



[Home](#)

2. [ClearLax](#)

ClearLax

Generic name: [polyethylene glycol 3350](#) [*pol-ee-ETH-il-een-GLYE-kol*]

Brand names: ClearLax, [GaviLAX](#), [HealthyLax](#), [MiraLax](#), Natura-Lax, ... [show all 9 brands](#)

Drug class: [Laxatives](#)



[Medically reviewed](#) by Drugs.com on Aug 2, 2023. Written by [Cerner Multum](#).

[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#) [FAQ](#)

What is ClearLax?

ClearLax is a laxative solution that increases the amount of water in the intestinal tract to stimulate bowel movements.

ClearLax is used as a laxative to treat occasional [constipation](#) or irregular bowel movements.

ClearLax may also be used for purposes not listed in this medication guide.

ClearLax side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

Stop taking ClearLax and call your doctor at once if you have:

- severe or bloody [diarrhea](#);
- rectal bleeding;
- blood in your stools; or
- severe and worsening stomach pain.

Common side effects of ClearLax may include:

- bloating, gas, [upset stomach](#);
- dizziness; or
- increased [sweating](#).

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.



[ClearLax side effects](#) (more detail)

Related/similar drugs

MiraLAX

MiraLAX (polyethylene glycol) is used as a laxative to treat occasional constipation or irregular ...

Reviews & ratings

7.2 / 10

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Bentyl

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Reviews & ratings

5.3 / 10

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Reviews & ratings

6.1 / 10

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Warnings

You should not use this medicine if you have a [bowel obstruction](#) or intestinal blockage. If you have any of these conditions, you could have dangerous or life-threatening side effects from ClearLax.

Do not use ClearLax more than once per day. Call your doctor if you are still constipated or irregular after using this medication for 7 days in a row.

Before taking this medicine

You should not use ClearLax if you are allergic to polyethylene glycol, or if you have a bowel obstruction or intestinal blockage. If you have any of these conditions, you could have dangerous or life-threatening side effects from ClearLax.

People with [eating disorders](#) (such as [anorexia](#) or [bulimia](#)) should not use this medication without the advice of a doctor.

To make sure this medicine is safe for you, tell your doctor if you have:

- [nausea](#), [vomiting](#), or severe stomach pain;
- [ulcerative colitis](#);
- [irritable bowel syndrome](#);
- kidney disease; or
- if you have had a sudden change in bowel habits that has lasted 2 weeks or longer.

FDA [pregnancy category](#) C. It is not known whether ClearLax will harm an unborn baby. Tell your doctor if you are pregnant or plan to become pregnant while using this medication.

It is not known whether [polyethylene glycol 3350](#) passes into breast milk or if it could harm a nursing baby. Tell your doctor if you are breast-feeding a baby.

How should I take ClearLax?

Follow all directions on your prescription label. Do not use this medicine in larger or smaller amounts or for longer than recommended.

To use the powder form of this medicine, measure your dose with the medicine cap on the bottle. This cap should contain dose marks on the inside of it. Pour the powder into 4 to 8 ounces of a cold or hot beverage such as water, juice, soda, coffee, or tea. Stir this mixture and drink it right away. Do not save for later use.

ClearLax should produce a bowel movement within 1 to 3 days of using the medication. This medicine normally causes loose or even [watery stools](#).

Do not use ClearLax more than once per day. Call your doctor if you are still constipated or irregular after using this medication for 7 days in a row.

Store at room temperature away from moisture and heat.

 [Detailed ClearLax dosage information](#)

What happens if I miss a dose?

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose.

Do not take extra medicine to make up the missed dose.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

What should I avoid while taking ClearLax?

Follow your doctor's instructions about any restrictions on food, beverages, or activity.

What other drugs will affect ClearLax?

Other drugs may interact with polyethylene glycol 3350, including prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). Tell each of your health care providers about all medicines you use now and any medicine you start or stop using.

 [ClearLax drug interactions](#) (more detail)

Does ClearLax interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

ClearLax

+

Enter a drug name

Add

Popular FAQ

When is the best time to take MiraLAX?



Which drugs cause opioid-induced constipation?



More about ClearLax (polyethylene glycol 3350)

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- [Dosage information](#)
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- [Drug class: laxatives](#)
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Patient resources

Other brands

[MiraLAX](#), [GlycoLax](#), [GaviLAX](#), [PEG3350](#), ... +2 more

Professional resources

- [ClearLax prescribing information](#)
- [Good Neighbor ClearLax \(FDA\)](#)

Other brands

[MiraLAX](#), [GaviLAX](#), [Purelax](#)

Other formulations

- [SunMark ClearLax](#)

Related treatment guides

- [Constipation](#)
- [Irritable Bowel Syndrome with Constipation](#)
- [Bowel Preparation](#)
- [Constipation, Acute](#)
- [Irritable Bowel Syndrome](#)

Further information


Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.


Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

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DRUG STATUS

Availability
 Rx and/or OTC

Pregnancy & Lactation
 Risk data available

CSA Schedule*
N/A Not a controlled drug



User Reviews & Ratings

8.5 / 10

[16 Reviews](#)

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