

GymSpire Participation Waiver and Safety Acknowledgement

By creating an account and checking the required waiver agreement box during registration, I acknowledge and agree to the following terms regarding my voluntary participation in fitness activities facilitated through GymSpire:

1. Assumption of Risk

I understand that participation in resistance training and other fitness-related activities involves inherent risks, including but not limited to muscle strain, sprains, fractures, and other physical injuries. I voluntarily assume full responsibility for any risks, injuries, or damages that may occur as a result of my participation.

2. Waiver of Liability

I acknowledge that iAcademy and GymSpire act solely as a digital platform for tracking and organizing fitness activities. Neither the school nor the GymSpire system provides physical supervision, medical supervision, or medical clearance. I agree that iAcademy and GymSpire shall not be held liable for any injury, accident, health complication, or damages that may arise from my participation in any fitness activities.

3. No Medical Clearance or Supervision Provided

I understand that GymSpire does not provide medical evaluations, physical assessments, supervision, or professional fitness instruction. It is my sole responsibility to consult a qualified healthcare professional before participating in any exercise program, especially if I have pre-existing medical conditions or concerns.

4. Personal Responsibility for Safety

I agree to exercise responsibly and to use proper form, appropriate equipment, and suitable workout environments. I acknowledge that I am fully responsible for ensuring my own safety during any exercise activity.

5. Independent Participation

I understand that GymSpire does not require the use of any specific physical facility and does not monitor users in real time. All activities performed are done independently and voluntarily by the user.