

## Asthma Management Report

### Information:

Name: Mukesh

Date of Birth: November 5, 1992

Gender: Female

Address: 789 Pine Lane, Villagetown, State, Zip Code

Contact Number: (555) 321-7890

Medical History:

Diagnosis: Asthma

Date of Diagnosis: March 15, 2010

Family History: No known family history of asthma

Other Medical Conditions: Allergic rhinitis

Recent Pulmonary Function Test (PFT) Results:

Forced Expiratory Volume in 1 second (FEV1):

FEV1: 80% of predicted (Normal range: >80%)

Peak Expiratory Flow (PEF):

PEF: 400 L/min (Personal best: 420 L/min)

Current Medications:

Albuterol inhaler (as needed for rescue)

Fluticasone/Salmeterol inhaler 250/50 mcg, two puffs twice daily

Recommendations and Follow-up:

The patient is advised to continue using the prescribed maintenance inhaler regularly and keep the rescue inhaler on hand for acute symptoms. Regular follow-up appointments are scheduled every six months for ongoing assessment and adjustment of the treatment plan if necessary.

Lifestyle Recommendations:

Identify and avoid asthma triggers, such as allergens and irritants.

Have an asthma action plan and educate close contacts about emergency procedures.

Use the peak flow meter as directed to monitor lung function regularly.

Additional Notes:

The patient should report any changes in symptoms, the need for increased rescue inhaler use, or adverse effects to the healthcare team. This report is based on the information available as of [Date of Report]. For personalized medical advice, please consult with your healthcare provider.