242. Valid Anagram

Given two strings s and t, return true if t is an anagram of s, and false otherwise.

Example 1:

- **Input:** s = "anagram", t = "nagaram"
- Output: true

Example 2:

- **Input:** s = "rat", t = "car"
- Output: false

Constraints:

- $1 \le \text{s.length}$, t.length $\le 5 * 10^4$
- s and t consist of lowercase English letters.

Follow up: What if the inputs contain Unicode characters? How would you adapt your solution to such a case?