

[Home](#)

2. Triazolam

Triazolam

Generic name: triazolam [*trye-AY-zoe-lam*]**Brand name:** [Halcion](#)**Dosage form:** oral tablet (0.125 mg; 0.25 mg)**Drug class:** [Benzodiazepines](#)[Medically reviewed](#) by Drugs.com on Oct 10, 2024. Written by [Cerner Multum](#).[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#) [FAQ](#)

What is triazolam?

Triazolam is a benzodiazepine (ben-zoe-dye-AZE-eh-peen) that is used short term (7 to 10 days) to treat [insomnia](#) (trouble falling or staying asleep).

Triazolam may also be used for purposes not listed in this medication guide.

Triazolam side effects

Get emergency medical help if you have **signs of an allergic reaction:** hives; difficult breathing; swelling of your face, lips, tongue, or throat.

Triazolam can slow or stop your breathing, especially if you have recently used an opioid medication or alcohol.

A person caring for you should seek emergency medical attention if you have slow breathing with long pauses, blue colored lips, or if you are hard to wake up.

Triazolam may cause serious side effects. Call your doctor at once if you have:

- daytime anxiety;
- unusual changes in mood or behavior;
- confusion, [memory loss](#), [agitation](#), hallucinations; or
- [depression](#), suicidal thoughts.

Some people using triazolam have engaged in activity such as driving, eating, walking, making phone calls, or having sex and later having no memory of the activity. Tell your doctor if this happens to you.

[Drowsiness](#) or dizziness may last longer in older adults. Use caution to avoid falling or accidental injury.

Common side effects of triazolam may include:

- drowsiness;
- loss of coordination;
- dizziness; or
- feeling light-headed.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Triazolam side effects](#) (more detail)

Related/similar drugs

Ativan

Ativan is a benzodiazepine used to treat anxiety disorders or anxiety associated with depression ...

Reviews & ratings

8.0 / 10

[479 Reviews](#)

[View more](#)

Benadryl

Benadryl is an antihistamine and is used to treat sneezing, runny nose, itching and other ...

Reviews & ratings

7.0 / 10

[79 Reviews](#)

[View more](#)

FEATURED

Ozempic

Learn about Ozempic (semaglutide) for type 2 diabetes treatment, weight management, cardiovascular ...

Reviews & ratings

6.6 / 10

[1,504 Reviews](#)

[View more](#)

Ambien

Ambien (zolpidem) is a prescription sedative used to treat insomnia, helping you fall asleep and ...

Reviews & ratings

7.0 / 10

[558 Reviews](#)

[View more](#)

Lunesta

Lunesta is a sedative and is used to treat insomnia. Lunesta's effects typically begin within 30 ...

Reviews & ratings

5.9 / 10

[341 Reviews](#)

[View more](#)

Eszopiclone

Eszopiclone (brand name Lunesta) is a sedative and is used to treat insomnia. Eszopiclone's effects ...

Reviews & ratings

5.7 / 10

[442 Reviews](#)

[View more](#)

Temazepam

Temazepam is used to treat insomnia (trouble sleeping). Learn about side effects, interactions and ...

Reviews & ratings

6.5 / 10

[448 Reviews](#)

[View more](#)

Melatonin

Melatonin is used to combat jet lag and ease sleep problems like insomnia.

Learn about uses ...

Reviews & ratings

5.7 / 10

[239 Reviews](#)

[View more](#)

Diphenhydramine

Diphenhydramine is an antihistamine used to treat sneezing, runny nose, itching, hives and other ...

Reviews & ratings

5.5 / 10

[541 Reviews](#)

[View more](#)

Warnings

Triazolam can slow or stop your breathing, especially if you have recently used an opioid medication or alcohol.

MISUSE OF triazolam CAN CAUSE ADDICTION, OVERDOSE, OR DEATH. Keep this medicine where others cannot get to it.

Do not stop using triazolam without asking your doctor. **You may have life-threatening withdrawal symptoms if you stop using the medicine suddenly after long-term use.** Some withdrawal symptoms may last up to 12 months or longer.

Get medical help right away if you stop using triazolam and have symptoms such as: unusual muscle movements, being more active or talkative, sudden and severe changes in mood or behavior, confusion, hallucinations, [seizures](#), or thoughts about suicide.

Tell your doctor about all your other medicines. **Some drugs should not be used with triazolam.**

Before taking this medicine

You should not use this medicine if you are allergic to triazolam or similar medicines (such as [alprazolam](#), [diazepam](#), [lorazepam](#), Valium, Xanax, Versed, [Klonopin](#), and others).

Some drugs should not be used with triazolam. Your treatment plan may change if you also use:

- [nefazodone](#);
- cancer medicine;
- an [antibiotic](#) or antifungal medicine; or

- antiviral medicine to treat HIV or [hepatitis C](#).

Tell your doctor if you have ever had:

- depression, mental illness, suicidal thoughts or actions;
- lung disease, breathing problems, [sleep apnea](#) (breathing stops during sleep); or
- [alcoholism](#) or [drug addiction](#).

If you use triazolam during pregnancy, your baby could be born with life-threatening withdrawal symptoms, and may need medical treatment for several weeks.

You should not breastfeed within 28 hours after using triazolam. If you use a breast pump during this time, throw out the milk and do not feed it to your baby.

If you do breastfeed, tell your doctor if you notice drowsiness, breathing problems, or feeding problems in the nursing baby.

Not approved for use by anyone younger than 18 years old.

How should I take triazolam?

Follow the directions on your prescription label and read all medication guides. **Never use triazolam in larger amounts, or for longer than prescribed.** Tell your doctor if you feel an increased urge to use more of triazolam.

Never share this medicine with another person, especially someone with a history of drug addiction. MISUSE CAN CAUSE ADDICTION, OVERDOSE, OR DEATH. Keep the medicine where others cannot get to it. Selling or giving away this medicine is against the law.

Take this medicine only when you are getting ready for several hours of sleep. You may fall asleep very quickly after taking the medicine.

Avoid using triazolam to prevent jet lag while traveling by airplane.

Call your doctor if your insomnia does not improve after taking triazolam for 7 to 10 nights, or if you have any mood or behavior changes. Insomnia can be a symptom of depression, mental illness, or certain medical conditions.

Do not take triazolam for longer than 10 nights in a row, unless your doctor has told you to.

Do not stop using triazolam without asking your doctor. **You may have life-threatening withdrawal symptoms if you stop using the medicine suddenly after long-term use.** Some withdrawal symptoms may last up to 12 months or longer.

The first few nights after you stop taking triazolam, your insomnia symptoms may return and could be worse than before.

Store at room temperature away from moisture, heat, and light. Keep your medicine in a place where no one can use it improperly.

Triazolam dosing information

Usual Adult Dose for Insomnia:

Initial dose: 0.25 mg orally once a day at bedtime
Maintenance dose: 0.125 to 0.25 mg orally once a day at bedtime
Maximum dose: 0.5 mg/day
Duration of therapy: 7 to 10 days

Comments:

- Failure to respond after 7 to 10 days may suggest a primary psychiatric and/or medical illness that requires further evaluation.
- Use of this drug for more than 2 to 3 weeks requires complete reevaluation of the patient.

Use: Short-term treatment of insomnia

Usual Geriatric Dose for Insomnia:

Initial dose: 0.125 mg orally once a day at bedtime
Maintenance dose: 0.125 to 0.25 mg orally once a day at bedtime
Maximum dose: 0.25 mg/day
Duration of therapy: 7 to 10 days

Comments:

- Failure to respond after 7 to 10 days may suggest a primary psychiatric and/or medical illness that requires further evaluation.
- Use of this drug for more than 2 to 3 weeks requires complete reevaluation of the patient.
- The lowest effective dose should be used to minimize the potential for oversedation.

Use: Short-term treatment of insomnia

 [Detailed Triazolam dosage information](#)

What happens if I miss a dose?

Triazolam is used when needed. If you are on a dosing schedule, skip any missed dose. **Do not** use two doses at one time.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222. **An overdose of triazolam can be fatal if you take it with alcohol, opioid medicine, or other drugs that cause drowsiness or slow your breathing.**

Overdose symptoms may include drowsiness, confusion, slurred speech, loss of coordination, weak or shallow breathing, or coma.

What should I avoid while taking triazolam?

Do not drink alcohol. Dangerous side effects or death could occur.

You may still feel sleepy the morning after taking triazolam. Wait until you are fully awake before you drive, operate machinery, or do anything that requires you to be awake and alert. Your reactions may be impaired.

Grapefruit may interact with triazolam and lead to unwanted side effects. **Avoid the use of grapefruit products.**

What other drugs will affect triazolam?

Using triazolam with other drugs that make you sleepy or slow your breathing can cause dangerous side effects or death. Ask your doctor before using opioid medication, a sleeping pill, a muscle relaxer, or medicine for anxiety or seizures.

Many drugs can affect triazolam, and some drugs should not be used at the same time. Tell your doctor about all other medicines you use. This includes prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). **Not all possible interactions are listed here.**

 [Triazolam drug interactions](#) (more detail)

Does triazolam interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

triazolam

+

Enter a drug name

Add

Popular FAQ

What are the strongest sleeping pills?



More about triazolam

- [Check interactions](#)
- [Compare alternatives](#)
- [Pricing & coupons](#)
- [Reviews \(73\)](#)
- [Drug images](#)
- [Latest FDA alerts \(2\)](#)
- [Side effects](#)
- [Dosage information](#)
- [During pregnancy](#)
- [Drug class: benzodiazepines](#)
- [Breastfeeding](#)

- [En español](#)

Patient resources

- [Triazolam advanced reading](#)

Other brands

[Halcion](#)

Professional resources

- [Triazolam monograph](#)
- [Triazolam \(FDA\)](#)

Other brands

[Halcion](#)

Related treatment guides

- [Insomnia](#)

Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

Copyright 1996-2025 Cerner Multum, Inc. Version: 12.01.

DRUG STATUS

Availability		
Rx	Prescription only	
Pregnancy & Lactation		
	Risk data available	
CSA Schedule*		
4	Some potential for abuse	▼
Approval History		
	Drug history at FDA	▼

User Reviews & Ratings

8.3 / 10

[73 Reviews](#)

Images

Triazolam 0.25 mg (G 3718)



[View larger images](#)

Drugs.com Mobile App

Access drug & treatment information, identify pills, check interactions and set up personal medication records.



About

[About Drugs.com](#)
[Advertising policy](#)
[Attribution & citations](#)

Terms & privacy

[Terms of use](#)
[Editorial policy](#)
[Privacy policy](#)

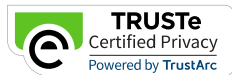
Support

[Help center](#)
[Sitemap](#)
[Contact us](#)



[Subscribe to our newsletter](#) for the latest medication news, new drug approvals and FDA alerts.

Drugs.com provides accurate and independent information on more than 24,000 prescription drugs, over-the-counter medicines and natural products. This material is provided for educational purposes only and is not intended for medical advice, diagnosis or treatment. Data sources include Micromedex (updated 7 Apr 2025), Cerner Multum™ (updated 13 Apr 2025), ASHP (updated 10 Apr 2025) and others.



Ad Choices
ADVERTISEMENT

Copyright © 2000-2025 Drugs.com. All rights reserved.

