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2. Guaifenesin/phenylephrine

Guaifenesin and phenylephrine

Generic name: guaifenesin and phenylephrine [*gwye-FEN-e-sin-and-FEN-il-EFF-rin*]

Brand names: [Deconex IR](#), [Despec](#), [ED Bron GP](#), [Gilphex TR](#), Giltuss Sinus and Congestion, ... [show all 120 brands](#)

Dosage forms: oral liquid (100 mg-2.5 mg/5 mL; 100 mg-5 mg/5 mL; 50 mg-2.5 mg/5 mL; 50 mg-2.5 mg/mL), ... [show all 2 dosage forms](#)

Drug class: [Upper respiratory combinations](#)



[Medically reviewed](#) by Drugs.com on Nov 6, 2023. Written by [Cerner Multum](#).

[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)

What is guaifenesin and phenylephrine?

[Guaifenesin](#) and [phenylephrine](#) is a combination medicine used in adults and children to treat allergy symptoms such as runny or stuffy nose, sneezing, watery eyes, itching of nose and throat, cough with mucus, sinus pain, and to reduce chest congestion caused by the [common cold](#), hay fever, or other allergies.

There are many brands and forms of guaifenesin and phenylephrine available and not all brands are listed on this leaflet.

Guaifenesin and phenylephrine may also be used for purposes not listed in this medication guide.

Guaifenesin and phenylephrine side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives, difficult breathing, swelling of your face, lips, tongue, or throat.

Guaifenesin and phenylephrine may cause serious side effects. Stop using guaifenesin and phenylephrine and call your doctor at once if you have:

- nervousness, dizziness, sleep problems ([insomnia](#)).

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.



[Guaifenesin / phenylephrine side effects](#) (more detail)

Related/similar drugs

FEATURED

Omvox

Omvox is used to treat moderate to severe ulcerative colitis or Crohn's disease in adults. This ...

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Nasonex 24HR Allergy

Nasonex 24HR Allergy (mometasone) is used to treat nasal allergies such as congestion, sneezing ...

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Mucinex D

Mucinex D (guaifenesin and pseudoephedrine) is used to treat nasal and sinus congestion, and to ...

Reviews & ratings

6.1 / 10

224 Reviews

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Warnings

Do not use guaifenesin and phenylephrine if you have used an MAO inhibitor in the past 14 days. A dangerous [drug interaction](#) could occur. MAO inhibitors include [isocarboxazid](#), [linezolid](#), [methylene blue](#) injection, [phenelzine](#), and [tranlycypromine](#).

Taking more than your recommended dose will not make guaifenesin and phenylephrine more effective, and may cause serious side effects.

Before taking this medicine

Do not use guaifenesin and phenylephrine if you have used an MAO inhibitor in the past 14 days. A dangerous drug interaction could occur. MAO inhibitors include isocarboxazid, linezolid, methylene blue injection, phenelzine, and tranlycypromine. **Wait at least 14 days after stopping an MAO inhibitor before you take guaifenesin and**

phenylephrine.

Tell your doctor if you have or have ever had:

- [high blood pressure](#);
- [heart disease](#);
- diabetes;
- a thyroid disorder;
- urination problems due to an [enlarged prostate](#); or
- cough with mucus or [chronic cough](#) cause by smoking, asthma, chronic obstructive pulmonary disease (COPD) or other breathing disorder.

Ask your doctor before using this medicine if you are pregnant or breastfeeding.

Do not give this medicine to a child without medical advice.

How should I take guaifenesin and phenylephrine?

Use exactly as directed on the label, or as prescribed by your doctor. Cold or cough medicine is only for short-term use.

Follow all directions when giving guaifenesin and phenylephrine to a child. **Do not use the medicine to make a child sleepy.** Misuse of this medicine may cause death in very young children.

Measure **liquid medicine** with the supplied measuring device (not a kitchen spoon).

Take the **tablet** with a full glass of water.

Your dose needs may change if you switch to a different brand, strength, or form of this medicine. **Avoid medication errors by using exactly as directed on the label, or as prescribed by your doctor.**

Taking more than your recommended dose will not make this medicine more effective, and may cause serious side effects.

Stop using this medicine and call your doctor if your symptoms do not improve or get worse after 7 days, or if you also have a fever, rash, or headaches.

Store at room temperature away from moisture and heat.

Guaifenesin and phenylephrine dosing information

Usual Adult Dose for Cough and Nasal Congestion:

Dose referred to by strength of guaiFENesin/phenylephrine (in mg) per unit of measurement:

Oral liquids:

100/5 per 5 mL: 10 mL every 4 hours, maximum 6 doses per day

Oral tablets:

385/10 per tablet: 1 tablet every 4 hours, maximum 6 doses per day

388/10 per tablet: 1 tablet every 4 hours, maximum 6 doses per day

395/10 per tablet: 1 tablet every 4 hours, maximum 6 doses per day

Usual Pediatric Dose for Cough and Nasal Congestion:

Dose referred to by strength of guaifenesin/phenylephrine (in mg) per unit of measurement:

Oral liquids:

50/2.5 per 1 mL:

2 to under 6 years: 1 mL every 4 hours, maximum 6 doses per day

100/5 per 5 mL:

12 years and older: 10 mL every 4 hours, maximum 6 doses per day

6 to under 12 years: 5 mL every 4 hours, maximum 6 doses per day

Oral tablets:

385/10 per tablet:

12 years and older: 1 tablet every 4 hours, maximum 6 doses per day

6 to under 12 years: 1/2 tablet every 4 hours, maximum 6 doses per day

388/10 per tablet:

12 years and older: 1 tablet every 4 hours, maximum 6 doses per day

6 to under 12 years: 1/2 tablet every 4 hours, maximum 6 doses per day

395/10 per tablet:

12 years and older: 1 tablet every 4 hours, maximum 6 doses per day

6 to under 12 years: 1/2 tablet every 4 hours, maximum 6 doses per day

 [Detailed Guaifenesin / phenylephrine dosage information](#)

What happens if I miss a dose?

Guaifenesin and phenylephrine is used when needed. If you are on a dosing schedule, skip any missed dose. **Do not** use two doses at one time.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

What should I avoid while taking guaifenesin and phenylephrine?

Ask a doctor or pharmacist before taking other cough or cold medicines that may contain similar ingredients.

What other drugs will affect guaifenesin and phenylephrine?

Ask a doctor or pharmacist before using any other medicines that can cause [drowsiness](#) (such as opioid medication, sleep medicine, a muscle relaxer, or medicine for anxiety or [seizures](#)). Tell your doctor about all other medicines you use. This includes prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). **Not all possible interactions are listed here.**

 [Guaifenesin / phenylephrine drug interactions](#) (more detail)

Does guaifenesin/phenylephrine interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

+

Add

More about guaifenesin / phenylephrine

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- [Dosage information](#)
- [During pregnancy](#)
- [Drug class: upper respiratory combinations](#)

Patient resources

Other brands

[Deconex](#), [Deconex IR](#), [Sudafed PE Non-Drying Sinus](#), [Aquatab D](#), ... [+15 more](#)

Related treatment guides

- [Cough and Nasal Congestion](#)
- [Sinus Symptoms](#)

Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal

circumstances.


[Medical Disclaimer](#)


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Benadryl Pediatric Dosage Guide

Use these dosage charts for infants and children under 12 years old:
[Benadryl Dosage Charts \(Infants & Children\)](#)

DRUG STATUS

Availability
 Rx and/or OTC

Pregnancy & Lactation
 Risk data available

CSA Schedule*
N/A Not a controlled drug



User Reviews & Ratings

8.8 / 10

[16 Reviews](#)

Images

[Guaifenesin and Phenylephrine Hydrochloride 200 mg / 5 mg \(44 548\)](#)



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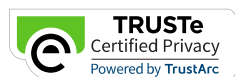
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