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2. Ciclesonide

Ciclesonide nasal

Generic name: ciclesonide nasal [*sik-le-SON-ide*]**Brand names:** [Omnaris](#), [Zetonna](#)**Dosage forms:** nasal aerosol (37 mcg/inh), nasal spray (50 mcg/inh)**Drug class:** [Nasal steroids](#)[Medically reviewed](#) by Drugs.com on Mar 12, 2025. Written by [Cerner Multum](#).[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)

What is ciclesonide?

[Ciclesonide](#) (for the nose) is a steroid medicine used for the treatment of allergies.

Zetonna is used to treat nasal symptoms (congestion, sneezing, runny nose) caused by **seasonal allergies** and nasal symptoms caused by **year-round allergies** in adults and children who are at least 12 years old.

Omnaris is used to treat **seasonal allergies** in adults and children at least 6 years old and nasal symptoms caused by **year-round allergies** in adults and children who are at least 12 years old.

Ciclesonide may also be used for purposes not listed in this medication guide.

Ciclesonide nasal side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

You may get infections more easily, even serious or fatal infections. Call your doctor right away if you have signs of [infection](#) such as:

- fever, chills, [sore throat](#);
- mouth sores, red or swollen gums;
- pale skin, easy bruising, unusual bleeding; or
- chest discomfort, [wheezing](#), dry cough or hack, rapid [weight loss](#).

Side effects may occur if nasal steroid medicine is absorbed into your bloodstream. Tell your doctor if you have:

- swelling, weight gain (especially in your face or your upper back and torso);
- thinning skin, stretch marks, acne, increased facial hair;

- irregular menstrual periods, changes in sexual function; or
- memory problems, feeling irritable.

Ciclesonide nasal may cause serious side effects. Call your doctor at once if you have:

- runny or bloody nose, crusting inside the nose, whistling sound when you breathe, nasal ulcers;
- blurred vision, eye pain or redness, seeing halos around lights;
- **signs of thrush (a fungal infection)**--sores or white patches in your mouth or throat, trouble swallowing; or
- **decreased adrenal gland hormones**--nausea, [vomiting](#), stomach pain, loss of appetite, feeling tired or light-headed, muscle or [joint pain](#), skin discoloration, craving salty foods.

Common side effects of ciclesonide nasal may include:

- [headache](#), dizziness;
- nosebleed, nasal irritation;
- stuffy nose, sore throat; or
- ear pain.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Ciclesonide nasal side effects](#) (more detail)

Related/similar drugs

Zyrtec

Zyrtec (cetirizine) is used to treat allergy symptoms such as sneezing, itching, watery eyes, or ...

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Cetirizine

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Warnings

Use only as directed. Tell your doctor if you use other medicines or have other medical conditions or allergies.

Before taking this medicine

You should not use ciclesonide if you are allergic to it.

Tell your doctor if you have:

- [asthma](#), [tuberculosis](#), or other lung problems;
- any type of infection caused by bacteria, virus, fungus, or parasites;
- [glaucoma](#), cataracts, or herpes infection of the eyes;
- a sore inside your nose that has not yet healed;
- a recent nose injury or [surgery](#); or
- not been vaccinated for or not had [chickenpox](#) or [measles](#).

Steroids can weaken your immune system, making it easier for you to get an infection or worsening an infection you already have. **Tell your doctor about any illness or infection you had within the past several weeks.**

It is not known if ciclesonide nasal will harm an unborn baby. Tell your doctor if you are pregnant or plan to become pregnant.

Ask a doctor if it is safe to breastfeed while using ciclesonide nasal.

Steroid medicine can affect growth in children. Tell your doctor if your child is not growing at a normal rate while using this medicine.

How should I use ciclesonide nasal?

Follow all directions on your prescription label and read all medication guides or instruction sheets. **Never use ciclesonide in larger amounts, or for longer than prescribed.** Use the medicine exactly as directed.

If you take another steroid medicine, do not stop it suddenly. Ask your doctor about tapering your dose.

The usual dose of **Omnaris** is 2 sprays in each nostril once daily. The usual dose of **Zetonna** is 1 spray in each nostril once daily. Follow your doctor's dosing instructions very carefully.

Before your first use, gently shake **Omnaris** and prime it with 8 sprays into the air, away from your face. Prime again whenever the nasal spray has not been used in longer than 4 days, or if it has been dropped. You should shake **Omnaris** gently before each use.

Before your first use, gently shake **Zetonna** and prime it with 3 sprays into the air, away from your face. Prime again whenever the nasal spray has not been used in longer than 10 days. If it has been dropped, spray just once into the air before use. You should shake **Zetonna** gently before each use.

To use the **nasal spray**:

- With your head upright insert the tip of bottle into the nostril and press your other nostril closed. Breathe in and spray the medicine into your nose. Use in your other nostril if directed.
- If the spray gets in your eyes or mouth or on your skin, rinse with water.
- Do not blow your nose for a few minutes. Do not use the nasal spray more than 1 time in 24 hours.

Your symptoms may not improve for up to 1 to 5 weeks. Call your doctor if your symptoms do not improve, or if they get worse.

If you use this medicine long-term, you may need frequent eye exams.

Store this medicine in an upright position at room temperature, away from moisture and heat. Do not freeze. Keep the spray bottle clean and dry.

Keep the **Zetonna** canister away from open flame or high heat. Do not puncture or burn an empty canister.

Throw away the **Omnaris** nasal spray after you have used 120 sprays or 4 months after removing the bottle from the foil pouch, even if there is still medicine left in the bottle.

Throw away the **Zetonna** actuator and canister after you have used 60 actuations, even if there is still medicine left in the canister.

Ciclesonide nasal dosing information

Usual Adult Dose for Allergic Rhinitis:

Nasal spray (50 mcg/spray): 2 sprays in each nostril once a day (200 mcg)

Maximum dose: 200 mcg (2 sprays in each nostril once a day)

Nasal metered aerosol (37 mcg/actuation): 1 actuation in each nostril once a day (74 mcg)

Maximum dose: 74 mcg per day (1 actuation in each nostril once a day)

Use: Treatment of nasal symptoms associated with seasonal and perennial [allergic rhinitis](#)

Usual Pediatric Dose for Allergic Rhinitis:

Seasonal allergic [rhinitis](#):

6 years and older:

-Nasal spray (50 mcg/spray): 2 sprays in each nostril once a day (200 mcg)

Maximum dose: 200 mcg (2 sprays in each nostril once a day)

Seasonal and perennial allergic rhinitis:

12 years and older:

-Nasal spray (50 mcg/spray): 2 sprays in each nostril once a day (200 mcg)

Maximum dose: 200 mcg (2 sprays in each nostril once a day)

-Nasal metered aerosol (37 mcg/actuation): 1 actuation in each nostril once a day (74 mcg)

Maximum dose: 74 mcg per day (1 actuation in each nostril once a day)

Use: Treatment of nasal symptoms associated with seasonal and perennial allergic rhinitis

 [Detailed Ciclesonide nasal dosage information](#)

What happens if I miss a dose?

Use the medicine as soon as you can, but skip the missed dose if it is almost time for your next dose. **Do not** use two doses at one time.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

What should I avoid while using ciclesonide nasal?

Avoid getting ciclesonide nasal in your eyes. If this does happen, rinse with water. Also, do not spray this medicine directly on the tissue that separates your nostrils (nasal septum).

Avoid being near people who are sick or have infections. Call your doctor for preventive treatment if you are exposed to chickenpox or measles. These conditions can be serious or even fatal in people who are using ciclesonide nasal.

What other drugs will affect ciclesonide nasal?

Other drugs may affect ciclesonide nasal, including prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). Tell your doctor about all other medicines you use.

 [Ciclesonide nasal drug interactions](#) (more detail)

Does ciclesonide nasal interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

ciclesonide nasal

+

Enter a drug name

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Patient resources

- [Ciclesonide \(Nasal\) advanced reading](#)

Other brands

[Omnaris](#), [Zetonna](#)

Professional resources

- [Ciclesonide \(EENT\) monograph](#)
- [Ciclesonide Nasal Spray \(FDA\)](#)

Other brands

[Omnaris](#), [Zetonna](#)

Related treatment guides

- [Allergic Rhinitis](#)
- [Allergies](#)

Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

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DRUG STATUS

Availability		
Rx	Prescription only	
Pregnancy & Lactation		
	Risk data available	
CSA Schedule*		
N/A	Not a controlled drug	▼
Approval History		
	Drug history at FDA	▼
WADA Class		
	Anti-Doping Classification	▼

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5.9 / 10

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