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Commit

Generic name: [Nicotine Lozenges](#) [*nik-oh-TEEN*]**Drug class:** [Smoking cessation agents](#)[Medically reviewed](#) by Drugs.com. Last updated on Oct 10, 2023.[Uses](#) [Before taking](#) [Warnings](#) [Dosage](#) [Side effects](#) [Overdose](#) [FAQ](#)

Uses of Commit:

- It is used to treat [nicotine](#) withdrawal.
- It is used to curb the craving to smoke.

What do I need to tell my doctor BEFORE I take Commit?

- If you are allergic to [Commit](#) (nicotine lozenges); any part of Commit (nicotine lozenges); or any other drugs, foods, or substances. Tell your doctor about the [allergy](#) and what signs you had.
- If you have any of these health problems: Chest pain or pressure, a heartbeat that does not feel normal, or a recent [heart attack](#).
- If you still smoke, chew tobacco, or use other products that have nicotine while using Commit (nicotine lozenges).

This is not a list of all drugs or health problems that interact with Commit (nicotine lozenges).

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, [vitamins](#)) and health problems. You must check to make sure that it is safe for you to take Commit (nicotine lozenges) with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take Commit?

- Tell all of your health care providers that you take Commit (nicotine lozenges). This includes your doctors, nurses, pharmacists, and dentists.
- Get counseling to help you quit [smoking](#).
- Do not use more than told. Unsafe side effects may happen.
- Tell your doctor if you are taking another drug to help you stop smoking.
- Avoid driving and doing other tasks or actions that call for you to be alert until you see how Commit (nicotine lozenges) affects you.

- If you have [high blood sugar \(diabetes\)](#), you will need to watch your blood sugar closely.
- When you stop smoking, other drugs may be affected. Talk with your doctor.
- Tell your doctor if you have not been able to quit smoking after using Commit (nicotine lozenges) for as long as it says to use it.
- If you have [phenylketonuria \(PKU\)](#), talk with your doctor. Some products have phenylalanine.
- If you are on a low-sodium or sodium-free diet, talk with your doctor. Some of these products have sodium.
- This medicine may cause harm or be deadly if used or swallowed by children or pets. If a child uses Commit (nicotine lozenges) or if Commit (nicotine lozenges) is swallowed by a child or pet, call a doctor or poison control center right away.
- If you are 65 or older, use Commit (nicotine lozenges) with care. You could have more side effects.
- This medicine may cause harm to the unborn baby if you take it while you are pregnant. If you are pregnant or you get pregnant while taking Commit (nicotine lozenges), call your doctor right away.
- Tell your doctor if you are breast-feeding. You will need to talk about any risks to your baby.

How is this medicine (Commit) best taken?

Use Commit (nicotine lozenges) as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- The lozenge comes in 2 doses. If you smoke your first cigarette of the day within 30 minutes of waking use the 4 mg dose. If you smoke your first cigarette of the day more than 30 minutes after waking use the 2 mg dose.
- Use right after opening.
- Suck oral lozenge. Do not chew, break, or crush it. Do not swallow it whole.
- Move Commit (nicotine lozenges) to the other side of the mouth every so often while it dissolves. This may take about 20 to 30 minutes.
- Try not to swallow very often while you are sucking on Commit (nicotine lozenges).
- Do not eat or drink within 15 minutes before using the lozenge or while you are using it.
- Do not use more than 1 lozenge at a time. Do not use 1 lozenge right after another.

What do I do if I miss a dose?

- Use a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not use 2 doses at the same time or extra doses.

 [Detailed Commit dosage information](#)

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; [itching](#); red, swollen, blistered, or peeling skin with or without fever; [wheezing](#); tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of [high blood pressure](#) like very bad [headache](#) or dizziness, passing out, or change in eyesight.
- Mood changes.
- Feeling confused.
- Chest pain or pressure, a [fast heartbeat](#), or an abnormal heartbeat.
- A burning, numbness, or tingling feeling that is not normal.
- Dizziness.
- [Upset stomach](#) or throwing up.
- [Diarrhea](#).
- [Drooling](#).
- Shakiness.
- [Sore throat](#).
- Jaw pain.
- Feeling tired or weak.
- Cold sweats.
- Blurred eyesight.
- Change in hearing.

 [Commit side effects](#) (more detail)

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What are some other side effects of Commit?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Trouble sleeping.
- Bad dreams.
- Feeling nervous and excitable.
- Headache.
- [Joint pain](#).
- [Back pain](#).
- Irritation where Commit (nicotine lozenges) is used.
- Flu-like signs.
- Gas.
- Mouth tingling.
- Gum changes.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at <https://www.fda.gov/medwatch>.

If OVERDOSE is suspected:

If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

How do I store and/or throw out Commit?

- Store at room temperature.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.
- Wrap any part not used all the way in paper before you throw it away.

Consumer Information Use and Disclaimer

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about Commit (nicotine lozenges), please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Frequently asked questions

- [How long does nicotine withdrawal last?](#)
- [How long does nicotine stay in your system?](#)
- [What are the side effects of vaping?](#)

More about Commit (nicotine)

- [Check interactions](#)
- [Compare alternatives](#)
- [Reviews \(17\)](#)
- [Latest FDA alerts \(1\)](#)
- [Side effects](#)
- [Dosage information](#)
- [During pregnancy](#)
- [Drug class: smoking cessation agents](#)
- [Breastfeeding](#)

Patient resources

- [Commit advanced reading](#)

Other brands

[Nicoderm CQ](#), [Nicorette](#), [Leader Nicotine Polacrilex](#), [Nicotrol Inhaler](#), ... +3 more

Professional resources

- [Nicotine monograph](#)
- [Nicotine Transdermal System Step 3 \(FDA\)](#)

Other brands

[Nicoderm CQ](#), [Nicorette](#), [Nicotrol Inhaler](#), [Nicotrol NS](#)

Related treatment guides


- [Smoking Cessation](#)


Further information

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

DRUG STATUS

Availability
 Rx and/or OTC

Pregnancy & Lactation
 Risk data available

CSA Schedule*
N/A Not a controlled drug



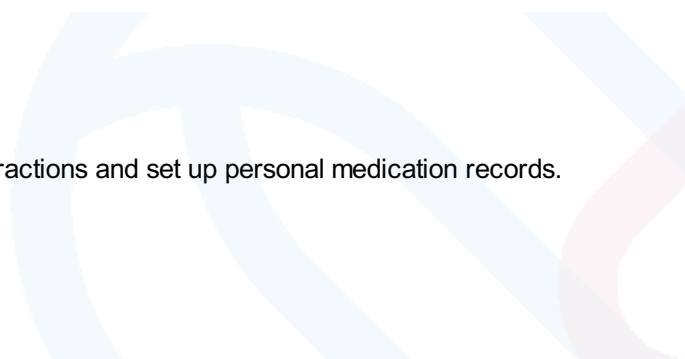
User Reviews & Ratings

8.9 / 10

[17 Reviews](#)

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