

[Home](#)

2. Trihexyphenidyl

# Trihexyphenidyl

**Generic name:** trihexyphenidyl [ *try-hex-ee-FEH-nih-dill* ]**Brand names:** [Artane](#), [Trihexane](#)**Dosage forms:** oral elixir (2 mg/5 mL), oral tablet (2 mg; 5 mg)**Drug class:** [Anticholinergic antiparkinson agents](#)[Medically reviewed](#) by Drugs.com on Jan 20, 2025. Written by [Cerner Multum](#).[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)

## What is trihexyphenidyl?

Trihexyphenidyl is used to treat symptoms of [Parkinson's disease](#) (stiffness, tremors, spasms, poor muscle control).

Trihexyphenidyl is also used to treat and prevent Parkinson-like symptoms that are caused by using certain anti-psychotic medications.

Trihexyphenidyl may also be used for purposes not listed in this medication guide.

## Trihexyphenidyl side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

**Trihexyphenidyl may cause serious side effects. Call your doctor at once if you have:**

- blurred vision, tunnel vision, eye pain, or seeing halos around lights;
- hot and dry skin, or a lack of sweating even if you feel hot;
- rapid or jerky repetitive involuntary movement;
- severe [constipation](#);
- painful or difficult urination;
- unusual thoughts or behavior;
- confusion, memory problems; or
- **severe nervous system reaction**--very stiff (rigid) muscles, high fever, sweating, confusion, fast or uneven heartbeats, tremors, feeling like you might pass out.

**Common side effects of trihexyphenidyl may include:**

- blurred vision;
- [dry mouth](#);
- constipation, decreased urination;
- dizziness, [drowsiness](#), weakness;
- nausea, vomiting;
- headache; or
- feeling restless or nervous.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Trihexyphenidyl side effects](#) (more detail)

## Related/similar drugs

## Benadryl

Benadryl is an antihistamine and is used to treat sneezing, runny nose, itching and other ...

### Reviews & ratings

7.0 / 10

[79 Reviews](#)

[View more](#)

## Sinemet

Sinemet is used to treat symptoms of Parkinson's disease, such as muscle stiffness, tremors ...

### Reviews & ratings

7.7 / 10

[30 Reviews](#)

[View more](#)

### FEATURED

## Ozempic

Learn about Ozempic (semaglutide) for type 2 diabetes treatment, weight management, cardiovascular ...

### Reviews & ratings

6.6 / 10

[1,504 Reviews](#)

[View more](#)

## Amantadine

Easy-to-read patient leaflet for amantadine. Includes indications, proper use, special ...

### Reviews & ratings

6.9 / 10

[54 Reviews](#)

[View more](#)

# Warnings

Follow all directions on your medicine label and package. Tell each of your healthcare providers about all your medical conditions, allergies, and all medicines you use.

## Before taking this medicine

You should not use trihexyphenidyl if you are allergic to it, or if you have:

- narrow-angle glaucoma.

Tell your doctor if you have ever had:

- glaucoma;
- an [enlarged prostate](#);
- urination problems;
- a [bowel obstruction](#), severe constipation, or toxic megacolon;
- epilepsy or other seizure disorder;
- heart problems;
- [coronary artery disease](#) (clogged arteries);
- [high blood pressure](#);
- [alcoholism](#); or
- a problem with your nerves, brain, or spinal cord.

Older adults may be more sensitive to the effects of trihexyphenidyl.

Tell your doctor if you are pregnant or breast-feeding.

## How should I take trihexyphenidyl?

Follow all directions on your prescription label and read all medication guides or instruction sheets. Use the medicine exactly as directed.

Measure **liquid medicine** carefully. Use the dosing syringe provided, or use a medicine dose-measuring device (not a kitchen spoon).

Your doctor will tell you whether you should take trihexyphenidyl before or after a meal.

Take the medicine with food if it upsets your stomach.

If trihexyphenidyl causes your mouth to feel dry, you may need to take it before meals.

You may also use mints, chewing gum, or water if you have a very dry mouth or you feel very thirsty.

The pressure inside your eyes will need to be checked while you are taking trihexyphenidyl.

**You should not stop using trihexyphenidyl suddenly.** Stopping suddenly may make your condition worse.

Store at room temperature away from moisture, heat, and light. Do not freeze.

## Trihexyphenidyl dosing information

### Usual Adult Dose for Extrapyrimalal Reaction:

Initial dose: 1 mg orally once; if symptoms are not controlled in a few hours, additional doses should be provided until satisfactory control is achieved

Maintenance dose: 5 to 15 mg/day orally in divided doses; although some patients may benefit from 1 mg/day

#### Comments:

- Control of extrapyramidal symptoms (EPS) may be more rapidly achieved by temporarily reducing the dose of the responsible agent.
- After symptoms have been controlled for several days, it may be possible to reduce the dose or discontinue use; there are reports of EPS remaining in remission for long periods after this drug has been discontinued.

Use: For the control of extrapyramidal disorders caused by central nervous system drugs such as the dibenzoxazepines, phenothiazines, [thioxanthenes](#), and butyrophenones.

### Usual Adult Dose for Parkinson's Disease:

Initial dose: 1 mg orally once a day

-Titrate in 2 mg/day increments every 3 to 5 days

Maintenance dose: 6 to 10 mg orally in divided doses

Maximum dose: Some patients, particularly those with postencephalitic [parkinsonism](#), may require 12 to 15 mg/day

Concomitant Use with Levodopa: 3 to 6 mg orally per day in divided doses

- When used concomitantly with levodopa, the dose of both drugs may need to be reduced
- Adjust doses based on side effects and symptom control

#### Comments:

- Doses should be individualized; start low and increase slowly, especially in elderly patients.
- The total daily dose may be better tolerated if given in divided doses; doses greater than 10 mg/day should be divided and given 4 times a day.
- The decision to dose before or after meals should be based on the needs of the patient; this drug does cause dry mouth and taking before meals may be beneficial, unless it causes nausea.

Use: For the adjunctive treatment of all forms of Parkinson's disease.

 [Detailed Trihexyphenidyl dosage information](#)

## What happens if I miss a dose?

Take the medicine as soon as you can, but skip the missed dose if it is almost time for your next dose. **Do not** take two doses at one time.

## What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

Overdose symptoms may include severe drowsiness, fever, dilated pupils, feeling hot, paleness in your face, dry skin and mouth, hallucinations, paranoia, [agitation](#), seizure, or numbness in or around your mouth, nose, or throat.

## What should I avoid while taking trihexyphenidyl?

Avoid becoming overheated or dehydrated during exercise and in hot weather. Trihexyphenidyl can decrease sweating and you may be more prone to heat stroke.

Avoid driving or hazardous activity until you know how trihexyphenidyl will affect you. Your reactions could be impaired.

Avoid using cannabis, CBD, or marijuana while taking trihexyphenidyl.

Avoid drinking alcohol. It may increase your risk of side effects.

## What other drugs will affect trihexyphenidyl?

Using trihexyphenidyl with other drugs that make you drowsy can worsen this effect. Ask your doctor before using opioid medication, a sleeping pill, a muscle relaxer, or medicine for anxiety or seizures.

Tell your doctor about all your other medicines, especially:

- medicine to treat [depression](#), anxiety, mood disorders, or mental illness;
- cold or allergy medicine ([Benadryl](#) and others);
- other medicines to treat Parkinson's disease;
- medicine to treat stomach problems, [motion sickness](#), or [irritable bowel syndrome](#);
- medicine to treat [overactive bladder](#); or
- bronchodilator asthma medication.

This list is not complete. Other drugs may affect trihexyphenidyl, including prescription and over-the-counter medicines, vitamins, and [herbal products](#). Not all possible [drug interactions](#) are listed here.

 [Trihexyphenidyl drug interactions](#) (more detail)

## Does trihexyphenidyl interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

trihexyphenidyl

+

Enter a drug name

Add

## More about trihexyphenidyl

- [Check interactions](#)
- [Compare alternatives](#)
- [Pricing & coupons](#)
- [Reviews \(24\)](#)
- [Drug images](#)
- [Side effects](#)
- [Dosage information](#)
- [During pregnancy](#)
- [Drug class: anticholinergic antiparkinson agents](#)
- [Breastfeeding](#)
- [En español](#)

## Patient resources

- [Trihexyphenidyl advanced reading](#)
- [Trihexyphenidyl Tablets](#)

## Other brands

[Artane](#), [Trihexane](#)

## Professional resources

- [Trihexyphenidyl monograph](#)
- [Trihexyphenidyl \(FDA\)](#)
- [Trihexyphenidyl Oral Solution \(FDA\)](#)

## Related treatment guides

- [Parkinson's Disease](#)
- [Cerebral Spasticity](#)
- [Extrapyramidal Reaction](#)

## Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.


[Medical Disclaimer](#)

## DRUG STATUS

### Availability

**Rx** Prescription only


### Pregnancy & Lactation

 Risk data available

### CSA Schedule\*

**N/A** Not a controlled drug

### Approval History

 Drug history at FDA



## User Reviews & Ratings

6.5 / 10

[24 Reviews](#)

## Images

[Trihexyphenidyl Hydrochloride 2 mg \(DAN DAN 5335\)](#)



[View larger images](#)

## Drugs.com Mobile App

Access drug & treatment information, identify pills, check interactions and set up personal medication records.



### About

[About Drugs.com](#)

[Advertising policy](#)

[Attribution & citations](#)

### Terms & privacy

[Terms of use](#)

[Editorial policy](#)

[Privacy policy](#)

### Support

[Help center](#)

[Sitemap](#)

[Contact us](#)







[Subscribe to our newsletter](#) for the latest medication news, new drug approvals and FDA alerts.

**Drugs.com** provides accurate and independent information on more than 24,000 prescription drugs, over-the-counter medicines and natural products. This material is provided for educational purposes only and is not intended for medical advice, diagnosis or treatment. Data sources include Micromedex (updated 7 Apr 2025), Cerner Multum™ (updated 13 Apr 2025), ASHP (updated 10 Apr 2025) and others.



Copyright © 2000-2025 Drugs.com. All rights reserved.

