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Calmoseptine

Generic name: [Menthol and Zinc Oxide Ointment and Paste](#) [*MEN-thole-& zink-OKS-ide*]**Brand names:** Caladrox, Calmoseptine, [Chamosyn](#), Lantiseptic Multi-Purpose, Remedy Calazime, [Risamine](#)**Drug class:** [Miscellaneous topical agents](#)[Medically reviewed](#) by Drugs.com. Last updated on Apr 17, 2024.[Uses](#) [Before taking](#) [Warnings](#) [Directions](#) [Side effects](#) [Overdose](#)

Uses of Calmoseptine:

- It is used to protect skin from wetness, urine, or stools.
- It is used to treat [diaper rash](#).
- It is used to treat [minor cuts](#), [scrapes](#), or burns.
- It is used at wound or fistula sites.

What do I need to tell my doctor BEFORE I take Calmoseptine?

- If you have an [allergy](#) to [menthol](#), [zinc oxide](#), or any other part of [Calmoseptine](#) (menthol and zinc oxide ointment and paste).
- If you are allergic to Calmoseptine (menthol and zinc oxide ointment and paste); any part of Calmoseptine (menthol and zinc oxide ointment and paste); or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have a deep wound or a puncture wound.

This is not a list of all drugs or health problems that interact with Calmoseptine (menthol and zinc oxide ointment and paste).

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, [vitamins](#)) and health problems. You must check to make sure that it is safe for you to take Calmoseptine (menthol and zinc oxide ointment and paste) with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take Calmoseptine?

- Tell all of your health care providers that you take Calmoseptine (menthol and zinc oxide ointment and paste). This includes your doctors, nurses, pharmacists, and dentists.

- Do not put on open or deep wounds, animal bites, infections, or very bad burns or cuts.
- This medicine may cause harm if swallowed. If Calmoseptine (menthol and zinc oxide ointment and paste) is swallowed, call a doctor or poison control center right away.
- Tell your doctor if you are pregnant or plan on getting pregnant. You will need to talk about the benefits and risks of using Calmoseptine (menthol and zinc oxide ointment and paste) while you are pregnant.
- Tell your doctor if you are breast-feeding. You will need to talk about any risks to your baby.

How is this medicine (Calmoseptine) best taken?

Use Calmoseptine (menthol and zinc oxide ointment and paste) as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- Do not take Calmoseptine (menthol and zinc oxide ointment and paste) by mouth. Use on your skin only. Keep out of your mouth, nose, and eyes (may burn).
- Wash your hands before and after use. Do not wash your hands after use if putting this on your hand.
- Clean affected part before use. Make sure to dry well.
- Put a thin layer on the affected skin and rub in gently.
- Do not use longer than you have been told by the doctor.

What do I do if I miss a dose?

- If you use Calmoseptine (menthol and zinc oxide ointment and paste) on a regular basis, put on a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not put on 2 doses at the same time or extra doses.
- Many times Calmoseptine (menthol and zinc oxide ointment and paste) is used on an as needed basis. Do not use more often than told by the doctor.

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like [rash](#); hives; [itching](#); red, swollen, blistered, or peeling skin with or without [fever](#); [wheezing](#); tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.

 [Calmoseptine side effects](#) (more detail)

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What are some other side effects of Calmoseptine?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if you have any side effects that bother you or do not go away.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at <https://www.fda.gov/medwatch>.

If OVERDOSE is suspected:

If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

How do I store and/or throw out Calmoseptine?

- Store at room temperature. Do not freeze.
- Protect from heat.
- Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Consumer Information Use and Disclaimer

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about Calmoseptine (menthol and zinc oxide ointment and paste), please talk with your doctor, nurse, pharmacist, or other health care provider.

- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

More about Calmoseptine (menthol/zinc oxide topical)

- [Compare alternatives](#)
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- [Reviews \(16\)](#)
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- [Drug class: miscellaneous topical agents](#)

Patient resources

- [Calmoseptine advanced reading](#)

Other brands

[Chamosyn](#), [Risamine](#)

Related treatment guides

- [Minor Skin Conditions](#)
- [Diaper Rash](#)
- [Minor Skin Irritation](#)

Further information

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

[Medical Disclaimer](#)

DRUG STATUS

Availability

OTC Over the counter

CSA Schedule*

N/A Not a controlled drug



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7.4 / 10

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