



[Home](#)

2. [My Way](#)

# My Way

**Generic name:** [levonorgestrel emergency contraceptive](#) [ *LEE-voe-nor-jes-trel* ]

**Brand names:** [AfterPill](#), [Curae](#), [EContra EZ](#), [EContra One-Step](#), [Her Style](#), ... [show all 15 brands](#)

**Drug class:** [Contraceptives](#)



[Medically reviewed](#) by Drugs.com on Apr 4, 2025. Written by [Cerner Multum](#).

[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [Dosage](#) [Interactions](#) [FAQ](#)

## What is My Way?

My Way is used to prevent pregnancy after unprotected sex or failure of other forms of [birth control](#) (such as condom breakage, or missing 2 or more [birth control pills](#)).

My Way may also be used for purposes not listed in this medication guide.

## My Way side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

**Call your doctor or seek emergency medical help if you have severe pain in your lower stomach or side.** This could be a sign of a tubal pregnancy (a pregnancy that implants in the fallopian tube instead of the uterus). A tubal pregnancy is a medical emergency.

**Common side effects of My Way may include:**

- stomach pain;
- breast pain or tenderness;
- [nausea](#), [vomiting](#), [diarrhea](#);
- [headache](#), dizziness;
- feeling tired; or
- changes in your menstrual periods.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.



[My Way side effects](#) (more detail)

## Related/similar drugs

### Mirena

Mirena (levonorgestrel) is a plastic intrauterine device placed in the uterus and is used to ...

#### Reviews & ratings

6.1 / 10

[2,624 Reviews](#)

[View more](#)

### Aviane

Aviane is used as contraception to prevent pregnancy. Includes side effects, interactions and ...

#### Reviews & ratings

6.1 / 10

[554 Reviews](#)

[View more](#)

#### FEATURED

### OmvoH

OmvoH is used to treat moderate to severe ulcerative colitis or Crohn's disease in adults. This ...

#### Reviews & ratings

[1 Reviews](#)

[View more](#)

### Kyleena

The Kyleena IUD is placed in your uterus by your healthcare provider to prevent pregnancy for up to ...

#### Reviews & ratings

6.6 / 10

[1,637 Reviews](#)

[View more](#)

[ella](#)

ella (ulipristal) is an emergency contraceptive used to prevent pregnancy after having sex without ...

#### Reviews & ratings

7.1 / 10

[771 Reviews](#)

[View more](#)

#### Liletta

Liletta (levonorgestrel) is an intrauterine device (IUD) used to prevent pregnancy and also to ...

#### Reviews & ratings

5.5 / 10

[647 Reviews](#)

[View more](#)

#### Skyla

Skyla (levonorgestrel intrauterine system) is flexible plastic T-shaped device used for prevention ...

#### Reviews & ratings

6.9 / 10

[1,537 Reviews](#)

[View more](#)

## Warnings

**My Way will not terminate pregnancy if the fertilized egg has already attached to the uterus.**

**Ask a doctor or pharmacist before taking levonorgestrel if you regularly use medication for seizures, tuberculosis, or HIV/AIDS.** Certain other medicines can make [levonorgestrel](#) less effective.

## Before taking this medicine

**My Way is not intended for use as a routine form of birth control.** Talk with your doctor about the many forms of birth control available.

Do not use this medicine if you are already pregnant. **My Way will not terminate a pregnancy that has already begun** (the fertilized egg has attached to the uterus).

Not approved for use by anyone younger than 17 years old.

You should not use levonorgestrel if you are allergic to it.

**Ask a doctor or pharmacist before taking levonorgestrel if you regularly use medication for seizures, tuberculosis, or HIV/AIDS.** Certain medications can make levonorgestrel less effective as an emergency form of contraception.

Levonorgestrel may slow breast milk production. Tell your doctor if you are breastfeeding.

## How should I take My Way?

Use exactly as directed on the label, or as prescribed by your doctor.

My Way must be taken as soon as possible after unprotected sex (no later than 72 hours afterward).

Call your doctor right away if you vomit within 2 hours after taking My Way. **Do not take a second dose without first asking your doctor.**

**If your period is late by 1 week or longer after the expected date, you may be pregnant.** Get a pregnancy test and contact your doctor if you are pregnant. My Way will not terminate pregnancy if the fertilized egg has attached to the uterus.

Within 3 weeks after taking My Way, **a doctor should confirm that you are not pregnant**, and that this medicine has not caused any harmful effects.

Store at room temperature away from moisture and heat.

 [Detailed My Way dosage information](#)

## What happens if I miss a dose?

Since My Way is used as a single dose, it does not have a daily dosing schedule.

## What happens if I overdose?

Because My Way is supplied as a single tablet in an exact strength, an overdose is unlikely to occur when the levonorgestrel is used as directed. **Do not take more than one tablet at the same time.**

## What should I avoid while taking My Way?

My Way **will not** protect you from [sexually transmitted diseases](#)--including HIV and AIDS. Using a condom is the only way to protect yourself from these diseases. Avoid having unprotected sex.

## What other drugs will affect My Way?

**Certain other medications can make My Way less effective, which may result in pregnancy.** Ask a doctor or pharmacist if My Way is safe to use if you are using any of the following medications:

- [efavirenz](#);
- [rifampin](#); or
- **seizure medication**--[carbamazepine](#), [felbamate](#), [fosphenytoin](#), [phenobarbital](#), [phenytoin](#), [primidone](#).

This list is not complete. Other drugs may affect levonorgestrel, including prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). Not all possible [drug interactions](#) are listed here.

**i** [My Way drug interactions](#) (more detail)

## Does My Way interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

My Way

+

Add

## Popular FAQ

- Can Plan B make your period late or cause bleeding? ▼
- Can you drink alcohol after taking Plan B? ▼
- How effective is Plan B and how late can you take it? ▼
- How many times can you take Plan B? ▼
- What's the weight limit for Plan B? ▼
- What are my birth control options and how effective are they? ▼

## More FAQ

- [Mirena, Kyleena, Skyla & Liletta - What's the difference?](#)

[View more FAQ...](#)

## More about My Way (levonorgestrel)

- [Check interactions](#)
- [Compare alternatives](#)
- [Pricing & coupons](#)

- [Reviews \(82\)](#)
- [Drug images](#)
- [Latest FDA alerts \(1\)](#)
- [Side effects](#)
- [Dosage information](#)
- [During pregnancy](#)
- [Drug class: contraceptives](#)
- [En español](#)

## Patient resources

- [My Way advanced reading](#)

## Other brands

[Mirena](#), [Kyleena](#), [Liletta](#), [Skyla](#), ... +15 more

## Professional resources

- [My Way Tablets prescribing information](#)

## Other brands

[Mirena](#), [Kyleena](#), [Liletta](#), [Skyla](#), ... +2 more

## Related treatment guides

- [Emergency Contraception](#)

## Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

Copyright 1996-2025 Cerner Multum, Inc. Version: 5.02.

### Emergency Contraception 101

[Emergency Contraception Overview](#)

[Emergency Contraceptives Available in the U.S.](#)

## DRUG STATUS

### Availability

OTC Over the counter

### Pregnancy & Lactation

 Risk data available

### CSA Schedule\*

N/A Not a controlled drug



## User Reviews & Ratings

6.2 / 10

[82 Reviews](#)

## Related News

[Certain Birth Control Pills, Devices Linked to Higher Heart Risks](#)

## Images

[My Way levonorgestrel 1.5 mg \(LU S25\)](#)

# Drugs.com Mobile App

Access drug & treatment information, identify pills, check interactions and set up personal medication records.



## About

[About Drugs.com](#)

[Advertising policy](#)

[Attribution & citations](#)

## Terms & privacy

[Terms of use](#)

[Editorial policy](#)

[Privacy policy](#)

## Support

[Help center](#)

[Sitemap](#)

[Contact us](#)





[Subscribe to our newsletter](#) for the latest medication news, new drug approvals and FDA alerts.

**Drugs.com** provides accurate and independent information on more than 24,000 prescription drugs, over-the-counter medicines and natural products. This material is provided for educational purposes only and is not intended for medical advice, diagnosis or treatment. Data sources include Micromedex (updated 7 Apr 2025), Cerner Multum™ (updated 13 Apr 2025), ASHP (updated 10 Apr 2025) and others.



Ad Choices  
ADVERTISEMENT



Copyright © 2000-2025 Drugs.com. All rights reserved.