



[Home](#)

2. Selsun Blue 2-in-1

# Selsun Blue 2 in 1

**Generic name:** [selenium sulfide topical](#) [ se-LEE-nee-um-SUL-fide-TOP-ik-al ]

**Brand names:** [Dandrex](#), Selsun Blue 2 in 1, Selsun Blue Balanced Treatment, Selsun Blue Medicated Treatment, Selsun Blue Moisturizing Treatment, [SelRx](#), [Tersi Foam](#)



[Medically reviewed](#) by Drugs.com on Aug 2, 2023. Written by [Cerner Multum](#).

[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#)



The Selsun Blue 2-in-1 brand name has been **discontinued** in the U.S. If generic versions of this product have been approved by the FDA, there may be [generic equivalents available](#).

See also: [Selsun Blue Medicated Treatment](#)

## What is Selsun Blue 2 in 1?

[Selenium sulfide](#) is an antifungal medication. It prevents fungus from growing on your skin.

[Selsun Blue](#) 2 in 1 (for the skin) is used to treat [dandruff](#), seborrhea, and [tinea versicolor](#) (a fungus that discolors the skin).

Selsun Blue 2 in 1 may also be used for purposes not listed in this medication guide.

## Selsun Blue 2 in 1 side effects

Get emergency medical help if you have any of these **signs of an allergic reaction**: hives; difficulty breathing; swelling of your face, lips, tongue, or throat.

Stop using [selenium](#) sulfide and call your doctor if you have unusual or severe blistering, [itching](#), redness, peeling, dryness, or irritation of treated skin.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.



[Selsun Blue 2-in-1 side effects](#) (more detail)

## Related/similar drugs

## Dexamethasone

Dexamethasone is used to treat inflammatory conditions such as allergies, skin conditions ...

### Reviews & ratings

5.9 / 10

[162 Reviews](#)

[View more](#)

#### FEATURED

## Omvox

Omvox is used to treat moderate to severe ulcerative colitis or Crohn's disease in adults. This ...

### Reviews & ratings

[1 Reviews](#)

[View more](#)

## Zoryve

Zoryve cream is used to treat plaque psoriasis and atopic dermatitis, and Zoryve foam is used for ...

### Reviews & ratings

8.6 / 10

[48 Reviews](#)

[View more](#)

## Warnings

Follow all directions on your medicine label and package. Tell each of your healthcare providers about all your medical conditions, allergies, and all medicines you use.

## Before taking this medicine

You should not use Selsun Blue 2 in 1 if you are allergic to selenium sulfide.

FDA [pregnancy category](#) C. It is not known whether Selsun Blue 2 in 1 will harm an unborn baby. Tell your doctor if you are pregnant or plan to become pregnant while using this medication.

It is not known whether selenium sulfide topical passes into breast milk or if it could harm a nursing baby. Tell your doctor

if you are breast-feeding a baby.

Selsun Blue 2 in 1 should not be used on a child younger than 2 years old without a doctor's advice.

## How should I use Selsun Blue 2 in 1?

Use this medicine exactly as directed on the label, or as prescribed by your doctor. Do not use it in larger amounts or for longer than recommended.

Shake the selenium sulfide **foam**, **lotion**, or **shampoo** well just before each use.

Wash your hands after applying the **foam** or **lotion**.

Rinse the **shampoo** thoroughly. Do not leave it in your hair for an extended period of time. Selsun Blue 2 in 1 shampoo is generally not for daily use. Follow the directions on the label, or your doctor's instructions.

Use this medication for the full prescribed length of time. Your symptoms may improve before the **infection** is completely cleared.

Call your doctor if your symptoms do not improve, or if they get worse while using Selsun Blue 2 in 1.

Do not cover treated skin with a bandage or other dressing unless your doctor has told you to. A light cotton-gauze bandage may be used to protect clothing.

Store at room temperature away from moisture and heat. Keep the **foam** canister away from open flame, and do not puncture the can.

 [Detailed Selsun Blue 2-in-1 dosage information](#)

## What happens if I miss a dose?

Apply the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to use the medicine and skip the missed dose. **Do not** apply extra medicine to make up the missed dose.

## What happens if I overdose?

An overdose of Selsun Blue 2 in 1 is not expected to be dangerous. Seek emergency medical attention or call the Poison Help line at 1-800-222-1222 if anyone has accidentally swallowed the medication.

## What should I avoid while using selenium sulfide topical?

Avoid getting Selsun Blue 2 in 1 in your eyes, nose, mouth, rectum, or vagina. If it does get into any of these areas, rinse with water. Do not use Selsun Blue 2 in 1 on sunburned, windburned, dry, chapped, or broken skin.

Avoid covering treated skin areas with tight-fitting, synthetic clothing that doesn't allow air circulation. Wear loose-fitting clothing made of cotton and other natural fibers until your infection is healed.

## What other drugs will affect Selsun Blue 2 in 1?

Avoid using other topical medications at the same time you apply Selsun Blue 2 in 1, unless your doctor approves. Other skin medications may affect the absorption or effectiveness of selenium sulfide topical.

## Does Selsun Blue 2-in-1 interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Selsun Blue 2-in-1

+

Enter a drug name

Add

## More about Selsun Blue 2-in-1 (selenium sulfide topical)

- [Compare alternatives](#)
- [Reviews \(1\)](#)
- [Side effects](#)
- [Dosage information](#)
- [During pregnancy](#)
- [En español](#)

## Patient resources

### Other brands

[Selsun Blue](#), [Dandrex](#), [Selenos](#), [SelRx](#), ... +3 more

## Professional resources

- [Selenium Sulfide \(Topical\) monograph](#)
- [Selenium Sulfide Shampoo \(FDA\)](#)

## Other formulations

- [Selsun Blue Medicated Treatment](#)
- [Selsun Blue Naturals Itchy Dry Scalp](#)
- [Selsun Blue Dry Scalp](#)

## Related treatment guides

- [Dandruff](#)
- [Seborrheic Dermatitis](#)

## Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

Copyright 1996-2025 Cerner Multum, Inc. Version: 5.01.

### DRUG STATUS

#### Availability

 Discontinued

#### Pregnancy & Lactation

 Risk data available

#### CSA Schedule\*

N/A Not a controlled drug



## User Reviews & Ratings

[Review this drug](#)

## Drugs.com Mobile App

Access drug & treatment information, identify pills, check interactions and set up personal medication records.



### About

[About Drugs.com](#)

[Advertising policy](#)

[Attribution & citations](#)

### Terms & privacy

[Terms of use](#)

[Editorial policy](#)

[Privacy policy](#)

### Support

[Help center](#)

[Sitemap](#)

[Contact us](#)





[Subscribe to our newsletter](#) for the latest medication news, new drug approvals and FDA alerts.

**Drugs.com** provides accurate and independent information on more than 24,000 prescription drugs, over-the-counter medicines and natural products. This material is provided for educational purposes only and is not intended for medical advice, diagnosis or treatment. Data sources include Micromedex (updated 7 Apr 2025), Cerner Multum™ (updated 13 Apr 2025), ASHP (updated 10 Apr 2025) and others.



Copyright © 2000-2025 Drugs.com. All rights reserved.

