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2. Prempro

# Prempro

**Generic name:** [conjugated estrogens and medroxyprogesterone](#) [ KON-joo-GAY-ted-ES-troe-jenz-and-me-DOX-ee-proe-JES-ter-one ]

**Brand names:** [Premphase](#), Prempro

**Drug class:** [Sex hormone combinations](#)

Medically reviewed by [Philip Thornton, DipPharm](#). Last updated on Feb 19, 2025.

[Uses](#)   [Warnings](#)   [Before taking](#)   [Dosage](#)   [Side effects](#)   [Interactions](#)

## What is Prempro?

Prempro contains a combination of [conjugated estrogens](#) and [medroxyprogesterone](#). Estrogen is a female sex hormone produced by the ovaries. Estrogen is necessary for many processes in the body. Conjugated estrogens are a mixture of estrogen [hormones](#).

Medroxyprogesterone is a form of progesterone, a female hormone important for regulating ovulation and menstruation.

Prempro is used to treat [menopause](#) symptoms such as hot flashes and vaginal changes, and to prevent [osteoporosis](#) (bone loss) in menopausal women.

Prempro should not be used to prevent heart disease or dementia, because this medication may actually increase your risk of developing these conditions.

## Warnings

**You should not use Prempro if you have:** undiagnosed vaginal bleeding, [liver disease](#), a [bleeding disorder](#), if you will be having major [surgery](#), or if you have ever had a [heart attack](#), a stroke, a blood clot, or [cancer](#) of the breast, uterus/cervix, or vagina.

**Do not use Prempro if you are pregnant.**

Prempro may increase your risk of developing a condition that may lead to [uterine cancer](#). **Report any unusual vaginal bleeding right away.**

**Using Prempro can increase your risk of blood clots, stroke, or heart attack, or cancer of the breast, uterus, or ovaries.** Estrogen should not be used to prevent heart disease, stroke, or [dementia](#).

## Before taking this medicine

You should not use Prempro if you have:

- unusual vaginal bleeding that has not been checked by a doctor;
- liver disease;
- a history of heart attack, stroke, or blood clot;
- an increased risk of having blood clots due to a heart problem or a hereditary blood disorder; or
- a history of hormone-related cancer, or cancer of the breast, uterus/cervix, or vagina.

**Do not use Prempro if you are pregnant.** Tell your doctor right away if you become pregnant during treatment.

Using this medicine can increase your risk of blood clots, stroke, or heart attack. You are even more at risk if you have [high blood pressure](#), diabetes, [high cholesterol](#), if you are [overweight](#), or if you smoke.

Prempro should not be used to prevent heart disease, stroke, or dementia, because this medicine may actually increase your risk of developing these conditions.

To make sure Prempro is safe for you, tell your doctor if you have ever had:

- a [hysterectomy](#);
- heart disease;
- liver problems, or [jaundice](#) caused by pregnancy or taking hormones;
- kidney disease;
- [gallbladder disease](#);
- [asthma](#);
- [epilepsy](#) or other seizure disorder;
- migraines;
- [lupus](#);
- [endometriosis](#) or uterine fibroid tumors;
- [hereditary angioedema](#);
- porphyria (a genetic enzyme disorder that causes symptoms affecting the skin or nervous system);
- a thyroid disorder; or
- high levels of calcium in your blood.

Using Prempro may increase your risk of cancer of the breast, uterus, or ovaries. Talk with your doctor about this risk.

Estrogen lowers the hormone needed to produce breast milk and can slow breast milk production. Tell your doctor if you are breast-feeding.

 [Prempro pregnancy and breastfeeding warnings](#) (more detail)

## How should I take Prempro?

Take Prempro exactly as prescribed by your doctor. Follow all directions on your prescription label. Do not take this medicine in larger amounts or for longer than recommended.

Take the medicine at the same time each day.

Prempro may increase your risk of developing a condition that may lead to uterine cancer. Your doctor may prescribe a progestin to take while you are using this medicine, to help lower this risk. **Report any unusual vaginal bleeding right away.**

Read all patient information, medication guides, and instruction sheets provided to you. Ask your doctor or pharmacist if you have any questions.

Your doctor should check your progress on a regular basis to determine whether you should continue this treatment. Self-examine your breasts for lumps on a monthly basis, and have regular mammograms.

If you need major surgery or will be on long-term bed rest, you may need to stop using this medicine for a short time. Any doctor or surgeon who treats you should know that you are using Prempro.

Store at room temperature away from moisture, heat, and light.

 [Detailed Prempro dosage information](#)

## What happens if I miss a dose?

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. Do not take extra Prempro to make up the missed dose.

## What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

## What to avoid

**Avoid smoking. It can greatly increase your risk of blood clots, stroke, or heart attack while using this medicine.**

[Grapefruit](#) and [grapefruit juice](#) may interact with conjugated estrogens and medroxyprogesterone and lead to unwanted side effects. Discuss the use of grapefruit products with your doctor.

## Prempro side effects

Get emergency medical help if you have **signs of an allergic reaction to Prempro**: [hives](#); difficult breathing; swelling of your face, lips, tongue, or throat.

Call your doctor at once if you have:

- **heart attack symptoms** - chest [pain](#) or pressure, pain spreading to your jaw or shoulder, [nausea](#), sweating;
- **signs of a stroke** - sudden numbness or weakness (especially on one side of the body), sudden severe [headache](#), slurred speech, problems with vision or balance;
- **signs of a blood clot** - sudden vision loss, stabbing chest pain, feeling short of breath, coughing up blood, pain or warmth in one or both legs;
- swelling or tenderness in your stomach;

- jaundice (yellowing of the skin or eyes);
- memory problems, confusion, unusual behavior;
- unusual vaginal bleeding, pelvic pain;
- a lump in your breast; or
- **high levels of calcium in your blood** - nausea, [vomiting](#), [constipation](#), increased thirst or urination, muscle weakness, bone pain, lack of energy.

Common Prempro side effects may include:

- nausea, gas, stomach pain;
- headache, [back pain](#);
- [depression](#), weakness;
- breast pain;
- itching, thinning scalp hair; or
- vaginal itching or discharge, changes in your menstrual periods, [breakthrough bleeding](#).

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Prempro side effects](#) (more detail)

## Related/similar drugs

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## What other drugs will affect Prempro?

Sometimes it is not safe to use certain medications at the same time. Some drugs can affect your blood levels of other drugs you take, which may increase side effects or make the medications less effective.

Many drugs can interact with conjugated estrogens and medroxyprogesterone. This includes prescription and over-the-counter medicines, vitamins, and [herbal products](#). Not all possible interactions are listed in this medication guide. Tell your doctor about all your current medicines and any medicine you start or stop using.

 [Prempro drug interactions](#) (more detail)

## Does Prempro interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Prempro

+

Enter a drug name

Add

## References

1. [Prempro Product Label](#)

## More about Prempro (conjugated estrogens / medroxyprogesterone)

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## Patient resources

### Other brands

[Premphase](#)

## Professional resources

- [Premphase Prempro prescribing information](#)

## Related treatment guides

- [Postmenopausal Symptoms](#)
- [Osteoporosis](#)
- [Atrophic Vaginitis](#)
- [Oophorectomy](#)
- [Primary Ovarian Failure](#)
- [Atrophic Urethritis](#)

## Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use Prempro only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

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DRUG STATUS

<b>Availability</b>		
Rx	Prescription only	
<b>Pregnancy &amp; Lactation</b>		
	Risk data available	
<b>CSA Schedule*</b>		
N/A	Not a controlled drug	▼
<b>Approval History</b>		
	Drug history at FDA	▼

User Reviews & Ratings

6.9 / 10

[66 Reviews](#)

Images

[Prempro 0.625 mg / 2.5 mg \(PREMPRO\)](#)



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