



[Home](#)

2. Nicotrol Inhaler

Nicotrol Inhaler (nasal, inhalation)

Generic name: [nicotine](#) (nasal, inhalation) [*NIK-oh-teen*]

Brand names: Nicotrol Inhaler, [Nicotrol NS](#)

Drug class: [Smoking cessation agents](#)



[Medically reviewed](#) by Drugs.com on Sep 2, 2024. Written by [Cerner Multum](#).

[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#) [FAQ](#)

What is nicotine?

Nicotine is the primary ingredient in tobacco products.

Nicotine nasal spray and inhalation are medical products used to help you stop smoking and help reduce nicotine withdrawal symptoms as you quit smoking.

Nicotine nasal or inhalation may also be used for purposes not listed in this medication guide.

Nicotine nasal or inhalation side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

This medicine may cause serious side effects. Stop using this medicine and call your doctor at once if you have:

- bronchospasm (wheezing, tightness in your chest, trouble breathing);
- pounding heartbeats or fluttering in your chest;
- severe stinging, burning, or other irritation in your nose, mouth, or throat; or
- blistering, ulcerations, or bleeding in your nose.

Use nicotine **nasal** regularly during the first week to help you adjust to some of the common side effects, such as irritation in your nose or throat.

Common side effects of Nicotrol Inhaler may include:

- burning or irritation in your nose, mouth, throat, or eyes;
- cough, sore throat, hoarse voice;
- numbness or tingling in your nose, mouth, or head;
- nosebleed;

- runny or stuffy nose, sneezing, watery eyes;
- changes in your sense of taste or smell;
- flushing in your face (sudden warmth, redness, or tingly feeling);
- chest tightness, [shortness of breath](#);
- ear pain, pain in your neck or jaw;
- hiccups, [upset stomach](#), nausea, diarrhea, gas;
- tooth problems; or
- withdrawal symptoms.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Nicotrol Inhaler side effects](#) (more detail)

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Warnings

Follow all directions on your medicine label and package. Tell each of your healthcare providers about all your medical conditions, allergies, and all medicines you use.

Before taking this medicine

You should not use this medicine if you are allergic to nicotine or menthol.

Tell your doctor if you have ever had:

- [heart disease](#), irregular heartbeats;
- [high blood pressure](#);
- chest pain, heart attack or stroke;
- blood circulation problems;
- a blood vessel disorder such as Buerger's disease, Prinzmetal angina, or [Raynaud's syndrome](#);
- insulin-dependent diabetes;
- overactive thyroid;
- asthma or other breathing disorder;
- sinus problems, nasal polyps, allergies that affect your nose;
- liver or kidney disease;
- a [stomach ulcer](#); or
- [pheochromocytoma](#) (tumor of the adrenal gland).

Nicotine can harm an unborn baby. Tell your doctor if you are pregnant or plan to become pregnant.

Smoking cigarettes **during pregnancy** can cause low birth weight, miscarriage, or stillbirth. Using a nicotine replacement product during pregnancy or while breast-feeding may be safer than smoking. However, you should try to stop smoking without using a nicotine replacement product if you are pregnant or breastfeeding. Talk with your doctor about the best way for you to stop smoking.

It may not be safe to breastfeed while using this medicine. Ask your doctor about any risk.

Do not give this medicine to a child or teenager without medical advice.

How should I use nicotine nasal or inhalation?

This medicine is only part of a complete program of treatment that may also include counseling, group support, and behavior changes. Your success will depend on your participation in all aspects of your [smoking cessation](#) program.

Follow all directions on your prescription label and read all medication guides or instruction sheets. Your doctor may occasionally change your dose. Use the medicine exactly as directed. Tell your doctor if you feel an increased urge to use more of this medicine.

Start using nicotine nasal or inhalation on the same day you stop (quit) smoking or using tobacco products.

Read and carefully follow any Instructions for Use provided with your medicine. Ask your doctor or pharmacist if you do not understand these instructions.

Nicotine nasal is generally used for up to 8 weeks, and then gradually reduced over the following 4 to 6 weeks. Nicotine inhalation is generally used for up to 12 weeks, and then gradually reduced over the following 12 weeks. **Follow your doctor's instructions for tapering your dose.**

Call your doctor if you are unable to stop smoking after using nicotine nasal for 4 weeks, or after using nicotine inhalation for 6 weeks. This medicine may be habit-forming if you use it for too long. **Do not use this medicine for longer than 6 months without the advice of your doctor.**

Nicotine **nasal spray** may not work as well if you have a cold or allergy symptoms and a runny nose.

Store at room temperature away from moisture, heat, and light. Protect nicotine **inhalation** from cold temperatures. Keep the **nasal** spray bottle tightly closed when not in use. Store **inhaler** cartridges away from open flame or high heat, such as in a car on a hot day.

Keep this medicine out of the reach of children or pets. **Follow all printed instructions about how to safely throw away an empty nasal spray bottle or inhaler cartridge.**

As you quit smoking, you may have nicotine withdrawal symptoms, such as: dizziness, drowsiness, trouble concentrating, mood changes (feeling restless, anxious, or irritable), headache, muscle pain, trouble sleeping, increased appetite, [constipation](#), or weight gain.

 [Detailed Nicotrol Inhaler dosage information](#)

What happens if I miss a dose?

Since this medicine is used when needed, you may not be on a dosing schedule. Skip any missed dose if it's almost time for your next dose. **Do not** use two doses at one time.

Do not use the **nasal spray** more than 5 times per hour or 40 times in 24 hours. Do not use more than 16 nicotine **inhaler** cartridges per day.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222. **An overdose of nicotine can be fatal.**

Overdose symptoms may include headache, dizziness, vomiting, diarrhea, stomach pain, confusion, problems with hearing or vision, weakness, tremors, rapid heartbeats, pale skin, cold sweat, fainting, seizure (convulsions), or slow breathing (breathing may stop).

The amount of nicotine in a used or unused bottle or cartridge can cause serious harm to a child who accidentally sucks or chews on it. Seek emergency medical attention if this happens.

What should I avoid while using nicotine nasal or inhalation?

Avoid getting nicotine **nasal** in your mouth, eyes, ears, or on your skin or lips. If this occurs, rinse with water.

Ask a doctor before using any other nasal sprays, especially a decongestant spray that contains [xylometazoline](#) (such as Triaminic Decongestant).

What other drugs will affect nicotine?

When you start or stop using nicotine, your doctor may need to adjust the doses of any other medicines you take on a regular basis.

Tell your doctor about all your other medicines, especially:

- [acetaminophen](#);
- insulin;
- oxazepam;
- pentazocine;
- [theophylline](#);
- an antidepressant such as [amitriptyline](#), imipramine, or [nortriptyline](#);
- cold or cough medicine that contains [phenylephrine](#) (a decongestant);
- heart or blood pressure medication;
- **ergot medicine**--[dihydroergotamine](#), ergotamine, ergonovine, [methylergonovine](#); or
- **other smoking cessation medicine**--bupropion, varenicline, Chantix, Zyban, Wellbutrin.

This list is not complete. Other drugs may affect nicotine, including prescription and over-the-counter medicines, vitamins, and [herbal products](#). Not all possible [drug interactions](#) are listed here.

 [Nicotrol Inhaler drug interactions](#) (more detail)

Does Nicotrol Inhaler interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Nicotrol Inhaler

+

Enter a drug name

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Patient resources

- [Nicotrol \(Nicotine Inhalation\) advanced reading](#)
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- [Nicotrol Inhalant prescribing information](#)
- [Nicotrol Inhaler \(FDA\)](#)
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Other brands

[Nicoderm CQ](#), [Nicorette](#), [Nicotrol NS](#)

Related treatment guides

- [Smoking Cessation](#)

Further information


Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.


Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)


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DRUG STATUS

Availability
 Rx and/or OTC

Pregnancy & Lactation
 Risk data available

CSA Schedule*
N/A Not a controlled drug

Approval History
 Drug history at FDA



User Reviews & Ratings

8.0 / 10

[40 Reviews](#)

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