



托福口语之可以提前准备的14个核心话题



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托福考试口语要求托福考生在很短的时间内迅速组织语言，对考生的词汇积累及逻辑构架能力要求很高。托福考生可以提前针对托福口语中可能出现的话题进行准备，以降低托福口语考试的难度。

1. 性格(A-Z, 准备“万能品格”)

I like honest people because they are easier to deal with. They open their heart to you, you feel safe to confide your problems to them, and they always offer their true opinion for your good.

The person who I admire should be good tempered. They hardly get annoyed and they smile to everybody. It is easy for them to forgive others.

2. 美丽山水—地点题

XX is a full of breathtaking views. There're verdant trees, blooming flowers and carpets of green grass. Take a casual walk, start some sweet chat and fresh air will get us refreshed. roam on the sidewalk, watch the water ripples in the lake, frolic near the artificial hill, sit on bench and enjoy the cool in summer

I can relax myself, and breathe the fresh air or clear my mind.

3. 放松(忘记烦恼/减轻压力)

xxx serves as a great stress reducer for me. No matter how stressed I am, I will feel much, much better if I stay in the park, breathing that fresh air and enjoying that beautiful scenery.

Besides, ... is my way of releasing my pressure. I mean, nowadays people are under a lot of pressure from work and life. So they have to do something to relax their mind. Take me for example, I will feel very relaxed and comfortable while reading it.

When I under much pressure, I read the travelling guide. I regard it as relaxation, for it's amusing and attractive pictures.

4. 方便

It is pretty near to my home. You probably won't believe it, but it only takes me 5 minutes to go there from my home. walking distance. bring me convenience.



It is quite near my home, and it takes me only five minutes' walk to get to the park.

5. 经济—物品题/地点题/事件题

It is free, you know, it is not so easy to find anything free.

I can not believe that it is so cheap that you can buy it with little money.

6. 民俗文化(吃穿住行)--地点题/事件题

I could easily access to the traditions and custom in various places. Like eating habit, lifestyle, world value and traveling, and something like that.

I could learn the local tradition and culture and yummy food.

7. 学习外语(学习文化)—物品题/地点题/事件题

My English makes a remarkable progress thanks to ..., because it has many native words and expressions which cannot be learnt from the textbook. I mean, not only can I use them to improve my English but also this book really deepens my understanding of the English culture. log on foreign websites: like wikipeida.org, Newyork times; listen to English videos, music, and movies to listen and imitate local people speaking English;

It give me a stage where I can communicate with Americans, and in this way, my English will be improved rapidly .What is more, it can also help me learn their different culture.



8. 健康—物品题

Yes, I think we can keep fit and healthy through doing exercises. In addition, we can get relaxed and refreshed from work and study.

Yes, definitely. In the first place, doing sports, especially some aerobics, helps you turn off the fatigue in your body. Besides, doing sports is the best stress-reliever, because playing sports takes your mind off things that bother you, and afterwards you can concentrate better.

9. 交朋友

...enable me to make friends. By exchanging our opinions, our friendship will get deeper.

With communication, I could learn how to discuss, how to persuade, how to negotiate, and how to compromise.

It could be a great chance for us to make friends. You know, I mean that you can meet many kind of people and learn many thing from them and even find bosom friends among them.

10. 成就:

sense of achievement. boost my confidence. proud of myself. since then, I have the solid belief in myself that all difficulties, troubles and challenges would be just a piece of cake to me.

It could be a great achievement for me. After that, I will not be afraid of difficult and challenges would be just a piece of cake to me.

11. 安全:

assure the safety, protective gear, keeping safe is the number one thing that I care about. I have to say that in this way, it can assure the safety.

12. 效率:

efficiently, save time, it's the quickest xxx in the word I have ever seen.

13. 经验:

It helped me gain precious experience. By working there/as a xxx, I learned sth valuable in xx, such as xxx.

14. 情感:

whenever I feel delighted, upset, frustrated, I would...

托福口语核心话题大致上就是以上 14 种，根据这些话题，托福口语真题会进行一定的延展，考生在练习时可以自己组织一些试题进行训练。