Each box represents an Activity or a fragment.

The red boxes represent the Main Fragments. These are the first activities we arrive at when we switch between categories (Exercise, Patient, tests, Settings).

Some boxes are in the HomePageActivity zone. It means on these activities, there is the footer menu, allowing us to navigate between main fragments.

Boxes outside the zone are the sub activities. To navigate to other red activities, we must come back in the HomePageActivity zone.

The blue arrows indicate the different connections between the screens.

The red arrows indicate that once completed (e.g., form validation), we return to the indicated screen.

By default, the native Android back button will return to the previous screen.

