



# Week 2 – Technical Labs

## Journal entries

### All-student prompts

All students should reflect on and respond to the following prompt(s):

**Prompt 3:** *How has your classroom experiences prepared you for the internship? What do you wish you had learned prior to the internship?*

I think my classroom experience somewhat prepared me for the internship. I wish they taught me how to network with people or taught me how to create an elevator speech on the spot when meeting other people. Some of the learning experiences I gained from school were leadership roles and stepping out of my comfort zone to participate in activities or clubs that I would never have thought of stepping into.

### Additional Wake County prompts

Students completing the internship program for Wake County schools must also complete the following prompts IN ADDITION to the 'All-student prompts'

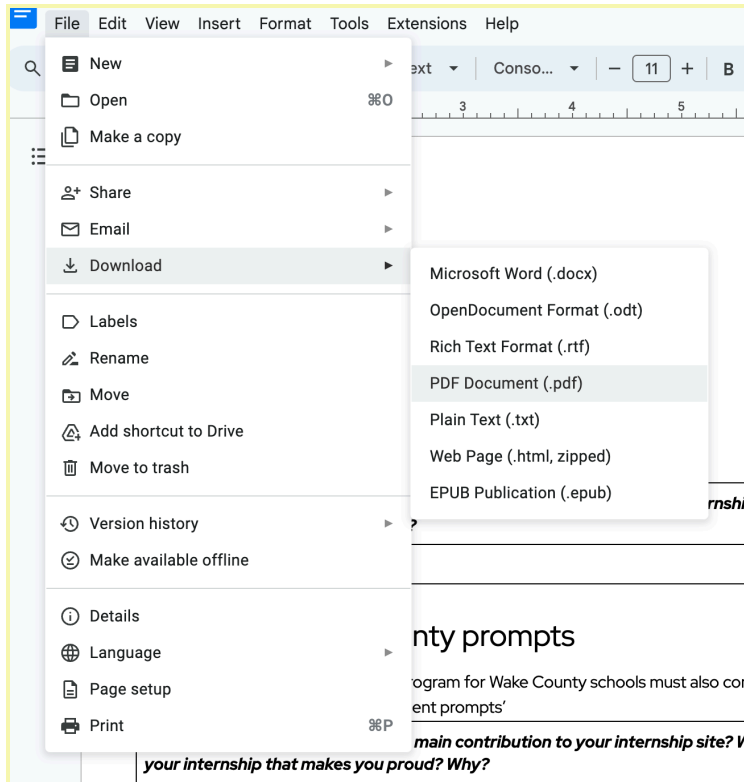
**Prompt 4:** *What do you feel is your main contribution to your internship site? What have you done at your internship that makes you proud? Why?*

I have contributed to the internship by sharing my knowledge with the program and getting to know my new co-workers and leaders. I have enjoyed the job shadowing sessions and getting to know everyone's positions. I think that by the end of the program I will be able to narrow down my options as to what career I want to pursue and follow the steps necessary to obtain that career in my last year of highschool and going into college.



## Export + contribute your reflection

1. Once you've filled out the above prompts, export this doc as a PDF. Note: make sure you rename the file to be in the format **[Firstname Lastname] Week 2 Journal Entries**



2. Now that you have a PDF of this week's reflections saved locally to your laptop, you should contribute the PDF to your personal GitHub dropbox area in our [shared repo](#).