Good morning, Mateen. How are you feeling today?

Patient:

Good morning, doctor. I'm feeling okay, but Ive had some nausea and vomiting for the past month, and my back has been hurting a bit.

Doctor:

I see. Let's start by looking at your general health status. How is your weight?

Patient:

I weigh around 20kg now.

Doctor:

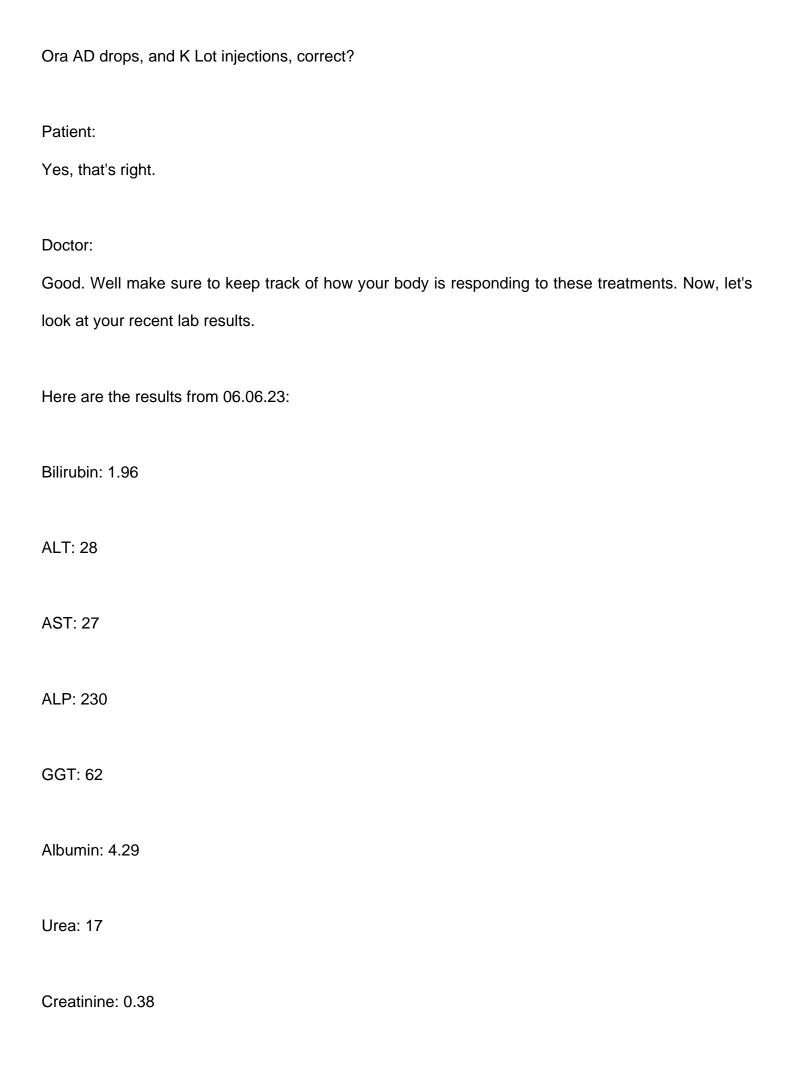
Alright, let's go over some of your previous medical history. Youve been diagnosed with Budd-Chiari Syndrome. Could you remind me about when you were first diagnosed and how things have been since?

Patient:

I was diagnosed back in November 2017. I had abdominal distention and loose stools, so I went to Services Hospital where they did several tests. They diagnosed me with venous-occlusive disease, and I was referred to CHL for Budd-Chiari Syndrome. I also had an ascitic tap done there and needed a blood transfusion. Since then, Ive been on follow-up at CHL. Theyve done three EGDs, and I havent had any issues like jaundice, hematemesis, melena, or encephalopathy.

Doctor:

Thank you for updating me. Let's go over your current medications. You're on Aldactone, Inderal,



Sodium (Na): 131
Potassium (K): 4.9
Chloride (CI): 96.1
WBC: 6.8
Hemoglobin (Hb): 10
Platelets (PLT): 392
INR: 1.6
Protein C: 34 (low)
Anti-HEV IgG: Negative
Anti-HEV IgM: Negative
Anti-HAV IgM: Negative
HBsAg: Non-reactive
Anti-HCV: Borderline (1.26)
Patient:

Yes, those results are from my recent tests. Is there anything unusual about them?

Doctor:

The low Protein C level is concerning and something we need to monitor. Also, your INR is a bit

elevated, so we should keep an eye on that. Your liver function tests like ALT, AST, and albumin are

showing stable results, which is good.

Patient:

Okay, that sounds good to hear.

Doctor:

Lets also discuss your latest imaging results. Your CT scan from 09.06.23 showed changes consistent with chronic liver disease and mild pelvic ascites. It also mentioned the non-visualization of the hepatic veins, which is typical for Budd-Chiari Syndrome.

Patient:

Yes, I remember that from the report. They said the hepatic veins werent visible, and it showed some changes in the liver.

Doctor:

Correct. The EGD you had on 13.06.23 showed grade III esophageal varices with red signs, and they placed two bands for treatment. Youve had these varices for some time, and well need to continue monitoring them closely.

Patient:

How often will I need to have these monitored?

Well need to do regular surveillance EGDs. The next one is scheduled for tomorrow, and well

reassess after that. In the meantime, weve started you on Furosemide to help with fluid retention

and manage your ascites. Well also check your vitamin D levels and repeat some labs.

Patient:

Alright, thank you for the plan, doctor. I also wanted to ask about the vaccinations. Do I need any

vaccines?

Doctor:

Yes, well be administering the Hepatitis A vaccine soon. Its important to make sure youre protected

against that.

Patient:

Got it, doctor. Whats next in terms of the treatment plan?

Doctor:

Well continue with your current medications and focus on managing your symptoms. We may need

to discuss your case further in a multidisciplinary team meeting once the ascites resolves. Well also

be following up on your lab results closely.

Patient:

Thank you for the care and attention, doctor. I feel reassured.

Doctor:

You're welcome, Mateen. Well take it one step at a time. See you tomorrow for your EGD, and well

go from there.

Good morning, Mateen. How are you feeling today?

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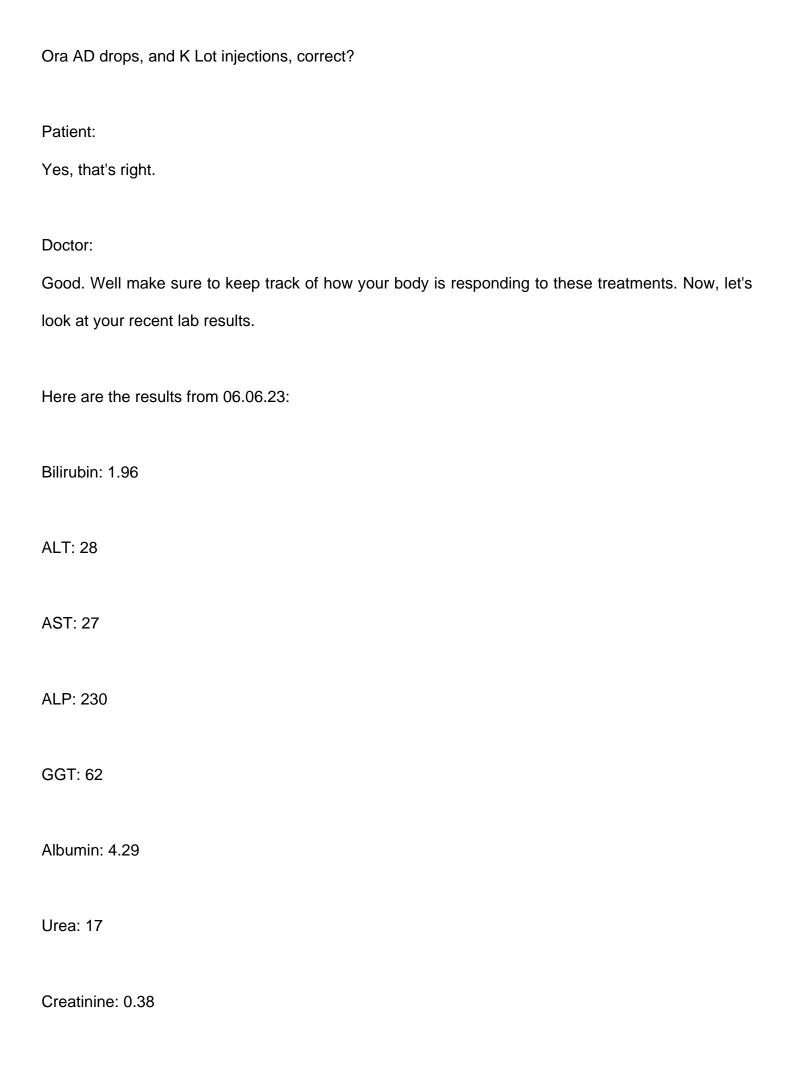
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