



[Home](#)

2. Veramyst

# Veramyst Nasal Spray

**Generic name:** [fluticasone nasal](#) [ *floo-TIK-a-son*e ]

**Brand name:** Veramyst

**Drug class:** [Nasal steroids](#)

Medically reviewed by [Philip Thornton, DipPharm](#). Last updated on Aug 15, 2023.

[Uses](#) [Warnings](#) [Before taking](#) [Dosage](#) [Side effects](#) [Interactions](#) [FAQ](#)



The Veramyst brand name has been **discontinued** in the U.S. If generic versions of this product have been approved by the FDA, there may be [generic equivalents available](#).

## What is Veramyst?

Veramyst a nasal spray containing fluticasone furoate. Fluticasone furoate is a corticosteroid. It prevents the release of substances in the body that cause inflammation.

Veramyst Nasal Spray is used to treat nasal congestion, [sneezing](#), [runny nose](#), and itchy or watery eyes caused by seasonal or year-round [allergies](#).

Veramyst may be used in children as young as 2 years old.

## Warnings

Before using Veramyst nasal spray, tell your doctor if you have glaucoma or cataracts, liver disease, diabetes, herpes simplex virus of your eyes, tuberculosis or any other infection, sores or ulcers inside your nose, or if you have recently had injury of or surgery on your nose.

It may take up to several days of using Veramyst nasal spray before your symptoms improve. Tell your doctor if your symptoms do not improve after a week of treatment.

Veramyst can lower blood cells that help your body fight infections. Avoid being near people who are sick or have infections. Call your doctor for preventive treatment if you are exposed to chicken pox or measles. These conditions can be serious or even fatal in people who are using fluticasone.

Do not administer Veramyst to a child younger than 2 years old without medical advice. Steroid medication can affect growth in children. Talk with your doctor if you think your child is not growing at a normal rate while using this medicine.

## Before taking this medicine

You should not use Veramyst if you are allergic to fluticasone.

Fluticasone can weaken your immune system, making it easier for you to get an infection or worsening an infection you already have or recently had. Tell your doctor about any illness or infection you have had within the past several weeks.

To make sure Veramyst is safe for you, tell your doctor if you have ever had:

- sores or ulcers inside your nose;
- injury of or surgery on your nose;
- [glaucoma](#) or cataracts;
- liver disease;
- diabetes;
- a weak immune system; or
- any type of infection (bacterial, fungal, viral, or parasitic).

Tell your doctor if you are pregnant or breast-feeding.

 [Veramyst pregnancy and breastfeeding warnings](#) (more detail)

## How should I use Veramyst?

Use Veramyst exactly as prescribed by your doctor. Do not use in larger or smaller amounts or for longer than recommended. Do not share this medicine with another person, even if they have the same symptoms you have.

The usual dose of Veramyst is 1 to 2 sprays into each nostril once or twice per day. Follow all dosing instructions very carefully.

Do not use **Veramyst** in a child younger than 2 years old. **Any child using this medicine should be supervised by an adult while using the nasal spray.**

Priming helps to make sure you always get the same full dose of medicine. You need to prime Veramyst Nasal Spray:

- before you use a new bottle for the first time.
- if you have not used your Veramyst Nasal Spray for 30 days or longer.
- if the cap has been left off the bottle for 5 days or longer.
- if the device does not seem to be working correctly.

To prime the Veramyst Nasal Spray:

- With the cap on, shake the device well. This is important to make the medicine a liquid that will spray.
- Take the cap off by squeezing the finger grips and pulling it straight off.
- Hold the device with the nozzle pointing up and away from you. Place your thumb or fingers on the button. Press the button all the way in 6 times or until a fine mist sprays from the nozzle. The nasal spray is now ready to use.

Before taking a dose, gently blow your nose to clear your nostrils. Shake the bottle well. Then do these 3 simple steps:

## Place, Press, Repeat.

### 1. PLACE

- Tilt your head forward a little bit. Hold the device upright. **PLACE** the nozzle in one of your nostrils.
- Point the end of the nozzle toward the side of your nose, away from the center of your nose (septum). This helps get the medicine to the right part of your nose.

### 2. PRESS

- **PRESS** the button all the way in 1 time to spray the medicine in your nose while you are breathing in.
- **Do not get any Veramyst spray in your eyes.** If you do, rinse your eyes well with water.
- Take the nozzle out of your nose. Breathe out through your mouth.

### 3. REPEAT

- To deliver the medicine to the other nostril, **REPEAT** Steps 1 and 2 in the other nostril.
- If your healthcare provider has told you to take 2 sprays in each nostril, repeat Steps 1-3 again.
- Replace the cap on the device after you have finished taking your dose.

**Any child using Veramyst should be supervised by an adult while using the nasal spray.**

If you switched to fluticasone from another steroid medicine, do not stop using the other steroid suddenly or you may have unpleasant withdrawal symptoms. Talk with your doctor about tapering your steroid dose before stopping completely.

To be sure Veramyst is not causing harmful effects on your nose or sinuses, your doctor may need to check your progress on a regular basis.

It may take up to several days before your symptoms improve. Keep using the medication as directed and tell your doctor if your symptoms do not improve after a week of treatment.

Store Veramyst in an upright position at room temperature, away from moisture and heat. **Throw the spray bottle away after you have used 120 sprays, even if there is still medicine left in the bottle.**

## Dosing information

### Usual Adult Dose for Rhinitis:

Fluticasone furoate: 2 sprays in each nostril once a day

When maximum benefit has been achieved and symptoms have been controlled, reducing the dosage to 1 spray in each nostril once a day may be effective.

### Usual Pediatric Dose for Rhinitis:

2 to 11 years: Fluticasone furoate: 1 spray in each nostril once a day

Comments:

Fluticasone furoate: Children between 2 to 11 years not adequately responding to 1 spray in each nostril once a day may use 2 sprays in each nostril once a day.

-When maximum benefit has been achieved and symptoms have been controlled, reducing the dosage to 1 spray in each nostril once a day may be effective.

 [Detailed Veramyst dosage information](#)

## What happens if I miss a dose?

Use the medicine as soon as you can, but skip the missed dose if it is almost time for your next dose. Do not use two doses at one time.

## What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

An overdose of Veramyst is not expected to produce life threatening symptoms. Long term use of steroid medicine can lead to glaucoma, cataracts, thinning skin, easy bruising, changes in body fat (especially in your face, neck, back, and waist), increased [acne](#) or facial hair, menstrual problems, [impotence](#), or loss of interest in sex.

## What should I avoid while using Veramyst?

Avoid getting the spray in your eyes or mouth. If this does happen, rinse with water.

Avoid being near people who are sick or have infections. Call your doctor for preventive treatment if you are exposed to [chickenpox](#) or [measles](#). These conditions can be serious or even fatal in people who are using fluticasone nasal.

## Veramyst side effects

Get emergency medical help if you have **signs of an allergic reaction to Veramyst**: [hives](#), rash; feeling light-headed; difficult breathing; swelling of your face, lips, tongue, or throat.

Call your doctor at once if you have:

- severe or ongoing nosebleeds;
- noisy breathing, runny nose, or crusting around your nostrils;
- redness, sores, or white patches in your mouth or throat;
- fever, chills, body aches;
- blurred vision, eye pain, or seeing halos around lights;
- any wound that will not heal; or
- signs of a hormonal disorder--worsening tiredness or muscle weakness, feeling light-headed, [nausea](#), [vomiting](#).

Steroid medicine can affect growth in children. Tell your doctor if your child is not growing at a normal rate while using this medicine.

Common Veramyst side effects may include:

- minor nosebleed, burning or itching in your nose;
- sores or white patches inside or around your nose;
- cough, trouble breathing;
- [headache](#), [back pain](#);
- sinus pain, [sore throat](#), fever; or
- nausea, vomiting.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Veramyst side effects](#) (more detail)

## Related/similar drugs

### Promethazine

Promethazine is a phenothiazine and antihistamine used to treat allergies, motion sickness, nausea ...

#### Reviews & ratings

7.2 / 10

[388 Reviews](#)

[View more](#)

### Loratadine

Loratadine is a non-drowsy antihistamine used to relieve allergy symptoms like sneezing, runny ...

#### Reviews & ratings

4.7 / 10

[139 Reviews](#)

[View more](#)

#### FEATURED

### Ozempic

Learn about Ozempic (semaglutide) for type 2 diabetes treatment, weight management, cardiovascular ...

#### Reviews & ratings

6.6 / 10

[1,504 Reviews](#)

[View more](#)

## Dexamethasone

Dexamethasone is used to treat inflammatory conditions such as allergies, skin conditions ...

### Reviews & ratings

5.9 / 10

[162 Reviews](#)

[View more](#)

## Methylprednisolone

Methylprednisolone is used to treat conditions such as allergies, arthritis, lupus and ulcerative ...

### Reviews & ratings

7.1 / 10

[484 Reviews](#)

[View more](#)

## Cetirizine

Cetirizine treats cold or allergy symptoms such as sneezing, itching, watery eyes, or runny nose ...

### Reviews & ratings

5.8 / 10

[294 Reviews](#)

[View more](#)

## Montelukast

Montelukast is a daily oral medication used to prevent asthma attacks, exercise-induced ...

### Reviews & ratings

5.6 / 10

[571 Reviews](#)

[View more](#)

## Zyrtec

Zyrtec (cetirizine) is used to treat allergy symptoms such as sneezing, itching, watery eyes, or ...

### Reviews & ratings

5.8 / 10

[197 Reviews](#)

[View more](#)

## Flonase

Flonase (fluticasone nasal) is used to treat nasal congestion, sneezing, and runny nose caused by ...

### Reviews & ratings

5.0 / 10

[185 Reviews](#)

[View more](#)

## What other drugs will affect Veramyst?

Tell your doctor about all your other medicines, especially:

- antifungal medicine; or
- antiviral medicine to treat hepatitis C or [HIV/AIDS](#).

This list is not complete. Other drugs may interact with fluticasone nasal, including prescription and over-the-counter medicines, [vitamins](#), and [herbal products](#). Not all possible drug interactions are listed here.

 [Veramyst drug interactions](#) (more detail)

## Does Veramyst interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Veramyst

+

Enter a drug name

Add

## Popular FAQ

## More about Veramyst (fluticasone nasal)

- [Check interactions](#)
- [Compare alternatives](#)
- [Reviews \(21\)](#)
- [Side effects](#)
- [Dosage information](#)
- [During pregnancy](#)
- [FDA approval history](#)
- [Drug class: nasal steroids](#)

## Patient resources

### Other brands

[Flonase](#), [Xhance](#)

## Professional resources

- [Veramyst prescribing information](#)
- [Fluticasone Propionate \(EENT\) \(AHFS Monograph\)](#)

### Other brands

[Flonase](#), [Xhance](#), [Ticanase](#)

## Related treatment guides

- [Rhinitis](#)
- [Allergic Rhinitis](#)
- [Allergies](#)

## Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use Veramyst only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)



## DRUG STATUS

### Availability

 Discontinued

### Pregnancy & Lactation

 Risk data available

### CSA Schedule\*

N/A Not a controlled drug



### WADA Class

 Anti-Doping Classification



## User Reviews & Ratings

8.0 / 10

[21 Reviews](#)

## Drugs.com Mobile App

Access drug & treatment information, identify pills, check interactions and set up personal medication records.



### About

[About Drugs.com](#)

[Advertising policy](#)

[Attribution & citations](#)

### Terms & privacy

[Terms of use](#)

[Editorial policy](#)

[Privacy policy](#)

### Support

[Help center](#)

[Sitemap](#)

[Contact us](#)



[Subscribe to our newsletter](#) for the latest medication news, new drug approvals and FDA alerts.

**Drugs.com** provides accurate and independent information on more than 24,000 prescription drugs, over-the-counter medicines and natural products. This material is provided for educational purposes only and is not intended for medical advice, diagnosis or treatment. Data sources include Micromedex (updated 7 Apr 2025), Cerner Multum™ (updated 13 Apr 2025), ASHP (updated 10 Apr 2025) and others.



Ad Choices  
ADVERTISEMENT



Copyright © 2000-2025 Drugs.com. All rights reserved.