

References used in "The Year of Sorrow" project

Books

- Safiur Rahman al-Mubarakpuri — *The Sealed Nectar (Ar-Raheeq Al-Makhtum)*.
- Ibn Ishaq (translated by Alfred Guillaume) — *The Life of Muhammad*.
- Tariq Ramadan — *In the Footsteps of the Prophet*.

Hadith Collections

- Sahih al-Bukhari — multiple references concerning the life of the Prophet and Khadija (RA).
- Sahih Muslim — narrations about grief, remembrance, and early companions.

Online & Academic

- Yaqeen Institute — "Coping with Grief: A Spiritual and Psychological Guide".
- Selected articles and reflection papers on grief, Islam and mental health (available online).

Curated videos (YouTube)

- The Death of Khadijah — Ustadh Abdulrahman. https://youtu.be/k5So_Zr5hkQ
- Prophet Muhammad's Year of Sorrow: Lessons For Today. <https://youtu.be/KxrcWGmEh38?si=LSKDSkHtzotnJF45>
- The UNTOLD Story of Khadija (RA). <https://www.youtube.com/watch?v=E41T1FjnIJQ>

Notes:

- For classical citations (Ibn Ishaq, Bukhari, Muslim), please consult authoritative translations and note volume/book/hadith number when preparing your final bibliography.
- If you would like, I can output a formatted APA or Chicago style bibliography for print.