

17/10/24 - Diabetic Patient

Doctor: "Good morning! How are you today?"

Patient: "I'm doing okay, but I've been dealing with some health issues lately."

Doctor: "I understand. I see you're a diabetic patient, and you also have HCV positive, right?"

Patient: "Yes, I've been treated for HCV and have been through some medication."

Doctor: "And you've been experiencing some liver complications, like portal hypertension, and you had an upper GI bleed and ascites. You also mentioned jaundice?"

Patient: "Yes, I've had all of that, and it's been quite challenging."

Doctor: "Okay, based on this, the plan is to continue managing your condition with medications and a referral to the OPD for further follow-up. You're currently on a good treatment plan."

08/11/2024 - First Visit to Hepatology Clinic, Seen by Dr. Ammara Naveed

Doctor: "Welcome! What brings you in today?"

Patient: "I came in because I had an upper GI bleed earlier this year in February, and I'd like to discuss a possible liver transplant."

Doctor: "I see you have a history of HCV and have achieved a sustained viral response. I'm also noticing that you've had several liver decompensations, like ascites and jaundice, and a history of variceal bleeding. How are you managing these symptoms?"

Patient: "It's been tough. I had variceal bleeding in 2020, and again about six months ago. I've also had melena and multiple gastroscopies."

Doctor: "Okay, we'll plan for further diagnostic steps like gastroscopy and a CT scan to evaluate the extent of the damage. We need to review your diuretics, as you're not fully optimized on them yet. I also suggest continuing your current medications and adding a few more, including lactulose for constipation."

Patient: "Got it, I'll follow through with the medications and tests."

12/11/2024 - Follow-up Visit

Doctor: "How have you been since our last visit?"

Patient: "I've been feeling quite weak and noticed some abdominal distension."

Doctor: "I see. Let's review your situation. You're still dealing with ascites, jaundice, and previous variceal bleeds, correct?"

Patient: "Yes, that's all still there."

Doctor: "Your CT scan confirms that the HCC lesions are present, with one of them measuring 1.8 cm. Based on this, the plan remains to monitor your condition and consider a liver transplant. We will also optimize your diuretic dosage and continue your medications."

Patient: "That makes sense. What's the next step?"

Doctor: "We'll start you on more intensive monitoring, and I'll refer you to a hepatobiliary specialist for a liver transplant evaluation. We also need to check your blood counts and liver function regularly."

22/11/2024 - Emergency Care for Variceal Bleed

Doctor: "You've come in for surveillance EGD today. How are you feeling?"

Patient: "I've had some bleeding from my varices again, though it seems to be under control."

Doctor: "Yes, the EGD shows altered blood and some oozing from the fundal varix. We've injected histoacryl, and there are no immediate complications. I'm admitting you for monitoring and will start terlipressin and IV fluids. We might also need a blood transfusion."

Patient: "I understand. I'll stay here for observation."

03/12/2024 - Liver Transplant Referral

Doctor: "You're being referred for liver transplant consideration. How are you feeling about this?"

Patient: "It's overwhelming, but I know it's necessary."

Doctor: "Your current labs show that your liver disease has progressed, and the HCC is still a concern. With your MELD score at 24, we need to move forward with the transplant process. We'll continue managing your symptoms with lactulose and other medications. Also, we'll monitor your

liver function and blood counts."

Patient: "Im ready for the transplant process, just worried about the donors health."

Doctor: "Weve explained the risks and benefits to both you and your family. The next steps include a full review and counseling session. Well also discuss donor options."

20/12/2024 - Psychiatry Notes

Doctor: "How are you coping with everything? Youre a potential liver transplant candidate, and I wanted to check in on your mental health."

Patient: "Ive been feeling a bit down, but overall, Im managing."

Doctor: "I see that you have mild depressive symptoms but no major psychiatric concerns. It's good that you have family support, and youre aware of the risks and process involved in the transplant. Weve discussed everything, and youre clear on what to expect."

Patient: "Yes, Im aware. Ill stay in touch with my family for support."

30/12/2024 - Follow-up with PSB, Dr. Ahmad Karim

Doctor: "It looks like your workup for liver transplant is progressing well. Youve had consultations with psychiatry, cardiac, and pulmonary teams, all of which came back favorable."

Patient: "Im glad everything is going smoothly. I still have some weakness, and Ive been dealing with hard stools."

Doctor: "Well increase your lactulose dose to help with constipation and recheck your renal function, electrolytes, and CBC. After that, we can continue monitoring you for transplant readiness."

Patient: "Thanks, Ill follow the plan and keep in touch with the team."

30/12/2024 - Gynecology Consultation

Doctor: "Youve been referred for a gynecology consultation as part of your liver transplant workup. How are you feeling today?"

Patient: "Im okay. Ive had some pelvic issues, but nothing major."

Doctor: "Your ultrasound came back with no major findings. We'll repeat the pelvic ultrasound and do a pap smear when the kit is available."

Patient: "Alright, I'll wait for the next steps."