

Gender: Male

Age: 66

MRN: 764547

Diagnosis: Cholangiocarcinoma

History and Physical:

Patient: Good morning, doctor. Ive been having a few issues lately, and I wanted to get them checked out. My son, Aamir, brought me here today. Hes doing a PhD in Biochemistry and has all the necessary documents with him.

Doctor: Good morning! I understand you're dealing with a few concerns. Can you please tell me more about your symptoms?

Patient: Yes, Ive been experiencing significant weight loss, about 12 to 15 kilograms, but I didnt track it properly. Im also having trouble sleeping, and Ive lost my appetite. Recently, Ive also been feeling some pain in my chest, right in the middle.

Doctor: That sounds concerning. Have you had any fevers or night sweats?

Patient: No, I havent had any fevers or night sweats.

Doctor: Good to know. Any issues with physical or cognitive limitations?

Patient: No, I dont have any physical or cognitive limitations.

Doctor: Alright, lets review your medical history. I see that you have diabetes, but its been uncontrolled. You also have a history of APD and underwent an open appendectomy back in 1980. Do you have any allergies?

Patient: No allergies that I know of.

Doctor: Thank you for the information. Lets discuss your lifestyle. You live with your family in Mirpur, AJK, and have a BA degree. You used to work as a shopkeeper, but youre not working now. Are you smoking or consuming alcohol?

Patient: I used to smoke, but I quit about seven years ago. I dont drink alcohol.

Doctor: Got it. Now, lets talk about the recent investigations. You had an OGD on February 10th, and it showed normal CBD, but two lymph nodes at the porta hepatis, with the largest one measuring 1.3 x 1.4 cm. The biopsy taken from the periportal lymph node showed no malignancy. Thats a good sign.

Patient: Yes, the biopsy didnt show anything concerning.

Doctor: Your CT scan from February 7th showed mild hepatomegaly and a subtle enhancing soft tissue fullness at the confluence of the right and left hepatic ducts, with some mild to moderate intrahepatic bile duct dilation and a thrombosed left portal vein. Some prominent upper abdominal nodes were also noted, and the imaging suggested cholangiocarcinoma.

Patient: Thats a bit alarming. What does this mean for me?

Doctor: We need to take a closer look at your liver and bile ducts. Youve been diagnosed with locally advanced cholangiocarcinoma. The right posterior artery appears to be involved, and theres mild narrowing of the main portal vein. We also see some changes in your liver's left lobe.

Patient: What does this mean for treatment?

Doctor: Let me walk you through the plan. Ill order a fresh CT scan from PKLI to get updated imaging. After that, well bring you into the multidisciplinary team (MDT) for further discussion. We will also meet with our coordinator, Asif, to facilitate your follow-up and any necessary support.

Patient: Okay, I understand. What about my current medication?

Doctor: You dont have any major issues with your current meds. Lets wait until we get the updated scan before making any adjustments.

Patient: Thank you for explaining, doctor. Its a lot to process, but I appreciate your help.

Doctor: You're welcome. We'll be here to guide you through this. Let's take it step by step.

Doctor: Good to see you again. Based on the recent evaluation, your diagnosis of locally advanced cholangiocarcinoma still stands. Unfortunately, you're not a candidate for surgery due to the extent of the disease.

Patient: Thats disappointing, doctor. Whats next for me?

Doctor: I understand how you feel. The next step is an ERCP with a spyglass to evaluate your bile ducts further and obtain a biopsy. After that, well refer you to oncology for a definite diagnosis and treatment options as per the MDTs decision.

Patient: What about my current medication?

Doctor: You can stop taking urso for now, as its not beneficial given your current condition. Well reassess everything once we have the biopsy results.

Patient: Alright, I will follow your advice. Thank you for your guidance.

Doctor: You're welcome. Well keep you informed and make sure youre supported throughout this journey.