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Clindamax

Generic name: [Clindamycin Gel and Lotion](#) [*klin-da-MYE-sin*]

Brand names: [Cleocin T](#), Clindamax

Drug class: [Vaginal anti-infectives](#)

[Medically reviewed](#) by Drugs.com. Last updated on Mar 19, 2024.

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Uses of Clindamax:

- It is used to treat [pimples](#) (acne).
- It may be given to you for other reasons. Talk with the doctor.

What do I need to tell my doctor BEFORE I take Clindamax?

- If you have an [allergy](#) to [lincomycin](#), [clindamycin](#), or any other part of [Clindamax](#) (clindamycin gel and lotion).
- If you are allergic to Clindamax (clindamycin gel and lotion); any part of Clindamax (clindamycin gel and lotion); or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have ever had any of these health problems: Severe [diarrhea](#) called [antibiotic-associated colitis](#), regional enteritis, ulcerative [colitis](#), or [Crohn's disease](#).
- If you are using any products that have [erythromycin](#).

This is not a list of all drugs or health problems that interact with Clindamax (clindamycin gel and lotion).

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, [vitamins](#)) and health problems. You must check to make sure that it is safe for you to take Clindamax (clindamycin gel and lotion) with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take Clindamax?

- Tell all of your health care providers that you take Clindamax (clindamycin gel and lotion). This includes your doctors, nurses, pharmacists, and dentists.
- Do not use coverings (bandages, dressings, make-up) unless told to do so by the doctor.
- It may take several weeks to see the full effects.
- Talk with your doctor before you use other drugs or products on your skin.

- A severe form of diarrhea called C diff-associated diarrhea ([CDAD](#)) has happened with most [antibiotics](#). Sometimes, this can be deadly. This may happen while using the [antibiotic](#) or within a few months after you stop using it. Call your doctor right away if you have stomach pain or cramps, very loose or [watery stools](#), or bloody stools. Do not try to treat diarrhea without first checking with your doctor.
- This medicine may cause harm if swallowed. If Clindamax (clindamycin gel and lotion) is swallowed, call a doctor or poison control center right away.
- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

How is this medicine (Clindamax) best taken?

Use Clindamax (clindamycin gel and lotion) as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- Use as you have been told, even if your signs get better.
- Wash your hands before and after use.
- Do not take Clindamax (clindamycin gel and lotion) by mouth. Use on your skin only. Keep out of your mouth, nose, and eyes (may burn).
- Clean affected part before use. Make sure to dry well.
- Put a thin layer on the affected skin.
- Shake lotion well before use.

What do I do if I miss a dose?

- Use a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not use 2 doses at the same time or extra doses.

i [Detailed Clindamax dosage information](#)

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like [rash](#); hives; [itching](#); red, swollen, blistered, or peeling skin with or without [fever](#); [wheezing](#); tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Very bad irritation where Clindamax (clindamycin gel and lotion) is used.

i [Clindamax side effects](#) (more detail)

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What are some other side effects of Clindamax?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Irritation where Clindamax (clindamycin gel and lotion) is used.
- Burning.
- Itching.
- Dry skin.
- Redness.
- Oily skin.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at <https://www.fda.gov/medwatch>.

If OVERDOSE is suspected:

If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

How do I store and/or throw out Clindamax?

- Store at room temperature. Do not freeze.
- Keep lid tightly closed.
- Protect from heat.
- Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Consumer Information Use and Disclaimer

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about Clindamax (clindamycin gel and lotion), please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

More about Clindamax (clindamycin topical)

- [Check interactions](#)
- [Compare alternatives](#)
- [Reviews \(3\)](#)
- [Side effects](#)
- [Dosage information](#)
- [During pregnancy](#)
- [Drug class: vaginal anti-infectives](#)
- [Breastfeeding](#)

Patient resources

- [ClindaMax \(Clindamycin Topical\) advanced reading](#)
- [ClindaMax \(Clindamycin Vaginal\) \(Advanced Reading\)](#)

Other brands

[Clindagel](#), [Cleocin T](#), [Clindesse](#), [ClindaReach Pledget](#), ... +9 more

Professional resources

- [ClindaMax Gel prescribing information](#)
- [Clindamycin Phosphate \(Topical\) \(AHFS Monograph\)](#)

Other brands

[Clindagel](#), [Clindesse](#), [Cleocin Vaginal](#), [Clindacin ETZ](#), ... +3 more

Related treatment guides

- [Bacterial Vaginosis](#)

Further information

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.


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DRUG STATUS

Availability

Rx Prescription only

Pregnancy & Lactation

 Risk data available

CSA Schedule*

N/A Not a controlled drug



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