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D597 – Data Management

MKN1 – Task 1: Relational Database Design and Implementation

## **PART 1: Design Documentation**

#### Α

- 1. HealthFit Innovations, through its platform HealthTrack, collects and processes vast amounts of diverse health-related data from multiple sources such as wearable devices, electronic health records (EHR), and patient-reported outcomes. The current database management system struggles with handling the increasing volume and variety of data, leading to several key challenges:
  - Scalability Issues: As more users adopt HealthTrack and input data from devices like fitness trackers, smartwatches, and medical devices, the volume of real-time data is growing exponentially. The current system is not capable of efficiently managing this data at scale.
  - Performance Bottlenecks: With the rising volume of data, the database faces slow query performance, affecting the delivery of real-time insights and predictive analytics. The system struggles to integrate and process data in real-time
  - Data Silos: HealthTrack aims to integrate multiple types of health data, but the current system leads to isolated data repositories, hindering a unified view of patient health.
  - Integration Challenges: The platform needs to integrate diverse data sources including wearables, medical imaging systems, and EHRs.
     The existing system faces difficulties in unifying and querying this data effectively.

A database solution that efficiently integrates, stores, and scales with the growing data demands will solve the business problem. The proposed database should handle large volumes of structured and unstructured health-related data, ensuring performance and scalability. This new system will support HealthFit's objectives of offering personalized health insights, real-time monitoring, and predictive analytics for better patient care.

- 2. The current database is spread across two tables Fitness\_Trackers & Patients we can improve the design by normalizing the database structure. This would help avoid redundancy, ensure scalability, and facilitate easier queries.
  - Eliminate Redundancy Remove repetitive data entries.
  - Create Relationships Establish clear relationships between tables using foreign keys
  - Normalize Data Break the existing tables into smaller, well-structured tables
  - Maintain Data Integrity Use appropriate data types and constraints to ensure data accuracy and consistency.

Trackers Table (Former Fitness\_Trackers Table)

• This table will store information about different fitness trackers, but instead of having all the attributes in one table, some fields that can belong in their table will be separated

## **Pricing Table**

 The pricing data, which includes the 'selling price' and 'original price' can be separated to avoid mixing financial data with device specifications.

#### Reviews Table

 Reviews should be in a separate table to avoid redundancy and allow for multiple reviews per tracker.

### Patients Table (Updated)

• The Patients table will also benefit from normalization. Medical Conditions, Medications, and Allergies can be separated into their tables to facilitate easier querying.

#### Patient Trackers Table

 Patients may use multiple trackers, so a table is needed to link patients to the devices they are using. This table will also include data such as the purchase date or assigned date.

#### Medical Conditions Table

 This table will store medical condition data for patients, allowing for multiple conditions per patient.

#### **Medications Table**

 Medications can be stored in a separate table to accommodate changes in medication over time

## Allergies

 A table to store allergy information for patients, allowing for multiple allergies per patient.

By breaking down the existing tables into smaller, focused tables, we make it easier to query the data and maintain it as the system scales. This normalization also avoids data redundancy, ensuring consistent and efficient data storage.

- 3. Implementing this database solution addresses HealthFit Innovations' business problem by providing a scalable, efficient, and secure system for managing and analyzing diverse health-related data. This solution ensures data integrity, supports real-time insights, and enhances overall operational efficiency, ultimately leading to improved patient care and better health management outcomes.
  - Centralized Data Management Integrating data from multiple sources, including wearables, electronic health records, and patient-reported outcomes. By centralizing this data, HealthTrack can offer a unified view of health information, eliminating data silos and improving accessibility. A well-designed database ensures data consistency and integrity, reducing discrepancies that might arise from having multiple different data sources.
  - Scalability The new database design supports scalability, allowing
    HealthTrack to handle the growing volume of health-related data from an
    expanding user base. The normalized structure and appropriate indexing
    will ensure that the database performs efficiently even as data volume
    increases. The database design can accommodate future additions of new
    data types or sources, ensuring that HealthTrack remains adaptable to
    evolving technological advancements and user needs.
  - Improved Data Quality and Accuracy By normalizing the data, the
    database reduces redundancy and minimizes errors. This ensures that
    health data is accurate and up to date, which is crucial for providing
    reliable health insights. Database constraints and data types help enforce

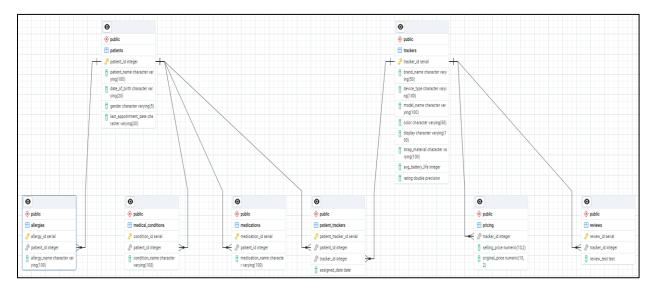
data validation rules, ensuring that only valid and correctly formatted data is entered into the system.

- Efficient Data Retrieval and Analysis The database structure allows for
  efficient querying and data retrieval. Indexes and optimized queries enable
  quick access to relevant information, which is essential for real-time
  monitoring and personalized health recommendations. With a wellorganized database, HealthTrack can generate detailed reports and
  perform advanced analytics. This supports predictive analytics and helps
  healthcare providers make data-driven decisions.
- Enhanced Data Security and Privacy The database solution can implement access control measures to restrict data access based on user roles. This ensures that sensitive health information is only accessible to authorized personnel. It can incorporate security measures to comply with data protection regulations such as HIPAA (Health Insurance Portability and Accountability Act), ensuring the privacy and security of patient data.
- **4.** In the HealthTrack database solution, the business data will be utilized in several key ways to enhance health management and provide valuable insights.
  - The Patient\_Trackers table will link patients with their assigned fitness trackers and record the assignment dates. This helps track device usage and correlates it with health data.
  - The Pricing table records the sales and original prices of fitness trackers.
     This data can be used for analyzing pricing trends, evaluating cost-effectiveness, and providing cost-related insights to users and healthcare providers.
  - The Patient\_Trackers table includes assignment dates for trackers. This helps in tracking when a patient started using a specific device, which can be useful when evaluating the impact of device usage over time.
  - The Reviews table stores user reviews and ratings for different trackers.
     This information helps in assessing the performance and user satisfaction of the devices, which can be used to make recommendations and improve device offerings.

- The Medical\_Conditions table records the medical conditions associated with patients. This data is essential for personalized health recommendations and identifying potential correlations between medical conditions and health metrics.
- The Allergies table captures information about patient allergies. This
  information is important for ensuring that health recommendations do not
  conflict with known allergies and for providing safe and effective health
  management strategies.
- By analyzing data from various tables, including Patients, Trackers, and Tracker\_Usage, HealthTrack can generate personalized health insights, recommendations, and alerts based on users' health metrics and device usage.
- The data from Pricing, Reviews, and Trackers can be used to identify trends in device performance, pricing changes, and user feedback, helping the company to make informed business decisions.
- The integrated data from Patients, Trackers, and Patient\_Trackers
  provides a comprehensive view of each patient's health management and
  tracker usage. This supports more accurate and effective health
  management strategies.
- The database supports decision-making by providing access to relevant health data, enabling healthcare providers to make data-driven decisions and tailor their care approaches based on real-time insights.

The business data within the HealthTrack database solution will be used to manage patient profiles, monitor health metrics, analyze device performance and pricing, and provide personalized health recommendations. The integration and analysis of this data will enhance health management, improve patient care, and support informed decision-making.

В.



C.

#### Patients Table

Patient\_ID: INT, Primary Key

Patient Name: VARCHAR (100)

Date\_of\_Birth: DATE

Gender: CHAR (1)

Last\_Appointment\_Date: DATE

#### Trackers Table

Tracker\_ID: INT, Primary Key

Brand Name: VARCHAR (50)

Device Type: VARCHAR (100)

Model Name: VARCHAR (100)

Color: VARCHAR (100)

Display: VARCHAR (100)

Strap Material: VARCHAR (100)

Avg Battery Life: INT

Rating: DOUBLE PRECISION

## Pricing Table

 Tracker\_ID: INT, FOREIGN KEY REFERENCING Trackers (Tracker ID)

Selling\_Price: DECIMAL (10,2)

Original Price: DECIMAL (10,2)

- Reviews Table
  - Tracker\_ID: INT, FOREIGN KEY REFERENCING Trackers (Tracker\_ID)
  - Review ID: INT, PRIMARY KEY
  - Review\_Text: TEXT
- Patient Trackers Table
  - Patient\_ID: INT, FOREIGN KEY REFERENCING Patients (Patient\_ID)
  - Tracker\_ID: INT, FOREIGN KEY REFERENCING Trackers (Tracker\_ID)
  - Assigned\_Date: DATE
- Medical Conditions Table
  - Condition ID: INT, PRIMARY KEY
  - Patient\_ID: INT, FOREIGN KEY REFERENCING Patients (Patient ID)
  - Condition: VARCHAR (100)
- Medications Table
  - Medication ID: INT, PRIMARY KEY
  - Patient\_ID: INT, FOREIGN KEY REFERENCING Patients (Patient\_ID)
  - Medicaiton\_Name: VARCHAR (100)
  - Dosage: VARCHAR (50)
- Allergies Table
  - Allergy ID: INT, PRIMARY KEY
  - Patient\_ID: INT, FOREIGN KEY REFERENCING Patients (Patient ID)
  - Allergy: VARCHAR (100)

The database objects include tables for managing patients, trackers, pricing, reviews, and related entities, each with specific columns and data types. The DBMS handles file attributes such as table structure, indexes, data types, and storage efficiency. Constraints and transaction logs ensure data integrity and recovery. This organization supports efficient data management and retrieval, essential for the HealthTrack platform.

- Efficient Table Structure and Normalization
  - Normalization The database design is normalized to eliminate redundancy and avoid unnecessary data duplication. By breaking down the data into separate related tables, we ensure that each table stores only relevant data. This reduces storage requirements and ensures faster query performance as the system grows.
  - Indexed Primary and Foreign Keys By using primary keys and foreign keys across the tables, we maintain data integrity and optimize query performance. Indexes allow the system to quickly retrieve data, even as the tables grow.

#### Modular Data Architecture

- Separation of Concerns The proposed database design separates different types of data into dedicated tables. This modular structure improves performance by allowing queries to focus on specific parts of the database rather than scanning larger singular tables.
- Horizontally Scalable Design With separate tables for entities like Trackers, patients, Pricing, and Reviews, the system can scale horizontally. As the dataset grows, tables can be partitioned across different servers, which is essential for handling massive amounts of health-related data.

## Indexing and Query Optimization

- Creating Indexes on Frequently Queried Columns Indexes on commonly queried fields will significantly improve query performance. As the database grows, these indexes will help retrieve records without having to scan entire tables, ensuring scalability even with increasing data volumes.
- Composite Indexes In some cases, composite indexes can be created to optimize queries involving multiple columns. This speeds up complex queries that combine data from multiple tables.

#### Handling High Write and Read Load

 Read-Write Separation – The database design can leverage readwrite separation by distributing read-heavy queries to read replicas.
 This prevents bottlenecks when large numbers of users are

- querying the system simultaneously, especially when pulling health insights or device data from wearables.
- Batch Inserts and Updates For large-scale data inputs from wearables and medical records, batch processing can be implemented to insert or update records in bulk. This reduces the load on the database and enhances its ability to handle real-time data inputs efficiently.

#### E.

Given the sensitive nature of health data, such as patient information and wearable device data, implementing robust privacy and security measures is critical for the HealthTrack platform.

## Data Encryption

- Encryption at Risk All sensitive data, including personal information, should be encrypted when stored in the database. This ensures that even if unauthorized individuals gain access to the physical storage, the data remains unreadable without the encryption keys.
- Encryption in Transit Data should be encrypted while being transmitted between the client application and the database.
   SSL/TLS protocols should be used to protect data in transit, ensuring that intercepted data cannot be easily read or altered by attackers.

#### Role-Based Access Control (RBAC)

- Least Privilege Principle Only authorized users should have access to specific parts of the database, and they should only be granted the minimum permissions required to perform their duties.
- Granular Access Control Define roles with carrying access levels such as Admin, Data Analyst, Healthcare Provider, and Patient.
   Each role should have specific access rights to prevent unauthorized data modifications or access to sensitive information.

### Audit Logs

 Comprehensive Logging – Implement detailed audit logging for all database transactions. This should track user activity, such as login attempts, data access, modifications, and deletions. Each log entry should capture the user ID, timestamp, action performed, and data affected.

- Tamper-Proof Logs Logs should be immutable and stored securely to prevent tampering. A log management system or thirdparty security solution can be used to maintain the integrity of the audit logs.
- Multi-Factor Authentication (MFA)
  - Enhanced User Authentication All users accessing the database, especially administrators and healthcare providers, should be required to use multi-factor authentication to ensure the highest level of identity verification. This adds an extra layer of protection beyond traditional username/password credentials.
- Compliance with Regulatory Standards
  - HIPAA Compliance Ensure that the database design and management practices comply with HIPAA regulations, which dictate how healthcare data must be secured and stored. This includes encryption, access control, and audit requirements.

# **PART 2: Implementation**

F.

1. Script to create a database instance named "D597 Task1"

```
CREATE DATABASE "D597 Task1"

WITH

OWNER = postgres

ENCODING = 'UTF8'

LC_COLLATE = 'English_United States.1252'

LC_CTYPE = 'English_United States.1252'

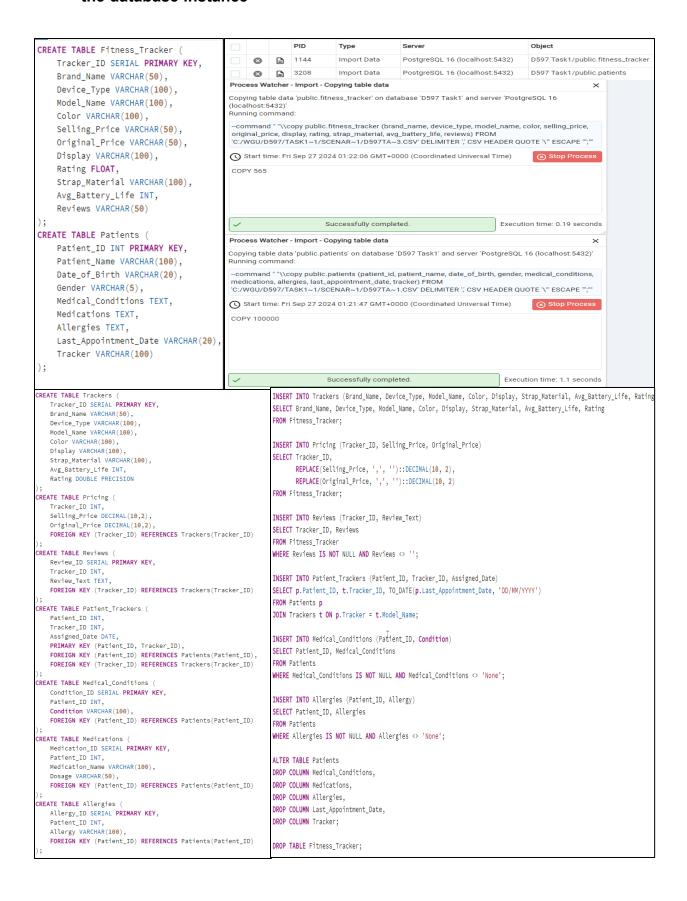
LOCALE_PROVIDER = 'libc'

TABLESPACE = pg_default

CONNECTION LIMIT = -1

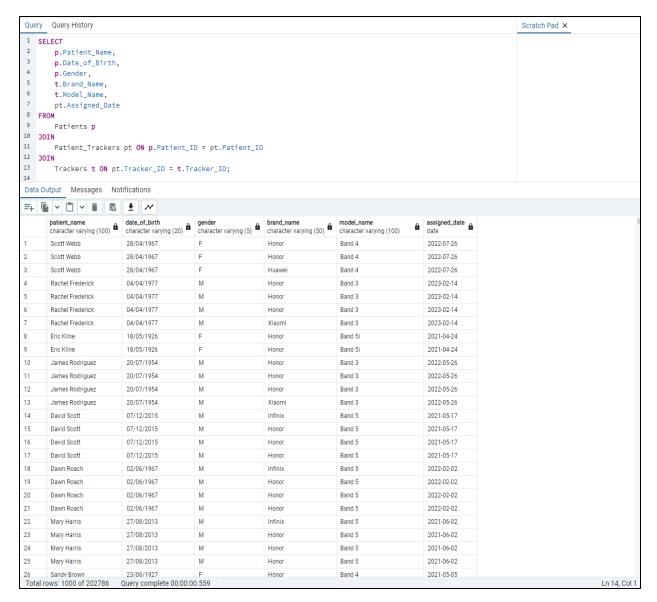
IS_TEMPLATE = False;
```

# 2. Script to import the data records from the chosen scenario CSV files into the database instance



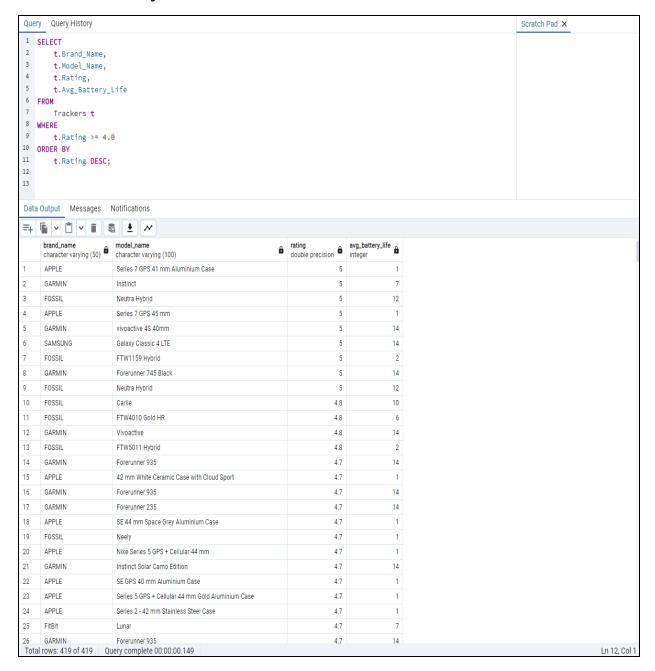
# 3. Script for three queries to retrieve specific information from the database that will help solve the identified business problems.

Query 1



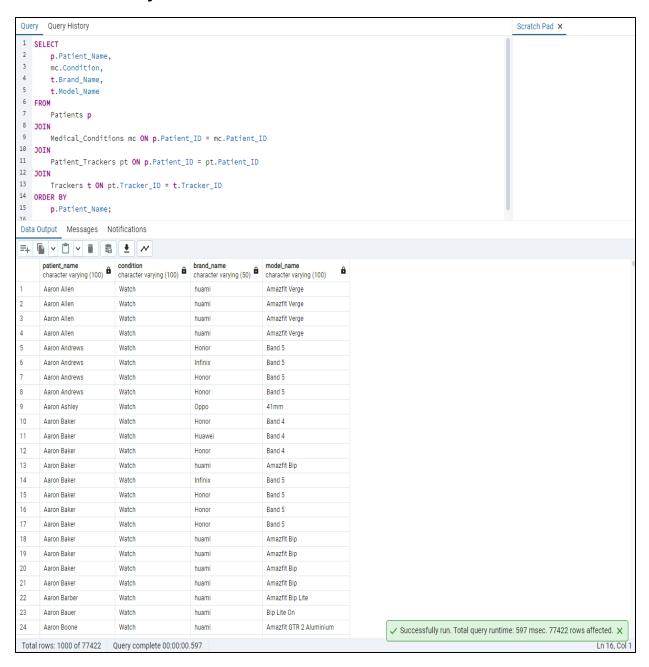
This query retrieves patient details along with information about the fitness tracker they are using. It helps link patients to the devices tracking their health metrics.

# Query 2



This query helps identify which trackers are most preferred by users based on ratings, allowing HealthFit to focus on promoting or further analyzing high-rated devices

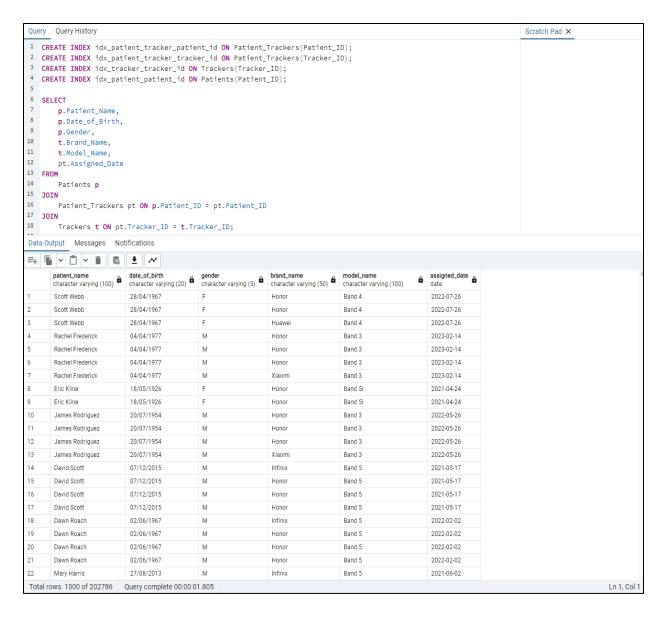
# Query 3



This query retrieves patients who have specific medical conditions and the trackers they are using. This can help in understanding how different health conditions might correlate with tracker usage and performance.

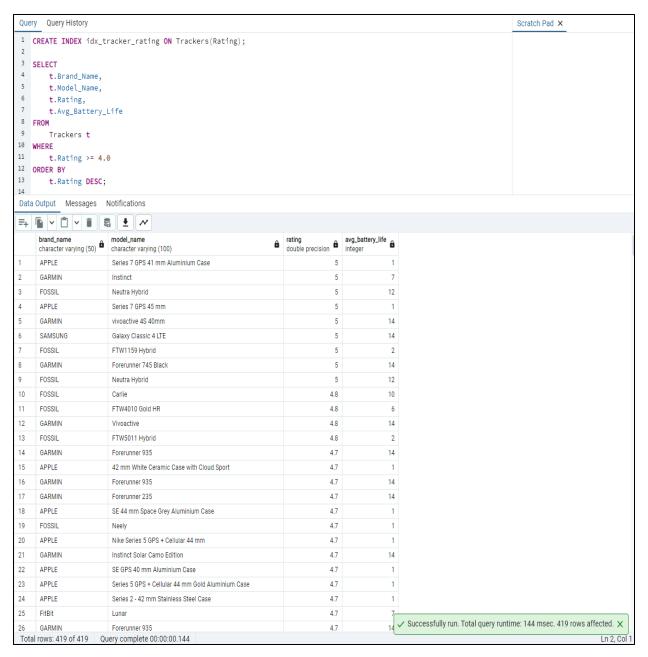
# 4. Apply optimization techniques to improve the run time of the queries from F3.

# Optimized Query 1



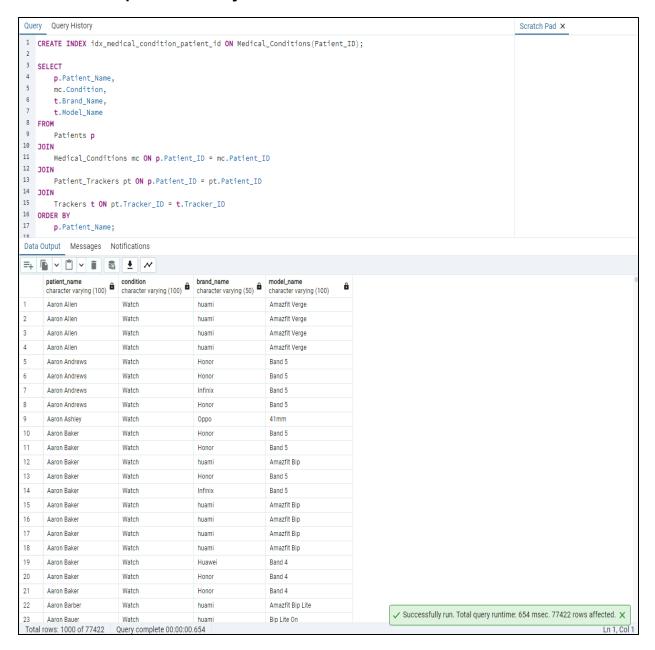
This query was optimized by creating Indexes on Patient\_Trackers.Patient\_ID, Trackers.Tracker\_ID, Patients.Patient\_ID to speed up the join operations.

# Optimized Query 2



This query was optimized by creating an Index on Trackers.Rating to quickly filter high-rated devices.

# Optimized Query 3



This query was optimized on Medical\_Conditions.Patient\_ID, Patient Tracker.Patient ID, and Patient Trackers.Tracker ID for faster joins.