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# Accolate

**Generic name:** [zafirlukast](#) [ za-FIR-loo-kast ]**Drug class:** [Leukotriene modifiers](#)[Medically reviewed](#) by Drugs.com on May 31, 2024. Written by [Cerner Multum](#).[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)

## What is Accolate?

Accolate is a leukotriene (loo-koe-TRY-een) inhibitor that is used to prevent asthma attacks in adults and children as young as 5 years old.

Accolate may also be used for purposes not listed in this medication guide.

## Accolate side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives, blisters, severe itching; difficult breathing; swelling of your face, lips, tongue, or throat.

**Tell your doctor right away if you have signs of blood vessel inflammation**: flu-like symptoms, severe sinus pain, a skin rash, numbness or a "pins and needles" feeling in your arms or legs.

Some people using Accolate have had new or worsening mental problems. Stop taking Accolate and call your doctor right away if you have unusual changes in mood or behavior, such as:

- [agitation](#), aggression, feeling restless or irritable;
- anxiety, [depression](#), confusion, problems with memory or attention;
- stuttering, tremors, uncontrolled muscle movements;
- suicidal thoughts or actions;
- hallucinations, sleep problems, vivid dreams, sleep-walking; or
- compulsive or repetitive behaviors.

Also call your doctor at once if you have:

- worsening or no improvement in your asthma symptoms; or
- **liver problems**--nausea, loss of appetite, stomach pain (upper right side), tiredness, itching, dark urine, [jaundice](#) (yellowing of the skin or eyes).

## Common side effects of Accolate may include:

- nausea, [diarrhea](#), stomach pain;
- [headache](#); or
- [cold symptoms](#) such as stuffy nose, sneezing, [sore throat](#).

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Accolate side effects](#) (more detail)

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7.5 / 10

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...

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## Warnings

**Tell your doctor right away if you have signs of blood vessel inflammation:** flu-like symptoms, severe sinus pain, a skin rash, numbness or a "pins and needles" feeling in your arms or legs.

Stop taking this medicine and call your doctor right away if you have any unusual changes in mood or behavior (such as agitation, confusion, depression, sleep problems, compulsive behaviors, hallucinations, or suicidal thoughts or actions).

## Before taking this medicine

You should not use Accolate if you are allergic to it, or if you have [liver disease](#) (including [cirrhosis](#)).

Tell your doctor if you have ever had liver disease.

Not approved for use by anyone younger than 5 years old.

The **chewable tablet** may contain phenylalanine and could be harmful if you have [phenylketonuria](#) (PKU).

It is not known if Accolate will harm an unborn baby. Tell your doctor if you are pregnant or plan to become pregnant.

You should not breastfeed while using Accolate.

## How should I take Accolate?

Follow all directions on your prescription label and read all medication guides or instruction sheets. Use the medicine exactly as directed.

**Accolate is not a fast-acting rescue medicine for asthma attacks.** Seek medical attention if your breathing problems get worse quickly, or if you think your medications are not working.

Take on an empty stomach, at least 1 hour before or 2 hours after a meal.

Your dose needs may change due to surgery, illness, stress, or a recent asthma attack. **Do not change your dose or stop using asthma medication without your doctor's advice.**

**Keep using Accolate as directed, even if you have no asthma symptoms.**

**If you take oral steroid medicine, do not stop it suddenly.** Ask your doctor about tapering your dose.

Store at room temperature away from moisture, heat, and light. Keep the bottle tightly closed when not in use.

 [Detailed Accolate dosage information](#)

## What happens if I miss a dose?

Take the medicine as soon as you can, but skip the missed dose if it is almost time for your next dose. **Do not** take two doses at one time.

## What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

## What should I avoid while taking Accolate?

Avoid situations or activities that may trigger an asthma attack.

## What other drugs will affect Accolate?

Tell your doctor about all your other medicines, especially:

- [erythromycin](#);
- [fluconazole](#);
- [theophylline](#); or
- [warfarin](#), [Coumadin](#), [Jantoven](#).

This list is not complete. Other drugs may affect Accolate, including prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). Not all possible [drug interactions](#) are listed here.

 [Accolate drug interactions](#) (more detail)

## Does Accolate interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Accolate

+

Enter a drug name

Add

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Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.


Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

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DRUG STATUS

**Availability**  
**Rx** Prescription only

**Pregnancy & Lactation**  
 Risk data available

**CSA Schedule\***  
**N/A** Not a controlled drug

**Approval History**



10+ years FDA approved 1996

## User Reviews & Ratings

4 Reviews

## Images

Accolate 20 mg (ACCOLATE 20 ZENECA)



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