Personal Wellness Tracker

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Introduction

The Personal Wellness Tracker will be an application that allows users to track and visualize their wellness in different aspects. The application will focus on visualizing financial and emotional well-being to aid the user in making better financial and emotional decisions.

This software's intended audience or users would be anyone interested in having an application that visualizes their financial and emotional wellness while being interested in data privacy as analysis, and storage are done locally.

Requirements Analysis:

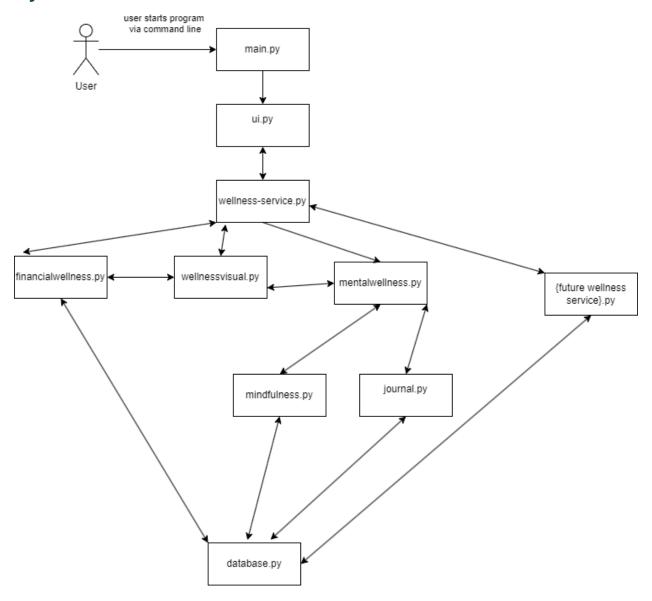
Necessary Libraries:

- Tkinter
- Matplotlib
- SqlAlchemy
- Sqlite

Requirements:

- The Personal Wellness Tracker shall allow the user to:
 - o Track financial wellness through:
 - Displaying the user's financial analysis:
 - Spending vs income
 - Allow the user to select a date range to view
 - A pie chart providing a visual of the users' expenses
 - Allowing the user to:
 - Input salary and expenses
 - Track emotional wellness:
 - Displaying the user's wellness analysis:
 - Display the user's mood history via week or month.
 - Allow the user to select which month or week for emotional analysis
 - o Journal:
 - Allow the user to:
 - Create, read, update, and delete journal entries

System Architecture



Database Design

finance

income: integer

grocery_expenses: float

utility_expense : float

rent : float

food_expense: float

misc_expense: float

log_date : date

mindfulness

user_mood: string

log_date : string

journal

journal_entry: string

journal_title : string

journal_date: string

The database is created and interacted with using SQLite and SQLAlchemy.

Data Design:

Three primary classes will be stored, retrieved, and manipulated.

Finance

income: float

grocery-expense:float

utlitity-expense:float

rent:float

food-expenses:float

misc-expenses:float

Mindfulness

current-mood: mood

log_date : date

Journal

journal-entry: string

journal-title: string

journal-date: date

Finance

The finance class holds all the finance information that will be stored, retrieved, and displayed to the user. These include common expenses like groceries and utilities and the user's salary. The user will also be allowed to adjust the amounts for updated reports and analysis.

Mindfulness

The mindfulness class holds data regarding the user's mood. The user will be able to change the mood for the day

Journal

The journal class holds the user's journal data it also holds a historical record of their journals. This

User Interface Design:

Tkinter:



Module/Component Design

Structure:

The following are the main components of the application

Main.py

• Serves as the entry point to the program

Ui.py

- UI.py may control two different UI displays.
 - o The UI may consist of an interactive CLI or GUI via Tkinter.
- Contains the UI definitions for tkinter interactions with wellness.py
- Contains logic for displaying pie graphs for wellness information.

Wellness-service.py

- Serves as the middle-man between all of the wellness services
- The wellness-service module will be responsible for data validation before interacting with other wellness modules as well as for calling other modules when needed.

Finance.py

- The finance.py module serves as a module that fetches financial data from the database for displaying to the user
- A module fetching financial data from the database for displaying to the user and analysis.
- The finance.py module will allow users to:
 - o Create, read, update, and delete financial data

Mindfulness.py

- The mindfulness.py module is a module that fetches historical mood data from the database to display to the user.
- The mindfulness.py module will allow users to:
 - o Create, read, and update mood data

Journal.py

- The journal.py module is a module that will allow a user to retrieve historical journal data.
- The journal.py module will allow users to:
 - o Create, read, update, and delete journal entries

Database.py

- The database.py module will handle the database logic for retrieving data, checking if the in-memory database exists, and creating the database.
- The database.py module will use SQLAlchemy as an Object Relational Mapper to assist with database interactions.

Testing Strategy:

Outline the testing methods and procedures to ensure the software meets the specified requirements

Include test cases, scenarios, and expected outcomes

Test case	Scenario	Expected Outcome	Pass/Fail
Welcome menu	Welcome menu	Welcome menu displays	PASS
displays wellness	displays: Financial	after pin is entered	
options	and Mindfulness		
User is navigated to	User selects financial	Financial Wellness	PASS
respected view from		menu/screen appears	
the welcome menu			
(a)			
User is navigated to	User selects Mental	Mindfulness wellness	PASS
respected		menu/screen appears	
view/menu from the			
welcome menu (b)			
User at financial	User at financial	Financial Menu Window	PASS
menu (a)	menu	displays	
User at financial	User enters	User can enter financial	PASS
menu (b)	information on	information (income,	
	financial menu	expenses)	
User at financial	User clicks the	When user clicks submit	PASS
menu (c)	submit button	input is validated	
User at financial	User clicks the	The user is alerted that	PASS
menu (d)	submit button	the changes were saved	
User at financial	User clicks the Back	User can navigate back	PASS
menu (e)	to Welcome button	to welcome menu	
User at financial	User at financial	By default, the pie chart	PASS
menu (f)	menu	shows all of the entries	
		entered by the user	
User at financial	User enters new data	The pie chart displayed	PASS
menu (h)	and clicks the submit	updates with new data	
	button	inserted	
User at financial	User clicks the Log	The user is navigated to	PASS
menu(I)	History button	the Financial History	
		Screen	
User at Financial	User at Financial	The user is able to see	PASS
History Screen (a)	History Screen	historical log of entries	
Hanna Pinanaia	11	by date	DAGG
User at Financial	User clicks on a date	The user is navigated to	PASS
History Screen (b)	on the Financial	the update finance log	
Harrist Harris	History Screen	screen	DAGG
User at Update	User at Update	The User is able to	PASS
Finance Screen (c)	Finance Screen	navigate to the Update	
		Finance Screen	

User at Update	User clicks the	The user is notified that	PASS
Finance Screen (d)	submit button with	the update was	rado
rilialice Scieeli (u)		successful	
Hoor of Hadoto	complete data		DACC
User at Update	User clicks the	The user is notified that	PASS
Finance Screen(e)	submit button with	all fields require a value	
	incomplete data		
User at Mindfulness	User at mindfulness	Mindfulness menu	PASS
menu (a)	menu	window displays	
User at mindfulness	User at mindfulness	Mindfulness menu	PASS
menu (b – 1)	menu	displays a pie chart of	
		the user's mood history	
User at mindfulness	User at mindfulness	Mindfulness menu pie	PASS
menu (b – 2)	menu	chart filterable by date	
User at mindfulness	User adding mood	Mindfulness menu pie	PASS
menu (c)	data	chart updates	
		automatically with new	
		data entry	
User at mindfulness	User should be able	After clicking a button,	PASS
menu (d)	to navigate to	the user gets navigated	
` '	welcome menu	back to the welcome	
		menu	
User at mindfulness	User should be able	After clicking a button	PASS
menu (e)	to navigate to the	the user gets navigated	
	Journal menu	to the Journal menu	
User at mindfulness	User clicks on the	The user is navigated to	PASS
menu (f)	Log History Button	the Mindfulness Log	.,,,,,,
mona (i)	Log motory Button	History Screen	
User at Mindfulness	User at Mindfulness	The Log History Screen	PASS
Log History Screen	Log History Screen	shows a history of	17.00
(a)	Log motory coroon	mindfulness data by	
(4)		date	
User at Mindfulness	User clicks on date	The user is navigated to	PASS
Log History Screen	within Mindfulness	the Update Mindfulness	17.00
(b)	Log History Screen	Screen	
User at Update	User at	Update Mindfulness	PASS
Mindfulness Menu	Update Mindfulness	Menu appears	17.00
	Menu	1 ISTIG APPOGIO	
User at Update	User updates the	The User is alerted it was	PASS
Mindfulness Menu	Mindfulness Value	successful/unsuccessful	17.00
User at Journal	When at the journal	A chronological view of	PASS
Display Menu	menu, the user sees	journal entries from the	1 /100
Display Ficha	a chronological	user is displayed	
	display of journal	asor is displayed	
	entries (newest first)		
User at Journal	The user can add a	The user saves a journal	PASS
Menu (a)	journal entry with a	entry and is alerted if	1 700
riciiu (a)			
	Title	successful	

User at Journal Menu	The user adds a journal entry without a title	The date is set as the title of the entry	PASS
User at Journal Menu:	The user should be able to navigate back to the mindfulness menu	When the user clicks on a button, the user is navigated back to the mindfulness menu	PASS
User at Journal Menu	The user clicks on the Log History Button	The user is navigated to the Journal Log History Screen	PASS
User at Journal Log History Screen	The User is at the Journal Log History Screen	The user should see a history of the journals created by date	PASS
User at Journal Log History Screen	The User clicks on a log date	The user is navigated to the update journal screen	PASS
User at update journal screen	The user updates the journal	The journal update is saved	PASS

Implementation plan:

Milestone	Timeline	Complete
Create Local Database	July 1 st – 7 th	COMPLETE
Create Database Schema	July 1 st – 7 th	COMPLETE
Create finance.py Module	July 1 st – 7 th	COMPLETE
Create mindfulness.py	July 1 st – 7 th	COMPLETE
module		
Create journal.py module	July 1 st – 7 th	COMPLETE
Journal Data Persistence	July 1 st – 7 th	COMPLETE
Complete		
Finance Data Persistence	July 8 th – 14 th	COMPLETE
Complete		
Mindfulness Data	July 8 th – 14th	COMPLETE
Persistence Complete		
Ui.py	July 8 th – 14 th	COMPLETE
Welcome page Created and	July 15 th – 21 st	COMPLETE
displaying information		
Wellness Service Page	July 15 th – 21 st	
Created and displaying		COMPLETE
information		
Financial Wellness Page	July 15 th – 21 st	
Created and Displaying		COMPLETE
information		

Mindfulness Page Created and displaying information	July 15 th - 21 st	COMPLETE
Journal Page Created and displaying information	July 15 th – 21 st	COMPLETE
Financial Log History Page Created and Displaying information	July 15 th - 21 st	COMEPLETE
Mindfulness Log History Page Created and Displaying information	July 15 th – 21 st	COMPLETE
Journal Log History Page Created and Displaying information	July 15 th -21 st	COMPLETE