

[Home](#)2. [Dextromethorphan/guaifenesin/phenylephrine](#)

## Dextromethorphan, guaifenesin, and phenylephrine

**Generic name:** dextromethorphan, guaifenesin, and phenylephrine [ *DEX-troe-meth-OR-fan*, *gwe-FEN-e-sin*, *FEN-il-EF-rin* ]

**Brand names:** [Broncotron Ped](#), Children Giltuss Cough and Cold, [Deconex DMX](#), Desgen DM (Phenylephrine), Desgen Pediatric, ... [show all 90 brands](#)

**Dosage forms:** oral liquid (10 mg-200 mg-5 mg/15 mL; 10 mg-200 mg-5 mg/30 mL; 10 mg-200 mg-5 mg/5 mL; 15 mg-350 mg-10 mg/5 mL; 18 mg-200 mg-10 mg/15 mL; 18 mg-396 mg-10 mg/15 mL; 20 mg-200 mg-10 mg/10 mL; 20 mg-400 mg-10 mg/20 mL; 20 mg-400 mg-10 mg/5 mL; 28 mg-388 mg-10 mg/5 mL; 5 mg-100 mg-2.5 mg/5 mL; 5 mg-100 mg-2.5 mg/mL; 5 mg-50 mg-2.5 mg/5 mL; 5 mg-50 mg-2.5 mg/mL; 5 mg-75 mg-2.5 mg/5 mL), ... [show all 3 dosage forms](#)

**Drug class:** [Upper respiratory combinations](#)



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[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)

### What is dextromethorphan, guaifenesin, and phenylephrine?

[Dextromethorphan](#), [guaifenesin](#), and [phenylephrine](#) is a combination medicine used to treat cough, stuffy nose, and chest congestion caused by allergies, the [common cold](#), or the flu.

Dextromethorphan, guaifenesin, and phenylephrine may also be used for purposes not listed in this medication guide.

### dextromethorphan, guaifenesin, and phenylephrine side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives, difficult breathing, swelling of your face, lips, tongue, or throat.

**This medicine may cause serious side effects. Stop using this medicine and call your doctor at once if you have:**

- little or no urination;
- fast or slow heartbeats;
- confusion, dizziness, feeling unsteady;
- nervousness, sleep problems (insomnia);
- severe nausea or vomiting;
- severe headache, blurred vision, pounding in your neck or ears;
- slow breathing; or
- unusual changes in mood or behavior.

**Common side effects of dextromethorphan, guaifenesin, and phenylephrine may include:**

- diarrhea, [constipation](#);
- dizziness, [drowsiness](#);
- sleep problems (insomnia); or
- feeling nervous, restless, or irritable.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Dextromethorphan / guaifenesin / phenylephrine side effects](#) (more detail)

## Related/similar drugs

### Mucinex D

Mucinex D (guaifenesin and pseudoephedrine) is used to treat nasal and sinus congestion, and to ...

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## Warnings

**Do not use this medicine if you are using or if you have used an MAO inhibitor in the past 14 days.** A dangerous [drug interaction](#) could occur. MAO inhibitors include [isocarboxazid](#), [linezolid](#), [methylene blue](#) injection, [phenelzine](#), and [tranylcypromine](#).

## Before taking this medicine

**Do not use this medicine if you are using or if you have used an MAO inhibitor in the past 14 days.** A dangerous drug interaction could occur. MAO inhibitors include isocarboxazid, linezolid, methylene blue injection, phenelzine, and

tranylcypromine.

Ask a doctor or pharmacist if this medicine is safe to use if you have:

- heart disease, high blood pressure;
- diabetes;
- a thyroid disorder;
- urination problems due to an enlarged prostate;
- glaucoma;
- epilepsy or other seizure disorder; or
- cough with mucus, or cough caused by emphysema or chronic bronchitis.

This medicine may contain phenylalanine and could be harmful if you have phenylketonuria (PKU).

**Ask a doctor before using this medicine if you are pregnant or breastfeeding.**

## How should I take dextromethorphan, guaifenesin, and phenylephrine?

Use exactly as directed on the label, or as prescribed by your doctor. Cold or cough medicine is only for short-term use.

Your dose needs may change if you switch to a different brand, strength, or form of this medicine. **Avoid medication errors by using exactly as directed on the label, or as prescribed by your doctor.**

Do not give this medicine to a child without medical advice. Follow all directions when giving this medicine to a child. **Do not use the medicine to make a child sleepy.** Misuse of this medicine may cause death in very young children.

Swallow the **tablet** whole and do not crush, chew, or break it.

Measure **liquid medicine** with the supplied measuring device (not a kitchen spoon).

Drink extra fluids to help loosen the congestion and lubricate your throat while you are taking this medication.

Call your doctor if your symptoms do not improve after 7 days, or if you have a fever, rash, or headaches.

Follow the storage instructions provided with this medicine. Your pharmacist can provide more information about how to store this medicine.

 [Detailed Dextromethorphan / guaifenesin / phenylephrine dosage information](#)

## What happens if I miss a dose?

dextromethorphan, guaifenesin, and phenylephrine is used when needed. If you are on a dosing schedule, skip any missed dose. **Do not** use two doses at one time.

## What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

## What should I avoid while taking dextromethorphan, guaifenesin, and phenylephrine?

Avoid driving or hazardous activity until you know how this medicine will affect you. Your reactions could be impaired.

Drinking alcohol with this medicine can cause side effects.

Ask a doctor or pharmacist before taking other cough or cold medicines that may contain similar ingredients.

## What other drugs will affect dextromethorphan, guaifenesin, and phenylephrine?

Ask a doctor or pharmacist before using any other medicines that can cause drowsiness (such as opioid medication, sleep medicine, a muscle relaxer, or medicine for anxiety or seizures). Tell your doctor about all other medicines you use. This includes prescription and over-the-counter medicines, vitamins, and [herbal products](#). **Not all possible interactions are listed here.**

 [Dextromethorphan / guaifenesin / phenylephrine drug interactions](#) (more detail)

## Does dextromethorphan/guaifenesin/phenylephrine interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

dextromethorphan/guaifenesin/phenylephrine

+

Enter a drug name

Add

## More about dextromethorphan / guaifenesin / phenylephrine

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## Patient resources

### Other brands

[Deconex DMX](#), [Giltuss](#), [Tussin CF](#), [Robitussin Multi-Symptom Cold CF](#), ... +24 more

## Related treatment guides

- [Cough and Nasal Congestion](#)

## Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

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## Benadryl Pediatric Dosage Guide

Use these dosage charts for infants and children under 12 years old:

[Benadryl Dosage Charts \(Infants & Children\)](#)

### DRUG STATUS

#### Availability

 Rx and/or OTC

#### Pregnancy & Lactation

 Risk data available

#### CSA Schedule\*

N/A Not a controlled drug



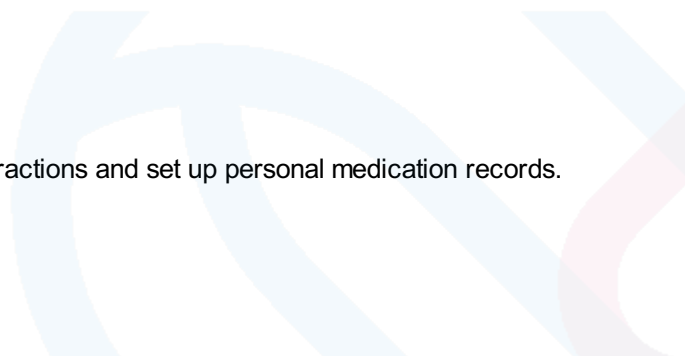
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4.8 / 10

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