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2. Dextromethorphan/phenylephrine/pyrilamine

Dextromethorphan, phenylephrine, and pyrilamine

Generic name: dextromethorphan, phenylephrine, and pyrilamine [*DEX-troe-meth-OR-fan, FEN-il-EF-rin, pir-IL-a-meen*]

Brand names: Polytussin-DM, [Codimal DM](#), Codal-DM Syrup, Codituss DM, Viravan-DM, ... [show all 17 brands](#)

Dosage form: oral liquid (7.5 mg-5 mg-12.5 mg/5 mL)

Drug class: [Upper respiratory combinations](#)



[Medically reviewed](#) by Drugs.com on Nov 6, 2023. Written by [Cerner Multum](#).

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What is dextromethorphan, phenylephrine, and pyrilamine?

[Dextromethorphan](#), [phenylephrine](#), and pyrilamine is a combination medicine used to treat cough, runny or stuffy nose, sneezing, itching, and watery eyes caused by allergies, the [common cold](#), or the flu.

Dextromethorphan, phenylephrine, and pyrilamine may also be used for purposes not listed in this medication guide.

Dextromethorphan, phenylephrine, and pyrilamine side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives, difficult breathing, swelling of your face, lips, tongue, or throat.

Stop using dextromethorphan, phenylephrine, and pyrilamine and call your doctor at once if you have:

- dizziness;
- nervousness; or
- sleep problems ([insomnia](#)).

Less serious side effects may be more likely, and you may have none at all.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.



[Dextromethorphan / phenylephrine / pyrilamine side effects](#) (more detail)

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Warnings

Do not use this medicine if you are using or if you have used an MAO inhibitor in the past 14 days. A dangerous [drug interaction](#) could occur. MAO inhibitors include [isocarboxazid](#), [linezolid](#), [methylene blue](#) injection, [phenelzine](#), and [tranylcypromine](#).

Before taking this medicine

Do not use dextromethorphan, phenylephrine, and pyrilamine if you are using or if you have used an MAO inhibitor in the past 14 days. A dangerous drug interaction could occur. MAO inhibitors include isocarboxazid, linezolid, methylene blue injection, phenelzine, and tranylcypromine.

Ask a doctor or pharmacist if this medicine is safe to use if you have:

- asthma or COPD, cough with mucus, or cough caused by smoking, [emphysema](#), or [chronic bronchitis](#);
- [high blood pressure](#), [heart disease](#);
- [glaucoma](#);
- urination problems due to an [enlarged prostate](#); or
- a thyroid disorder.

Ask a doctor before using this medicine if you are pregnant or breastfeeding.

How should I take dextromethorphan, phenylephrine, and pyrilamine?

Use exactly as directed on the label, or as prescribed by your doctor. Cold or cough medicine is only for short-term use.

Do not give this medicine to a child without medical advice. Follow all directions when giving this medicine to a child. **Do not use the medicine to make a child sleepy.** Misuse of this medicine may cause death in very young children.

Measure **liquid medicine** with the supplied measuring device (not a kitchen spoon).

Call your doctor if your symptoms do not improve after 7 days, or if you have a fever, rash, or headaches.

Store at room temperature away from moisture and heat.

 [Detailed Dextromethorphan / phenylephrine / pyrilamine dosage information](#)

What happens if I miss a dose?

dextromethorphan, phenylephrine, and pyrilamine is used when needed. If you are on a dosing schedule, skip any missed dose. **Do not** use two doses at one time.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

What should I avoid while taking dextromethorphan, phenylephrine, and pyrilamine?

Drinking alcohol with dextromethorphan, phenylephrine, and pyrilamine can cause side effects.

Ask a doctor or pharmacist before taking other cough or cold medicines that may contain similar ingredients.

Avoid driving or hazardous activity until you know how this medicine will affect you. Your reactions could be impaired.

What other drugs will affect dextromethorphan, phenylephrine, and pyrilamine?

Ask a doctor or pharmacist before using any other medicines that can cause [drowsiness](#) (such as opioid medication, sleep medicine, a muscle relaxer, or medicine for anxiety or seizures). Tell your doctor about all other medicines you use. This includes prescription and over-the-counter medicines, vitamins, and [herbal products](#). **Not all possible interactions are listed here.**

 [Dextromethorphan / phenylephrine / pyrilamine drug interactions](#) (more detail)

Does dextromethorphan/phenylephrine/pyrilamine interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

dextromethorphan/phenylephrine/pyrilamine

+

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Patient resources

- [Phenylephrine/Pyrilamine/Dextromethorphan Syrup patient information](#)

Other brands

[Codimal DM](#)

Related treatment guides

- [Allergic Rhinitis](#)
- [Cold Symptoms](#)
- [Sinusitis](#)

Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

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Benadryl Pediatric Dosage Guide

Use these dosage charts for infants and children under 12 years old:

[Benadryl Dosage Charts \(Infants & Children\)](#)

DRUG STATUS

Availability
 Rx and/or OTC

Pregnancy & Lactation
 Risk data available

CSA Schedule*
N/A Not a controlled drug



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