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2. Multivitamin

# Multivitamins

**Generic name:** multivitamins

**Brand names:** Berocca, Primaplex, Becomject-100, M.V.I.-12, [Nephplex Rx](#), ... [show all 330 brands](#)

**Dosage forms:** oral capsule (Lipotropic with Multivitamins; Multiple Vitamins; Therapeutic Multiple Vitamins; Vitamin A and D; Vitamin A, D, E and K; Vitamin B Complex; Vitamin B Complex with Benfotiamine, Choline and Folate; Vitamin B Complex with C; Vitamin B Complex with C and Folic Acid; Vitamin B Complex with Folate 3400 mcg DFE; Vitamin C and E), ... [show all 13 dosage forms](#)

**Drug class:** [Vitamin and mineral combinations](#)



[Medically reviewed](#) by Drugs.com on Jan 6, 2025. Written by [Cerner Multum](#).

[Uses](#) [Side effects](#) [Warnings](#) [Before taking](#) [What to avoid](#) [Interactions](#) [FAQ](#)

## What is a multivitamin?

Multivitamins are a combination of many different [vitamins](#) that are normally found in foods and other natural sources.

Multivitamins are used to provide vitamins that are not taken in through the diet. Multivitamins are also used to treat vitamin deficiencies (lack of vitamins) caused by illness, pregnancy, poor nutrition, digestive disorders, and many other conditions.

Multivitamins may also be used for purposes not listed in this medication guide.

## Multivitamins side effects

Get emergency medical help if you have **signs of an allergic reaction**: hives, difficult breathing, swelling of your face, lips, tongue, or throat.

Less serious side effects may be more likely, or you may have none at all.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.



[Multivitamin side effects](#) (more detail)

## Related/similar drugs

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Dextrose information from Drugs.com

. Includes Dextrose side effects, interactions and indications.

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## Warnings

Follow all directions on the product label and package. Tell each of your healthcare providers about all your medical conditions, allergies, and all medicines you use.

## Before taking this medicine

You should not use multivitamins if you are allergic to it.

Ask a doctor or pharmacist before using multivitamins if you have health problems or use other medications.

Your dose needs may be different during pregnancy. Some vitamins and minerals can harm an unborn baby if taken. You may need to use a prenatal vitamin specially formulated for pregnant women.

**Ask a doctor before using this medicine if you are pregnant or breastfeeding.**

Do not give any herbal/health supplement to a child without medical advice.

Do not allow a young child to use multivitamins without help from an adult.

## How should I take multivitamins?

Use exactly as directed on the label, or as directed by your doctor, pharmacist, or other healthcare provider. **Do not use more of this product than is recommended on the label.**

Your dose needs may change if you switch to a different brand, strength, or form of this medicine. **Avoid medication**

errors by using exactly as directed on the label, or as prescribed by your doctor.

Take multivitamins with a meal or within 30 minutes after a meal.

Swallow the **capsule** or **extended-release tablet** whole and do not crush, chew, dissolve, break, or open it.

You must chew the **chewable tablet** before you swallow it.

Place the **sublingual tablet** under your tongue and allow it to dissolve completely. **Do not** chew a sublingual tablet or swallow it whole.

Allow the **orally disintegrating tablet** to dissolve in your mouth without chewing.

Measure **liquid medicine** with the supplied measuring device (not a kitchen spoon).

Use multivitamins regularly for the best results.

Follow all storage instructions provided with multivitamins. Your pharmacist can provide more information about how to store this medicine.

## What happens if I miss a dose?

Take the medicine as soon as you can, but skip the missed dose if it is almost time for your next dose. **Do not** take two doses at one time.

## What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

## What should I avoid while taking multivitamins?

Ask a doctor or pharmacist before taking other vitamin supplements that may contain similar ingredients.

## What other drugs will affect multivitamins?

Other drugs may affect multivitamins, including prescription and over-the-counter medicines, vitamins, and [herbal products](#). Tell your doctor about all other medicines you use.

 [Multivitamin drug interactions](#) (more detail)

## Does multivitamin interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

multivitamin

+

Enter a drug name

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## Frequently asked questions

- [What is Foltanx prescribed for?](#)

## More about multivitamin

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- [Side effects](#)
- [Support group](#)
- [Drug class: vitamin and mineral combinations](#)
- [En español](#)

## Patient resources

- [Multivitamins Capsules and Tablets patient information](#)
- [Folic Acid and Cyanocobalamin](#)
- [Folic Acid, Cyanocobalamin, and Pyridoxine](#)
- [Folic Acid, Vitamin B6, Vitamin B12, Omega-3 Acids, and Phytosterols](#)
- [Methylfolate, Methylcobalamin, and Acetylcysteine](#)

## Other brands

[Vitamins](#), [Folbee](#), [Folbic](#), [One-A-Day Men's Health Formula](#), ... +21 more

## Professional resources

- [Multivitamins monograph](#)
- [Levomefolate, Calcium Acetylcysteine and Mecobalamin Algal \(FDA\)](#)
- [Lexazin Capsules \(FDA\)](#)
- [Multi Vitamin Infusion M.V.I. 12 \(FDA\)](#)
- [Multi Vitamin Infusion M.V.I. Adult \(FDA\)](#)

## Other brands

[Nephrocaps](#), [Nephplex Rx](#), [Renal Caps](#), [MVI Adult](#), ... +13 more

## Related treatment guides

- [Dietary Supplementation](#)

- [Hyperhomocysteinemia](#)

## Further information

- Consult with a licensed healthcare professional before using any herbal/health supplement. Whether you are treated by a medical doctor or a practitioner trained in the use of natural medicines/supplements, make sure all your healthcare providers know about all of your medical conditions and treatments.

Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

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## Guide to Weight Loss Drugs

Find out everything you need to know about weight loss drugs in our prescription [weight loss drug guide](#).

### DRUG STATUS

Availability	
<div>Rx OTC</div>	Rx and/or OTC
CSA Schedule*	
N/A	Not a controlled drug



## User Reviews & Ratings

4.1 / 10

[242 Reviews](#)

## Images

[Dexatrim plus vitamins \(COMPLETE VITAMIN\)](#)



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