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Xylocaine Jelly

Generic name: [Lidocaine Gel](#) [*LYE-doe-kane*]

Brand names: Solarcaine Aloe Extra, Xylocaine Jelly

Drug class: [Topical anesthetics](#)

[Medically reviewed](#) by Drugs.com. Last updated on Jan 3, 2024.

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Uses of Xylocaine Jelly:

- It is used to stop pain.
- It is used to ease pain from skin irritations.
- It may be given to you for other reasons. Talk with the doctor.

What do I need to tell my doctor BEFORE I take Xylocaine Jelly?

- If you have an [allergy](#) to [lidocaine](#) or any other part of Xylocaine Jelly (lidocaine gel).
- If you are allergic to Xylocaine Jelly (lidocaine gel); any part of Xylocaine Jelly (lidocaine gel); or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If there is an [infection](#) where Xylocaine Jelly (lidocaine gel) will be used.
- If you have broken skin or open wounds where the drug will be used.
- If you have swollen skin, numbness, or are not able to feel pain where the drug will be used.
- If a large area needs to be treated.

This is not a list of all drugs or health problems that interact with Xylocaine Jelly (lidocaine gel).

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, [vitamins](#)) and health problems. You must check to make sure that it is safe for you to take Xylocaine Jelly (lidocaine gel) with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take Xylocaine Jelly?

- Tell all of your health care providers that you take Xylocaine Jelly (lidocaine gel). This includes your doctors, nurses, pharmacists, and dentists.
- A severe blood problem called [methemoglobinemia](#) has happened with drugs like this one. The risk may be raised in people who have [glucose-6-phosphate dehydrogenase \(G6PD\) deficiency](#), heart problems, or lung problems. The

risk may also be raised while taking certain other drugs and in infants younger than 6 months of age. Tell your doctor if you have ever had methemoglobinemia.

- Talk with your doctor before you use other drugs or products on your skin.
- Do not use Xylocaine Jelly (lidocaine gel) for longer than you were told by your doctor.
- Do not scratch or rub the skin while it is numb. Do not let it get very hot or very cold.
- Do not put on cuts, [scrapes](#), or damaged skin unless the doctor tells you to.
- Avoid use of heat sources (such as sunlamps, tanning beds, heating pads, electric blankets, heat lamps, saunas, hot tubs, heated waterbeds). Avoid long, hot baths or sunbathing. Your temperature may rise and cause too much drug to pass into your body.
- This medicine may cause harm if swallowed. If Xylocaine Jelly (lidocaine gel) is swallowed, call a doctor or poison control center right away.
- Different brands of Xylocaine Jelly (lidocaine gel) may be for use in different ages of children. Talk with the doctor before giving Xylocaine Jelly (lidocaine gel) to a child.
- Use with care in children. Talk with the doctor.
- If you are 65 or older, use Xylocaine Jelly (lidocaine gel) with care. You could have more side effects.
- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

How is this medicine (Xylocaine Jelly) best taken?

Use Xylocaine Jelly (lidocaine gel) as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- Do not take Xylocaine Jelly (lidocaine gel) by mouth. Use on your skin only. Keep out of your mouth, nose, and eyes (may burn).
- If you get Xylocaine Jelly (lidocaine gel) in any of these areas, rinse well with water.
- Wash your hands before and after use. Do not wash your hands after use if putting this on your hand.
- Clean affected part before use. Make sure to dry well.
- Put on clean, dry, healthy skin.
- Do not use coverings (bandages, dressings, make-up) unless told to do so by the doctor.

What do I do if I miss a dose?

- If you use Xylocaine Jelly (lidocaine gel) on a regular basis, use a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not put on 2 doses at the same time or extra doses.
- Many times Xylocaine Jelly (lidocaine gel) is used on an as needed basis. Do not use more often than told by the doctor.

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like [rash](#); hives; [itching](#); red, swollen, blistered, or peeling skin with or without [fever](#); [wheezing](#); tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of infection like fever, chills, very bad [sore throat](#), ear or sinus pain, [cough](#), more sputum or change in color of sputum, pain with passing urine, mouth sores, or wound that will not heal.
- Signs of too much acid in the blood ([acidosis](#)) like confusion; fast breathing; [fast heartbeat](#); a heartbeat that does not feel normal; very bad stomach pain, [upset stomach](#), or throwing up; feeling very sleepy; [shortness of breath](#); or feeling very tired or weak.
- Signs of methemoglobinemia like a blue or gray color of the lips, nails, or skin; a heartbeat that does not feel normal; [seizures](#); very bad dizziness or passing out; very bad [headache](#); feeling very sleepy; feeling tired or weak; or shortness of breath. This effect is rare but may be deadly if it happens.
- Trouble breathing, slow breathing, or shallow breathing.
- Very bad numbness and tingling.
- Feeling lightheaded, sleepy, confused, or having blurred eyesight.
- Seizures.
- Change in eyesight.
- Feeling nervous and excitable.
- Dizziness or passing out.
- Ringing in ears.
- Upset stomach or throwing up.
- Feeling hot or cold.
- Shakiness.
- Twitching.
- [Slow heartbeat](#).
- Chest pain.

 [Xylocaine Jelly side effects](#) (more detail)

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What are some other side effects of Xylocaine Jelly?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Irritation where Xylocaine Jelly (lidocaine gel) is used.
- Swelling.
- Redness.
- Change in color of skin.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at <https://www.fda.gov/medwatch>.

If OVERDOSE is suspected:

If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

How do I store and/or throw out Xylocaine Jelly?

- Store at room temperature.
- Do not freeze.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Consumer Information Use and Disclaimer

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about Xylocaine Jelly (lidocaine gel), please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

More about Xylocaine Jelly (lidocaine topical)

- [Check interactions](#)
- [Compare alternatives](#)
- [Reviews \(2\)](#)
- [Latest FDA alerts \(8\)](#)
- [Side effects](#)
- [Dosage information](#)
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Patient resources

Other brands

[Lidoderm](#), [Lidocaine Viscous](#), [Glydo](#), [RectiCare](#), ... +16 more

Professional resources

- [Xylocaine Jelly prescribing information](#)
- [Lidocaine \(Topical\) \(AHFS Monograph\)](#)

Other brands

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Further information

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

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DRUG STATUS

Availability
 Rx and/or OTC

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 Risk data available

CSA Schedule*
N/A Not a controlled drug



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