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2. Flonase Sensimist

# Flonase Sensimist

**Generic name:** [fluticasone nasal](#) [ *floo-TIK-a-son*e ]

**Brand names:** Childrens Flonase, [Flonase Allergy Relief](#), Flonase Sensimist, Good Sense Allergy Relief (Fluticasone), Good Sense Children's Allergy Relief, [Xhance](#)

**Drug class:** [Nasal steroids](#)



[Medically reviewed](#) by Drugs.com on Aug 4, 2023. Written by [Cerner Multum](#).

[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#) [FAQ](#)

## What is Flonase Sensimist?

[Flonase](#) Sensimist (for the nose) is a steroid medicine that is used to treat [nasal congestion](#), sneezing, runny nose, and itchy or watery eyes caused by seasonal or year-round allergies.

The **Xhance** brand of Flonase Sensimist is for use only in adults. **Veramyst** may be used in children as young as 2 years old. **Flonase** is for use in adults and children who are at least 4 years old.

Flonase Sensimist may also be used for purposes not listed in this medication guide.

## Flonase Sensimist side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives, rash; feeling light-headed; difficult breathing; swelling of your face, lips, tongue, or throat.

**Flonase Sensimist may cause serious side effects. Call your doctor at once if you have:**

- severe or ongoing nosebleeds;
- noisy breathing, runny nose, or crusting around your nostrils;
- redness, sores, or white patches in your mouth or throat;
- fever, chills, body aches;
- blurred vision, eye pain, or seeing halos around lights;
- any wound that will not heal; or
- **signs of a hormonal disorder**--worsening tiredness or muscle weakness, feeling light-headed, nausea, [vomiting](#).

Steroid medicine can affect growth in children. Tell your doctor if your child is not growing at a normal rate while using this medicine.

**Common side effects of Flonase Sensimist may include:**

- minor nosebleed, burning or [itching](#) in your nose;
- sores or white patches inside or around your nose;
- cough, trouble breathing;
- [headache](#), [back pain](#);
- sinus pain, [sore throat](#), fever; or
- nausea, vomiting.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Flonase Sensimist side effects](#) (more detail)

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7.2 / 10

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## Cetirizine

Cetirizine treats cold or allergy symptoms such as sneezing, itching, watery eyes, or runny nose ...

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Montelukast is a daily oral medication used to prevent asthma attacks, exercise-induced ...

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## Zyrtec

Zyrtec (cetirizine) is used to treat allergy symptoms such as sneezing, itching, watery eyes, or ...

### Reviews & ratings

5.8 / 10

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## Flonase

Flonase (fluticasone nasal) is used to treat nasal congestion, sneezing, and runny nose caused by ...

### Reviews & ratings

5.0 / 10

[185 Reviews](#)

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## Warnings

Follow all directions on your medicine label and package. Tell each of your healthcare providers about all your medical conditions, allergies, and all medicines you use.

## Before taking this medicine

You should not use Flonase Sensimist if you are allergic to it.

**Fluticasone can weaken your immune system**, making it easier for you to get an [infection](#) or worsening an infection you already have or recently had. Tell your doctor about any illness or infection you have had within the past several weeks.

Tell your doctor if you have ever had:

- sores or ulcers inside your nose;
- injury of or surgery on your nose;
- [glaucoma](#) or cataracts;
- [liver disease](#);
- [diabetes](#);
- a weak immune system; or

- any type of infection (bacterial, fungal, viral, or parasitic).

If you use Flonase Sensimist without a prescription and you have any medical conditions, ask a doctor or pharmacist if Flonase Sensimist is safe for you.

Tell your doctor if you are pregnant or breast-feeding.

## How should I use Flonase Sensimist?

Follow all directions on your prescription label and read all medication guides or instruction sheets. Use the medicine exactly as directed.

**Do not share this medicine with another person**, even if they have the same symptoms you have.

Your dose will depend on the [fluticasone](#) brand or strength you use, and your dose may change once your symptoms improve. **Follow all dosing instructions very carefully.**

A child using the nasal spray should be supervised by an adult.

**Read and carefully follow any Instructions for Use provided with your medicine.** Ask your doctor or pharmacist if you do not understand these instructions.

Shake the nasal spray just before each use.

**If you switched to fluticasone from another steroid medicine, you should not stop using it suddenly.** Follow your doctor's instructions about tapering your dose.

It may take several days before your symptoms improve. Keep using the medication as directed and tell your doctor if your symptoms do not improve after a week of treatment.

Store Flonase Sensimist in an upright position at room temperature, away from moisture and heat. **Throw the spray bottle away after you have used 120 sprays, even if there is still medicine left in the bottle.**

 [Detailed Flonase Sensimist dosage information](#)

## What happens if I miss a dose?

Use the medicine as soon as you can, but skip the missed dose if it is almost time for your next dose. **Do not** use two doses at one time.

## What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

An overdose of Flonase Sensimist is not expected to produce life threatening symptoms. **Long term use of steroid medicine** can lead to glaucoma, cataracts, thinning skin, easy bruising, changes in body fat (especially in your face, neck, back, and waist), increased acne or facial hair, menstrual problems, [impotence](#), or loss of interest in sex.

## What should I avoid while using fluticasone nasal?

Avoid getting the spray in your eyes or mouth. If this does happen, rinse with water.

Avoid being near people who are sick or have infections. Call your doctor for preventive treatment if you are exposed to [chickenpox](#) or [measles](#). These conditions can be serious or even fatal in people who are using Flonase Sensimist.

## What other drugs will affect Flonase Sensimist?

Tell your doctor about all your other medicines, especially:

- antifungal medicine; or
- antiviral medicine to treat hepatitis C or [HIV/AIDS](#).

This list is not complete. Other drugs may affect Flonase Sensimist, including prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). Not all possible [drug interactions](#) are listed here.

 [Flonase Sensimist drug interactions](#) (more detail)

## Does Flonase Sensimist interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Flonase Sensimist

+

Enter a drug name

Add

## Popular FAQ

Is Flonase Sensimist the same as Veramyst?



## More about Flonase Sensimist (fluticasone nasal)

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- [FDA approval history](#)
- [Drug class: nasal steroids](#)

- [En español](#)

## Patient resources

### Other brands

[Flonase](#), [Flonase Allergy Relief](#), [Xhance](#), [Veramyst](#)

## Professional resources

- [Fluticasone Propionate \(EENT\) monograph](#)
- [Fluticasone Nasal Spray \(FDA\)](#)

### Other brands

[Flonase](#), [Xhance](#), [Veramyst](#), [Ticanase](#)

## Related treatment guides

- [Allergic Rhinitis](#)
- [Allergies](#)
- [Rhinitis](#)

## Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.


Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)


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### DRUG STATUS

**Availability**  
**OTC** Over the counter

**Pregnancy & Lactation**  
 Risk data available

**CSA Schedule\***  
**N/A** Not a controlled drug

**WADA Class**  
 Anti-Doping Classification



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