

[Home](#)

2. Valturna

Valturna

Generic name: aliskiren and valsartan [*a-LIS-ke-rin-and-val-SAR-tan*]**Drug class:** [Miscellaneous antihypertensive combinations](#)[Medically reviewed](#) by Drugs.com. Last updated on Aug 23, 2023.[Uses](#) [Warnings](#) [Before taking](#) [Dosage](#) [Side effects](#) [Interactions](#)

What is Valturna?

Valturna contains a combination of aliskiren and valsartan. Aliskiren is an anti-hypertensive (blood pressure lowering) medication. It works by decreasing substances in the body that narrow blood vessels and raise blood pressure. Valsartan keeps blood vessels from narrowing, which lowers blood pressure and improves blood flow.

Valturna is used to treat high blood pressure (hypertension).

Valturna may also be used for other purposes not listed in this medication guide.

Warnings

Do not use Valturna if you are pregnant. Stop using this medication and tell your doctor right away if you become pregnant.

Before you take Valturna, tell your doctor if you have kidney or liver disease, high levels of potassium in your blood (hyperkalemia), heart disease or recent heart attack, congestive heart failure, or if you are on a low-salt diet.

If you take Valturna with meals, avoid high-fat foods. They can make it harder for your body to absorb the medicine in Valturna.

Conditions that may cause very low blood pressure include: vomiting, diarrhea, heavy sweating, heart disease, dialysis, a low-salt diet, or taking diuretics (water pills). Follow your doctor's instructions about the type and amount of liquids you should drink while taking Valturna. Tell your doctor if you have a prolonged illness that causes diarrhea or vomiting.

Before taking this medicine

You should not use Valturna if you are allergic to aliskiren (Tekturna) or valsartan (Diovan), or if you are also using cyclosporine (Gengraf, Neoral, Sandimmune) or itraconazole (Sporanox).

If you have diabetes or kidney disease, you may not be able to take Valturna if you are also taking any of the following heart or blood pressure medications:

- azilsartan (Edarbi, Edarbyclor), candesartan (Atacand), eprosartan (Teveten), irbesartan (Avapro, Avalide), losartan (Cozaar, Hyzaar), olmesartan (Benicar), valsartan (Diovan), telmisartan (Micardis); or
- benazepril (Lotensin), captopril (Capoten), enalapril (Vasotec), fosinopril (Monopril), lisinopril (Prinivil, Zestril), moexipril (Univasc), perindopril (Aceon), quinapril (Accupril), ramipril (Altace), or trandolapril (Mavik, Tarka).

To make sure you can safely take Valturna, tell your doctor if you have any of these other conditions:

- kidney disease (or if you are on dialysis);
- liver disease;
- high levels of potassium in your blood (hyperkalemia);
- congestive heart failure;
- heart disease or recent heart attack; or
- if you are on a low-salt diet.

FDA pregnancy category D. Do not use Valturna if you are pregnant. Stop using this medication and tell your doctor right away if you become pregnant. Valturna can cause injury or death to the unborn baby if you take the medicine during your second or third trimester. Use effective birth control while taking this medication. It is not known whether aliskiren and valsartan passes into breast milk or if it could harm a nursing baby. You should not use Valturna while you are breast-feeding a baby.

 [Valturna pregnancy and breastfeeding warnings](#) (more detail)

How should I take Valturna?

Take Valturna exactly as prescribed by your doctor. Do not take in larger or smaller amounts or for longer than recommended. Follow the directions on your prescription label.

Your doctor may occasionally change your dose to make sure you get the best results from this medication.

Take Valturna with a full glass of water.

You may take Valturna with or without food, but take it the same way every time.

If you take Valturna with meals, avoid high-fat foods. They can make it harder for your body to absorb the medicine in Valturna.

Conditions that may cause very low blood pressure include: vomiting, diarrhea, heavy sweating, heart disease, dialysis, a low-salt diet, or taking diuretics (water pills). Follow your doctor's instructions about the type and amount of liquids you should drink while taking Valturna. Tell your doctor if you have a prolonged illness that causes diarrhea or vomiting.

It may take up to 2 weeks of using Valturna before your blood pressure improves. Keep using this medicine as directed, even if you feel well. High blood pressure often has no symptoms. You may need to use blood pressure medication for the rest of your life.

Store Valturna at room temperature away from moisture and heat.

 [Detailed Valturna dosage information](#)

What happens if I miss a dose?

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. Do not take extra medicine to make up the missed dose. Do not take extra medicine to make up the missed dose.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

Overdose symptoms may include fast or slow heart rate, feeling light-headed, or fainting.

What should I avoid?

Drinking alcohol can further lower your blood pressure and may increase certain side effects of Valturna.

Avoid getting up too fast from a sitting or lying position, or you may feel dizzy. Get up slowly and steady yourself to prevent a fall.

Do not use salt substitutes or potassium supplements while taking Valturna, unless your doctor has told you to.

Valturna side effects

Get emergency medical help if you have any of these signs of an allergic reaction to Valturna: hives; severe stomach pain; difficulty breathing; swelling of your face, lips, tongue, or throat. Call your doctor at once if you have any of these serious side effects:

- feeling like you might pass out; or
- slow heart rate, weak pulse, muscle weakness, tingly feeling.

Less serious Valturna side effects may be more likely to occur, such as:

- tired feeling;
- stuffy nose, sore throat, cough;
- stomach pain or upset, diarrhea, heartburn;
- numbness or tingly feeling; or
- muscle cramps.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Valturna side effects](#) (more detail)

Related/similar drugs

Vasotec

Vasotec (enalapril) is used to treat high

blood pressure, heart failure and
kidney problems caused ...

Reviews & ratings

[4 Reviews](#)

[View more](#)

FEATURED

Repatha

Repatha (evolocumab) is a PCSK9
inhibitor used to lower high cholesterol
alongside dietary changes ...

Reviews & ratings

5.3 / 10

[685 Reviews](#)

[View more](#)

Lisinopril

Lisinopril is an ACE inhibitor. It is used
to treat high blood pressure,
congestive heart failure ...

Reviews & ratings

5.0 / 10

[626 Reviews](#)

[View more](#)

Atenolol

Atenolol is used to treat angina (chest
pain) and hypertension (high blood
pressure). Learn about ...

Reviews & ratings

7.2 / 10

[276 Reviews](#)

[View more](#)

Valsartan

Valsartan is an angiotensin II receptor
blocker (ARB) that may be used to
treat high blood pressure ...

Reviews & ratings

5.7 / 10

[152 Reviews](#)

[View more](#)

Hydrochlorothiazide

HCTZ (hydrochlorothiazide) used to treat high blood pressure (hypertension) and edema. Includes ...

Reviews & ratings

5.2 / 10

[185 Reviews](#)

[View more](#)

Lasix

Lasix is a loop diuretic used to treat fluid retention from heart, liver, or kidney conditions, and ...

Reviews & ratings

6.4 / 10

[56 Reviews](#)

[View more](#)

Furosemide

Furosemide is a loop diuretic used to treat fluid retention and high blood pressure by increasing ...

Reviews & ratings

6.8 / 10

[121 Reviews](#)

[View more](#)

Losartan

Losartan is used to treat high blood pressure (hypertension). It is also used to lower the risk of ...

Reviews & ratings

4.5 / 10

[578 Reviews](#)

[View more](#)

[View more](#)

What other drugs will affect Valturna?

Tell your doctor about all other medications you use, especially other blood pressure medications, or:

- atorvastatin (Lipitor);
- a diuretic (water pill) such as furosemide (Lasix);
- an antibiotic such as ketoconazole (Nizoral) or rifampin (Rifater, Rifadin, Rifamate);
- a nonsteroidal anti-inflammatory drug (NSAID) such as aspirin, ibuprofen (Advil, Motrin), naproxen (Aleve, Naprosyn, Naprelan, Treximet), celecoxib (Celebrex), diclofenac (Arthrotec, Cambia, Cataflam, Voltaren, Flector Patch, Pennsaid, Solareze), indomethacin (Indocin), meloxicam (Mobic), and others;
- a potassium supplement such as K-Dur, Klor-Con; or
- salt substitutes that contain potassium.

This list is not complete and there may be other drugs not listed that can affect Valturna. Tell your doctor about all the prescription and over-the-counter medications you use. This includes vitamins, minerals, herbal products, and drugs prescribed by other doctors. Do not start using a new medication without telling your doctor.

 [Valturna drug interactions](#) (more detail)

Does Valturna interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Valturna

+

Enter a drug name

Add

More about Valturna (aliskiren / valsartan)

- [Check interactions](#)
- [Compare alternatives](#)
- [Reviews \(9\)](#)
- [Drug images](#)
- [Side effects](#)
- [Dosage information](#)
- [During pregnancy](#)
- [FDA approval history](#)
- [Drug class: miscellaneous antihypertensive combinations](#)

Related treatment guides

- [High Blood Pressure](#)

Further information


Remember, keep this and all other medicines out of the reach of children. Never share your medicines with others and only use this medication for the condition prescribed.


Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)


Copyright 1996-2025 Cerner Multum, Inc. Version: 4.02.

DRUG STATUS

Availability
 Discontinued

Pregnancy & Lactation
 Risk data available

CSA Schedule*
N/A Not a controlled drug

Approval History
 Drug history at FDA



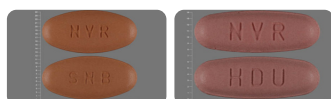
User Reviews & Ratings

6.1 / 10

[9 Reviews](#)

Images

[Valturna aliskiren 300 mg / valsartan 320 mg \(NVR SNB\)](#)



[View larger images](#)

Drugs.com Mobile App

Access drug & treatment information, identify pills, check interactions and set up personal medication records.



About

[About Drugs.com](#)

[Advertising policy](#)

[Attribution & citations](#)

Terms & privacy

[Terms of use](#)

[Editorial policy](#)

[Privacy policy](#)

Support

[Help center](#)

[Sitemap](#)

[Contact us](#)



[Subscribe to our newsletter](#) for the latest medication news, new drug approvals and FDA alerts.

Drugs.com provides accurate and independent information on more than 24,000 prescription drugs, over-the-counter medicines and natural products. This material is provided for educational purposes only and is not intended for medical advice, diagnosis or treatment. Data sources include Micromedex (updated 7 Apr 2025), Cerner Multum™ (updated 13 Apr 2025), ASHP (updated 10 Apr 2025) and others.



Ad Choices
ADVERTISEMENT



Copyright © 2000-2025 Drugs.com. All rights reserved.