



Week 2 – Technical Labs

Journal entries

All-student prompts

All students should reflect on and respond to the following prompt(s):

Prompt 3: *How has your classroom experiences prepared you for the internship? What do you wish you had learned prior to the internship?*

Since Wake STEM Early College high school is a project based learning school it has greatly prepared me for this internship. At Red Hat our internship has focused on collaborating with the other interns from both Raleigh and Boston. With the PBL curriculum at school I have grown to work with everyone and how to effectively collaborate and communicate. I have been able to translate my skills from food particularly when working on our project and various activities. Along with this, since my school frequently has visitors from different countries, states, and countries I have learned to network and have discussions with them on my schoolwork. This has been seen in the internship when I have been presented with networking opportunities and when reaching out and talking about my experiences to the college interns, managers, and CEO's.

Additional Wake County prompts

Students completing the internship program for Wake County schools must also complete the following prompts IN ADDITION to the 'All-student prompts'

Prompt 4: *What do you feel is your main contribution to your internship site? What have you done at your internship that makes you proud? Why?*

My main contribution to my internship site is my enthusiasm and the energy I bring everyday. Since the first day I have shown up with a smile on my face and presented my professional brand with enthusiasm and confidence and I believe my energy has rubbed off on the other interns and has created a fun and open environment. One thing that has made me very proud of myself was the open mind coming into this opportunity because I was not sure what was going to happen. Along with this, I am proud of how often I have networked and how many connections I have made even in the first two weeks and I am proud of myself for branching out and coming out of my comfort zone.