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2. Delsym

Delsym

Generic name: [dextromethorphan](#) [*DEX-troe-me-THOR-fan*]

Brand names: [Babee Cof](#), [Buckley's Mixture Cough Suppressant](#), Children's Cough DM, Children's Robitussin 12 Hour Cough Relief, Cough DM, ... [show all 18 brands](#)

Drug class: [Antitussives](#)



[Medically reviewed](#) by Drugs.com on Dec 21, 2023. Written by [Cerner Multum](#).

[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#) [FAQ](#)

What is Delsym?

Delsym is a cough suppressant that is used to treat cough caused by the [common cold](#) or flu.

Delsym will not treat a cough caused by smoking, asthma, or [emphysema](#).

There are many brands and forms of [dextromethorphan](#) available. Not all brands are listed on this leaflet.

Delsym may also be used for purposes not listed in this medication guide.

Delsym side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

Delsym may cause serious side effects. Stop using Delsym and call your doctor at once if you have:

- severe nervousness, confusion;
- severe dizziness or [drowsiness](#);
- blurred vision; or
- painful or difficult urination.

Common side effects of Delsym may include:

- nausea, [diarrhea](#), loss of appetite;
- dizziness;
- tingling; or
- feeling restless.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Delsym side effects](#) (more detail)

Related/similar drugs

Benadryl

Benadryl is an antihistamine and is used to treat sneezing, runny nose, itching and other ...

Reviews & ratings

7.0 / 10

[79 Reviews](#)

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Mucinex

Mucinex (guaifenesin) is used to relieve the symptoms of cough and loosen mucus in the chest ...

Reviews & ratings

6.2 / 10

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Norco

Norco (acetaminophen and hydrocodone) is used to relieve moderate to severe pain. Includes Norco ...

Reviews & ratings

6.3 / 10

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Dilaudid

Dilaudid (hydromorphone) is a narcotic pain reliever used to treat moderate to severe pain ...

Reviews & ratings

8.2 / 10

[329 Reviews](#)

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Vicodin

Vicodin (acetaminophen and hydrocodone) is used to relieve moderate to severe pain. Includes ...

Reviews & ratings

7.7 / 10

[146 Reviews](#)

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Codeine

Codeine is a opioid pain medicine used to treat mild to moderate pain. Includes codeine side ...

Reviews & ratings

7.8 / 10

[70 Reviews](#)

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Guaifenesin

Guaifenesin is an expectorant. It helps loosen congestion in your chest and throat. Includes ...

Reviews & ratings

7.1 / 10

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Diphenhydramine

Diphenhydramine is an antihistamine used to treat sneezing, runny nose, itching, hives and other ...

Reviews & ratings

5.5 / 10

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Warnings

Do not use Delsym if you have used an MAO inhibitor in the past 14 days, such as [isocarboxazid](#), [linezolid](#), [methylene blue](#) injection, [phenelzine](#), [rasagiline](#), [selegiline](#), or [tranylcypromine](#).

Before taking this medicine

Do not use Delsym if you have used an MAO inhibitor in the past 14 days. A dangerous [drug interaction](#) could occur. MAO inhibitors include isocarboxazid, linezolid, methylene blue injection, phenelzine, rasagiline, selegiline, tranylcypromine, and others.

You should not use Delsym if you are allergic to it.

Ask a doctor or pharmacist if this medicine is safe to use if you have any medical conditions.

Delsym should not be given to a child younger than 12 years old.

Ask a doctor before using this medicine if you are pregnant or breast-feeding.

This medicine may contain phenylalanine. Check the medication label if you have [phenylketonuria](#) (PKU).

How should I take Delsym?

Use exactly as directed on the label, or as prescribed by your doctor. Cold or cough medicine is only for short-term use until your symptoms clear up.

Measure **liquid medicine** carefully. Use the dosing syringe provided, or use a medicine dose-measuring device (not a kitchen spoon).

Call your doctor if your symptoms do not improve after 7 days, or if you have a fever, rash, or headaches.

If you need surgery or medical tests, tell your surgeon or doctor ahead of time that you have taken Delsym in the past few days.

Store at room temperature away from moisture, heat, and light. Do not freeze.

 [Detailed Delsym dosage information](#)

What happens if I miss a dose?

Since cough or cold medicine is used when needed, you may not be on a dosing schedule. Skip any missed dose if it's almost time for your next dose. **Do not** use two doses at one time.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

What should I avoid while taking Delsym?

Avoid driving or hazardous activity until you know how Delsym will affect you. Your reactions could be impaired.

Drinking alcohol can increase certain side effects of this medicine.

Ask a doctor or pharmacist before using over-the-counter medicines that may contain ingredients similar to Delsym.

What other drugs will affect Delsym?

Avoid using this medicine with other drugs that cause drowsiness or slow your breathing (such as opioid medicine, a muscle relaxer, or medicine for [anxiety](#) or [seizures](#)). Ask a doctor or pharmacist before using any other medication, including prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). **Not all possible drug interactions are listed in this medication guide.**

 [Delsym drug interactions](#) (more detail)

Does Delsym interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Delsym

+

Enter a drug name

Add

Popular FAQ

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More FAQ

- [Delsym 12 Hour Cough Relief](#). Can I give a small dose of this medicine to my child?
- [Dextromethorphan](#) - can you give TusQ Dx to a child and what is the dose?

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More about Delsym (dextromethorphan)

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- [During pregnancy](#)
- [Drug class: antitussives](#)
- [Breastfeeding](#)
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Patient resources

Other brands

[Vicks Dayquil Cough](#), [DexAlone](#), [Robitussin CoughGels Long-Acting](#), [Buckleys Mixture](#), ... +12 more

Professional resources

- [Dextromethorphan monograph](#)

Other formulations

- [Delsym 12 Hour Cough Relief](#)
- [Delsym Adult Night Time Multi-Symptom](#)

Related treatment guides

- [Cough](#)

Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

DRUG STATUS

Availability	
	Rx and/or OTC
Pregnancy & Lactation	
	Risk data available
CSA Schedule*	
N/A	Not a controlled drug
Approval History	
	Drug history at FDA

User Reviews & Ratings

3.3 / 10

240 Reviews

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