Variable codes for dataset: Data on the prevalence of psychiatric symptoms in UK university students

Demographic Variables

Age Participant age

Sex Biological sex assigned at birth

Gender Gender identity
Ethnicity – Ethnicity_6 Participant ethnicity

Course_Type Participants current level of study

Institution Institution student attended when providing the current data.

Institution Other Name of institution

Individual Psychometric Items

GAD7_1 – GAD7_2 The seven individual items of the Generalized Anxiety Disorder 7.^x PHQ_1 – PHQ_9 The nine individual items of the Patient Health Questionnaire MDQ_1 – MDQ_13 The thirteen individual items of the Mood Disorder questionnaire

MDQ_Frequency Possible cooccurrence of items within the same period.

MDQ_Severity Consequence severity of the possible episode.

SCI1 – SCI8 The eight individual items of the Sleep Condition Indicator PSS_1 – PSS_10 The ten individual items of the Perceived Stress Scale.^X

SBQ1 – SBQ2 The four individual items of the Suicidal Behaviours Questionnaire-Revised.^X

PRO16_1 – PRO16_16 The sixteen individual items of the Prodromal 16.X

UCLA3_1 – UCLA3_20 The twenty individual items of the University of California Loneliness Scale UCLA3.X

Psychiatric Symptoms Scored

GAD7_Anxiety Summation of anxiety items
PHQ9_Depression Summation of depressive items
MDQ_Mania Summation of mania items
SCI_Insomnia Summation of insomnia items
SBQ Suicidal Ideation Summation of suicidal ideation items

P16_Psychotic_Exp_Sum Summation of items assessing psychotic like experiences

UCLA3_Loneliness Summation of items assessing loneliness