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2. Breo Ellipta

Breo Ellipta

Generic name: [fluticasone and vilanterol](#) [*floo-TIK-a-sone-and-vye-LAN-ter-ol*]

Drug class: [Bronchodilator combinations](#)

Medically reviewed by [Sanjai Sinha, MD](#). Last updated on Aug 26, 2024.

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What is Breo Ellipta?

Breo Ellipta inhalation powder contains a combination of [fluticasone](#) and [vilanterol](#). Fluticasone is a steroid that prevents the release of substances in the body that cause inflammation. Vilanterol is a [bronchodilator](#) that works by relaxing muscles in the airways to improve breathing.

Breo Ellipta is a once-daily combination medicine used to treat [asthma](#) or [COPD \(chronic obstructive pulmonary disease\)](#), it helps improve breathing, reduce COPD flare-ups, and help prevent and control asthma symptoms. For asthma, it can be used by patients 5 years and older.

Breo Ellipta is not used to treat sudden, severe symptoms of COPD or asthma and does not replace a rescue inhaler

Vilanterol, when used alone, may increase the risk of death in people with asthma. However, this risk is not increased when fluticasone and vilanterol are used together as a combination product.

Warnings

Breo Ellipta is not a rescue medicine. It will not work fast enough to treat an asthma or bronchospasm attack.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Breo Ellipta may interact with other medicines and this may cause serious side effects. Tell your healthcare provider if you take antifungal or anti-HIV medicines.

Before taking this medicine

You should not use Breo Ellipta if you are allergic to fluticasone, vilanterol, or milk proteins.

Fluticasone can weaken your immune system, making it easier for you to get an infection or worsening an infection you already have or have recently had. Tell your doctor about any illness or infection you have had within the past several weeks.

To make sure Breo Ellipta is safe for you, tell your doctor if you have:

- [glaucoma](#) or cataracts;
- a weak immune system;
- heart disease, [high blood pressure](#);
- liver disease;
- a thyroid disorder;
- a seizure;
- diabetes;
- any type of infection (bacterial, fungal, viral, or parasitic); or
- [osteoporosis](#).

Long-term use of steroids may lead to bone loss (osteoporosis), especially if you smoke, if you do not exercise, if you do not get enough vitamin D or calcium in your diet, or if you have a family history of osteoporosis. Talk with your doctor about your risk.

Tell your doctor if you are pregnant. It is not known whether Breo Ellipta will harm an unborn baby. However, having untreated or uncontrolled asthma during pregnancy may cause complications such as low birth weight, premature birth, or eclampsia (dangerously high blood pressure that can lead to medical problems in both mother and baby). The benefit of treating asthma may outweigh any risks to the baby.

It may not be safe to breast-feed while using this medicine. Ask your doctor about any risk.

Breo Ellipta is not approved for use by anyone younger than 4 years old.

 [Breo Ellipta pregnancy and breastfeeding warnings](#) (more detail)

How should I use Breo Ellipta?

Use Breo Ellipta inhalation powder exactly as prescribed by your doctor. Follow all directions on your prescription label and read all medication guides or instruction sheets. Your doctor may occasionally change your dose.

Breo Ellipta is not a rescue medicine for asthma or bronchospasm attacks. Use only fast-acting inhalation medicine for an attack. Seek medical attention if your breathing problems get worse quickly, or if you think your asthma medications are not working as well.

Breo Ellipta is a powder that comes with a special inhaler device preloaded with blister packs containing measured doses of the medicine. The device opens and loads a blister of Breo Ellipta each time you use the inhaler. Follow the patient instructions provided with the inhaler device.

Use the medicine at the same time each day, and not more than once in a 24-hour period.

Your dose needs may change due to surgery, illness, [stress](#), or a recent asthma attack. Do not change your Breo Ellipta dose or dosage schedule without your doctor's advice.

Always rinse out your mouth with water after using the inhaler device, to help prevent thrush (a fungal infection in the mouth or throat).

While using Breo Ellipta, your doctor will need to check your lung function on a regular basis. Your vision and your bone

mineral density may also need to be checked.

Once your asthma is under control, your doctor may want you to stop using Breo Ellipta. Keep all follow-up appointments and do not stop using the medicine unless your doctor tells you to.

Store Breo Ellipta at room temperature away from moisture, heat, and light. Keep the inhaler device in the sealed foil tray until ready to start using it.

Throw the inhaler device away 6 weeks after you have taken it out of the foil pouch, or if the dose indicator shows a zero, whichever comes first.

Breo Ellipta Dosage Information

Maintenance treatment of COPD: 1 actuation of 100/25 mcg once daily administered by oral inhalation.

Maintenance treatment of asthma in adult patients aged 18 years and older: 1 actuation of 100/25 mcg or 200/25 mcg once daily administered by oral inhalation.

Maintenance treatment of asthma in pediatric patients aged 12 to 17 years: 1 actuation of 100/25 mcg once daily administered by oral inhalation.

Maintenance treatment of asthma in pediatric patients aged 5 to 11 years: 1 actuation of 50/25 mcg once daily administered by oral inhalation.

Breo Ellipta is available as

- 50 mcg fluticasone furoate and 25 mcg vilanterol (50/25 mcg) per actuation
- 100 mcg fluticasone furoate and 25 mcg vilanterol (100/25 mcg) per actuation
- 200 mcg fluticasone furoate and 25 mcg vilanterol (200/25 mcg) per actuation

 [Detailed Breo Ellipta dosage information](#)

What happens if I miss a dose?

Use the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. Do not use extra medicine to make up the missed dose.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

Overdose symptoms may include chest pain, [fast heart rate](#), and feeling shaky or short of breath.

Long term use of an inhaled steroid can lead to glaucoma, cataracts, thinning skin, changes in body fat (especially in your face, neck, back, and waist), increased [acne](#) or facial hair, menstrual problems, [impotence](#), or loss of interest in sex.

What should I avoid while using Breo Ellipta?

Avoid being near people who are sick or have infections. Call your doctor for preventive treatment if you are exposed to chicken pox or [measles](#). These conditions can be serious or even fatal in people who are using a steroid such as fluticasone.

Do not use a second inhaled bronchodilator unless your doctor tells you to. This includes [formoterol](#) ([Perforomist](#), [Symbicort](#), [Bevespi](#), [Dulera](#)), [arformoterol](#) ([Brovana](#)), [indacaterol](#) ([Arcapta](#)), [olodaterol](#) ([Striverdi](#), [Stiolto Respimat](#)), [salmeterol](#) ([Serevent](#)), or vilanterol ([Anoro Ellipta](#)).

Breo Ellipta side effects

Get emergency medical help if you have **signs of an allergic reaction to Breo Ellipta**: [hives](#); difficult breathing; swelling of your face, lips, tongue, or throat.

Call your doctor at once if you have:

- wheezing, choking, or other breathing problems after using this medicine;
- chest pain, fast or pounding heartbeats, pounding in your neck or ears;
- sores or white patches in your mouth and throat, pain when swallowing;
- fever, chills, cough with yellow or green mucus;
- blurred vision, tunnel vision, eye pain, or seeing halos around lights.
- **high blood sugar** - increased thirst, increased urination, dry mouth, fruity breath odor;
- **low potassium level** - leg cramps, [constipation](#), irregular heartbeats, fluttering in your chest, increased thirst or urination, numbness or tingling, muscle weakness or limp feeling; or
- **signs of a hormonal disorder** - worsening tiredness or muscle weakness, feeling light-headed, [nausea](#), [vomiting](#).

Common Breo Ellipta side effects may include:

- [headache](#), [back pain](#), joint pain;
- fever, flu symptoms;
- increased blood pressure;
- runny or stuffy nose, [sore throat](#), cough; or
- a hoarse voice.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Breo Ellipta side effects](#) (more detail)

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What other drugs will affect Breo Ellipta?

Sometimes it is not safe to use certain medications at the same time. Some drugs can affect your blood levels of other drugs you take, which may increase side effects or make the medications less effective.

Many drugs can interact with fluticasone and vilanterol. This includes prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). Not all possible interactions are listed here. Tell your doctor about all your current medicines and any medicine you start or stop using.

 [Breo Ellipta drug interactions](#) (more detail)

Does Breo Ellipta interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Breo Ellipta

+

Enter a drug name

Add

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Professional resources

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Related treatment guides

- [Asthma, Maintenance](#)
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- [Asthma](#)

Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use Breo Ellipta only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

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DRUG STATUS

Availability		
Rx	Prescription only	
Pregnancy & Lactation		
	Risk data available	
CSA Schedule*		
N/A	Not a controlled drug	▼
Approval History		
	FDA approved 2013	▼
WADA Class		
	Anti-Doping Classification	▼

User Reviews & Ratings

5.8 / 10

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