

Gender: Male

Age: 10

MRN: 795395

Diagnosis: Chronic viral hepatitis C

History and Physical:

Patient (Syed Muhammad Kazeem Abbas Rizvi):

"Doctor, I have been experiencing abdominal pain on and off for the past year. Recently, I have also been having loose stools and noticed some rectal bleeding."

Doctor:

"Thank you for sharing that. I understand it must be concerning. When did these symptoms start, and do you have any history of similar issues?"

Patient:

"The pain started about a year ago when I was in the US. I have had loose stools along with rectal bleeding. Ive recently been diagnosed with HCV."

Doctor:

"I see. Ill need to review your medical history and test results. Have you had any previous medical or surgical issues?"

Patient:

"I had fits at a very young age, but there is no remarkable surgical history."

Doctor:

"Thank you for sharing that. Lets check your current condition. Ill go over your vital signs and lab results. You mentioned you're taking no medications at the moment, correct?"

Patient:

"Yes, no medications currently."

Doctor (Reviewing Examination and Lab Results):

"Your weight and height are appropriate for your age, and there's no sign of jaundice, pallor, or edema. On examination, your heart and lungs are normal, and your gastrointestinal exam shows normal bowel sounds. Let me review your lab results. Your bilirubin is normal at 0.4, but your ALT is elevated at 89, which is concerning. Your HCV PCR is quite high at 1,090,000 IU/mL."

Doctor:

"It looks like you have Hepatitis C, based on your test results. I recommend starting antiviral treatment. I'll also prepare you for some procedures. We will proceed with an EGD and colonoscopy, with specific preparations starting on the 16th of August. I will continue your treatment with Sofosbuvir + Velpatasvir daily."

Patient:

"What about my follow-up? When should I return to the clinic?"

Doctor:

"Your follow-up will be in three months. We'll repeat your liver function tests and an abdominal ultrasound at that time. In the meantime, we'll follow the colonoscopy preparation instructions, which include starting a soft diet on the 16th and a liquid-only diet by the 19th. I'll also prescribe Movicol sachets for you to take in increasing doses starting from the 16th."

Patient:

"Got it, Doctor. I'll follow those instructions. What's next after the colonoscopy?"

Doctor:

"After the colonoscopy, we'll assess the findings. The biopsies from your duodenum, stomach, and colon look mostly normal, but there are signs of mild gastritis and chronic active colitis in the colon, which we'll continue to monitor."

Patient:

"Thanks for explaining everything. I'll see you in a few months."