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CoQ10 Side Effects

Generic name: *ubiquinone*

Note: This document provides detailed information about **CoQ10** Side Effects associated with *ubiquinone*. Some dosage forms listed on this page may not apply specifically to the brand name **CoQ10**.

Applies to ubiquinone: **oral capsule, oral liquid, oral tablet, oral tablet chewable, oral tablet disintegrating.**



Important warnings This medicine can cause some serious health issues



Follow all directions on the product label and package.

Tell each of your healthcare providers about all your medical conditions, allergies, and all medicines you use.

Get emergency medical help if you have signs of an allergic reaction: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

Although not all side effects are known, ubiquinone (the active ingredient contained in CoQ10) is thought to be likely safe for most adults when used as directed.

Stop using ubiquinone and call your healthcare provider at once if you have:

- very low blood pressure--dizziness, severe weakness, feeling like you might pass out.

Common side effects may include:

- upset stomach, nausea, heartburn, vomiting, loss of appetite;
- diarrhea;
- skin rash; or
- low blood pressure.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects.

More about CoQ10 (ubiquinone)

- [Check interactions](#)
- [Compare alternatives](#)
- [Reviews \(36\)](#)

- [Dosage information](#)
- [Drug class: nutraceutical products](#)

Patient resources

- [Co Q-10 coenzyme Q-10 drug information](#)
- [Co-Q10 coenzyme Q-10](#)

Other brands

[Coenzyme Q10](#), [Q-Sorb Co Q-10](#), [elppa CoQ10](#), [LiQsorb](#), [QuinZyme](#)

Related treatment guides

- [Dietary Supplementation](#)

Further information

CoQ10 side effects can vary depending on the individual. Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

Note: Medication side effects may be underreported. If you are experiencing side effects that are not listed, submit a report to the FDA by following [this guide](#).

[Medical Disclaimer](#)

DRUG STATUS

Availability	
<div><div>Rx</div><div>OTC</div></div>	Rx and/or OTC
CSA Schedule*	
N/A	Not a controlled drug



User Reviews & Ratings

5.7 / 10

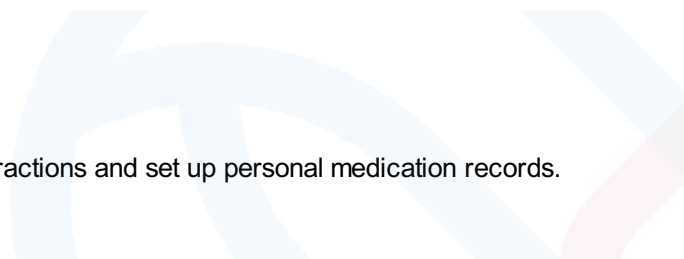
[36 Reviews](#)

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