

Gender: Female

Age: 13

MRN: 755455

Diagnosis: Budd-Chiari syndrome

History and Physical:

Doctor: Good morning, Laraib. How are you feeling today?

Patient: I'm feeling okay, but I've been having some itching and dryness on my hands. The skin has been peeling for about three weeks now.

Doctor: I see. Lets talk about your medical history and any issues youve been dealing with. Can you remind me when you first noticed the jaundice?

Patient: I had abdominal distension back in 2019, which was associated with jaundice. After taking diuretics, the ascites resolved. But then, a few months later, I developed ascites again, and they had to do a therapeutic tap. Ive also had multiple endoscopic procedures about 12 times.

Doctor: Thats correct, I see. And how have you been managing since then? Any other symptoms recently?

Patient: I haven't felt any severe pain or anything like that, just mild headaches and weakness sometimes. Also, my skin has been itchy, and Ive been noticing some dryness and peeling on my hands.

Doctor: Let's review the treatments we've been providing. Youve had a living donor liver transplant (LDLT) on July 3rd, 2024. Youve been on a combination of medications, including Tacrolimus, Rivaroxaban, and Mycophenolate. How is the surgical site healing?

Patient: The scar looks healthy. There's no pain at the surgical site, and it seems to be healing well.

Doctor: That's good to hear. We'll continue with the same medications for now. I see from the latest Doppler ultrasound on July 18th that there was minimal pleural effusion and mild ascites, which is being monitored closely. There was also a small fluid pocket in the left subdiaphragmatic region.

Patient: Yes, I noticed some fluid accumulation in the scan, but I haven't felt any significant discomfort from it.

Doctor: That's good. We will continue monitoring that. I noticed the Doppler showed some changes in flow as well. The portal vein is patent with antegrade flow, and the hepatic veins are showing triphasic flow, which is normal post-transplant.

Patient: So, should I be concerned about the flow changes?

Doctor: No, these are expected post-surgery and part of your recovery. The liver is adjusting well. We'll continue to follow up with Doppler exams to keep an eye on these developments. Regarding your medications, we've increased your Tacrolimus dose slightly and changed some other medications over time. You were advised not to ride motorbikes or attend school for a while, right?

Patient: Yes, I've been resting a lot, but I've been worried about going back to school soon.

Doctor: Given your recovery, we're advising that you stay home for another month to rest fully and avoid strain. You've been prescribed Mycophenolate and Tacrolimus, and we've adjusted doses for better liver function.

Patient: I understand. I've also had some hair loss recently, which has been worrying me.

Doctor: Hair loss can sometimes happen after surgery and with certain medications like Tacrolimus. It should improve over time, but we'll keep monitoring it. Now, as for the skin issues, there's a possibility that you have scabies. We're going to prescribe a special lotion to apply overnight for a few days.

Patient: Oh, I didn't realize it might be scabies. How do I use the lotion?

Doctor: You'll need to apply Lotrix Lotion (Permethrin 5%) to your body at night for three consecutive days. This should help clear up the skin irritation.

Patient: Okay, I'll follow those instructions.

Doctor: Great! We'll continue with your current medications and labs. We'll check in with another Doppler abdomen ultrasound, CMV, and EBV PCR tests soon. Your next follow-up will be in about three weeks.

Patient: Thank you, doctor. I feel more reassured now. I'll stick to the plan.

Doctor: You're doing well, Laraib. Stay positive, and we'll see you in a few weeks for your next follow-up.