

The origin and evolution of maize in the Southwestern United States

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The origin of maize (*Zea mays* ssp. *mays*) in the US Southwest remains contentious, with conflicting archaeological data supporting either coastal^{1–4} or highland^{5,6} routes of diffusion of maize into the United States. Furthermore, the genetics of adaptation to the new environmental and cultural context of the Southwest is largely uncharacterized⁷. To address these issues, we compared nuclear DNA from 32 archaeological maize samples spanning 6,000 years of evolution to modern landraces from across Mexico. We found that the initial diffusion of maize into the Southwest at about 4,000 years ago likely occurred along a highland route, followed by gene flow from a lowland coastal maize beginning at least 2,000 years ago. Our population genetic analysis also enabled us to differentiate selection during domestication for adaptation to the novel climatic and cultural environment of the Southwest, identifying adaptation loci relevant to drought tolerance and sugar content.

Documenting ancient diffusion routes of domesticates and how they were modified when introduced into new regions has long been a challenge. For example, hybridization and gene flow have long confounded attempts to understand the origins of either indica rice⁸ in the Indian subcontinent or maize in southern Mexico⁹. The origin and adaptation of maize in the US Southwest is a similarly difficult case. Following its initial domestication from the wild grass teosinte in southern Mexico^{10,11}, maize diffused throughout the Americas, spreading through much of the continental United States after its introduction to the Southwest around 4,100 years before present (BP)⁷. There has been considerable debate about the arrival of maize into the Southwest, however, as early archaeological samples suggested a highland route^{5,6}, whereas more recent samples^{1,2} and morphological similarity to extant Mexican maize support a lowland, Pacific coast route^{3,4}. And while temporal variation in Southwest maize cob morphology has been described², the genetic changes responsible for adaptation to the Southwest environment during the last 4,000 years are still uncharacterized.

In order to resolve questions about the diffusion of maize into the Southwest as well as to track genetic changes in Southwest

maize through time, we sampled DNA from archaeological specimens dating to ca. 4000–3000, 2000 and 750 cal. BP (SW3K, SW2K and SW750 hereafter), as well as four ancient Mexican samples dating to ca. cal. 5910 cal. BP, 5280 cal. BP and 1410 cal. BP (Table 1) and a single modern open-pollinated highland Mexican maize accession (Supplementary Table 5). We generated sequence data from ancient samples using a hybridization target capture approach that was enriched for the exons of 348 genes (depth of covered sites ~10X on target and ~2X elsewhere; selection criteria are in Supplementary Tables 8, 9 and 11); our modern highland sample was sequenced using a whole-genome shotgun approach. To these data we added published sequence data from an additional ancient sample from Mexico¹² and modern samples of teosinte subspecies, *Zea mays* ssp. *parviglumis* and ssp. *Mexicana*, as well as Southwest and Mexican maize¹³.

Comparison of shared derived alleles between ancient Southwest samples and the Mexican highland landrace Palomero de Jalisco or the Mexican lowland landrace Chapalote using D statistics¹⁴ argues for a highland origin of the earliest Southwest maize (SW3K; Fig. 1a), consistent with low-density single nucleotide polymorphism data¹⁵ from a sample of more than 2,000 modern maize landraces and teosinte (Supplementary Fig. 6). In contrast, values of D in SW2K support gene flow from Chapalote (Fig. 1a). TreeMix¹⁶ also identifies introgression from lowland maize to the SW2K population (Fig 1b) and agrees with previous evidence for introgression from the teosinte *Z. mays* ssp. *mexicana* into Mexican highland landraces¹⁷. Finally, admixture analysis (Fig. 1c, and Supplementary Fig. 5) reveals evidence of teosinte admixture in all ancient Southwest maize. As there is no history of teosinte in the Southwest, this is consistent with a highland origin. Assignment to the group that includes the lowland samples Chapalote and Reventador, however, increases in the SW2K and SW750 samples; we interpret the lack of observed admixture with teosinte or Mexican maize in the extant Southwest Santo Domingo landrace (USA17) to be a result of recent extensive genetic exchange with other American landraces (Supplementary Fig. 5). Together, these results argue for a complex origin of

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Table 1 | Identification and summary statistics of the ancient samples sequenced in this study.

Age group	Type of analyses*	Ids	Intercept of radiocarbon age with calibration curve years BP [†]	Cob morphology Shape (pineapple, P; cylinder, C), row number, cob diameter	Site	Retained nucleotides	Average depth (targets)
SW3K	a,d	SW443	2,780		McEuen Cave, USA	8,230,593	13
	t,a,d	SW4Ba	3,390		Bat Cave, USA	17,621,611	9
SW2K	a,d,s	SW207	1,860	P, 12 row, 2.0 cm	Tularosa Cave, USA	5,870,362	11
	s	SW256	ca. 1,850–1,750	P, 12 row, 2.5 cm		3,768,546	9
	s	SW261	ca. 1,850–1,750	P, 10 row, 1.9 cm		4,613,152	9
	a,d,s	SW264	1,820	P, 12 row 1.8 cm		15,134,398	14
	s	SW278	ca. 1,850–1,750	P, 12 row, 2.2 cm		3,431,137	10
	a,d,s	SW280	ca. 1,850–1,750	P, 10 row, 2.1 cm		5,209,183	6
	s	SW283	1,860; 1,850; 1,830	P, 12 row, 2.2 cm		5,642,954	3
	s	SW288	ca. 1,850–1,750	P, 12 row, 2.3 cm		148,791	1
	s	SW296	ca. 1,850–1,750	P, 10 row, 1.9 cm		2,072,254	5
	t,a,d,s	SW298	1,770; 1,760; 1,740	P, 12 row, 2.0 cm		80,568,726	10
SW750	s	SW105	670	C, 10 row, 1.5 cm	Tularosa Cave, USA	2,058,626	4
	a,d,s	SW107	ca. 700–900	C, 8 row, 1.3 cm		34,929,483	20
	a,d,s	SW109	ca. 700–900	C, 8 row, 1.3 cm		12,364,145	15
	a,d,s	SW110	ca. 700–900	C, 8 row, 1.6 cm		35,088,565	17
	a,d,s	SW111	ca. 700–900	C, 8 row, 1.5 cm		29,640,515	19
	a,d,s	SW112	ca. 700–900	C, 8 row, 1.4 cm		22,887,209	16
	s	SW118	ca. 700–900	C, 8 row, 1.2 cm		3,855,808	4
	a,d,s	SW121	790	C, 10 row, 1.5 cm		29,736,402	7
	a,d,s	SW124	ca. 700–900	C, 8 row, 1.3 cm		33,518,448	18
	a,d,s	SW132	740	C, 8 row, 1.4 cm		17,131,288	18
	t,a,d,s	SW146	690	C, 8 row, 1.3 cm		111,329,149	12
	s	SW1b9	740	C, 8 row, 1.5 cm		68,634	2
	a	SW1AX	670		Turkey House Ruin, USA	59,526,622	25
	a	TH563	5,910	4 ranks, 8 rows, 1.2 cm	Tehuacan Caves, Mexico	9,544,881	3
	t,a	TH564	5,280; 5,160; 5,140; 5,100	4 ranks, 8 rows, 1.1 cm		10,791,297	5
	a	TH157	1,410	8 rows, 1.5 cm		18,126,654	2
	a	AR14B			Arica, Chile	5,328,366	16
	a	AR1A9				11,261,584	11
	a	AR1A8				286,639,854	24
	a	AR171				159,400,189	21

*t, TreeMix (Fig. 1A); a, NGSadmix (Fig. 1b, and Supplementary Fig. 5); d, D-statistics (Fig. 1c, Supplementary Fig. 12); s, selection tests (Figs 2 and 3, and Supplementary Fig. 10).

[†]INTCAL09 calibration curve.

1 Southwest maize, originally entering the United States via a highland
2 route by 4000 BP and subsequently receiving gene flow from lowland
3 maize via the Pacific coastal corridor starting around 2000 BP.

4 Maize was faced with a number of environmental challenges
5 upon arrival in the Southwest, from extreme aridity to new
6 dietary preferences⁷. Our population-level samples corresponding
7 to temporally distinct occupations of the same cave site (Tularosa
8 cave: SW2K, $n = 10$; SW750, $n = 12$), combined with published
9 genomic data of the maize progenitor *Zea mays* ssp. *parviglumis*
10 (Supplementary Table 4), allow us to distinguish evidence for
11 these more recent adaptations from selection that occurred during
12 maize domestication. We first used the population branch statistic
13 PBS¹⁸ to identify genes with the highest dissimilarity between teo-
14 sinte and our ancient Southwest landraces (Fig. 2a). These genes
15 were likely to be early targets of maize domestication that preceded
16 arrival in the Southwest. Many of these genes also show a very nega-
17 tive Tajima's D, consistent with the effects of strong selection
18 (Fig. 2a), and seven of the top ten genes (Supplementary Table 1)
19 are located in previously identified selected regions¹⁹. The top
20 gene, *zagl1*, corresponds to a MADS-box transcription factor associ-
21 ated with shattering, a key domestication feature strongly selected
22 for by human harvesting²⁰. Several other genes are also well
23 known for their roles in domestication: (1) *ba1* has a major role
24 in the architecture of maize²¹, (2) *zcn1* and *ZmGI* are associated
25 with the regulation of flowering^{20,22} and (3) *tga1* controls the
26 change from encased to exposed kernels²³.

27 Comparison of the ancient maize population samples from
28 Tularosa cave then let us assess changes between 2000 and 750

years BP, a period of ongoing adaptation to the Southwest. Median
values of Tajima's D in the SW750 population are higher than in
the SW2K (Supplementary Fig. 8 and Supplementary Table 2), con-
sistent with model-based estimates suggesting a smaller effective
population (Supplementary Fig. 9). Nonetheless, we find several
genes showing evidence of selection. The top PBS outlier in the
SW750 population is a dehydration-responsive element-binding
protein shown to be upregulated as much as 50-fold in maize
roots under drought conditions²⁴, perhaps a signature of adaptation
to arid Southwest conditions (Supplementary Fig. 10). Analysis of
genes in the starch biosynthesis pathway provides perhaps the best
example of the power of our population-sampling approach.
While the reduction of diversity at *ae1* is seen in all Southwest
maize, consistent with selection during domestication, diversity at
sugary1 is reduced more than 60% between the SW2K and
SW750 populations (Fig. 3). *sugary1* also shows an elevated PBS
and a negative Tajima's D (Fig. 2) consistent with strong selection.
The timing of selection on *su1* appears to correlate with a shift
towards larger cobs and floury kernel endosperm in archaeological
maize around 800–1000 AD². Both *ae1* and *su1* affect the structure of
amylopectin²⁵, which is involved in the pasting properties of maize
tortillas and porridge²⁶. Furthermore, it has been shown that storing
non-structural carbohydrates can be beneficial in a drought scenar-
io, consistent with adaptation to the Southwest climate²⁷. The
su1 mutation with the highest allele frequency difference between
SW2K and modern individuals (Supplementary Fig. 3) is known
to cause the partial replacement of starch by sugar in sweetcorn²⁸.
Several Native American tribes grew sweetcorn before the arrival

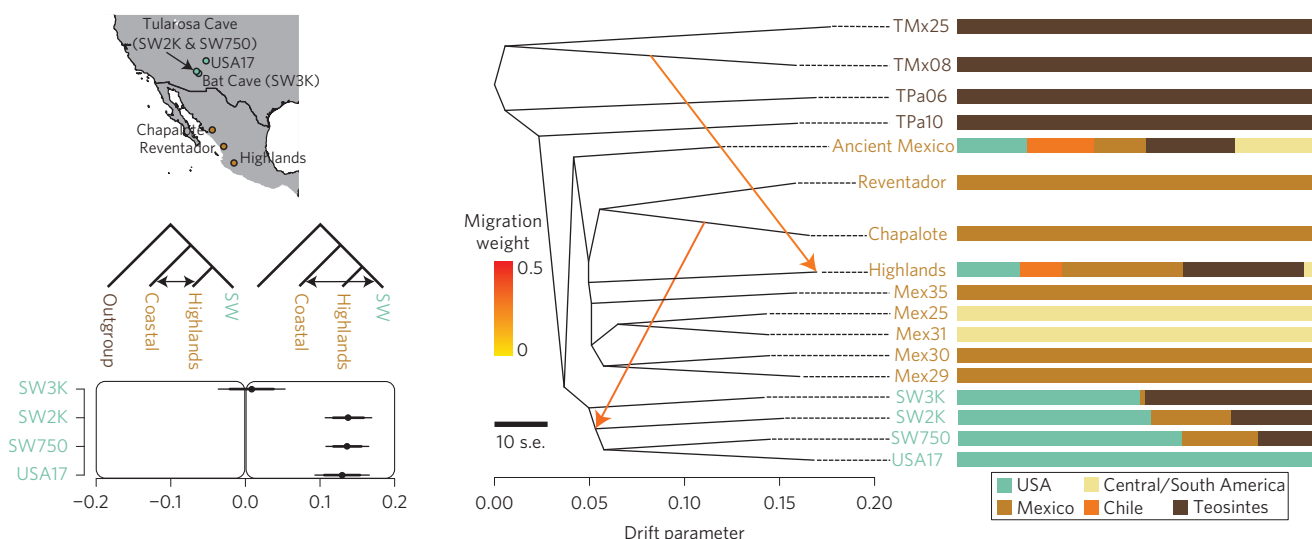


Figure 1 | Origins of the Southwest ancient maize samples. SW3K, SW2K and SW750 correspond to Southwest maize from ~3000, ~2000 and ~750 BP. The ancient Mexican sample dates to 5100 BP (TH564). The Mex prefix indicates modern Mexican samples from across Mexico. Coastal lowland (Reventador, Chapalote) and highland (Palomero Toloqueño) landraces are highlighted on the map. Further details are available in Table 1 and Supplementary Tables 4 and 5. **a**, Allele frequency-based D-tests suggest an initial highland diffusion route from Mexico to the Southwest of the United States followed by extensive gene flow from the Pacific coast Chapalote race (Supplementary Table 6 and Supplementary Fig. 12); positive values of D indicate gene flow from the coastal varieties into the Southwest maize; thick and thin bars correspond to 2 and 3 standard errors, respectively. **b**, TreeMix maximum likelihood tree depicting the expected signal of gene flow from *Z. m. mexicana* into the highland landraces (also Supplementary Fig. 12) and gene flow from the coastal Chapalote into the SW2K. **c**, A subset of the population structure plot determined by NGSadmix with K = 5 (full plot in Supplementary Fig. 5); each individual is represented by a stacked column of the five proportions.

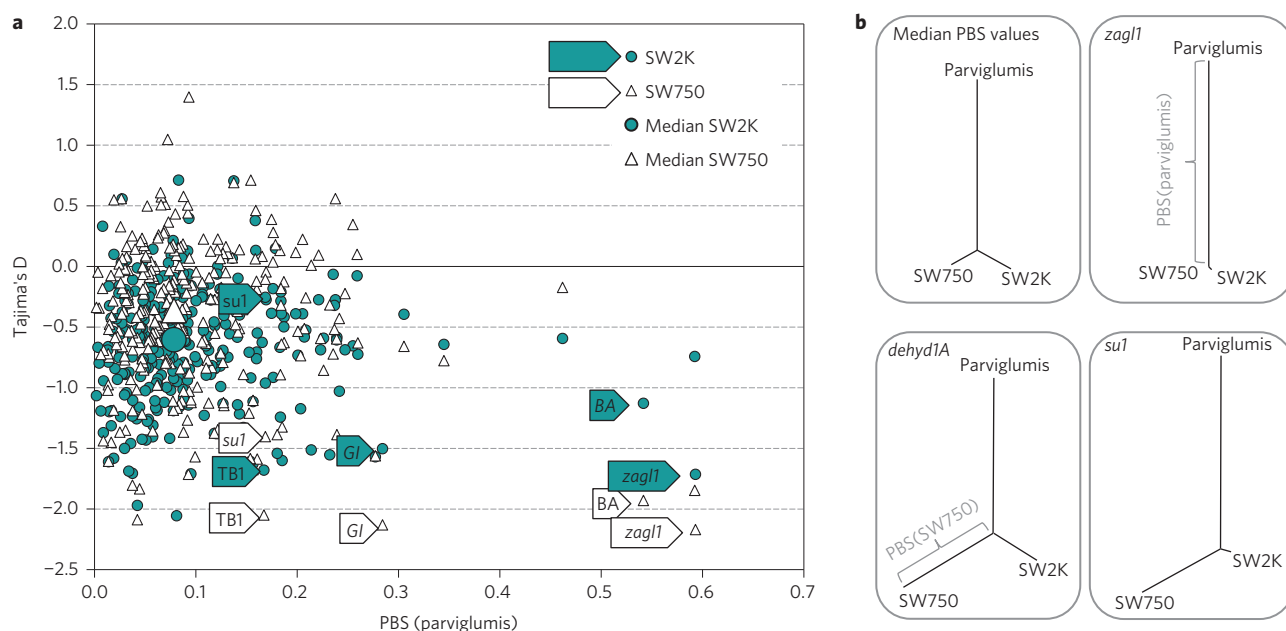


Figure 2 | Potential targets of selection during domestication. **a**, Tajima's D for the two Southwest populations dated to ~2000 (coloured dots) and ~750 BP (white triangles) plotted against the PBS distance for parviglumis. *zagl1* shows the highest dissimilarity between parviglumis and the ancient Southwest landraces, i.e. the largest PBS (parviglumis). The gene with the lowest Tajima's D value for the SW750 population is also *zagl1*. Genes with major roles in domestication traits are depicted in trapezoids. **b**, Gene trees built using PBS distances. *dehyd1A* is the top outlier for PBS(SW750) (Supplementary Fig. 10) and *su1* displayed the highest decrease in nucleotide diversity between the SW2K and the SW750 populations.

1 of Europeans and the high frequency of a *su1* mutation in Southwest
2 maize could help explain the early appearance and maintenance of
3 sweetcorn varieties by Native Americans.

4 The study of domestication and early crop evolution has largely
5 been limited to the identification of key phenotypic, morphological

and genetic changes between extant crops and their wild relatives. 6
As demonstrated here, the application of new paleogenomic 7
approaches to well-documented temporal sequences of archaeological 8
assemblages opens a new chapter in the study of domestication: 9
it is now possible to move beyond a simple distinction of 'wild' 10

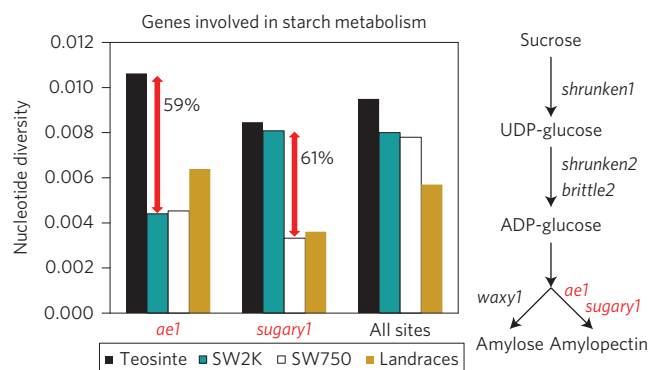


Figure 3 | Timing of selective pressures on genes involved in the starch metabolism. Nucleotide diversity variation for two key elements of the starch metabolism pathway *ae1* and *su1*. Comparison between the two Southwest populations dated to ~2000 and ~750 BP (Table 1), and modern landraces and teosintes (Supplementary Table 4) plotted against the PBS distance for parviglumis. There is a steep decrease in nucleotide diversity before 2000 BP for *ae1*, whereas the reduction in π for *sugary1* to less than half occurred after 2K and before 750 BP.

Target selection and bait design

A total of 348 genes were targeted: 318 genes were chosen because (1) their similarity to sorghum was between 70% and 95% (a conservation level that is indicative of high functional relevance, and avoiding genes that are potentially invariable in maize), and (2) they had some kind of functional annotation (Supplementary Table 9). The other 30 genes have been suggested to have an important role in traits selected during maize domestication^{20,22,31,32} (Supplementary Table 8). Maize gene sequences were downloaded from ENSEMBL (annotation version ZmB73_5b). An extra 120 base pairs (bp) flanking region was added to each bait; 120 bp probes were designed with 20 bp tiling, resulting in a final number of 53,063 probes.

Lab procedure

aDNA extraction. Archaeological maize remains were processed at a dedicated clean laboratory facility at the Centre for GeoGenetics, University of Copenhagen. All steps prior to library amplification were conducted in an isolated laboratory that utilizes nightly UV radiation and air filtration systems to avoid contamination, thereby conforming to the requirements of aDNA research³³.

To minimize modern DNA contamination, maize kernels were washed in 5% commercial bleach solution (NaClO) and rinsed in molecular grade water before extraction. Maize cobs could not be washed with bleach because they would absorb the solution, potentially leading to degradation of endogenous DNA. Instead, sterile scalpels were used to remove the external surface of cobs to expose material with presumably lower levels of contamination. Maize kernels were pulverized using a sterilized hammer and maize cob samples were sliced into fine slivers using a sterile scalpel. Either one kernel or ~0.1 g of cob shavings were used for an extraction.

DNA extractions were conducted according to an established protocol originally designed for extracting DNA from ancient hair samples³⁴, but which has also been applied to ancient grape pips and maize^{12,35}. Recent testing has demonstrated the method generally outperforms other extraction techniques for a broad range of archaeobotanical remains, including maize cobs and kernels³⁶. Pulverized samples were placed in 750 μ l of extraction buffer (850 μ l for cobs), as described previously¹², and incubated overnight at 55 °C. The following day, a phenol and chloroform extraction was conducted, followed by purification in Qiagen MinElute silica spin columns.

Library construction and amplification. DNA extracts were converted to Illumina-compatible DNA libraries using NEBNext library building kits for second-generation sequencing (New England Biolabs, Ipswich, MA; catalogue numbers: E6070L, E6090S). Libraries were prepared according to manufacturer's directions, except that no DNA size selection or fragmentation steps were undertaken.

Libraries were amplified with either Phusion High-Fidelity PCR Master Mix (Thermo Fisher Scientific, Waltham, MA) or AmpliTaq Gold (Life Technologies, Carlsbad, CA). Libraries constructed in the later phases of the project were always first amplified using AmpliTaq Gold to incorporate molecules with damaged nucleotides. Apparent C to T transitions at the 5' and 3' ends of aDNA molecules resulting from the pairing of adenine with deaminated cytosine (uracil) can thereby be used to investigate for characteristic aDNA damage patterns and help authenticate the presence of endogenous aDNA³⁷. Nonetheless, libraries amplified during the earlier phases of the project were overall similar to those amplified with AmpliTaq Gold, and therefore should not lead to biases in analyses. Libraries were amplified 12–18 initial cycles, depending on the sample.

To reach DNA concentrations required for in-solution hybridization captures, libraries were amplified again, using a subset of the

1 versus 'domesticated'^{29,30} and track sequence changes in a wide
2 range of genes over the course of thousands of years.

Materials

4 Twenty-five archaeological maize cob samples from the Southwest
5 United States dating from 4300 to 750 years BP and three from
6 Mexico dating from 5910 to 1410 BP were obtained from the repositories and individuals listed in Supplementary Table 7 following
7 established policies and procedures for destructive sampling. Four
8 ancient Arica samples from Chile were provided by Bernardo
9 Arriaza, Universidad de Tarapacá. In addition, previously published
10 sequence data¹² corresponding to an ancient sample from Mexico,
11 was also used (Supplementary Table 7).

13 With the exception of the Turkey House Ruin sample, all of the
14 archaeological cob samples from the Southwest United States and
15 Mexico were recovered from dry cave contexts, and the Chilean
16 (Arica) samples came from the dry desert coast of South America.
17 All of the archaeological samples were desiccated, uncarbonized
18 and in an excellent state of preservation. The cobs recovered from
19 sites in the Southwest United States fall into two distinct morphological and temporal categories. These two temporally separated
20 and morphologically distinct forms of maize correlate quite
21 closely with the structural analysis groupings based on aDNA.
22 The early southwestern maize, including samples from McEuen
23 and Bat Caves, and from the early occupation at Tularosa Cave
24 (1850–1750 BP), variously labelled as 'Chapalote' or 'small
25 cob maize'⁴ is a small cob, small kernel form having a thick midsection (1.9–2.5 cm diameter) and tapered ends (Pineapple shape) and
26 10–12 rows of kernels. The maize from the later occupation at
27 Tularosa Cave (700–900 BP), as well as the Turkey House Ruin
28 sample (670 BP), is a larger cob, larger kernel form, having parallel
29 sides (cylinder shape), eight to ten rows of kernels, and a much
30 smaller diameter than the earlier form (1.3–1.6 cm) (Table 1).

33 Data for modern samples (maize landraces, *Zea mays* spp. *parviglumis* (henceforth teosinte) and *tripsacum*) were obtained from the
34 HapMap2 set and downloaded from Panzea's website (www.panzea.org). Unpublished shotgun data from an individual from the highlands of northern Mexico were generated by Matthew B. Hufford.
35 Information about modern samples can be found in
36 Supplementary Tables 4 and 5.

40 Reads mapping to the target regions were extracted from
41 HapMap2 bam files and remapped and filtered in the same way as
42 the ancient maize samples (Supplementary Table 4).

1 first amplification. These second amplifications were exclusively
2 done with Phusion High-Fidelity PCR Master Mix because the poly-
3 merase replicates DNA with higher fidelity than AmpliTaq Gold,
4 thereby reducing erroneous sequence polymorphisms. The second
5 amplifications were conducted using 10–18 cycles. When necessary,
6 libraries were size selected on a 2% agarose gel to remove adapter
7 dimers. Libraries were characterized on a Qubit 2.0 fluorometer
8 (Life Technologies) and Agilent 2100 Bioanalyzer (Santa Clara, CA).

9 **Targeted capture.** Enrichment of relevant genetic loci³⁸ was
10 conducted using a custom-designed MYBait-3 target enrichment
11 kit (MYcroarry, Ann Arbor, MI; 120 bp length RNA baits). The
12 manufacturer of the kit recommends 100–500 ng of amplified
13 library to be used for a capture, and all were performed at the
14 higher end of this range, generally 300–500 ng of DNA. Libraries
15 were hybridized for 24 hours at 65 °C in an Applied Biosystems
16 Veriti thermal cycler (Life Technologies) using a heated lid to
17 prevent condensation. Following hybridization with RNA probes,
18 the samples were processed according to the manufacturer's
19 protocol. Post-capture amplification was done with Phusion High-
20 Fidelity PCR Master Mix, using 12–18 cycles. Samples were
21 sequenced on an HiSeq 2000 in the single read 100 bp mode,
22 three samples per lane.

23 This procedure resulted in a depth within the target regions of
24 around 10×, a fivefold increase relative to other sites in the
25 genome (Table 1).

26 Sequencing and data pre-processing

27 Raw Illumina reads were first processed with CUTADAPT³⁹ for
28 removal of adapter sequences (minimum overlap of 10 bp, 30%
29 maximum error rate). The reads were filtered with PRINSEQ⁴⁰
30 (trimmed bases with quality <20 and discarded reads with (1)
31 length <25, (2) >10% Ns and (3) overall read quality <25).
32 Mapping was done with BWA⁴¹ (version 0.5.2) to the maize refer-
33 ence B73 v2. Reads showing a mapping hit were further filtered
34 for mapping quality >25. PCR duplicates were removed with
35 Picard MarkDuplicates (<http://picard.sourceforge.net>). Possible
36 paralogues were discarded based on the X1 (if not equal zero) and
37 XT (if not equal to 'U', for unique) tags from the BAM files.
38 Local realignment around indels was done with GATK⁴².

39 Filter by mappability and read size

40 To further reduce the possibility of erroneous mapping due to paral-
41 ogy, the regions of the genome with mappability equal to 1 were cal-
42 culated using gem-mappability ([http://algorithms.cnag.cat/wiki/The/](http://algorithms.cnag.cat/wiki/The/GEM/library)
43 [GEM/library](http://algorithms.cnag.cat/wiki/The/GEM/library)). This value is calculated by breaking the genome into
44 kmers of a specific size and mapping it back to the genome, counting
45 the number of times it maps. Mappability was determined for kmer
46 sizes of 25, 35, 45, 55, 65 and 75 with a 4% mismatch and bed files
47 were created with the genomic intervals containing contiguous sites
48 of mappability equal to 1. For each bam file, reads were distributed
49 into new bam files according to the read size (25–35, 35–45, 45–55,
50 55–65, 65–75, 75–100). Reads in the 25–35 bp bin were filtered out
51 using intersectBed from bedtools⁴³ if they didn't overlap with the
52 genomic intervals of mappability equal to 1 calculated with a kmer
53 of 25, those of size 35–45 were filtered considering the mappability
54 results for a kmer of 35, and so on.

55 DNA damage and error rates and transitions filter

56 Ancient DNA samples display a high rate of transition substitutions
57 due to post-mortem deamination and therefore mapDamage³⁷ was
58 used to display nucleotide misincorporation patterns
59 (Supplementary Figs 1 and 2). Given the potential impact of these
60 errors in calling variation, all C to T and G to A transition SNPs rela-
61 tive to the reference in ancient sample reads were masked before the
62 downstream analyses using a tool implemented in ANGSD ([http://](http://popgen.dk/wiki/index.php/ANGSD)
63 popgen.dk/wiki/index.php/ANGSD) (Supplementary Fig. 3).

In order to get an estimate of the base error rates in the different
samples we used an approach similar to a method by Reich *et al.*⁴⁴
This method relies on an outgroup and a high-quality genome.
Using an outgroup we estimate the expected number of derived
alleles. If we observe a higher number of derived alleles in a sample
individual we assume that this excess is due to errors. If the high-
quality genome is error free, we will obtain an estimate of the true
error rate. If there are errors in the high-quality genome, then the esti-
mated error rate can roughly be understood as the excess error rate
relative to the error rate of the high quality genome. From the
maize HapMap2 individuals we choose BKN010 to represent a
high-quality genome in which strict quality filtering has removed
most errors (other HapMap2 maize individuals were tested with
similar results). We remove reads with a mapping quality lower
than 30 and base quality lower than 20. Even more error was
removed by relying on the most often observed allele and random
sample of one allele when there were ties.

The sequence data display typical ancient DNA (aDNA) damage
patterns (Supplementary Figs 1 and 2). Error rates for the SW750
and SW2K individuals were below 0.2% per base after removal of
C to T and G to A transitions (potentially resulting from aDNA
damage; Supplementary Fig. 3).

Population structure

NGSadmix version 29 (ref. 45) was used to detect population struc-
ture. This analysis allows us to infer the population structure based
directly on genotype likelihoods that contain all relevant infor-
mation on the uncertainty of the underlying genotype. Genotype
likelihoods for all individuals were generated with ANGSD
(options -GL 1 -doGlf 2 -minQ 20 -minMapQ 30). NGSadmix
was run for K equal to 2, 3, 4, 5 and 6 for sites present in a
minimum of 25% of the individuals (total of 93,140 sites) for
2,000 seed values (all reached convergence).

Population structure was also assessed in a panel of 2,310 maize
landrace and teosinte individuals based on a previously published
data set of 983 SNPs¹⁵. The software STRUCTURE⁴⁶ was run
under the admixture model for K equal to three through ten with
an initial burn-in of 10,000 MCMC steps and 10,000 subsequent
steps retained for analysis. Qualitatively similar results were
observed in replicate runs. The q-matrix of STRUCTURE was visu-
alized using the software DISTRUCT⁴⁷.

TreeMix analysis

TreeMix¹⁶ was used to infer admixture graphs using HapMap2 indi-
viduals (Supplementary Table 4) together with the Southwest
sample with the most amount of data per age group (Table 1).
6,055 sites were used to build the graph in Fig. 1a. TreeMix
(version 1.12) was used to build the ancestry graphs assuming
zero to ten migration edges, the placement and weight of each
being optimized by the algorithm. TreeMix was run using the
global option which corresponds to performing a round of global
rearrangements of the graph after initial fitting. The sample size cor-
rection was also disabled, since all the populations consisted of
single individuals (-noss). Standard errors were estimated in
blocks with 500 SNPs in each.

Phylogeny

The evolutionary history for the individuals used to distinguish
between migration routes (Supplementary Table 5) was inferred
using the Neighbor-Joining method (Supplementary Fig. 6). The per-
centage of replicate trees in which the associated taxa clustered
together in the bootstrap test (1,000 replicates) are shown next to
the branches. The tree is drawn to scale, with branch lengths in the
same units as those of the evolutionary distances used to infer the
phylogenetic tree. The evolutionary distances were computed using
the Jukes-Cantor method and are in the units of the number of

1 base substitutions per site. Evolutionary analyses were conducted in
2 MEGA5⁴⁸. We allowed for 50% missing data and removed all tran-
3 sitions. Haploid genotypes from both the ancient and HM2
4 samples were used given that we are dealing with low-coverage
5 sequence data and have insufficient power to call variants. If multiple
6 sequence reads overlapped a position, one read was randomly
7 sampled. This avoids biasing for, or against, heterozygotes and
8 renders all the samples haploid. Sequence reads with a mapping
9 quality less than 30 and bases with base quality less than 20 were dis-
10 carded as well as positions where there were no data from one of
11 the individuals.

D-statistic

12 To test for different migration routes for maize into the Southwest, we
13 estimated D-statistics for a subset of the data using either *Z. m. par-*
14 *viglumis* or *tripsacum* as an outgroup (Supplementary Fig. 12), maize
15 individuals from the Pacific coast and from the highlands of Mexico,
16 and the ancient samples from four different time points in the
17 Southwest United States (Supplementary Table 5) whose evolutionary
18 history can be represented by a tree of the type (Outgroup, Coastal;
19 Highlands, Southwest) (Supplementary Fig. 6). The D-statistics
20 were estimated as in Patterson *et al.*¹⁴.

$$D(A, B; X, Y) = \frac{\sum_{i=1}^n [(p_{iA} - p_{iB})(p_{iX} - p_{iY})]}{\sum_{i=1}^n [(p_{iA} + p_{iB} - 2p_{iAP_{iB}})(p_{iX} + p_{iY} - 2p_{iXP_{iY}})]} \quad (1)$$

22 where p_{iA} is the allele frequency in population A at marker i and the
23 statistic is summed for all n markers. This test is a generalization of
24 the specific case sometimes denoted as an ABBA-BABA test where
25 one gene copy is sampled from each of the populations A, B, X
26 and Y⁴⁹. In order to overcome the bias caused by genotype calling
27 in the ancient samples and the inbred nature of the extant species a
28 simple sampling procedure was used. For the ancient sample a
29 single read was randomly sampled at each site and for the extant indi-
30 viduals a single allele arbitrarily was chosen if two alleles were present.
31 We obtained standard errors using a block jack-knife procedure over
32 5-kb blocks in the genome, but found that the standard errors were
33 largely stable for block sizes from 1 to 1,000 kb (Supplementary
34 Table 10) for the central statistic D (Outgroup, Coastal; Highlands,
35 Southwest) (Supplementary Table 6; Supplementary Fig. 5).

Inbreeding analysis

37 Inbreeding coefficients were estimated without relying on called
38 genotypes, but rather on genotype posterior probabilities⁵⁰.
39 Briefly, the method estimate's allele frequencies and, for each posi-
40 tion (site and individual), its probability of being IBD (Identical
41 By Descent or inbred) given the data and the site's allele frequency
42 (equation (2)); the per individual inbreeding coefficient is then the
43 average of this probability.

44 We used ANGSD to filter out unreliable sites (mapping quality <30,
45 base quality <20 and individuals <5), call SNPs (χ^2 ; $P < 1 \times 10^{-6}$; 1 d.f.)
46 and calculate genotype likelihoods. As suggested by the authors, and
47 to speed up the analysis, we performed a first analysis with the fast
48 approximated EM algorithm (random starting values) and used its
49 result as starting values for the slower true EM implementation. In
50 both cases we let it converge until the average likelihood difference
51 was below 1×10^{-7} and replicated each step five times to avoid
52 convergence to local maxima.

$$F_i = \frac{1}{k} \sum_{l=1}^k p(\text{IBD}_{il} | X_{il}) = \frac{1}{k} \sum_{l=1}^k \sum_{G \in Z} p(\text{IBD}_{il} | G) p(G | X_{il}) \quad (2)$$

$$Z = \{AA, Aa, aa\}$$

Neutrality tests

We used the method described in ref. 51 to estimate the population
scaled mutation rate θ along with the widely used neutrality test stat-
istic Tajima's D. The method is an empirical Bayes approach that
calculates site-specific estimates of θ by (1) estimating a global site
frequency spectrum (SFS)^{51,52} and (2) calculating posterior sample
allele frequencies using the global SFS as a prior. We used the
implementation in ANGSD (<http://www.popgen.dk/angsd>) with
the SAMtools⁵³ genotype likelihood model and discarded the
reads with a mapping quality below 30 and discarded the
low-quality bases (below 20).

Inference of demographic parameters

A total of 133,121 intergenic sites with information for at least
five individuals per population (SW2K and SW750) were used in
this analysis. Demographic parameters for the two Southwest
populations were obtained by fitting various models
(Supplementary Fig. 9) to the observed 2Dsfs (calculated in
ANGSD) using dadi⁵⁴. We assumed that the mutation rate in
maize is $\mu = 10^{-8}$ based on ref. 55. The population size of
the SW2K population (N2K) was estimated as $N2K = \theta_{\pi}/4\mu$ with
 $\theta_{\pi} = 0.008$ for SW2K (Supplementary Table 2).

Population differentiation

We used statistical approaches to take genotype call uncertainty into
account⁵². These methods, especially suited for low coverage/quality
sequencing data, have recently been incorporated into ngsTools⁵⁶.
To estimate nucleotide diversity within and between species from
low-coverage sequencing data, we used maximum likelihood (ML)
and Bayesian approaches to incorporate base-quality scores and
statistical uncertainty into the posterior probabilities associated
with each sample allele frequency⁵⁷. We estimated F_{ST} and the popu-
lation branch statistic (PBS)¹⁸ from posterior probabilities of sample
allele frequencies at each site for each population, without calling
specific genotypes. We first computed a ML estimate of the site fre-
quency spectrum (SFS) from genotype likelihoods as previously
proposed by⁵². Using this ML estimate of the SFS as a prior in an
empirical Bayesian approach, we computed the posterior probability
of all possible allele frequencies at each site and recorded the most
probable allele frequency. We finally used these estimates to
compute a method-of-moments estimator of F_{ST} ⁵⁸ and, sub-
sequently, of PBS. Programs to compute these quantities are avail-
able at <https://github.com/mfumagalli/ngsTools>.

F_{ST} was calculated using sites that were covered in at least five
individuals per population for the SW750, SW2K datasets and par-
viglumis (wild) sets. PBS was calculated as follows:

$$f_1 = -\log(1 - F_{ST750:2K}) \quad (4)$$

$$f_2 = -\log(1 - F_{ST2K:wild}) \quad (5)$$

$$f_3 = -\log(1 - F_{ST750:wild}) \quad (6)$$

$$PBS_{wild} = \frac{f_3 + f_2 - f_1}{2} \quad (7)$$

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Author contributions

M.T.P.G., B.D.S. and R.R.F. conceived and headed the project. M.T.P.G., N.W. and E.C. designed the experimental research project setup. R.R.F. designed the bioinformatics and population genetics setup with input from M.T.P.G., A.A. and J.R.I. B.D.S. and B.A. provided ancient samples and associated context information. M.B.H. and J.R.I. provided sequence data for the highland Palomero de Jalisco landrace. B.D.S. provided the archaeological background and performed the radiocarbon dating. N.W., E.C. and C.C. performed the ancient DNA extractions, library construction and capture with input from M.T.P.G. M.C.A. and J.A.S. provided bioinformatics support for the optimization of the capture-related laboratory work. J.A.S. annotated the silent and non-synonymous sites. TSK designed the tool to filter transitions in bam files. R.R.F. chose the capture targets,

1 performed the quality filtering and mapping of the ancient datasets, and prepared the maize
2 HapMap2 data and the modern genome data for all downstream analyses. R.R.F. performed
3 the error determination, neutrality tests, NGSadmix, TreeMix, phylogenetic and
4 demographic inference analyses with input from A.A. and J.R.I. P.S. performed D-statistics
5 analysis with input from M.J. R.R.F. and M.F. performed the PBS-based selection analyses
6 with input from R.N. D.E.H. and M.B.H. performed the STRUCTURE analysis. F.G.V.
7 performed the inbreeding analysis. R.R.F., B.D.S., M.B.H., J.R.I. and M.T.P.G. wrote the
18 manuscript with critical input from all authors.

Additional information

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