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Abstract

There is evidence for the regression of atherosclerosis associated with improving plasma lipoprotein profiles induced by lowering concentrations of atherogenic apolipoprotein B (ApoB). The reduction of ApoB to levels associated with regression can be induced by multiple factors such as environment, nutrition, and pharmaceuticals. The genetic profile of a patient will help determine how effective these treatments can be in lowering ApoB concentrations and regressing atherosclerosis.

This paper will focus on the regression of atherosclerosis - returning a patient to the lipid concentration levels they maintained before the presence of heart disease. We will not consider the preventive or predictive factors that go into the development of atherosclerosis nor will we consider the reversal process of healing damage done to the arteries.

Instead we focus on factors that influence the serum levels of ApoB. A set of genes and gene products potentially involved in the regression process is curated using the MEDIE natural language search engine.

I. <u>Background</u>

The initial phase of atherosclerosis is "the subendothelial accumulation of apolipoprotein B-containing lipoproteins (ApoB)." The particles are modified by oxidation and lead to activation of endothelial cells to secrete chemokines. The chemokines act as chemoattractants that interact with receptors on monocytes to "recruit" them into the atherogenic process. The monocytes interact with the endothelial cells via interaction with a variety of selectins eventually causing them to differentiate into macrophages that "contribute to formation of necrotic core and fibrous cap thinning that characterizes the vulnerable plaque." [1]

Regression of atherosclerosis is dependent upon lowering the concentration of ApoB levels to the point that the endothelial cells are no longer activated and do not trigger an atherogenic response. Multiple factors can play a role in determining the ApoB concentration including patient lifestyle (diet, exercise, body shape, smoking) and external factors (environment, genetics).

II. Methods

First, a manual reading of two literature reviews [1, 2] of previous studies on atherosclerosis regression attempts was completed. From these papers a list of genes associated with the atherosclerosis regression process was manually curated. Only genes specifically associated with processes related to ApoB concentrations were considered. The genes were then manually searched in OMIM to gather information on their known gene products. All of this is curated into Table 1 below.

Next, a manual reading of a review of text mining tools for the biomedical domain [3] led to using the MEDIE [4] natural language search engine. MEDIE was used in an attempt to gather additional genes not mentioned in the literature reviews. MEDIE allows users to search for abstracts using a natural language query that includes a subject, a verb, and an object. The subject and object can be either a gene, gene product, or a disease. These types can be specified under the "advanced search" option. When a subject or object is a disease it can be associated with a UMLS identification. By default genes are highlighted in red on the search results.

For example, a MEDIE search for "[what] regresses atherosclerosis" gives 25 abstracts. The subject is left blank in the search terms (instead of actually typing in "what") as to not limit results. By leaving the subject blank MEDIE returns its own subject for each result. Some of the subjects returned are "Vitamin E", "Niacin", "results of major trials of drugs", "they", "we", and multiple pharmaceutical names.

Another MEDIE search was done using just an object of "ApoB (UMLS:C1862606)". By just searching for an object, MEDIE returns its own values for subjects and verbs for each search result. This can give us some insight into terms to use to narrow the results. For example, the first 100 results from the search with just an object of "ApoB" includes verbs such as "performed", "discovered", "associated", "measured", "assessed", "reduced", "correlated" and "investigated".

By picking some of these most interesting verbs additional filtered results related to regressing ApoB levels can be found. For example, searching for "[what] reduced ApoB" also gives over 100 results with dozens of genes and gene products listed. Some interesting subjects include "this diet", "a supervised exercise program" and "Omega-3 fatty acids". By searching for "[what] regulates ApoB" more subjects come up such as "insulin" and "a range of factors including developmental, nutritional, environmental, and metabolic stimuli".

These abstracts contain genes/products previously identified in Table 1 such as LXRa and ABCA1, but also identifies dozens of other genes and gene products. Some of the most applicable additional results are summarized in Table 2 below. Once again the gene and product terms are manually searched on OMIM to confirm relevance and gene/product relationships.

The MEDIE results also mention phrases such as "oxidized LDL" and "elevation of HDL cholesterol" that give us immediate insight into the atherosclerosis process. They mention potential causes of atherosclerosis including "infection-induced atherosclerosis" and "hypothyroidism". The results even immediately point to modes of regression such as "azithromycin treatment", "statins", "replacement of a high cholesterol-saturated fat diet by another cholesterol free-unsaturated fat diet", and "supplementation with HDL".

III. <u>Tabulated Results</u>

Table 1: Manually curated selection of genes and their potential contribution to processes related to regression of atherosclerosis by the lowering of ApoB levels.

Gene	Gene product	Potential role in atherosclerosis regression	OMIM#
APOB, APOE	Apolipoprotein A, Apolipoprotein E	Forms a lipoprotein with LDL that allows the LDL to be transported in blood	<u>107730,</u> <u>107741</u>
MSR1	type A scavenger receptor	Regulates uptake of oxidized LDL by macrophages	153622
SCARB1	CD36, member of type B scavenger receptor family	Regulates uptake of oxidized LDL by macrophages	601040
CCR7	Chemokine (C-C motif) receptor 7	Dendritic cell emigration from aortic lesions, promotes regression via emigration of CD68+ cells	600242
NR1H3	LXRa (Nuclear oxysterol liver X receptor alpha)	Increased levels found in foam cells during regression	602423
ABCA1	ABCA-1 (ATP-binding cassette 1)	Anti-atherogenic target of LXRa	600046
MIR33A	MiR-33 (Micro-RNA 33A)	Intronic mRNA that inhibits hepatic expression of ABCA-1, reduces HDL-C concentration, resulting in decreased cholesterol efflux	612156
CETP	CETP (Cholesteryl ester transfer protein)	Mediates exchange of lipids between lipoproteins.	118470

Table 2: Genes and gene products associated with atherosclerosis regression curated from searches using the MEDIE natural language search engine.

Gene	Gene product	Potential role in atherosclerosis regression	OMIM#
PPARA, PPARG	Peroxisome Proliferator-Activated Receptor-Alpha and Receptor-Gamma	Serve as lipid sensors, induces peroxisomes which contribute to the oxidation of fatty acids	601487
LDLR, LDLRAP1	Low Density Lipoprotein Receptor	Promotes cholesterol uptake in cells	605747
PCSK9	Proprotein convertase subtilisin/kexin type 9	Reduces LDLR levels	607786
ABHD5	Abhydrolase domain-containing 5	Major intermediate in membrane and storage lipid biosynthesis, coactivator of adipocyte triglyceride lipase	604780
ATF4	Activating Transcription Factor 4	Influences plasma lipoprotein levels	604064
MTTP	Microsomal triglyceride transfer protein	Catalyzes the transport of cholesterol between phospholipid surfaces	<u>157147</u>
LCAT	Lecithin cholesterol acyltransferase	Converts cholesterol to cholesteryl esters on surface of HDL	606967
PTEN	Phosphatase and tensin homolog	Regulates secretion of ApoB containing lipoproteins	601728
HNF4A	Hepatocyte nuclear factor-4alpha	Transcription factor that regulates genes involved in lipid metabolism	600281
PTPN11	Protein-tyrosine phosphatase non-receptor type 11	Influences serum ApoB and LDL levels	<u>176876</u>
mTOR	Mechanistic target of rapamycin	Mediation of inhibition of ApoB by insulin	601231
MAP2K4	Mitogen-activated protein kinase 4	Potential role in ApoB particle assembly	601335
APOBEC1	Apolipoprotein B mRNA-editing enzyme	Metabolic regulation of ApoB mRNA editing, converts ApoB-48 (intestine)	600130

	catalytic polypeptide 1	from ApoB-100 (liver)	
FGA, FGB, FGG	Fibrinogen polypeptide alpha, beta, gamma	Associated with increased secretion of ApoB	134820

IV. <u>Discussion</u>

There is still much more work to do in gathering genes and gene products before a genotype ontology can be linked to a phenotype ontology. The genes listed in this paper represent the high level of research into potential atherosclerosis regression. We mainly only considered serum levels of ApoB, but there are other apolipoproteins (such as ApoE), that potentially have an equally important part in the process. Also each individual type of apolipoprotein has multiple subtypes that can be converted between each other via mRNA editing. The relationship between ApoB concentrations versus the traditional HDL/LDL ratio as an indicator of atherosclerosis susceptibility must also be studied.

V. Conclusions

We have gathered over twenty gene and gene product pairs involved in the body's regulation of blood serum ApoB concentration levels. Given that ApoB is the molecular component that allows cholesterol to be transported throughout the body, it is believed that lowering the ApoB concentration in a patient with atherosclerosis to pre-disease levels will result in the regression of atherosclerosis and halting of any further damage to the patient's arteries. It is further hoped that by studying the influence of these genes we will better be able to make pharmaceutical treatment recommendations combined with changes to patient lifestyle and environmental factors.

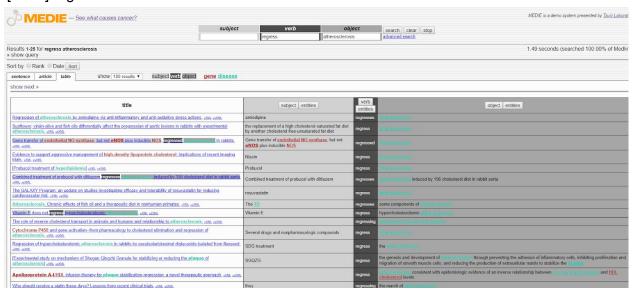
VI. References

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- 3. Fleuren, W. W., & Alkema, W. (2015). Application of text mining in the biomedical domain. *Methods*, 74, 97-106. doi:10.1016/j.ymeth.2015.01.015

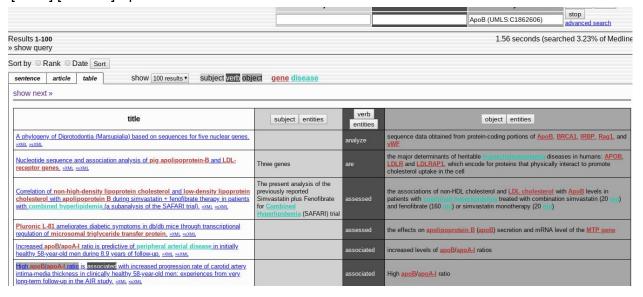
4. MEDIE - Semantic retrieval engine for MEDLINE. Retrieved from http://www.nactem.ac.uk/medie/search.cgi. National Center for Text Mining.

VII. Appendices

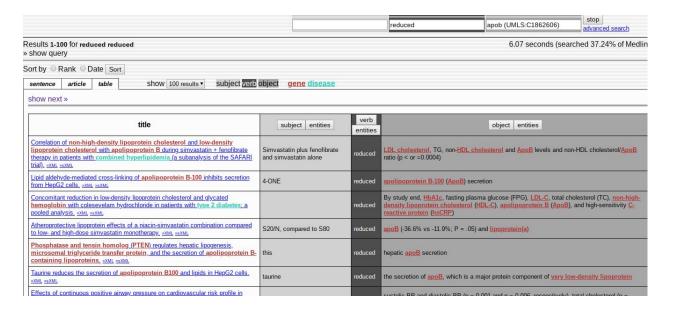
"[What] regresses atherosclerosis?"



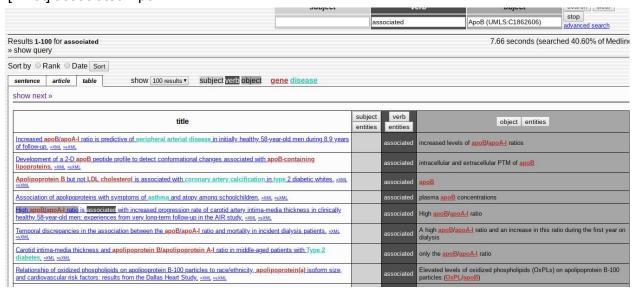
"[What] [Causes] ApoB?"



"[What] reduced ApoB?"



"[What] associated ApoB?"



"[What] regulates ApoB?"

