Ethical Email Phishing Simulation Using Gophish

Introduction

The Email Phishing Simulation Project was conducted as a cybersecurity training exercise using Gophish. It aimed to test employee awareness by ethically simulating phishing attacks in a safe environment.

Abstract

This project focused on designing and launching a controlled phishing campaign to educate users about the dangers of phishing emails. It allowed real-time tracking of user interactions such as email opens, link clicks, and credential submissions.

Tools Used

- Gophish (Open-source phishing framework)
- Gmail SMTP Server (smtp.gmail.com:587)
- Ngrok (to expose local landing page)
- HTML Templates (index.html, login.html)
- CSV (for importing user targets)

Steps Involved in Building the Project

- 1. Installed and launched Gophish locally.
- 2. Created sending profiles using Gmail SMTP with app password.
- 3. Designed phishing email using index.html.
- 4. Cloned login page using login.html and enabled data capture.
- 5. Imported target users via CSV.
- 6. Created and launched the campaign with Ngrok public URL.
- 7. Monitored real-time results (email open, link click, data entry).

Conclusion

The simulation provided insights into user behavior when exposed to phishing emails. It helped identify weak points and served as a strong awareness tool. Gophish proved effective in conducting ethical phishing simulations for educational purposes.