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2. Effexor XR

Effexor

Generic name: [venlafaxine](#) [VEN-la-fax-een]

Drug class: [Serotonin-norepinephrine reuptake inhibitors](#)

Medically reviewed by [Melisa Puckey, BPharm](#). Last updated on Feb 29, 2024.

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What is Effexor?

Effexor (venlafaxine) is used in adults to treat [major depressive disorder](#). Effexor XR extended-release (long-acting) capsules are also used to treat [generalized anxiety disorder](#) (GAD; excessive worrying that is difficult to control), social anxiety disorder (extreme fear of interacting with others or performing in front of others that interferes with normal life), and [panic disorder](#) (sudden, unexpected attacks of extreme fear and worry about these attacks).

Effexor belongs to in a class of medications called selective serotonin and norepinephrine reuptake inhibitors (SNRIs). Venlafaxine works by increasing the amounts of serotonin and norepinephrine, natural substances in the brain that help maintain mental balance.

Warnings

You should not take Effexor if you have uncontrolled [narrow-angle glaucoma](#).

Do not use Effexor within 7 days before or 14 days after you have used an MAO inhibitor, such as [isocarboxazid](#), [linezolid](#), [methylene blue](#) injection, [phenelzine](#), or [tranylcypromine](#).

Some young people have thoughts about suicide when first taking an antidepressant. Stay alert to changes in your mood or symptoms. Report any new or worsening symptoms to your doctor, such as: mood or behavioral changes, anxiety, panic attacks, trouble sleeping, or if you feel impulsive, irritable, agitated, hostile, aggressive, restless, hyperactive (mentally or physically), more depressed, or have thoughts about suicide or hurting yourself.

Do not stop using Effexor without first talking to your doctor.

Do not give Effexor to anyone younger than 18 years old without the advice of a doctor. Effexor is not FDA approved for use in children.

Before taking this medicine

You should not take Effexor if you are allergic to venlafaxine or [desvenlafaxine \(Pristiq\)](#).

Do not use Effexor if you have used an MAO inhibitor in the past 14 days. A dangerous drug interaction could occur. MAO inhibitors include isocarboxazid, linezolid, methylene blue injection, phenelzine, and tranylcypromine.

Tell your doctor if you also use stimulant medicine, opioid medicine, [herbal products](#), or medicine for depression, mental illness, [Parkinson's disease](#), migraine headaches, serious infections, or prevention of [nausea](#) and [vomiting](#). An interaction with venlafaxine could cause a serious condition called serotonin syndrome.

To make sure Effexor is safe for you, tell your doctor if you have ever had:

- [bipolar disorder](#) (manic depression);
- [heart disease](#), [high blood pressure](#), [high cholesterol](#) or triglycerides;
- diabetes;
- lung disease;
- [glaucoma](#);
- a thyroid disorder;
- a seizure;
- sexual problems;
- bleeding problems;
- low blood levels of sodium; or
- liver or kidney disease.

Some young people may have increased suicidal thoughts when first starting a medicine to treat depression. Stay [alert](#) to changes in your mood or symptoms. Your family or caregivers should also watch for sudden changes in your behavior.

Taking Effexor during pregnancy could harm the baby, but stopping the medicine may not be safe for you. **Do not start or stop Effexor without asking your doctor.**

If you are pregnant, your name may be listed on a pregnancy registry to track the effects of venlafaxine on the baby.

Ask a doctor if it is safe to breastfeed while using Effexor.

 [Effexor XR pregnancy and breastfeeding warnings](#) (more detail)

How should I take Effexor?

Take Effexor as prescribed by your doctor. Follow all directions on your prescription label and read all medication guides or instruction sheets. Your doctor may occasionally change your dose.

Take with food at the same time each day.

Swallow the **extended-release capsule** whole and do not crush or chew.

If you cannot swallow a capsule whole, open it and mix the medicine with applesauce. Swallow the mixture right away without chewing.

Tell your doctor if you have any changes in sexual function, such as loss of interest in sex, trouble having an orgasm, or (in men) problems with erections or ejaculation. Some sexual problems can be treated.

Your symptoms may not improve for up to several weeks. Do not stop using Effexor suddenly, or you could have unpleasant symptoms (such as [agitation](#), confusion, tingling or electric shock feelings). Ask your doctor before stopping the medicine.

Your blood pressure will need to be checked often.

Effexor may cause false results on a drug-screening urine test. Tell the laboratory staff that you use Effexor.

Store at room temperature away from moisture and heat.

Dosing Information

Usual Adult Dose for Depression:

Immediate release:

- Initial dose: 37.5 mg orally twice a day OR 25 mg orally 3 times a day
- Maintenance dose: 75 to 150 mg orally per day, given in divided doses
- Maximum dose:
 - Moderately depressed outpatients: 225 mg/day
 - Severely depressed inpatients: 375 mg/day

Extended release:

- Initial dose: 75 mg orally once a day
- Maintenance dose: 75 to 225 mg orally once a day
- Maximum dose:
 - Moderately depressed outpatients: 225 mg/day
 - Severely depressed inpatients: 375 mg/day

Comments:

- The daily dosage of immediate-release formulations may be divided into 2 or 3 doses/day.
- Healthcare providers should consider initial extended release doses of 37.5 mg orally once a day for 4 to 7 days (before increasing the dose to 75 mg/day) in patients who may require additional time to adjust to the drug.
- Doses may be increased in daily increments of up to 75 mg orally at intervals of no less than 4 days.
- Patients should be periodically reassessed for the continued need of maintenance treatment and for the appropriate dose of treatment.
- Use of doses exceeding 225 mg/day is limited.

Usual Adult Dose for Generalized Anxiety Disorder:

Extended release:

- Initial dose: 75 mg orally once a day
- Maintenance dose: 75 to 225 mg orally once a day
- Maximum dose: 225 mg/day

Comments:

- Healthcare providers should consider initial extended release doses of 37.5 mg orally once a day for 4 to 7 days (before increasing the dose to 75 mg/day) in patients who may require additional time to adjust to the drug.
- Doses may be increased in daily increments of up to 75 mg orally at intervals of no less than 4 days.

Usual Adult Dose for Social Anxiety Disorder:

Extended release: 75 mg orally once a day

Comment: There is no evidence that doses greater than 75 mg/day confer additional benefit.

Usual Adult Dose for Panic Disorder:

Extended release:

-Initial dose: 37.5 mg orally once a day for 7 days, then 75 mg orally once a day thereafter

-Maintenance dose: 75 to 225 mg orally once a day

-Maximum dose: 225 mg/day

Comment: Doses may be increased in daily increments of 75 mg orally at intervals of no less than 7 days.

 [Detailed Effexor XR dosage information](#)

What happens if I miss a dose?

Take the medicine as soon as you can, but skip the missed dose if it is almost time for your next dose. Do not take two doses at one time.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

What should I avoid while taking Effexor?

Do not drink alcohol.

Ask your doctor before taking a nonsteroidal anti-inflammatory drug (NSAID) such as [aspirin](#), [ibuprofen](#), [naproxen](#), [Advil](#), [Aleve](#), [Motrin](#), and others. Using an NSAID with Effexor may cause you to bruise or bleed easily.

Avoid driving or hazardous activity until you know how Effexor will affect you. Your reactions could be impaired.

Effexor side effects

Get emergency medical help if you have **signs of an allergic reaction to Effexor**: hives; difficult breathing; swelling of your face, lips, tongue, or throat.

Tell your doctor right away if you have new or sudden changes in mood or behavior, including new or worse depression or anxiety, [panic attacks](#), trouble sleeping, or if you feel impulsive, irritable, agitated, hostile, aggressive, restless, more active or talkative, or have thoughts about suicide or hurting yourself.

Venlafaxine may cause serious side effects. Call your doctor at once if you have:

- blurred vision, eye pain or redness, seeing halos around lights;
- [cough](#), chest tightness, trouble breathing;
- a seizure (convulsions);
- **unusual bleeding** - nosebleeds, bleeding gums, abnormal vaginal bleeding, any bleeding that will not stop;

- **low blood sodium** - [headache](#), confusion, problems with thinking or memory, weakness, feeling unsteady; or
- **severe nervous system reaction** - very stiff (rigid) muscles, high [fever](#), sweating, confusion, fast or uneven heartbeats, tremors, feeling like you might pass out.

Seek medical attention right away if you have symptoms of serotonin syndrome, such as: agitation, hallucinations, fever, sweating, shivering, [fast heart rate](#), muscle stiffness, twitching, loss of coordination, nausea, vomiting, or [diarrhea](#).

Common Effexor side effects include:

- headache, dizziness, [drowsiness](#), tiredness;
- ringing in your ears, feeling anxious, nervous, or jittery;
- sleep problems, unusual dreams;
- tremors;
- fast heartbeats;
- blurred vision;
- nausea, vomiting, diarrhea, [constipation](#);
- changes in weight or appetite;
- dry mouth, yawning;
- increased sweating; or
- sexual problems.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

 [Effexor XR side effects](#) (more detail)

Related/similar drugs

Citalopram

Citalopram is an antidepressant
(selective serotonin reuptake inhibitor)
and is used to treat ...

Reviews & ratings

7.4 / 10

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Lorazepam is in a group of drugs
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treat anxiety disorders ...

Reviews & ratings

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Lexapro is used to treat anxiety and major depressive disorder. Learn about side effects ...

Reviews & ratings

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Clonazepam is used to treat seizures and panic disorder. Learn about side effects, interactions and ...

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Easy-to-read patient leaflet for aripiprazole. Includes indications, proper use, special ...

Reviews & ratings

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Buspirone

Buspirone is used to treat symptoms of anxiety, such as fear, tension, irritability and dizziness ...

Reviews & ratings

5.9 / 10

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Zoloft

Zoloft is an antidepressant used to treat major depression, obsessive-compulsive disorder, panic ...

Reviews & ratings

7.3 / 10

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Hydroxyzine

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Reviews & ratings

5.9 / 10

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Escitalopram

Escitalopram is an SSRI antidepressant used to treat major depressive disorder in adults and teens ...

Reviews & ratings

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What other drugs will affect Effexor?

Using Effexor with other drugs that make you drowsy can worsen this effect. Ask your doctor before using opioid medication, a sleeping pill, a muscle relaxer, or medicine for anxiety or [seizures](#).

Tell your doctor about all your current medicines. Many drugs can interact with venlafaxine, especially:

- any other antidepressant;
- amphetamines;
- [fentanyl](#);
- [cimetidine](#);
- [tramadol](#);
- [St. John's wort](#), [tryptophan](#) (sometimes called L-tryptophan);
- diet pills, [weight loss](#) medicine (such as [phentermine](#));
- a blood thinner ([warfarin](#), [Coumadin](#), [Jantoven](#));
- **medicine to treat mood disorders, thought disorders, or mental illness** - [buspirone](#), [lithium](#), and many others;
or
- **migraine headache medicine** - [sumatriptan](#), [zolmitriptan](#), and others.

This list is not complete and many other drugs may interact with venlafaxine. This includes prescription and over-the-counter medicines, [vitamins](#), and herbal products. Not all possible drug interactions are listed here.

 [Effexor XR drug interactions](#) (more detail)

Does Effexor XR interact with my other drugs?

Enter medications to view a detailed interaction report using our [Drug Interaction Checker](#).

Effexor XR

+

Enter a drug name

Add

Ingredients

Active ingredient: venlafaxine.

Inactive ingredients: Effexor XR extended-release capsules; cellulose, ethylcellulose, gelatin, hypromellose, iron oxides, and titanium dioxide.

Manufacturer

Viatris Inc.: Canonsburg, PA 15317

Popular FAQ

How long do venlafaxine withdrawal symptoms last?



More FAQ

- [What does XR or ER mean after a drug name?](#)
- [SSRIs vs SNRIs - What's the difference between them?](#)

[View more FAQ...](#)

References

1. [Effexor XR Product Label](#)

More about Effexor XR (venlafaxine)

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- [Generic availability](#)
- [Support group](#)
- [Drug class: serotonin-norepinephrine reuptake inhibitors](#)
- [Breastfeeding](#)
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Professional resources

- [Effexor XR prescribing information](#)
- [Venlafaxine \(AHFS Monograph\)](#)

Other formulations

- [Effexor](#)

Related treatment guides

- [Autism](#)
- [Generalized Anxiety Disorder](#)
- [Depression](#)
- [Anxiety](#)

Further information


Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use Effexor only for the indication prescribed.

Always consult your healthcare provider to ensure the information displayed on this page applies to your personal circumstances.

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DRUG STATUS

Availability	
Rx	Prescription only
Pregnancy & Lactation	
	Risk data available
CSA Schedule*	
N/A	Not a controlled drug
Approval History	
	Drug history at FDA

User Reviews & Ratings

6.9 / 10

[1,012 Reviews](#)

Images

Effexor XR 75 mg (W Effexor XR 75)



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