

[Home](#)

2. TheraTears

# TheraTears

**Generic name:** [ocular lubricant](#) [ *OK-yoo-lar-LOO-bri-kant* ]**Brand names:** [Advanced Eye Relief Dry Eye](#), [Artelac Nighttime](#), [Artificial Tears](#), [Bion Tears](#), [Blink Contacts](#), ... [show all 79 brands](#)**Drug class:** [Ophthalmic lubricants and irrigations](#)[Medically reviewed](#) by Drugs.com on Mar 31, 2025. Written by [Cerner Multum](#).[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [What to avoid](#) [Interactions](#)

## What is TheraTears?

There are many brands and forms of [ocular lubricant](#) available and not all are listed on this leaflet.

TheraTears is used in adults to relieve burning, irritation, and discomfort caused by dry eyes.

TheraTears may also be used for purposes not listed in this medication guide.

## TheraTears side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

Stop using TheraTears and call your doctor if you have:

- severe burning, stinging, or eye irritation after using the medicine;
- eye pain; or
- vision changes.

**Common side effects of TheraTears may include:**

- mild eye burning or irritation;
- [itching](#) or redness of your eyes;
- watery eyes;
- blurred vision; or
- sensitivity to light.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

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Restasis is used to treat chronic dry eye that may be caused by inflammation. Learn about side ...

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Xiidra (lifitegrast 5%) is an eye drop solution that is used twice daily in each eye to treat the ...

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## Cequa

Cequa eye drops are used to treat chronic dry eye that may be caused by inflammation. Learn about ...

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## Vevye

Vevye is a solution of cyclosporine 0.1% that may be used in the eyes to treat the signs and ...

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Lotemax and Lotemax SM (loteprednol etabonate) are corticosteroid medications used to help treat ...

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## Warnings

**You should not use an TheraTears to treat or prevent an eye infection.**

## Before taking this medicine

You should not use an TheraTears if you are allergic to it. **This medicine will not treat or prevent an eye infection.**

Ask a doctor or pharmacist if it is safe for you to use TheraTears if you have any type of [infection](#) in your eye.

Tell your doctor if you are pregnant or breastfeeding.

## How should I use TheraTears?

Follow all directions on your prescription label and read all medication guides or instruction sheets. Use the medicine exactly as directed.

Wash your hands before using TheraTears.

**Do not use TheraTears and call your pharmacist if the medicine looks cloudy or has changed color.**

Do not touch the tip of the eye dropper or ointment tube or place it directly on your eye. A contaminated tip can infect your eye, which could lead to serious vision problems.

Call your doctor if your symptoms do not improve, or if they get worse while using TheraTears.

Store at room temperature away from moisture and heat.

## What happens if I miss a dose?

TheraTears is used when needed. If you are on a dosing schedule, skip any missed dose. **Do not** use two doses at one time.

## What happens if I overdose?

An overdose of ocular lubricant is not expected to be dangerous. Seek emergency medical attention or call the Poison Help line at 1-800-222-1222 if anyone has accidentally swallowed the medication.

## What should I avoid while using TheraTears?

TheraTears may cause blurred vision. Avoid driving or hazardous activity until you know how this medicine will affect you.

Do not use other eye medications unless your doctor tells you to.

## What other drugs will affect TheraTears?

Medicine used in the eyes is not likely to be affected by other drugs you use. But many drugs can interact. Tell your doctor about all your current medicines, including prescription and over-the-counter medicines, [vitamins](#), and [herbal](#)

products.

## Does TheraTears interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

TheraTears

+

Enter a drug name

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- [En español](#)

## Patient resources

### Other brands

[Systane](#), [Artificial Tears](#), [Refresh Tears](#), [Lubricant Eye Drops](#), ... +73 more

## Professional resources

### Other brands

[Lacrisert](#)

## Other formulations

- [TheraTears Contact Lens](#)
- [TheraTears Nutrition](#)

## Related treatment guides

- [Dry Eye Disease](#)

## Further information

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

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## DRUG STATUS

### Availability

OTC Over the counter

### CSA Schedule\*

N/A Not a controlled drug



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