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Sine-Off Maximum Strength

Generic name: [acetaminophen and pseudoephedrine](#) [a-SEET-a-MIN-oh-fen-and-SOO-doe-ee-FED-rin]

Brand names: [Allerest No Drowsiness](#), [Nexafed Sinus Pressure + Pain](#), [Ornex](#), Alka-Seltzer Cold and Sinus, Bayer Select Decongestant, ...
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Drug class: [Upper respiratory combinations](#)



[Medically reviewed](#) by Drugs.com on Aug 16, 2023. Written by [Cerner Multum](#).

[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)



The Sine-Off Maximum Strength brand name has been **discontinued** in the U.S. If generic versions of this product have been approved by the FDA, there may be [generic equivalents available](#).

What is Sine-Off Maximum Strength?

[Acetaminophen](#) is a pain reliever and a fever reducer.

[Pseudoephedrine](#) is a decongestant that shrinks blood vessels in the nasal passages. Dilated blood vessels can cause [nasal congestion](#) (stuffy nose).

Sine-Off Maximum Strength is a combination medicine used to treat headache, fever, body aches, stuffy nose, and sinus congestion caused by allergies, the common cold, or the flu.

Sine-Off Maximum Strength may also be used for purposes not listed in this medication guide.

Sine-Off Maximum Strength side effects

Get emergency medical help if you have any of these **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

In rare cases, acetaminophen may cause a severe skin reaction that can be fatal. This could occur even if you have taken acetaminophen in the past and had no reaction. **Stop taking Sine-Off Maximum Strength and call your doctor right away if you have skin redness or a rash that spreads and causes blistering and peeling.** If you have this type of reaction, you should never again take any medicine that contains acetaminophen.

The medicine may cause serious side effects. Stop using the medicine and call your doctor at once if you have:

- fast, slow, or uneven heart rate;
- confusion, hallucinations;

- tremor, seizure (convulsions);
- little or no urinating;
- nausea, upper stomach pain, itching, loss of appetite, dark urine, clay-colored stools, jaundice (yellowing of the skin or eyes); or
- dangerously [high blood pressure](#) (severe headache, blurred vision, buzzing in your ears, anxiety, confusion, chest pain, [shortness of breath](#), seizure).

Common side effects of Sine-Off Maximum Strength may include:

- dizziness, weakness;
- mild headache;
- mild nausea, diarrhea, [upset stomach](#);
- runny nose;
- feeling nervous, restless, or anxious; or
- sleep problems (insomnia).

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Sine-Off Maximum Strength side effects](#) (more detail)

Related/similar drugs

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Warnings

Ask a doctor before taking medicine that contains acetaminophen if you have ever had liver disease, or if you drink more than 3 alcoholic beverages per day.

You should not use this medicine if you have untreated or uncontrolled diseases such as glaucoma, asthma or COPD, high blood pressure, [heart disease](#), [coronary artery disease](#), or overactive thyroid.

Avoid drinking alcohol. It may increase your risk of liver damage while taking acetaminophen.

Do not use cold medicine if you have taken an MAO inhibitor in the past 14 days. A dangerous [drug interaction](#) could occur. MAO inhibitors include [furazolidone](#), [isocarboxazid](#), linezolid, phenelzine, rasagiline, selegiline, and [tranylcypromine](#).

In rare cases, acetaminophen may cause a severe skin reaction. **Stop taking this medicine and call your doctor right away if you have skin redness or a rash that spreads and causes blistering and peeling.**

Ask a doctor or pharmacist before using any other cold, allergy, pain, or sleep medication. Acetaminophen (sometimes abbreviated as APAP) is contained in many combination medicines. **Taking certain products together can cause you to get too much acetaminophen which can lead to a fatal overdose.** Check the label to see if a medicine contains acetaminophen or APAP.

Before taking this medicine

Ask a doctor before taking medicine that contains acetaminophen if you have ever had liver disease, or if you drink more than 3 alcoholic beverages per day.

You should not use Sine-Off Maximum Strength if you are allergic to acetaminophen (Tylenol) or pseudoephedrine, or if you have untreated or uncontrolled diseases such as glaucoma, asthma or COPD, high blood pressure, heart disease, coronary artery disease, or overactive thyroid.

Do not use cough or cold medicine if you have taken an MAO inhibitor in the past 14 days. A dangerous drug interaction could occur. MAO inhibitors include furazolidone, isocarboxazid, linezolid, phenelzine, rasagiline, selegiline, and tranylcypromine.

Ask a doctor or pharmacist if it is safe for you to take Sine-Off Maximum Strength if you have:

- [liver disease](#), cirrhosis, or a history of alcoholism;
- diabetes;
- epilepsy or other seizure disorder;
- [pheochromocytoma](#) (an adrenal gland tumor); or
- [enlarged prostate](#) or urination problems.

It is not known whether Sine-Off Maximum Strength will harm an unborn baby. **Do not use cough or cold medicine without a doctor's advice if you are pregnant.**

Acetaminophen and pseudoephedrine may pass into breast milk and may harm a nursing baby. [Decongestants](#) may also slow breast milk production. **Do not use cough or cold medicine without a doctor's advice if you are pregnant.**

Always ask a doctor before giving a cough or cold medicine to a child. Death can occur from the misuse of cough

and cold medicines in very young children.

How should I take Sine-Off Maximum Strength?

Use exactly as directed on the label, or as prescribed by your doctor. Do not use for longer than recommended. Cold medicine is usually taken only for a short time until your symptoms clear up.

Do not take more of this medication than is recommended. **An overdose of acetaminophen can damage your liver or cause death.**

The **chewable tablet** must be chewed before you swallow it.

Stop taking the medicine and call your doctor if you still have a fever after 3 days of use, you still have pain after 7 days (or 5 days if treating a child), if your symptoms get worse, or if you have a skin rash, ongoing headache, or any redness or swelling.

If you need surgery or medical tests, tell the surgeon or doctor ahead of time if you have taken this medicine within the past few days.

Store at room temperature away from moisture and heat.

 [Detailed Sine-Off Maximum Strength dosage information](#)

What happens if I miss a dose?

Since Sine-Off Maximum Strength is taken when needed, you may not be on a dosing schedule. If you are taking the medication regularly, take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. **Do not** take extra medicine to make up the missed dose.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222. **An overdose of acetaminophen can be fatal.**

The first signs of an [acetaminophen overdose](#) include loss of appetite, nausea, vomiting, stomach pain, sweating, and confusion or weakness. Later symptoms may include pain in your upper stomach, dark urine, and yellowing of your skin or the whites of your eyes.

What should I avoid while taking Sine-Off Maximum Strength?

This medication may impair your thinking or reactions. Be careful if you drive or do anything that requires you to be alert.

Ask a doctor or pharmacist before using any other cold, allergy, pain, or sleep medication. Acetaminophen (sometimes abbreviated as APAP) is contained in many combination medicines. **Taking certain products together can cause you to get too much acetaminophen which can lead to a fatal overdose.** Check the label to see if a medicine contains acetaminophen or APAP.

Avoid drinking alcohol. It may increase your risk of liver damage while taking acetaminophen.

What other drugs will affect Sine-Off Maximum Strength?

Other drugs may interact with acetaminophen and pseudoephedrine, including prescription and over-the-counter medicines, vitamins, and [herbal products](#). Tell each of your health care providers about all medicines you use now and any medicine you start or stop using.

 [Sine-Off Maximum Strength drug interactions](#) (more detail)

Does Sine-Off Maximum Strength interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Sine-Off Maximum Strength

+

Enter a drug name

Add

More about Sine-Off Maximum Strength (acetaminophen / pseudoephedrine)

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- [Dosage information](#)
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- [Drug class: upper respiratory combinations](#)

Patient resources

Other brands

[Benadryl Allergy Sinus Headache](#), [Allerest No Drowsiness](#), [Dristan Cold Non-Drowsy](#), [Nexafed Sinus Pressure + Pain](#), ...
[+3 more](#)

Related treatment guides

- [Sinus Symptoms](#)

Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal

circumstances.

[Medical Disclaimer](#)

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DRUG STATUS

Availability		
	Discontinued	
Pregnancy & Lactation		
	Risk data available	
CSA Schedule*		
N/A	Not a controlled drug	▼
WADA Class		
	Anti-Doping Classification	▼

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