

Column	Variable label	Coding	Description of variable
1	Id	Alpha-numeric value	Unique identification number for each participant
Demographic and anthropometric variables			
2	Sex	Female = female Male = male	Sex of participant
3	Age	> 0 (<i>years</i>)	Age of participant (<i>at time of interview</i>)
4	BMI	> 0 (<i>if assessed</i>)	Body Mass Index (<i>Use mean BMI for longitudinal measure</i>)
Genetic variables			
5	IL6	0 = 0 copies of minor allele (GG) 1 = heterozygous (AG) 2 = 2 copies of minor allele (AA)	Number of A alleles for rs1818879 (<i>A/G SNP where A is the minor allele</i>)
6	CRP	0 = 0 copies of minor allele (TT) 1 = heterozygous (GT) 2 = 2 copies of minor allele (GG)	Number of G alleles for rs3093077 (<i>G/T SNP where G is the minor allele</i>)
7	FKBP5	0 = 0 copies of minor allele (CC) 1 = heterozygous (CT) 2 = 2 copies of minor allele (TT)	Number of T alleles for rs1360780 (<i>C/T SNP where T is the minor allele</i>)
Depression variables			
8	Dep_dx_life	0 = no lifetime diagnosis (dx) of major depressive disorder 1 = positive lifetime dx of major depressive disorder	Lifetime depression diagnosis (<i>Participant has qualified for a major depressive disorder diagnosis at some point during their lifetime</i>)
9	Dep_dx_rec	0 = one episode or less 1 = two or more episodes (<i>recurrent</i>)	Recurrent depressive episodes (<i>if known</i>)

*****Please leave all missing values blank***

Childhood maltreatment variables – Childhood Trauma Questionnaire (CTQ) only

10	CTQ_EA_quant	≥ 5 (<i>if assessed</i>)	CTQ quantitative sub-score for emotional abuse (Value range 5 to 25)
11	CTQ_EA_cat	0 = quantitative score 5 - 8 1 = quantitative score 9 - 12 2 = quantitative score 13 - 15 3 = quantitative score ≥ 16	CTQ categorical sub-score for emotional abuse (range 0 to 3; none/minimal – severe/extreme)
12	CTQ_PA_quant	≥ 5 (<i>if assessed</i>)	CTQ quantitative sub-score for physical abuse (Value range 5 to 25)
13	CTQ_PA_cat	0 = quantitative score 5 - 7 1 = quantitative score 8 - 9 2 = quantitative score 10 - 12 3 = quantitative score ≥ 13	CTQ categorical sub-score for physical abuse (range 0 to 3; none/minimal – severe/extreme)
14	CTQ_SA_quant	≥ 5 (<i>if assessed</i>)	CTQ quantitative sub-score for sexual abuse (Value range 5 to 25)
15	CTQ_SA_cat	0 = quantitative score 5 1 = quantitative score 6 - 7 2 = quantitative score 8 - 12 3 = quantitative score ≥ 13	CTQ categorical sub-score for sexual abuse (range 0 to 3; none/minimal – severe/extreme)
16	CTQ_EN_quant	≥ 5 (<i>if assessed</i>)	CTQ quantitative sub-score for emotional neglect (Value range 5 to 23)
17	CTQ_EN_cat	0 = quantitative score 5 - 9 1 = quantitative score 10 - 14 2 = quantitative score 15 - 17 3 = quantitative score ≥ 18	CTQ categorical sub-score for emotional neglect (range 0 to 3; none/minimal – severe/extreme)
18	CTQ_PN_quant	≥ 5 (<i>if assessed</i>)	CTQ quantitative sub-score for physical neglect (Value range 5 to 23)
19	CTQ_PN_cat	0 = quantitative score 5 - 7 1 = quantitative score 8 - 9 2 = quantitative score 10 - 12 3 = quantitative score ≥ 13	CTQ categorical sub-score for physical neglect (range 0 to 3; none/minimal – severe/extreme)
20	CTQ_avg	≥ 0	Average CTQ categorical score (range 0 to 3) <i>*see below for coding instructions</i>
21	CTQ_avg_col	≥ 0	Average CTQ categorical score – rounded and collapsed (range 0 to 2) <i>*see below for coding instructions</i>

Childhood maltreatment variables – sexual and physical abuse only (all childhood trauma measures including CTQ)

22	CM_PA	0 = not exposed to physical abuse <i>(e.g., CTQ_PA_quant score ≤ 7)</i> 1 = exposed to physical abuse <i>(e.g., CTQ_PA_quant score ≥ 8)</i>	Exposure to childhood physical abuse only (dichotomous; all measures)
23	CM_SA	0 = not exposed to sexual abuse <i>(e.g., CTQ_SA_quant score = 5)</i> 1 = exposed to sexual abuse <i>(e.g., CTQ_SA_quant score ≥ 6)</i>	Exposure to childhood sexual abuse only (dichotomous; all measures)

*****Please leave all missing values blank*****

****CTQ_avg** – To calculate the average CTQ score (as measured in the original study; Cohen-Woods et al., 2018) (1) calculate the mean score across all recorded subgroups, (2) round the mean score to the closest integer, and (3) collapse groups 2 and 3 into a single 2 category (coded 0/1/2).

For example:

Each sub-group are coded 0 / 1 / 2 / 3

Person 1: EA (0), SA (1), PA (3), EN (2), PN (0)

Person 2: EA (3), SA (2), PA (3), EN (2), PN (3)

Calculate the combined mean value of all subgroups and round it to the nearest whole integer

Person 1: mean value = 1.2 → rounded = 1

Person 2: mean value = 2.6 → rounded = 3

Collapse the rounded 2 and 3 values into a single category 2 (0 / 1 / 2)

Person 1: CTQ_avg = 1

Person 2: CTQ_avg = 2

****Please note**, the mean values and collapsed scores will be calculated automatically if using the excel template.