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2. Flurazepam

Flurazepam

Generic name: flurazepam [*flure-AZ-e-pam*]**Brand name:** [Dalmane](#)**Dosage form:** oral capsule (15 mg; 30 mg)**Drug class:** [Benzodiazepines](#)[Medically reviewed](#) by Drugs.com on Aug 9, 2023. Written by [Cerner Multum](#).[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)

What is flurazepam?

Flurazepam is a benzodiazepine (ben-zoe-dye-AZE-eh-peen) that is used to treat [insomnia](#) (trouble falling or staying asleep).

Flurazepam may also be used for purposes not listed in this medication guide.

Flurazepam side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; [nausea](#) and [vomiting](#); difficult breathing; swelling of your face, lips, tongue, or throat.

Flurazepam can slow or stop your breathing, especially if you have recently used an opioid medication or alcohol. A person caring for you should seek emergency medical attention if you have slow breathing with long pauses, blue colored lips, or if you are hard to wake up.

Flurazepam may cause serious side effects. Call your doctor at once if you have:

- confusion, [agitation](#), paranoia, hallucinations;
- thinking problems, unusual thoughts or behavior;
- severe daytime [drowsiness](#); or
- new or worsening [depression](#).

Some people using flurazepam have engaged in activity such as driving, eating, walking, making phone calls, or having sex and later having no memory of the activity. Tell your doctor if this happens to you.

Drowsiness or dizziness may last longer in older adults. Use caution to avoid falling or accidental injury.

Common side effects of flurazepam may include:

- drowsiness, dizziness, feeling light-headed;
- loss of coordination; or
- falling or staggering.

After you stop using flurazepam, get medical help right away if you have symptoms such as: unusual muscle movements, being more active or talkative, sudden and severe changes in mood or behavior, confusion, hallucinations, [seizures](#), suicidal thoughts or actions.

Some withdrawal symptoms may last up to 12 months or longer after stopping flurazepam suddenly. Tell your doctor if you have ongoing [anxiety](#), depression, problems with memory or thinking, trouble sleeping, ringing in your ears, a burning or prickly feeling, or a crawling sensation under your skin.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Flurazepam side effects](#) (more detail)

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Warnings

Flurazepam can slow or stop your breathing, especially if you have recently used an opioid medication or alcohol.

MISUSE OF THIS MEDICINE CAN CAUSE ADDICTION, OVERDOSE, OR DEATH. Keep the medication in a place where others cannot get to it.

Do not stop using flurazepam without asking your doctor. **You may have life-threatening withdrawal symptoms if you stop using the medicine suddenly after long-term use.** Some withdrawal symptoms may last up to 12 months or longer.

Get medical help right away if you stop using flurazepam and have symptoms such as: unusual muscle movements, being more active or talkative, sudden and severe changes in mood or behavior, confusion, hallucinations, seizures, or thoughts about suicide.

Do not use if you are pregnant.

Before taking this medicine

You should not use flurazepam if you are allergic to any benzodiazepine (flurazepam, [alprazolam](#), [diazepam](#), [lorazepam](#), [Valium](#), [Xanax](#), [Versed](#), [Klonopin](#), and others).

Do not use if you are pregnant. If you use flurazepam during pregnancy, your baby could be born with life-threatening withdrawal symptoms, and may need medical treatment for several weeks. Use effective [birth control](#) while using flurazepam. **Stop using flurazepam and tell your doctor if you become pregnant.**

Tell your doctor if you have ever had:

- drug or alcohol addiction;
- depression or mental illness; or
- suicidal thoughts or actions.

Do not breastfeed.

Not approved for use by anyone younger than 18 years old.

How should I take flurazepam?

Follow the directions on your prescription label and read all medication guides or instruction sheets. **Never use flurazepam in larger amounts, or for longer than prescribed.** Tell your doctor if you feel an increased urge to use more of this medicine.

Never share this medicine with another person, especially someone with a history of drug addiction. MISUSE CAN CAUSE ADDICTION, OVERDOSE, OR DEATH. Keep the medicine where others cannot get to it. Selling or giving away this medicine is against the law.

Take this medicine only when you are getting ready for several hours of sleep. You may fall asleep very quickly after taking the medicine.

Call your doctor if your insomnia does not improve after taking flurazepam for 7 to 10 nights, or if you have any mood or behavior changes. Insomnia can be a symptom of depression, mental illness, or certain medical conditions.

Do not stop using flurazepam without asking your doctor. **You may have life-threatening withdrawal symptoms if you stop using the medicine suddenly after long-term use.**

Store at room temperature away from moisture and heat. Keep your medicine in a place where no one can use it improperly.

Your insomnia symptoms may return when you stop using flurazepam after using it over a long period of time.

Flurazepam dosing information

Usual Adult Dose for Insomnia:

15 mg orally once a day at bedtime for women and 15 or 30 mg orally once a day at bedtime for men

Comments:

- The 15 mg dose can be increased to 30 mg if necessary for efficacy.
- The lowest effective dose should be used, since important adverse effects are dose related.
- Dosage should be limited to 15 mg per day in elderly or debilitated patients.

Use: Treatment of insomnia

 [Detailed Flurazepam dosage information](#)

What happens if I miss a dose?

Flurazepam is used when needed. If you are on a dosing schedule, skip any missed dose. **Do not** use two doses at one time.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222. **An overdose of flurazepam can be fatal if you take it with alcohol, opioid medicine, or other drugs that cause drowsiness or slow your breathing.**

Overdose symptoms may include drowsiness, confusion, slurred speech, weak or shallow breathing, or coma.

What should I avoid while taking flurazepam?

Do not drink alcohol. Dangerous side effects or death could occur.

You may still feel sleepy the morning after taking flurazepam. Wait until you are fully awake before you drive, operate machinery, or do anything that requires you to be awake and alert. Your reactions may be impaired.

Daytime drowsiness may last for several days after you stop taking flurazepam. Drowsiness can cause falls, accidents, or severe injuries.

What other drugs will affect flurazepam?

Using flurazepam with other drugs that make you sleepy or slow your breathing can cause dangerous side effects or death. Ask your doctor before using opioid medication, a sleeping pill, a muscle relaxer, or medicine for anxiety or seizures.

Other drugs may affect flurazepam, including prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). Tell your doctor about all other medicines you use.

 [Flurazepam drug interactions](#) (more detail)

Does flurazepam interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

flurazepam

+

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Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

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DRUG STATUS

Availability

Rx Prescription only


Pregnancy & Lactation

 Risk data available

CSA Schedule*

4 Some potential for abuse

Approval History

 Drug history at FDA



User Reviews & Ratings

8.1 / 10

[126 Reviews](#)

Images

[Flurazepam Hydrochloride 15 mg \(West-ward Flurazepam 15\)](#)



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