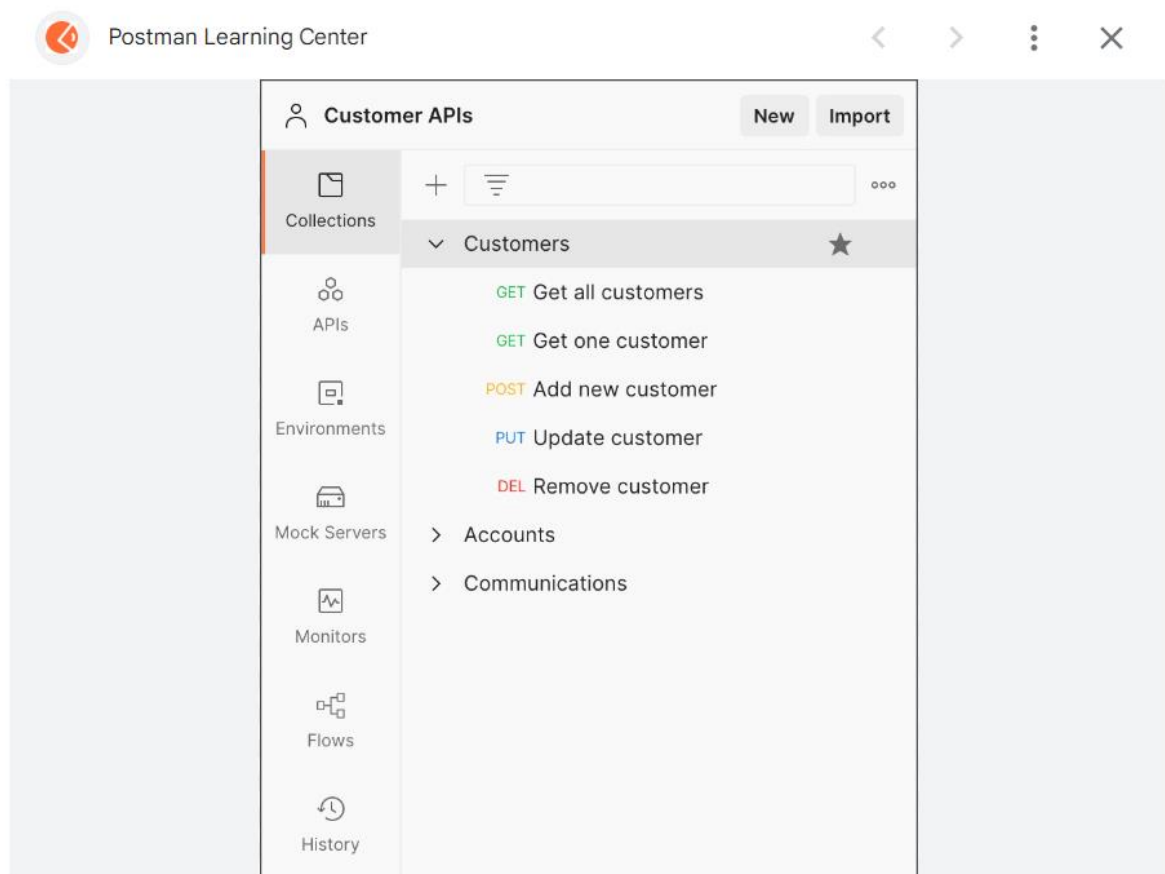Consider that there is a recipe book and the recipe book consist of different recopies that we can make use of

Postman Collections is the same as recipe book here instead of recopies we are storing APIS request or group of APIs request together

Key Features of Collections: Grouped the request together

Organise the hierarchy: you can also create folder which you can make use of eventually

Shared Environments: collections can include environment variables and data files (such as JSON files) that can be used across multiple requests

Documentation: you can add description, markdown, and documentation within the collections or individual request

EXAMPLE OF API REQUEST

Imagine that you are designing API for blogging platforms , you might have a collection named " BLOG API" with folders for " post " , " comments " , " users " ,Each Folder would contain request related to that particular features

You can run test to ensure that creating a post or retrieving a user works as expected

COLLECTIONS IS A POWERFUL FEATURES FOR ORGANIZING, MANAGING AND AUTOMATING THE API REQUEST, making it easier for developer to test the API efficiently