

JULIE MONROE

NUTRITION CONSULTANT

DETAILS

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PLACE OF BIRTH

San Antonio

DRIVING LICENSE

Full

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SKILLS

Food preparation

● ● ● ● ●

Kitchen maintenance

● ● ● ● ●

Kitchen equipment
operation

● ● ● ● ●

Food sanitation

● ● ● ● ●

Nutrition

● ● ● ● ●

HOBBIES

Soccer, Rugby, Tennis

LANGUAGES

English

● ● ● ● ●

PROFILE

Talented Nutrition Consultant with three years of experience. Skilled in nutrition and food preparation and looking to deliver healthy, delicious meals at Woodacre Nursing Home. At 7-Star Senior Living, cheerfully cleaned kitchens and prepared three meals daily for 120+ residents. Received a promotion to head Nutrition Consultant within five months of hiring due to efficiency and interpersonal skills.

EMPLOYMENT HISTORY

Nutritional Consultant (Part-Time) , WIC

Port Washington

Jan 2021 — Present

Required to prescribe supplemental food packages tailored to clients' needs and nutrition status per USDA established WIC Program policy.

- Provided nutrition education counseling on morbid obesity, high cholesterol, and diabetes for uninsured patients at the health center.
- Performed nutrition assessments and WIC certifications.
- Provided nutrition education counseling and assessed nutritional status for participants of the WIC program.
- Certified and enrolled participants according to the WIC program and state regulatory guidelines.

Nutritional Consultant, DaVita

Delmas

Jan 2016 — Nov 2019

Registered Nutrition Consultant/Educator responsible for educating, counseling, and supporting patients to make long-term behavior and lifestyle changes.

- Worked with neurologists in the initiation and nitration of drugs related to anemia and secondary hyperparathyroidism.
- Participated in clinical CQI monitoring programs, including osteodystrophy management, kinetics, anemia, and nutrition management.
- Monitored laboratory indicators of bone mineral status and anemia in hemodialysis patients.
- Registered Dietitian/Nutrition Consultant Provided nutrition educational support to help patients improve their health.

EDUCATION

Master of Science in Dietary Education, Golden Valley University

Golden Valley

Jul 2020 — Jul 2021

Bachelor of Science in Food Sciences, Wisconsin State University

Madisonville

Jan 2018 — Dec 2020

COURSES

Certified Head Nutrition Consultant , Food Sciences Council

Jul 2021 — Jul 2021

ACCOMPLISHMENTS

- Decreased TPN usage through nutrition support team by 72% for a \$42,000 annual cost savings.
- Provided nutritional care to patients in a 650+ bed long-term and sub-acute care facility.
- Supervised and evaluated a staff of 27 food production employees and three dietary managers.
- Founded the “Provide Eat Smart NY” educational programs via mass media, including displays and promotion of Eat Smart NY electronic platforms reaching over 32 000 school children.