STUDY AND LEARNING CENTRE

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STUDY TIPS



ESSAYS, REPORTS, REFLECTIVE WRITING

Essays, reports and reflective journals are common forms of academic writing. They generally differ in these respects:

- purpose
- topic
- audience
- format
- style
- assessment

Purpose

Essay	Report	Reflective journal
To write a well-argued response to a question or proposition, using an analysis and discussion	To investigate, present and analyse information thoroughly and logically	To record the development of your ideas and insights
of the relevant literature	Often to recommend action to	To reflect on the content of the subject and on your own
To establish a proposition or contention (thesis)	solve a problem	learning process
	Usually to make proposals	To analyse and discuss key issues covered by class work and/or readings

Topic

Essay	Report	Reflective journal
 Usually a question or proposition Requires reading, sometimes fieldwork 	 Often a problem or case study based on a real or hypothetical situation Requires reading, fieldwork or practical work 	 Often a response to the class content, including lectures, tutorials, set readings or practical placement May be broadly based, or focus on a particular issue or aspect covered in class

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Audience

Essay	Report	Reflective journal
Written for the lecturer	Written for the audience established in the topic (e.g. client, manager), but in reality your lecturer is also the audience	As a learning experience, you're writing for yourself, although when it's assessed your lecturer is also the audience

Format

Essay	Report	Reflective journal
 Three parts: introduction, body conclusion No headings or sub-headings* 	 Divided into sections. Sections will vary depending on type and length of report. Uses headings and subheadings with headings; the order is often shown by numbers or a combination of letters and numbers 	There are no formal format requirements but often it is dated so that you can trace the development of your ideas and learning Frequently no headings or subheadings, but you may choose to use sections if you wish

Style

Essay	Report	Reflective journal
Formal English, using paragraphs and complete sentences	Must be objectivePoint form is sometimes used	Can be subjective and informal to reflect your own thinking
Needs the objectivity suited to an academic study		

Assessment

Essay	Report	Reflective journal
Success depends on the argument, how one point is related to the next and how well you use evidence from the literature to support your ideas.	Success depends on the demonstration of good research skills and the objective presentation and analysis of relevant information.	 Success depends on development of your insights into the topic Your ideas may change during the course as you gain new understanding of the interrelationships between different aspects of the content.

^{*} Some lecturers in business and nursing require headings – see relevant guides.