

Diagram illustrating the layout of a video player interface for a swimming training application, titled "ALTRENO SWIM".

The interface is divided into two main sections by a diagonal line:

- Left Section (Swimming Techniques):** Contains the text "TECNICAS DE NADO" followed by a vertical ellipsis. Below this text are four square icons, each containing a diagonal cross (X).
- Right Section (Video Player):** Contains a large rectangular video player. The player has a play button (triangle inside a circle) and a progress bar at the bottom. The text "TEXTOS NATAÇION" is positioned above the video player.

Connections:

- A line connects the top-right corner of the video player to the top-right corner of the application window.
- A line connects the bottom-left corner of the video player to the bottom-left corner of the application window.
- A line connects the bottom-right corner of the video player to the bottom-right corner of the application window.

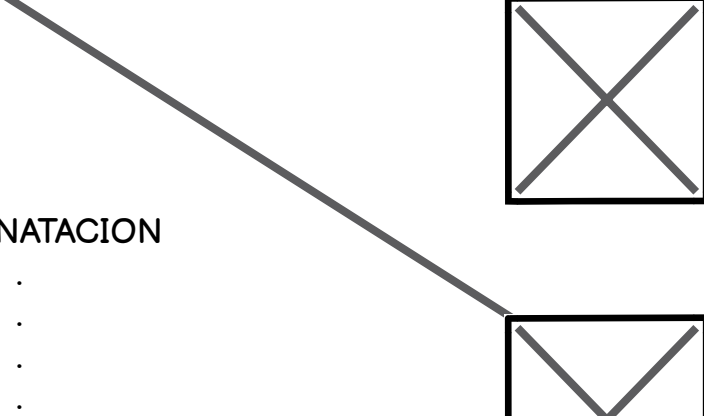
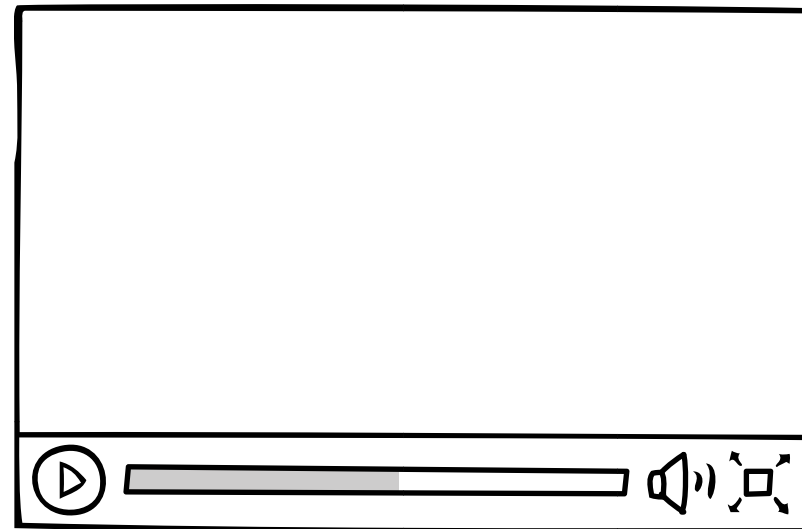
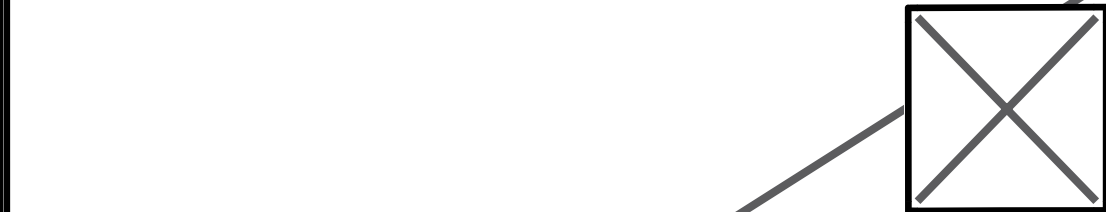
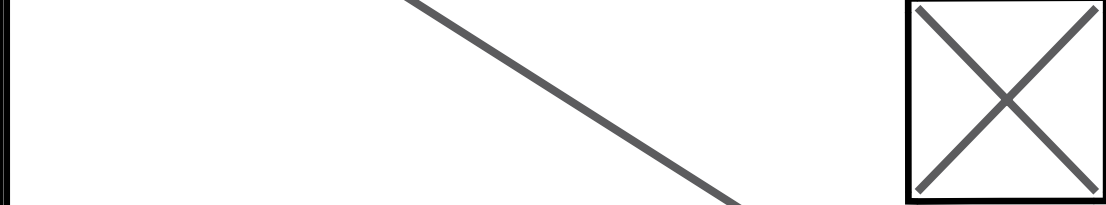
TEXTO NATACION

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A thick black line starts from the top center of the page and extends diagonally down to the right. It terminates at two square boxes stacked vertically. The top box contains a large 'X' formed by two diagonal lines. The bottom box contains a large checkmark symbol.

# TECNICAS DE NADO

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