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# Tarka

**Generic name:** [Trandolapril and Verapamil](#) [ *tran-DOE-la-pril-& ver-AP-a-mil* ]**Drug class:** [ACE inhibitors with calcium channel blocking agents](#)[Medically reviewed](#) by Drugs.com. Last updated on Apr 14, 2024.[Uses](#) [Before taking](#) [Warnings](#) [Dosage](#) [Side effects](#) [Overdose](#)

The Tarka brand name has been **discontinued** in the U.S. If generic versions of this product have been approved by the FDA, there may be [generic equivalents available](#).

## Warning

- Do not take if you are pregnant. Use during pregnancy may cause birth defects or loss of the unborn baby. If you get pregnant or plan on getting pregnant while taking Tarka (trandolapril and verapamil), call your doctor right away.

## Uses of Tarka:

- It is used to treat [high blood pressure](#).
- It may be given to you for other reasons. Talk with the doctor.

## What do I need to tell my doctor BEFORE I take Tarka?

- If you are allergic to Tarka ([trandolapril](#) and [verapamil](#)); any part of Tarka (trandolapril and verapamil); or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have ever had a very bad or life-threatening reaction called [angioedema](#). Signs may be swelling of the hands, face, lips, eyes, tongue, or throat; trouble breathing; trouble swallowing; unusual hoarseness.
- If you have any of these health problems: [Heart failure](#) (weak heart); certain types of abnormal heartbeats like [heart block](#), Lown-Ganong-Levine syndrome, sick sinus syndrome, or Wolff-Parkinson-White syndrome; [low blood pressure](#); or a [slow heartbeat](#).
- If you are taking a drug that has aliskiren in it and you also have diabetes or kidney problems.
- If you are taking any of these drugs: [Dofetilide](#), [ivabradine](#), or quinidine.
- If you have taken [disopyramide](#) or [flibanserin](#) in the last 48 hours.

- If you have taken a drug that has sacubitril in it in the last 36 hours.
- If you are breast-feeding. Do not breast-feed while you take Tarka (trandolapril and verapamil).

This is not a list of all drugs or health problems that interact with Tarka (trandolapril and verapamil).

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take Tarka (trandolapril and verapamil) with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

## What are some things I need to know or do while I take Tarka?

- Tell all of your health care providers that you take Tarka (trandolapril and verapamil). This includes your doctors, nurses, pharmacists, and dentists.
- Avoid driving and doing other tasks or actions that call for you to be alert until you see how Tarka (trandolapril and verapamil) affects you.
- To lower the chance of feeling dizzy or passing out, rise slowly if you have been sitting or lying down. Be careful going up and down stairs.
- Check blood pressure and heart rate as the doctor has told you.
- Have blood work checked as you have been told by the doctor. Talk with the doctor.
- If you have [high blood sugar](#) (diabetes), you will need to watch your blood sugar closely.
- If you are taking a salt substitute that has potassium in it, a potassium-sparing diuretic, or a potassium product, talk with your doctor.
- Low white blood cell counts have happened with [captopril](#), a drug like this one. This may lead to more chance of getting an infection. Most of the time, this has happened in people with kidney problems, mainly if they have certain other health problems. Call your doctor right away if you have signs of infection like fever, chills, or [sore throat](#).
- Talk with your doctor before using OTC products that may raise blood pressure. These include cough or cold drugs, diet pills, stimulants, [ibuprofen](#) or like products, and some natural products or aids.
- If you drink [grapefruit juice](#) or eat grapefruit often, talk with your doctor.
- Take good care of your teeth. See a dentist often.
- Talk with your doctor before you drink alcohol.
- Be careful in hot weather or while being active. Drink lots of fluids to stop fluid loss.
- Tell your doctor if you have too much sweat, fluid loss, throwing up, or loose stools. This may lead to low blood pressure.
- A severe and sometimes deadly reaction called angioedema has happened. The chance of angioedema may be higher in black patients.

## How is this medicine (Tarka) best taken?

Use Tarka (trandolapril and verapamil) as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- Take Tarka (trandolapril and verapamil) with food.

- Take Tarka (trandolapril and verapamil) at the same time of day.
- Keep taking Tarka (trandolapril and verapamil) as you have been told by your doctor or other health care provider, even if you feel well.

### What do I do if I miss a dose?

- Take a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not take 2 doses at the same time or extra doses.

**i** [Detailed Tarka dosage information](#)

## What are some side effects that I need to call my doctor about right away?

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of kidney problems like unable to pass urine, change in how much urine is passed, blood in the urine, or a big weight gain.
- Signs of a high potassium level like a heartbeat that does not feel normal; change in thinking clearly and with logic; feeling weak, lightheaded, or dizzy; feel like passing out; numbness or tingling; or [shortness of breath](#).
- Very bad dizziness or passing out.
- Cough that does not go away.
- Chest pain or pressure.
- Fast, slow, or abnormal heartbeat.
- Muscle weakness.
- Heart failure has happened with Tarka (trandolapril and verapamil), as well as heart failure that has gotten worse in people who already have it. Tell your doctor if you have [heart disease](#). Call your doctor right away if you have shortness of breath, a big weight gain, a heartbeat that is not normal, or swelling in the arms or legs that is new or worse.
- Liver problems have happened with drugs like this one. Sometimes, this has been deadly. Call your doctor right away if you have signs of liver problems like dark urine, feeling tired, not hungry, [upset stomach](#) or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.

**i** [Tarka side effects](#) (more detail)

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## What are some other side effects of Tarka?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Cough.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at <https://www.fda.gov/medwatch>.

## If OVERDOSE is suspected:

If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

## How do I store and/or throw out Tarka?

- Store at room temperature.
- Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

## Consumer Information Use and Disclaimer

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about Tarka (trandolapril and verapamil), please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

## More about Tarka (trandolapril / verapamil)

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## Patient resources

- [Tarka advanced reading](#)

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## Related treatment guides


- [High Blood Pressure](#)


## Further information

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.


[Medical Disclaimer](#)

### DRUG STATUS

**Availability**  
 Discontinued

**Pregnancy & Lactation**  
 Risk data available

**CSA Schedule\***  
**N/A** Not a controlled drug

**Approval History**  
 Drug history at FDA



## User Reviews & Ratings

[5 Reviews](#)

## Images

Tarka 1 mg / 240 mg (Logo 241)



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