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Creative coding

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Brick walls

Brick walls are everywhere and I think a lot of the time we either build them ourselves or help someone else build them for us, which tends to make it even harder to break down. Brick walls are obstacles that one has to find a way around (or through) and as of late I have started to think what holds these immovable obstacles are the excuses we give ourselves. Recently, I have been reading a book called "*Never Finished*", written by David Goggins. The book often touches on brick walls that the author himself has faced and how his shift into a growth mindset has sprung him into the success he has now. So when Paulsch said, "Brick walls let us show how bad we really want things", it felt like a light finally came on after flipping a switch back and forth..

There were many messages within Paulsch's speech that caused me to reflect on my past. It feels like I have always been around angry people, every day of my life and I think that has made me a much more patient person but hearing "When you're pissed and angry at them, give them more time…", it felt like I instantaneously added a new weapon to my arsenal. The part of the video that by far had the most direct connection to me was when he reinforced the fact that someone critiquing you means they care. It is something I had heard throughout my life, mostly in sports but was never something I could realize in the moment. I often took harsh criticism to heart and let it have a very negative impact on me.