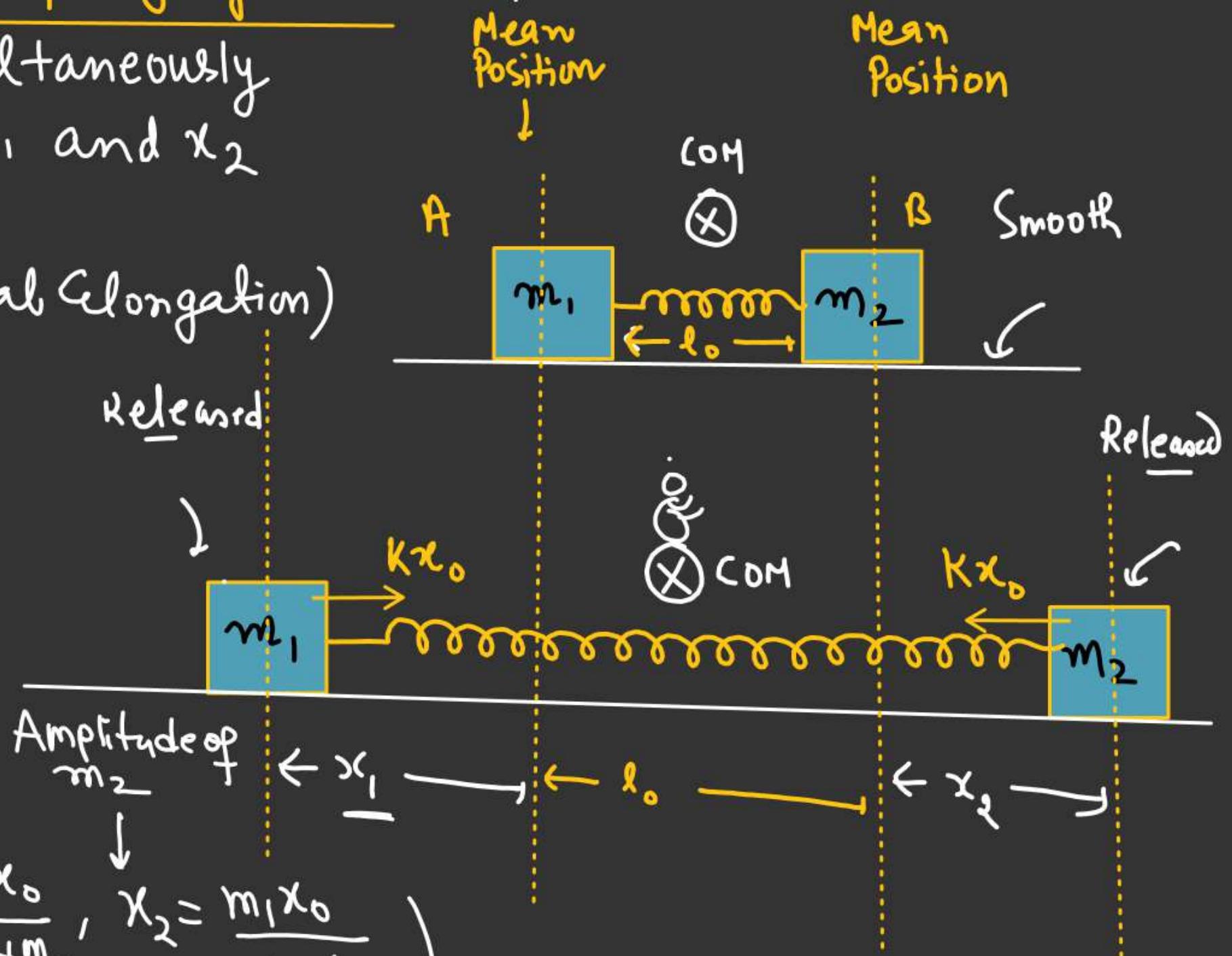
$$\Delta x_{\text{com}} = 0$$

$$\frac{m_2 x_2 - m_1 x_1}{m_1 + m_2} = 0$$

$$m_2 x_2 - m_1 x_1 = 0 \quad \text{②}$$

$$x_1 = \frac{m_2 x_2}{m_1} \quad \text{Put in ①}$$

$$\left( x_1 = \frac{m_2 x_0}{m_1 + m_2}, x_2 = \frac{m_1 x_0}{m_1 + m_2} \right)$$



S.H.M

$$F_x = -Kx_0.$$

For m<sub>1</sub>.

$$F_x = -K \left( \frac{m_1 + m_2}{m_2} \right) x_1$$

$$a_1 = \frac{F_x}{m_1} = -K \left( \frac{m_1 + m_2}{m_1 m_2} \right) x_1$$

$$a = -\omega^2 x$$

$$\omega = \sqrt{\frac{K(m_1 + m_2)}{m_1 m_2}}$$

$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m_1 m_2}{K(m_1 + m_2)}}$$

$$\frac{m_2 x_0}{m_1 + m_2} = x_1$$

$$x_0 = \frac{x_1 (m_1 + m_2)}{m_2}$$

$$\frac{m_1 x_0}{m_1 + m_2} = x_2$$

$$x_0 = \left( \frac{m_2 + m_1}{m_1} \right) x_2$$

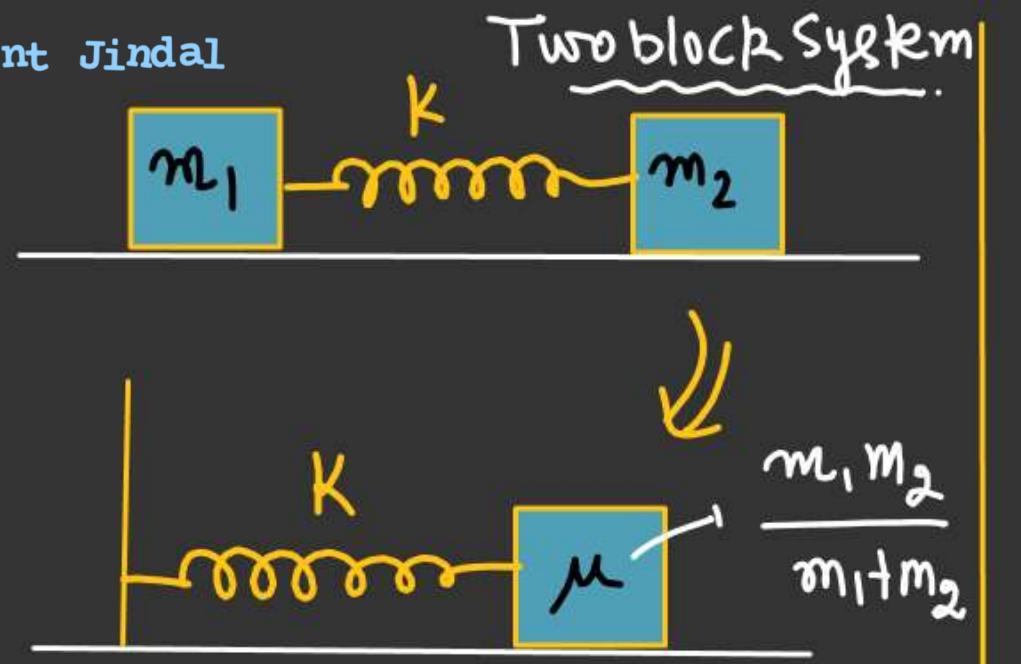
For m<sub>2</sub>

$$F_x = -Kx_0$$

$$F_x = -K \left( \frac{m_1 + m_2}{m_1} \right) x_2$$

$$a_2 = \frac{F_x}{m_2} = -K \left( \frac{m_1 + m_2}{m_1 m_2} \right) x_2$$

$$a = -\omega^2 x$$

Two block System.

$$T = 2\pi \sqrt{\frac{M}{K}}$$

$$T = 2\pi \sqrt{\left(\frac{m_1 m_2}{m_1 + m_2}\right) \frac{1}{K}}$$

S.H.M