

[Home](#)

2. Lomaira

Lomaira

Generic name: [phentermine](#) [*FEN-ter-meen*]**Brand names:** [Adipex-P](#), Lomaira, [Suprenza](#)**Drug class:** [Anorexiants](#)[Medically reviewed](#) by Drugs.com on Jul 27, 2023. Written by [Cerner Multum](#).[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#) [FAQ](#)

What is Lomaira?

Lomaira is similar to an [amphetamine](#). This medicine stimulates the central nervous system (nerves and brain), which increases your heart rate and blood pressure and decreases your appetite.

Lomaira is used together with diet and exercise to treat obesity, especially in people with risk factors such as [high blood pressure](#), [high cholesterol](#), or diabetes.

Lomaira may also be used for purposes not listed in this medication guide.

Lomaira side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

Lomaira may cause serious side effects. Call your doctor at once if you have:

- feeling short of breath, even with mild exertion;
- chest pain, feeling like you might pass out;
- swelling in your ankles or feet;
- pounding heartbeats or fluttering in your chest;
- tremors, feeling restless, trouble sleeping;
- unusual changes in mood or behavior; or
- **increased blood pressure**--severe headache, blurred vision, pounding in your neck or ears, anxiety, nosebleed.

Common side effects of Lomaira may include:

- itching;
- dizziness, headache;

- dry mouth, unpleasant taste;
- diarrhea, [constipation](#), stomach pain; or
- increased or decreased interest in sex.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Lomaira side effects](#) (more detail)

Related/similar drugs

Wegovy

Wegovy is a once-weekly semaglutide injection used for chronic weight management and to reduce ...

Reviews & ratings

7.6 / 10

[478 Reviews](#)

[View more](#)

Ozempic

Learn about Ozempic (semaglutide) for type 2 diabetes treatment, weight management, cardiovascular ...

Reviews & ratings

6.6 / 10

[1,504 Reviews](#)

[View more](#)

FEATURED

Mounjaro

Mounjaro (tirzepatide) is FDA-approved to manage type 2 diabetes in adults. It lowers blood sugar ...

Reviews & ratings

8.5 / 10

[1,278 Reviews](#)

[View more](#)

Rybelsus

Kybelsus tablets are used to improve blood sugar control in adults with type 2 diabetes, and may ...

Reviews & ratings

6.4 / 10

[282 Reviews](#)

[View more](#)

Zepbound

Zepbound (tirzepatide) is an FDA-approved weekly injection for weight loss and obstructive sleep ...

Reviews & ratings

8.9 / 10

[289 Reviews](#)

[View more](#)

Victoza

Victoza helps control blood sugar levels and reduce the risk of serious heart problems in people ...

Reviews & ratings

7.6 / 10

[766 Reviews](#)

[View more](#)

Saxenda

Saxenda (liraglutide) injection is used for weight loss in obese or overweight patients. Includes ...

Reviews & ratings

7.5 / 10

[1,448 Reviews](#)

[View more](#)

Alli

alli blocks the absorption of some of the fat that you eat and is used to treat obesity. Learn ...

Reviews & ratings

6.2 / 10

[121 Reviews](#)

[View more](#)

Tirzepatide

Tirzepatide is a once-weekly injection used for weight loss, sleep apnea, and type 2 diabetes ...

Reviews & ratings

8.6 / 10

[1,819 Reviews](#)

[View more](#)

Semaglutide

Semaglutide is a GLP-1 agonist used for weight loss, type 2 diabetes, and reducing cardiovascular ...

Reviews & ratings

6.9 / 10

[2,574 Reviews](#)

[View more](#)

Warnings

You should not use Lomaira if you have glaucoma, overactive thyroid, severe heart problems, uncontrolled high blood pressure, advanced [coronary artery disease](#), extreme agitation, or a history of drug abuse.

Do not use this medicine if you have used an MAO inhibitor in the past 14 days, such as [isocarboxazid](#), linezolid, [methylene blue](#) injection, [phenelzine](#), [rasagiline](#), [selegiline](#), or [tranylcypromine](#).

Before taking this medicine

You should not use Lomaira if you are allergic to it, or if you have:

- a history of [heart disease](#) (coronary artery disease, heart rhythm problems, congestive [heart failure](#), stroke);
- severe or uncontrolled high blood pressure;
- overactive thyroid;
- glaucoma;

- extreme agitation or nervousness;
- a history of drug abuse; or
- if you take other diet pills.

Do not use Lomaira if you have used an MAO inhibitor in the past 14 days. A dangerous [drug interaction](#) could occur. MAO inhibitors include isocarboxazid, linezolid, methylene blue injection, phenelzine, rasagiline, selegiline, tranylcypromine, and others.

[Weight loss](#) during pregnancy can harm an unborn baby, even if you are overweight. **Do not use Lomaira if you are pregnant.** Tell your doctor right away if you become pregnant during treatment.

You should not breast-feed while using Lomaira.

Tell your doctor if you have ever had:

- heart disease or coronary artery disease;
- a heart valve disorder;
- high blood pressure;
- diabetes (your diabetes medication dose may need to be adjusted); or
- kidney disease.

Lomaira is not approved for use by anyone younger than 16 years old.

How should I take Lomaira?

Follow all directions on your prescription label and read all medication guides or instruction sheets. Your doctor may occasionally change your dose. Use the medicine exactly as directed.

Lomaira is usually taken before breakfast, or 1 to 2 hours after breakfast. **Follow your doctor's dosing instructions very carefully.**

Never use Lomaira in larger amounts, or for longer than prescribed. Taking more of this medication will not make it more effective and can cause serious, life-threatening side effects.

Lomaira is for short-term use only. The effects of appetite suppression may wear off after a few weeks.

Lomaira may be habit-forming. **Misuse can cause addiction, overdose, or death.** Selling or giving away Lomaira is against the law.

Call your doctor at once if you think this medicine is not working as well, or if you have not lost at least 4 pounds within 4 weeks.

Do not stop using Lomaira suddenly, or you could have unpleasant withdrawal symptoms. Ask your doctor how to safely stop using this medicine.

Store at room temperature away from moisture and heat. Keep the bottle tightly closed when not in use.

What happens if I miss a dose?

Take the medicine as soon as you can, but skip the missed dose if it is late in the day. **Do not** take two doses at one time.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222. **An overdose of Lomaira can be fatal.**

Overdose symptoms may include confusion, panic, hallucinations, extreme restlessness, nausea, vomiting, diarrhea, stomach cramps, feeling tired or depressed, irregular heartbeats, weak pulse, seizure, or slow breathing (breathing may stop).

What should I avoid while taking phentermine?

Avoid driving or hazardous activity until you know how Lomaira will affect you. Your reactions could be impaired.

Drinking alcohol with this medicine can cause side effects.

What other drugs will affect Lomaira?

Taking Lomaira together with other diet medications such as [fenfluramine](#) (Phen-Fen) or dexfenfluramine (Redux) can cause a rare fatal lung disorder called [pulmonary hypertension](#). **Do not take this medicine with any other diet medications without your doctor's advice.**

Many drugs can affect Lomaira. This includes prescription and over-the-counter medicines, vitamins, and [herbal products](#). **Not all possible interactions are listed here.** Tell your doctor about all your current medicines and any medicine you start or stop using.

 [Lomaira drug interactions](#) (more detail)

Does Lomaira interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Lomaira

+

Enter a drug name

Add

Popular FAQ

Why am I tired on Phentermine?



Is phentermine safe to use?



How long does it take to start losing weight on phentermine?



How long does phentermine stay in your system?



Is Phentermine approved for weight loss?



How to take phentermine for the best results?



How does phentermine work?



Why is phentermine a controlled substance?



More about Lomaira (phentermine)

- [Check interactions](#)
- [Compare alternatives](#)
- [Pricing & coupons](#)
- [Reviews \(52\)](#)
- [Drug images](#)
- [Side effects](#)
- [Dosage information](#)
- [During pregnancy](#)
- [FDA approval history](#)
- [Drug class: anorexiant](#)
- [Breastfeeding](#)
- [En español](#)

Patient resources

- [Lomaira advanced reading](#)

Other brands

[Adipex-P](#), [Fastin](#), [Ionamin](#), [Phentride](#), ... +3 more

Professional resources

- [Lomaira prescribing information](#)
- [Phentermine \(AHFS Monograph\)](#)

Other brands

[Adipex-P](#), [Ionamin](#)

Related treatment guides

- [Weight Loss \(Obesity/Overweight\)](#)

Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

Copyright 1996-2025 Cerner Multum, Inc. Version: 12.01.

Guide to Weight Loss Drugs

Find out everything you need to know about weight loss drugs in our prescription [weight loss drug guide](#).

DRUG STATUS

Availability

Rx Prescription only

[Pregnancy & Lactation](#)

👶 Risk data available

CSA Schedule*

4 Some potential for abuse



Approval History

📅 Drug history at FDA



WADA Class

🏊 Anti-Doping Classification



User Reviews & Ratings

8.1 / 10

[52 Reviews](#)

Images

[Lomaira 8 mg \(K1\)](#)

Drugs.com Mobile App



Access drug & treatment information, identify pills, check interactions and set up personal medication records.



About

[About Drugs.com](#)

[Advertising policy](#)

[Attribution & citations](#)

Terms & privacy

[Terms of use](#)

[Editorial policy](#)

[Privacy policy](#)

Support

[Help center](#)

[Sitemap](#)

[Contact us](#)



[Subscribe to our newsletter](#) for the latest medication news, new drug approvals and FDA alerts.

Drugs.com provides accurate and independent information on more than 24,000 prescription drugs, over-the-counter medicines and natural products. This material is provided for educational purposes only and is not intended for medical advice, diagnosis or treatment. Data sources include Micromedex (updated 7 Apr 2025), Cerner Multum™ (updated 13 Apr 2025), ASHP (updated 10 Apr 2025) and others.



Ad Choices
ADVERTISEMENT



Copyright © 2000-2025 Drugs.com. All rights reserved.