

Q34.



FL LEADS Project QPR Pre-Survey

Thank you for taking the time to participate in today's training and evaluation as part of the FL LEADS Project. You are being asked to take this survey so that we can determine the usefulness of the QPR program. Please take the time to answer each question honestly and to the best of your ability. Your answers will be kept confidential and will only be seen by evaluators at the University of Central and South Florida (UCF and USF). We value your time and appreciate your feedback.

Q1. 1. Today's Date:

08/04/2022

Instruction. Please tell us a little bit about yourself.

Q2. 2. What are the initials of your first and last name? Include your middle name initial if applicable (example: John H. Smith= JHS)

JCG

Q3. 3. What year were you born?

1977

Q4. 4. What is your gender?

**Cis is described as one's gender identity that aligns with the one associated with the sex assigned at birth*

☐ Cis Man*

☒ Cis Woman*

☐ Trans Man

☐ Trans Woman

☐ Non-Binary or Gender Queer

- ☐ Agender
- ☐ Transitioning
- ☐ Gender Fluid
- ☐ Prefer not to answer
- ☐ Prefer to self-describe

Q4other. What is your gender? Please specify.

This question was not displayed to the respondent.

Q5. 5. Which of the following describes your race/ethnicity? *Check all that apply.*

- ☐ Asian
- ☐ Pacific Islander
- ☐ Native Hawaiian
- ☐ American Indian
- ☐ Indigenous
- ☐ Black
- ☒ African American
- ☐ Hispanic
- ☐ Latin(o/a/x)
- ☐ White
- ☐ Middle Eastern
- ☐ Prefer not to answer
- ☐ Prefer to self-describe

Q5other. What is your race/ethnicity? Please specify.

This question was not displayed to the respondent.

Q6. 6. Please indicate the *highest degree* you have completed?

- ☐ Some High School
- ☐ High School
- ☐ Trade School
- ☐ A.A. or 2 year degree
- ☐ B.A./B.S.
- ☒ M.Ed., M.A., M.S.
- ☐ Ph.D., Psy.D., Ed.D.
- ☐ M.D.
- ☐ Other

Q6other. What is the *highest degree* you have completed? Please specify.

Q7. 7. In what capacity are you participating in this training?

- ☐ Adjunct Therapist (e.g., Activity, Occupational, Physical, Rehabilitation)
☐ Business Administrative/Clerical (e.g., Accounting, Reception, Human Resources, Billing, Records, Information Technology)
☐ Care/Case Management (e.g., Social Worker, Discharge Planner)
☐ Education (e.g., Teacher, Health Educator)
☐ Facility Operations (e.g., Dietary, Housekeeping, Maintenance, Security, Transportation)
☐ First Responder (e.g., Fire, EMT)
☐ Legal (e.g., Lawyer, Judge, Probation, Corrections)
☒ Management (e.g., Agency Administrators, Supervisors, Managers, Coordinators)
☐ Mental Health Crisis Services (e.g., MRT)
☐ Mental Health Provider (e.g., MHC, CSW, Psychologist, Counselor, Therapist)
☐ Nursing (e.g., Nurse, Registered Nurse)
☐ Parent/Caregiver
☐ Physical Health Care (e.g., Physician, Physician's Assistant)
☐ Psychiatry (e.g., Psychiatrist)
☐ Support and Outreach (e.g., Volunteer, Faith, Family Support, Peer Support, Advocate)
☐ Technician (e.g., Mental Health Technician, Behavioral Technician, Patient Care Assistance, Residential Technician)
☐ Other (Please Specify)

Instruction. Please answer the following questions to the best of your ability. Note: The term "person" is general and may include but is not restricted to a "consumer", "patient", or "client" in your workplace.

Q8. 8. Think of your interactions with people and circle the number that *best* describes how *confident* you feel in your ability to do the following:

	Not at all	Slightly	Moderately	Very	Extremely
a) Identify suicide warning signs.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) Ask questions about suicide.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) Listen to a person tell you about their suicidal thoughts.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) Talk/persuade a person into seeking help.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) Make referrals (i.e., provide information about a crisis hotline, mental health treatment).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
f) Contact emergency support services for a person imminently at risk for suicide (e.g., mobile crisis support, crisis stabilization unit, 911, emergency departments)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
g) Help a person discuss their suicidal thoughts with their loved ones (e.g., family, friends).	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q9. 9. Rate how much you "Agree" or "Disagree" with the following statements:

	Strongly Disagree	Disagree	Slightly Disagree	Slightly Agree	Agree	Strongly Agree
a) Other people like me will expect me to use the QPR skills I am taught.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

b) Other people like me are expected to refer suicidal people to a helping resource (e.g., mental health services).

c) In my family, we do not discuss the topic of suicide.

d) In my group of friends, I would be expected to ask about someone's risk for suicide.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q10. 10. Rate how much you "Agree" or "Disagree" with the following statements:

	Strongly Disagree	Disagree	Slightly Disagree	Slightly Agree	Agree	Strongly Agree
a) My workplace encourages me to ask people about thoughts of suicide.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) My supervisor encourages me to ask people about thoughts of suicide.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) My organization regularly adapts practices to address new ways of preventing suicide.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) My organization has not yet built a sufficient network of gatekeepers.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) Suicide prevention programming can be difficult to implement in my organization.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f) Suicide prevention training aligns with the policies of my organization.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

Instruction. For Questions 11 and 12, select the best answer to each situation.

Q11. 11. You notice a co-worker who is starting to miss work. Your co-worker does not appear to be keeping up with their normal hygiene and has become very distant and quiet. What is your level of concern?

- ☐ None to low, no statement was made regarding the desire to die.
- ☒ Mild, the individual might just be having a bad week.
- ☐ Moderate, the individual could be showing early warning signs of suicide that warrants an immediate discussion.
- ☐ High, a referral needs to be made.

Q12. 12. Asking a sad or upset person if they are having thoughts of death or suicide:

- ☐ Should be discouraged.
- ☐ Should only be done by a trained counselor.
- ☒ May lower the risk of suicide.
- ☐ Should have no effect on the risk for suicide.

Instruction. For Questions 13 and 14, check all of the responses you feel are correct answers; there may be multiple correct answers for each question.

Q13. 13. What should you do if you suspect a person may be suicidal? (Select all that apply)

- ☐ Tell them not to do it.
- ☐ Refer them to a mental health agency.
- ☐ Tell them it is not your place to help.
- ☐ Encourage them to think of positive thoughts.
- ☒ Tell them to seek emergency support services (e.g. mobile crisis support, crisis stabilization unit, 911, emergency department).

- ☐ Don't bring up the topic as this will only make matters worse.
- ☐ Suggest they seek support from a friend.
- ☐ Tell them you're worried and would like to talk.

Q14. 14. What should you say if you suspect a person may be suicidal? (Select all that apply)

- ☐ "Don't worry so much, things are going to get better for you."
- ☐ "Everything will be okay, try not to think about negative things."
- ☒ "Have you thought about calling a crisis hotline?"
- ☐ "Let's see how you are doing in a couple of days when I follow up with you, okay?"
- ☐ "That's not something you should say."
- ☒ "That concerns me, we should talk to someone."
- ☐ "You shouldn't say that, you can scare people."
- ☐ "Have you been having thoughts of wanting to die?"

Q15. 15. Please read each item listed below. Indicate if you think the statement is a warning sign of suicide (WS), or a risk factor for suicide (RF). Select one answer per line.

	WS or RF	
	WS	RF
A history of harming oneself, such as cutting, scratching or burning.	<input checked="" type="radio"/>	<input type="radio"/>
Losing a friend or family member to suicide.	<input type="radio"/>	<input checked="" type="radio"/>
Avoiding social activities, such as hanging out with peers, going to work, and attending events with family or friends.	<input checked="" type="radio"/>	<input type="radio"/>
Telling you there is no reason to live.	<input checked="" type="radio"/>	<input type="radio"/>
Feeling trapped or hopeless.	<input checked="" type="radio"/>	<input type="radio"/>
A previous suicide attempt.	<input checked="" type="radio"/>	<input type="radio"/>
Having access to a gun(s).	<input type="radio"/>	<input checked="" type="radio"/>
Being reckless, such as driving too fast, driving drunk, or careless sex.	<input type="radio"/>	<input checked="" type="radio"/>
Getting very angry over everything, not able to control one's anger, rage, or temper.	<input checked="" type="radio"/>	<input type="radio"/>
Increasing use of drugs and/or alcohol.	<input checked="" type="radio"/>	<input type="radio"/>
Having a history of depression.	<input type="radio"/>	<input checked="" type="radio"/>

Q16. 16. Rate how much you "Agree" or "Disagree" with the following statements:

	Strongly Disagree	Disagree	Slightly Disagree	Slightly Agree	Agree	Strongly Agree
a) It is not likely that suicidal people can be helped if they do not recognize their situation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) It's appropriate for me to discuss suicide with other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) If a person contemplating suicide refuses to seek help, it should not be forced upon them.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) A suicide prevention program in my organization will give people unwanted ideas about suicide.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) Asking people about suicide should replace other topics that I had planned to discuss with them.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f) I cannot understand why a person would contemplate suicide.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q18. In the last 3 months, select how many people you know, either personally or professionally, that displayed the following emotions or behaviors:

	None	One	Two	Three	Four or more
a) Sadness or depression.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) Withdrawal from friends or family.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) Had drastic changes in behavior or mood.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) Suicidal thoughts.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) Anger or irritability.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q19. Next, please indicate the number of people you helped by doing the following, either personally or professionally:

	None	One	Two	Three	Four or more
a) Asked a person if they were thinking about suicide.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) Encouraged a person to seek help because of their risk for suicide.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) Took a person at risk for suicide to see a counselor or other mental health resource.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) Called the National Suicide Prevention Lifeline (NSPL) for help.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) Called a non-NSPL crisis line for help.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f) Called emergency support services for a person imminently at risk for suicide (e.g. mobile crisis support, crisis stabilization unit, 911, emergency department)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q36. For the people that you referred to other providers (e.g., counselors, mental health resources) either personally or professionally, do you know how many of those people went for a follow-up appointment?

No

Location Data

Location: [\(30.4274, -84.258\)](#)

Source: GeoIP Estimation



Q22.



FL LEADS Project QPR Post-Survey

Thank you for taking the time to participate in today's training and evaluation. You are being asked to take this survey so that we can determine the usefulness of the QPR program. Please take the time to answer each question honestly and to the best of your ability. Your answers will be kept confidential and will only be seen by evaluators at the University of Central and South Florida (UCF and USF). We value your time and appreciate your feedback.

Q1. 1. Today's Date:

08/04/2022

Q2. 2. What are the initials of your first and last name? Include your middle name initial if applicable (example: John H. Smith= JHS)

JCG

Q3. 3. What year were you born?

1977

Q4. 4. Please select "Yes" or "No" based on the training you just attended.

	Select "Yes" or "No"	
	YES	NO
a) We discussed suicide statistics.	<input checked="" type="radio"/>	<input type="radio"/>
b) We discussed ways to persuade someone to stay alive.	<input checked="" type="radio"/>	<input type="radio"/>
c) We learned what the letters in the acronym "STAY" stand for.	<input checked="" type="radio"/>	<input type="radio"/>
d) We learned the warning signs of suicide (i.e., direct verbal, indirect verbal, behavioral, situational).	<input checked="" type="radio"/>	<input type="radio"/>
e) We watched the QPR video.	<input checked="" type="radio"/>	<input type="radio"/>
f) We learned tips for asking the suicide question.	<input checked="" type="radio"/>	<input type="radio"/>
g) We watched a CNN video clip about suicide.	<input checked="" type="radio"/>	<input type="radio"/>
h) We learned the common myths and misconceptions about suicide.	<input checked="" type="radio"/>	<input type="radio"/>

i) We were shown slides about suicide prevention.	<input checked="" type="radio"/>	<input type="radio"/>
j) We learned multiple ways to ask a person if they are suicidal.	<input checked="" type="radio"/>	<input type="radio"/>
k) We discussed tips for referring a suicidal person for treatment.	<input checked="" type="radio"/>	<input type="radio"/>
l) We practiced QPR skills in a role play or in breakout rooms	<input checked="" type="radio"/>	<input type="radio"/>

Q5. 5. Rate how much you “Agree” or “Disagree” with the following statements:

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a) The trainer seemed like they cared if I learned the skills being taught.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
b) I felt like the trainer understood my learning needs relative to the skills being taught.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
c) I felt some degree of discomfort during the training.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
d) I felt like the trainer and I had similar learning goals throughout the training.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
e) I would recommend this trainer to my colleagues who are interested in learning about suicide prevention.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
f) I wish the trainer had conducted the training in a different way.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q6. 6. Please specify what components about the training you would change.

Q7. 7. Rate how much you “Agree” or “Disagree” with the following statements:

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a) I was impressed by how the trainer showed us how to ask about suicide.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
b) The trainer seemed to know what they were talking about.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
c) The trainer easily answered questions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
d) The trainer was effective at modeling (showing examples) on ways to talk to a suicidal person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
e) The trainer appeared to be an expert on suicide prevention information.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

Q8. 8. Think of your interactions with patients and circle the number that *best* describes how *confident* you feel in your ability to do the following:

	Not at all	Slightly	Moderately	Very	Extremely
a) Identify suicide warning signs.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) Ask questions about suicide.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) Listen to a person tell you about their suicidal thoughts.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) Talk/persuade a person into seeking help.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
e) Make referrals (i.e., provide information about a crisis hotline, mental health treatment).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
f) Contact emergency support services for a person imminently at risk for suicide (e.g. mobile crisis support, crisis stabilization unit, 911, emergency departments)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
g) Help a person discuss their suicidal thoughts with their loved ones (e.g. , family, friends)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q9. 9. Rate how much you “Agree” or “Disagree” with the following statements:

	Strongly Disagree	Disagree	Slightly Disagree	Slightly Agree	Agree	Strongly Agree
a) It is not likely that suicidal people can be helped if they do not recognize their situation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) It's appropriate for me to discuss suicide with other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) If a person contemplating suicide refuses to seek help, it should not be forced upon them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) A suicide prevention program in my organization will give people unwanted ideas about suicide.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) Asking people about suicide should replace other topics that I had planned to discuss with them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
f) I cannot understand why a person would contemplate suicide.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q10. 10. Do you feel you can connect a suicidal person to resources in your community?

- ☒ Yes.
- ☐ No – Resources are not available.
- ☐ No – Resources are not receptive to referrals.
- ☐ Unsure.

Q11. 11. Rate how much you “Agree” or “Disagree” with the following statements:

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a) I participated in discussions in today's training.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
b) The training made me think about suicide prevention.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
c) I asked questions during the suicide prevention presentation.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) The trainer stopped to check if there were any questions that needed to be answered.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
e) The trainer provided individual attention to those who needed it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
f) The trainer made some comments that I found insensitive.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g) The trainer explained the reasoning behind the skills we were taught.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
h) The trainer offered to be available to talk after the training for those that wanted more information.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
i) The trainer could have been more understanding of my level of comfort with the topic of suicide.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Instruction. For Questions 12 and 13, select the best answer to each situation.

Q12. 12. Asking a sad or upset person if he or she is having thoughts of death or suicide:

- ☐ Should be discouraged.
- ☐ Should only be done by a trained counselor.
- ☒ May lower the risk of suicide.
- ☐ Should have no effect on the risk for suicide.

Q13. 13. You notice a co-worker who is starting to miss work. Your co-worker does not appear to be keeping up with their normal hygiene and has become very distant and quiet. What is your level of concern?

- ☐ None to low, no statement was made regarding the desire to die.
- ☒ Mild, the individual might just be having a bad week.
- ☐ Moderate, the individual could be showing early warning signs of suicide that warrants an immediate discussion.
- ☐ High, a referral needs to be made.

Q14. 14. Please read each item listed below. Indicate if you think the statement is a warning sign of suicide (WS), or a risk factor for suicide (RF). Select one answer per line.

	WS or RF	
	WS	RF
a) A history of harming oneself, such as cutting, scratching or burning.	<input checked="" type="radio"/>	<input type="radio"/>
b) Losing a friend or family member to suicide.	<input type="radio"/>	<input checked="" type="radio"/>
c) Avoiding social activities, such as hanging out with peers, going to work, and attending events with family or friends.	<input checked="" type="radio"/>	<input type="radio"/>
d) Telling you there is no reason to live.	<input checked="" type="radio"/>	<input type="radio"/>
e) Feeling trapped or hopeless.	<input checked="" type="radio"/>	<input type="radio"/>
f) A previous suicide attempt.	<input checked="" type="radio"/>	<input type="radio"/>
g) Having access to a gun(s).	<input checked="" type="radio"/>	<input type="radio"/>
h) Being reckless, such as driving too fast, driving drunk, or careless sex.	<input type="radio"/>	<input checked="" type="radio"/>
i) Getting very angry over everything, not able to control one's anger, rage, or temper.	<input checked="" type="radio"/>	<input type="radio"/>
j) Increasing use of drugs and/or alcohol.	<input checked="" type="radio"/>	<input type="radio"/>
k) Having a history of depression.	<input type="radio"/>	<input checked="" type="radio"/>

Instruction. For Questions 15 and 16, check all of the responses you feel are correct answers; there may be multiple correct answers for each question

Q15. 15. What should you do if you suspect a person may be suicidal? (Select all that apply)

- ☐ Tell them not to do it.
- ☒ Refer them to a mental health agency.
- ☐ Tell them it is not your place to help.
- ☒ Encourage them to think of positive thoughts.
- ☒ Encourage them to seek emergency support services (e.g., mobile crisis support, crisis stabilization unit, 911, emergency department)
- ☐ Don't bring up the topic as this will only make matters worse.
- ☒ Suggest they seek support from a friend.
- ☐ Tell them you're worried and would like to talk.

Q16. 16. What should you say if you suspect a person may be suicidal? (Select all that apply)

- ☐ "Don't worry so much, things are going to get better for you."
- ☐ "Everything will be okay, try not to think about negative things."
- ☒ "Have you thought about calling a crisis hotline?"
- ☐ "Let's see how you are doing in a couple of days when I follow up with you, okay?"
- ☐ "That's not something you should say."
- ☒ "That concerns me, we should talk to someone."

- ☐ "You shouldn't say that, you can scare people."
- ☐ "Have you been having thoughts of wanting to die?"

End. Thank you for taking the time to complete this survey!

Location Data

Location: [\(30.4274, -84.258\)](#)

Source: GeoIP Estimation

