

TEACHING  
UNCONTROLLABLE ANGER:  
**PRIDE**  
AGAINST  
**CALMNESS**

14/09

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**TOPIC: UNCONTROLLABLE ANGER: PRIDE AGAINST CALMNESS**

**TEXTS: JAMES 1:19-20; 3: 13-18; 4:6-10**

## **INTRODUCTION**

**We all know what ANGER is. It never make things right, it spoils relationships, especially when it's not under control.**

**Anger is an emotion inbuilt by God in all of his creatures. Both man and beast have the emotion of anger in them.**

**Anger itself is not sinful, but the expression of it, especially one not under control. God expects we put a lid over our anger and put it under control.**

**Some have their anger at the top of their fingers, they fair up at the slightest provocation.**

**That is what this lesson seeks to address. When the spirit of God is allowed to have his way in us, we can and will achieve our purpose.**

## **PRESENTATION:**

### **A. ANGER AND QUICK TEMPER**

- **A wrathful man stirreth up strife (Prov. 15:18)**
- **An angry man stirreth up strife and a furious man (Prov. 29:22)**
- **A brother offended is harder to be won than a strong city (Prov. 18:19) because of anger in him.**

### **B. CONTROL YOUR ANGER: BE SLOW TO SPEAK**

- **He that is slow to wrath is of great understanding (Prov. 14:29)**
- **He that is slow to anger appease the strife (Prov. 15:18)**

- **A soft answer turneth away anger (Prov. 15:1)**
- **Let every man be slow to speak, slow to wrath (James 1:19)**

### **C. PRIDE WILL NOT ALLOW CALMNESS**

- **But God Admonishes, "Be Ye Angry And Sin Not, Do Not Let The Sun Go Down Upon Your Anger" (Eph. 4:26)**
- **God Admonishes, "For The Wrath Of Man Worketh Not The Righteousness Of God" (James 1:20)**
- **If We Harbour Bitter Envy And Strife In Us, We Lie Against The Truth (James 3:14)**
- **We Need To Outgrow**

### **D. WE NEED TO MATURE AND OUT GROW ANGER**

- **Let All Bitterness And Wrath And Anger... Be Put Away From You (Eph. 4:31)**
- **It's In Our Power Of Choice To Act Positively**
- **Be Conscious Of The Anger Challenges In Your Life And Work On It**
- **Brown's Practical Testimony**

### **CONCLUSION/APPLICATION**

- **We Have To Recommit Our Life To God And Do What His Word Says We Do.**
- **James Said Be Doers Not Hearers Alone Deceiving Your Self**
- **When We Are Ready To With God, Know That He Is Ever Ready.**
- **May God Help Us**