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Ayr Saline (nasal)

Generic name: [sodium chloride](#) (nasal) [*SOE-dee-um-KLOR-ide*]

Brand names: [Ayr Baby Saline](#), [Ayr Saline Nasal](#), [Ayr Saline Nasal Mist](#), [Ayr Saline Nasal No-Drip Spray](#), [Ayr Sinus Rinse Kit](#), ... [show all 26 brands](#)

Drug class: [Nasal lubricants and irrigations](#)



[Medically reviewed](#) by Drugs.com on Dec 19, 2024. Written by [Cerner Multum](#).

[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)

What is Ayr Saline nasal?

There are many brands and forms of [sodium chloride](#) nasal available. Not all brands are listed on this leaflet.

[Ayr Saline](#) (for use in the nose) is used to treat stuffy nose, [post-nasal drip](#), dryness inside your nose and nasal passages, or nasal irritation caused by colds, flu, allergies, or pollutants.

This product contains a purified gentle salt solution (also called saline). It does not contain any active drug or medicine.

Ayr Saline may also be used for purposes not listed in this medication guide.

Ayr Saline nasal side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

Less serious side effects may be more likely, and you may have none at all.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.



[Ayr Saline Nasal side effects](#) (more detail)

Related/similar drugs

Sudafed Congestion

Sudafed is a decongestant and is used to treat nasal and sinus congestion. Learn about side ...

Reviews & ratings

6.9 / 10

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Ozempic

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Reviews & ratings

6.6 / 10

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Pseudoephedrine

Pseudoephedrine is used to treat nasal and sinus congestion, or congestion of the tubes that drain ...

Reviews & ratings

6.6 / 10

[94 Reviews](#)

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Warnings

Follow all directions on the product label and package. Ask a doctor or pharmacist if you have questions.

Before taking this medicine

Ask a doctor or pharmacist if this product is safe to use if you have medical conditions or allergies.

Ask a doctor before using this product if you are pregnant or breastfeeding.

How should I use Ayr Saline nasal?

Use exactly as directed on the label, or as prescribed by your doctor.

Always follow directions on the product label about giving this product to a child.

Do not take by mouth. Nasal products are for use only in the nose.

Ayr Saline is available in many different forms such as a spray, gel, swab, or powder to be mixed with water and used as a nasal rinse.

Read and carefully follow any Instructions for Use provided with the product you use. Ask your doctor or pharmacist if you do not understand these instructions.

You may need to gently blow your nose before using this product.

If you have inserted the spray bottle tip inside your nose, rinse the tip with hot water and dry with a clean tissue after use.

Some nasal sprays bottles will deliver the product as a spray when used with the bottle upright or as a drop when you turn the bottle upside down.

If directed on the product label, wipe the tip of the bottle or nozzle with a clean tissue after each use.

Call your doctor if the condition you are treating with Ayr Saline does not improve, or if it gets worse while using this product.

Follow all directions on the label about when to replace Ayr Saline. You may need to throw away the container after a certain amount of time has passed, even if some of the product is still left inside.

Store at room temperature away from moisture and heat.

If your nasal product comes in a spray canister, keep the can away from open flame or high heat. The canister may explode if it gets too hot. Do not puncture or burn an empty nasal spray canister.

 [Detailed Ayr Saline Nasal dosage information](#)

What happens if I miss a dose?

Since [Ayr Saline nasal](#) is used when needed, you may not be on a dosing schedule. Skip any missed dose if it's almost time for your next dose. **Do not** use two doses at one time.

What happens if I overdose?

An overdose of sodium chloride nasal is not expected to be dangerous. Seek emergency medical attention or call the Poison Help line at 1-800-222-1222 if anyone has accidentally swallowed the product.

What should I avoid while using Ayr Saline nasal?

Avoid getting Ayr Saline in your eyes.

Avoid sharing nasal products with other people. Sharing a nasal spray container or applicator that is inserted into the nose can allow infections or disease to pass from one person to another.

What other drugs will affect Ayr Saline nasal?

Since Ayr Saline does not contain an active medicine, it is not likely to be affected by other drugs you use. But many drugs can interact with each other. Tell each of your healthcare providers about all medicines you use, including prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#).

Does Ayr Saline Nasal interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Ayr Saline Nasal

+

Enter a drug name

Add

More about Ayr Saline Nasal (sodium chloride nasal)

- [Compare alternatives](#)
- [Reviews \(26\)](#)
- [Side effects](#)
- [Dosage information](#)
- [Drug class: nasal lubricants and irrigations](#)

Patient resources

- [Ayr Saline Nasal Mist nasal drug information](#)
- [Ayr Saline Nasal Gel](#)

Other brands

[Saline Nasal Mist](#), [Deep Sea Nasal Spray](#), [Ocean](#), [Saline Mist](#), ... [+21 more](#)

Other formulations

- [Ayr Saline Nasal No-Drip Spray nasal](#)

Related treatment guides

- [Nasal Congestion](#)

Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal

circumstances.

[Medical Disclaimer](#)

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DRUG STATUS

Availability

OTC Over the counter

CSA Schedule*

N/A Not a controlled drug



User Reviews & Ratings

4.5 / 10

[26 Reviews](#)

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