

[Home](#)

2. Eplerenone

Eplerenone

Generic name: eplerenone [*ep-LER-e-none*]**Brand name:** [Inspra](#)**Dosage form:** oral tablet (25 mg; 50 mg)**Drug classes:** [Aldosterone receptor antagonists](#), [Potassium-sparing diuretics](#)[Medically reviewed](#) by Drugs.com on Mar 10, 2025. Written by [Cerner Multum](#).[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)

What is eplerenone?

Eplerenone is used to lower the risk of death from [heart failure](#) after a [heart attack](#).

Eplerenone is also used to treat [high blood pressure](#) (hypertension).

Eplerenone may also be used for purposes not listed in this medication guide.

This drug side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; severe stomach pain; difficulty breathing; swelling of your face, lips, tongue, or throat.

Eplerenone may cause serious side effects. Call your doctor at once if you have:

- a light-headed feeling, like you might pass out;
- diarrhea, vomiting;
- little or no urination;
- fast or irregular heartbeats;
- trouble breathing;
- swelling in your feet or lower legs; or
- **high potassium**--nausea, weakness, tingly feeling, chest pain, irregular heartbeats, loss of movement.

Common side effects of eplerenone may include:

- high potassium;
- headache; or

- dizziness.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Eplerenone side effects](#) (more detail)

Related/similar drugs

Lasix

Lasix is a loop diuretic used to treat fluid retention from heart, liver, or kidney conditions, and ...

Reviews & ratings

6.4 / 10

[56 Reviews](#)

[View more](#)

Farxiga

Farxiga (dapagliflozin) is an oral prescription medication that may be given to certain adults with ...

Reviews & ratings

4.6 / 10

[162 Reviews](#)

[View more](#)

FEATURED

Repatha

Repatha (evolocumab) is a PCSK9 inhibitor used to lower high cholesterol alongside dietary changes ...

Reviews & ratings

5.3 / 10

[685 Reviews](#)

[View more](#)

Valsartan

Valsartan is an angiotensin II receptor blocker (ARB) that may be used to treat high blood pressure ...

Reviews & ratings

5.7 / 10

[152 Reviews](#)

[View more](#)

Warfarin

Warfarin is an anticoagulant used to prevent heart attacks, strokes, and blood clots. Learn about ...

Reviews & ratings

7.9 / 10

[56 Reviews](#)

[View more](#)

Atenolol

Atenolol is used to treat angina (chest pain) and hypertension (high blood pressure). Learn about ...

Reviews & ratings

7.2 / 10

[276 Reviews](#)

[View more](#)

Diltiazem

Diltiazem is used to treat high blood pressure, angina and certain heart rhythm disorders. Included ...

Reviews & ratings

6.0 / 10

[189 Reviews](#)

[View more](#)

Hydrochlorothiazide

HCTZ (hydrochlorothiazide) used to treat high blood pressure (hypertension) and edema. Includes ...

Reviews & ratings

5.2 / 10

[185 Reviews](#)

[View more](#)

Jardiance

Jardiance (empagliflozin) is used to treat type 2 diabetes, chronic kidney disease and reduce the ...

Reviews & ratings

5.3 / 10

[325 Reviews](#)

[View more](#)

Warnings

You may not be able to take eplerenone if you have severe kidney disease, high potassium levels in your blood, or [type 2 diabetes](#) with increased levels of albumin (a protein) in your urine.

Tell your doctor about all your current medicines and any you start or stop using. **Many drugs can interact, and some drugs should not be used together.**

Before taking this medicine

You may not be able to take this medicine if you are allergic to eplerenone, or if you have:

- high potassium levels in your blood ([hyperkalemia](#));
- severe kidney disease; or
- type 2 diabetes with increased levels of albumin (a protein) in your urine.

Some medicines can cause unwanted or dangerous effects when used with eplerenone. Your doctor may change your treatment plan if you also use:

- nefazodone;
- a potassium supplement;
- **an antibiotic**--[clarithromycin](#), [telithromycin](#);
- **antifungal medicine**--[itraconazole](#), [ketoconazole](#);
- **a diuretic or "water pill"**--amiloride, [spironolactone](#), [triamterene](#); or
- **antiviral medicine to treat HIV/AIDS**--indinavir, nelfinavir, ritonavir, saquinavir.

Tell your doctor if you have ever had:

- kidney disease;

- diabetes;
- [liver disease](#);
- [high cholesterol](#) or triglycerides; or
- if you take other heart or blood pressure medications.

Tell your doctor if you are pregnant or breastfeeding.

It is not known whether eplerenone will harm an unborn baby. However, having high blood pressure during pregnancy may cause complications such as diabetes or eclampsia (dangerously high blood pressure that can lead to medical problems in both mother and baby). Heart failure can get worse during pregnancy and may cause complications such as premature birth. The benefit of treating hypertension or heart failure may outweigh any risks to the baby.

This medicine may affect fertility (ability to have children) in men.

How should I take eplerenone?

Follow all directions on your prescription label and read all medication guides or instruction sheets. Your doctor may occasionally change your dose. Use the medicine exactly as directed.

Eplerenone may be taken with or without food.

You may need blood tests, and your blood pressure will need to be checked often.

If you have high blood pressure, **keep using eplerenone even if you feel well**. High blood pressure often has no symptoms. You may need to use blood pressure medicine for the rest of your life.

Store at room temperature away from moisture and heat.

Eplerenone dosing information

Usual Adult Dose for Congestive Heart Failure:

Initial dose: 25 mg orally once a day; titrate to the target dose preferably within 4 weeks as tolerated.

Target dose: 50 mg orally once a day

Use: To improve survival of stable patients with symptomatic heart failure with reduced ejection fraction (40% or less) after an acute myocardial infarction.

Usual Adult Dose for Hypertension:

Initial dose: 50 mg orally once a day

Maintenance dose: 50 mg orally once or twice a day

Maximum dose: 100 mg/day

Comments:

-Full therapeutic effect is apparent within 4 weeks.

-Patients with inadequate blood pressure response to the initial dose may be increased to 50 mg twice a day.

 [Detailed Eplerenone dosage information](#)

What happens if I miss a dose?

Take the medicine as soon as you can, but skip the missed dose if it is almost time for your next dose. **Do not** take two doses at one time.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

What should I avoid while taking eplerenone?

Do not use potassium supplements or salt substitutes, unless your doctor has told you to.

What other drugs will affect eplerenone?

Tell your doctor about all your current medicines. Many drugs can affect eplerenone, especially:

- lithium;
- **heart or blood pressure medicine**--[amiodarone](#), benazepril, diltiazem, [dronedarone](#), enalapril, lidocaine, [lisinopril](#), olmesartan, valsartan, verapamil, and others; or;
- **NSAIDs (nonsteroidal anti-inflammatory drugs)**--aspirin, ibuprofen (Advil, Motrin), naproxen (Aleve), celecoxib, diclofenac, [indomethacin](#), meloxicam, and others.

This list is not complete and many other drugs may affect eplerenone. This includes prescription and over-the-counter medicines, vitamins, and [herbal products](#). Not all possible [drug interactions](#) are listed here.

 [Eplerenone drug interactions](#) (more detail)

Does eplerenone interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

+

Add

More about eplerenone

- [Check interactions](#)
- [Compare alternatives](#)
- [Pricing & coupons](#)
- [Reviews \(14\)](#)
- [Drug images](#)

- [Side effects](#)
- [Dosage information](#)
- [During pregnancy](#)
- [Drug class: aldosterone receptor antagonists](#)
- [Breastfeeding](#)
- [En español](#)

Patient resources

- [Eplerenone advanced reading](#)

Other brands

[Inspra](#)

Professional resources

- [Eplerenone monograph](#)
- [Eplerenone \(FDA\)](#)

Other brands

[Inspra](#)

Related treatment guides

- [High Blood Pressure](#)
- [Heart Failure](#)

Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

Copyright 1996-2025 Cerner Multum, Inc. Version: 7.01.

DRUG STATUS

Availability

Rx Prescription only

[Pregnancy & Lactation](#)

 Risk data available

CSA Schedule*

N/A Not a controlled drug



Approval History

 Drug history at FDA



User Reviews & Ratings

4.9 / 10

[14 Reviews](#)

Images

[Eplerenone 50 mg \(V 67\)](#)



[View larger images](#)

Drugs.com Mobile App

Access drug & treatment information, identify pills, check interactions and set up personal medication records.



About

[About Drugs.com](#)

[Advertising policy](#)

[Attribution & citations](#)

Terms & privacy

[Terms of use](#)

[Editorial policy](#)

[Privacy policy](#)

Support

[Help center](#)

[Sitemap](#)

[Contact us](#)



[Subscribe to our newsletter](#) for the latest medication news, new drug approvals and FDA alerts.

Drugs.com provides accurate and independent information on more than 24,000 prescription drugs, over-the-counter medicines and natural products. This material is provided for educational purposes only and is not intended for medical advice, diagnosis or treatment.

Data sources include Micromedex (updated 7 Apr 2025), Cerner Multum™ (updated 13 Apr 2025), ASHP (updated 10 Apr 2025) and others.



Copyright © 2000-2025 Drugs.com. All rights reserved.