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2. Dyrenium

Dyrenium

Generic name: [triamterene](#) [try-AM-teh-reen]**Drug class:** [Potassium-sparing diuretics](#)[Medically reviewed](#) by Drugs.com on Mar 24, 2025. Written by [Cerner Multum](#).[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)

What is Dyrenium?

Dyrenium is a potassium-sparing diuretic (water pill) that is used to treat [fluid retention](#) (edema) in people with congestive [heart failure](#), cirrhosis of the liver, or a kidney condition called [nephrotic syndrome](#).

Dyrenium is also used to treat edema caused by using steroid medicine or having too much aldosterone in your body. Aldosterone is a hormone produced by the adrenal glands to help regulate the salt and water balance in your body.

Dyrenium may also be used for purposes not listed in this medication guide.

Dyrenium side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

Dyrenium may cause serious side effects. Stop using Dyrenium and call your doctor at once if you have:

- pale skin, easy bruising or bleeding;
- slow, fast, or uneven heartbeat;
- jaundice (yellowing of the skin or eyes);
- little or no urinating;
- **signs of a kidney stone**--sudden pain in your back or side, vomiting, fever, chills, painful urination, and urine that looks, red, pink, brown, or cloudy; or
- **high potassium level**--nausea, weakness, tingly feeling, chest pain, irregular heartbeats, loss of movement.

Common side effects of Dyrenium may include:

- nausea, diarrhea;
- dizziness, headache;
- dry mouth; or

- feeling weak or tired.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Dyrenium side effects](#) (more detail)

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Warnings

You should not use Dyrenium if you have severe kidney or [liver disease](#), urination problems, or high levels of potassium in your blood. You should not take Dyrenium if you also take potassium supplements, or other diuretics such as [amiloride](#) or [spironolactone](#).

Call your doctor right away if you have signs of hyperkalemia (high potassium), such as nausea, irregular heartbeats, weakness, or loss of movement. High potassium may be more likely in older adults, or in people with kidney disease, diabetes, or severe illness.

Before taking this medicine

You should not use Dyrenium if you are allergic to it, or if you have:

- severe kidney disease, or if you are unable to urinate;
- severe liver disease;
- high potassium levels ([hyperkalemia](#)); or
- if you take potassium supplements, or another potassium-sparing diuretic such as amiloride, [eplerenone](#), or spironolactone.

Tell your doctor if you have ever had:

- diabetes;
- [heart disease](#);
- kidney disease;
- liver disease;
- gout; or
- [kidney stones](#).

Using Dyrenium may increase your risk of developing hyperkalemia (high levels of potassium in your blood). High potassium may be more likely in older adults, or in people with kidney disease, diabetes, or severe illness.

Tell your doctor if you are pregnant or if you become pregnant. Dyrenium may harm an unborn baby. However, the benefit of treating edema during pregnancy may outweigh the risk to the baby.

You should not breastfeed while using Dyrenium.

Dyrenium is not approved for use by anyone younger than 18 years old.

How should I take Dyrenium?

Follow all directions on your prescription label and read all medication guides or instruction sheets. Your doctor may occasionally change your dose. Use the medicine exactly as directed.

Take Dyrenium after eating a meal to avoid [stomach upset](#).

Taking a diuretic can make you urinate more often, which could disrupt your sleep. If you take Dyrenium only once per day, take it in the morning to reduce the chance of night-time urination.

You may need frequent medical tests. Your heart function may need to be checked using an electrocardiograph or ECG (sometimes called an EKG).

This medicine can affect the results of certain medical tests. Tell any doctor who treats you that you are using Dyrenium.

If you need surgery, tell the surgeon ahead of time that you are using Dyrenium.

Store at room temperature away from moisture, heat, and light. Keep the bottle tightly closed when not in use.

 [Detailed Dyrenium dosage information](#)

What happens if I miss a dose?

Take the medicine as soon as you can, but skip the missed dose if it is almost time for your next dose. **Do not** take two doses at one time.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

Overdose symptoms may include increased nausea, vomiting, unusual heart rate, muscle weakness, or loss of movement.

What should I avoid while taking Dyrenium?

Avoid driving or hazardous activity until you know how Dyrenium will affect you. Your reactions could be impaired.

Drinking alcohol with this medicine can cause side effects.

Dyrenium could make you sunburn more easily. Avoid sunlight or tanning beds. Wear protective clothing and use [sunscreen](#) (SPF 30 or higher) when you are outdoors.

Do not use potassium supplements or salt substitutes, unless your doctor has told you to.

What other drugs will affect Dyrenium?

Tell your doctor about all your other medicines, especially:

- any other diuretic;
- lithium;
- insulin or oral diabetes medicine;
- heart or blood pressure medicine; or
- **NSAIDs (nonsteroidal anti-inflammatory drugs)**--aspirin, [ibuprofen](#) (Advil, Motrin), naproxen (Aleve), [celecoxib](#), [diclofenac](#), [indomethacin](#), [meloxicam](#), and others.

This list is not complete. Other drugs may affect Dyrenium, including prescription and over-the-counter medicines, vitamins, and [herbal products](#). Not all possible [drug interactions](#) are listed here.

 [Dyrenium drug interactions](#) (more detail)

Does Dyrenium interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Dyrenium

+

Enter a drug name

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Patient resources

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Professional resources

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- [Triamterene \(AHFS Monograph\)](#)

Related treatment guides

- [Ascites](#)
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Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

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DRUG STATUS

Availability		
Rx	Prescription only	
Pregnancy & Lactation		
	Risk data available	
CSA Schedule*		
N/A	Not a controlled drug	▼
Approval History		
10+ years	FDA approved 1964	▼
WADA Class		
	Anti-Doping Classification	▼

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Dyrenium 50 mg (DYRENIUM 50 mg DYRENIUM WPC 002)



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