

[Home](#)2. [Somnote](#)

Somnote

Generic name: [Chloral Hydrate Capsules](#) [*KLOR-al-HYE-drate*]**Drug class:** [Miscellaneous anxiolytics, sedatives and hypnotics](#)[Medically reviewed](#) by Drugs.com. Last updated on Nov 30, 2023.[Uses](#) [Before taking](#) [Warnings](#) [Dosage](#) [Side effects](#) [Overdose](#)

The Somnote brand name has been **discontinued** in the U.S. If generic versions of this product have been approved by the FDA, there may be [generic equivalents available](#).

Uses of Somnote:

- It is used to treat sleep problems.
- It is used to calm you before a procedure.
- It may be given to you for other reasons. Talk with the doctor.

What do I need to tell my doctor BEFORE I take Somnote?

- If you have an [allergy](#) to [chloral hydrate](#) or any other part of Somnote (chloral hydrate capsules).
- If you are allergic to Somnote (chloral hydrate capsules); any part of Somnote (chloral hydrate capsules); or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have any of these health problems: Kidney disease, [liver disease](#), esophagus problems, or stomach or bowel problems like swelling, ulcers, or irritation.
- If you have heart problems.

This is not a list of all drugs or health problems that interact with Somnote (chloral hydrate capsules).

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, [vitamins](#)) and health problems. You must check to make sure that it is safe for you to take Somnote (chloral hydrate capsules) with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take Somnote?

- Tell all of your health care providers that you take Somnote (chloral hydrate capsules). This includes your doctors, nurses, pharmacists, and dentists.

- This medicine may be habit-forming with long-term use.
- When sleep drugs are used nightly for more than a few weeks, they may not work as well to help sleep problems. This is known as tolerance. Only use sleep drugs for a short time. If sleep problems last, call the doctor.
- If you have been taking Somnote (chloral hydrate capsules) on a regular basis and you stop it all of a sudden, you may have signs of withdrawal. Do not stop taking Somnote (chloral hydrate capsules) all of a sudden without calling your doctor. Tell your doctor if you have any bad effects.
- Avoid driving and doing other tasks or actions that call for you to be [alert](#) after you take Somnote (chloral hydrate capsules). You may still feel sleepy the day after you take Somnote (chloral hydrate capsules). Avoid these tasks or actions until you feel fully awake.
- Avoid alcohol while taking Somnote (chloral hydrate capsules). Do not take Somnote (chloral hydrate capsules) if you drank alcohol that evening or before bed.
- Talk with your doctor before you use other drugs and natural products that slow your actions.
- This medicine may affect certain lab tests. Tell all of your health care providers and lab workers that you take Somnote (chloral hydrate capsules).
- If you are 65 or older, use Somnote (chloral hydrate capsules) with care. You could have more side effects.
- Use with care in children. Talk with the doctor.
- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

How is this medicine (Somnote) best taken?

Use Somnote (chloral hydrate capsules) as ordered by your doctor. Read all information given to you. Follow all instructions closely.

For all uses of Somnote (chloral hydrate capsules):

- Take with or without food.
- Take with a full glass of water.
- Swallow capsule whole. Do not chew, break, or crush.

For sleep:

- If you are using Somnote (chloral hydrate capsules) to help you sleep, take it 15 to 30 minutes before bedtime.
- Do not take Somnote (chloral hydrate capsules) unless you can get a full night's sleep (at least 7 to 8 hours) before you need to be active again.

What do I do if I miss a dose?

For sleep:

- If you take Somnote (chloral hydrate capsules) on a regular basis, take a missed dose as soon as you think about it.
- If you will not be able to get a full night's sleep (at least 7 hours) after taking the missed dose, skip the missed dose and go back to your normal time.

- Do not take 2 doses at the same time or extra doses.
- Many times Somnote (chloral hydrate capsules) is taken on an as needed basis. Do not take more often than told by the doctor.

Before [surgery](#):

- Call your doctor to find out what to do.

i [Detailed Somnote dosage information](#)

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like [rash](#); hives; [itching](#); red, swollen, blistered, or peeling skin with or without [fever](#); [wheezing](#); tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Very bad belly pain.
- Feeling confused.
- Change in how you act.
- Fever, chills, or [sore throat](#).
- Very bad dizziness or passing out.
- A heartbeat that does not feel normal.
- Trouble breathing, slow breathing, or shallow breathing.
- Some people have done certain tasks or actions while they were not fully awake like driving, making and eating food, and having sex. Most of the time, people do not remember doing these things. Tell your doctor if this happens to you.

i [Somnote side effects](#) (more detail)

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What are some other side effects of Somnote?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Feeling sleepy the next day.
- [Upset stomach](#) or throwing up.
- Gas.
- [Diarrhea](#).
- Bad taste in your mouth.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at <https://www.fda.gov/medwatch>.

If OVERDOSE is suspected:

If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

How do I store and/or throw out Somnote?

- Store at room temperature. Do not freeze.
- Protect from light.
- Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Consumer Information Use and Disclaimer

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions

about Somnote (chloral hydrate capsules), please talk with your doctor, nurse, pharmacist, or other health care provider.

- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

More about Somnote (chloral hydrate)

- [Check interactions](#)
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Further information

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

DRUG STATUS

 **Availability**
Discontinued

 **Pregnancy & Lactation**
Risk data available

CSA Schedule*
4 Some potential for abuse



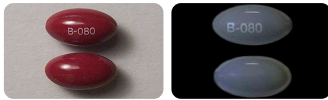
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8.4 / 10

[10 Reviews](#)

Images

Somnote 500 mg (B-080)



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