

It all started with fruit and a dream....
Blended Basics is founded on the idea that fruit is nature's gift to the world. Upon moving to San Francisco, founder Elizabeth Johnson discovered that smoothies were the biggest health fad. When she visited a multitude of local smoothie spots, Johnson found that they all added extra sugars, sorbets and juices to their blended fruity nourishment. Elizabeth wanted to find a way to bring the people of San Francisco their smoothies without adding any unnecessary sugars. Each handcrafted Blended Basics smoothie utilizes the goodness of fruit to create a fantastic, fiber-filled product that will make your tastebuds jump for joy! The secret? Water, fruit, spinach, and chia. That's it.

We hope you come visit us at our San Francisco location and see the difference a Blended Basics Smoothie can make in your life!



GET IN TOUCH



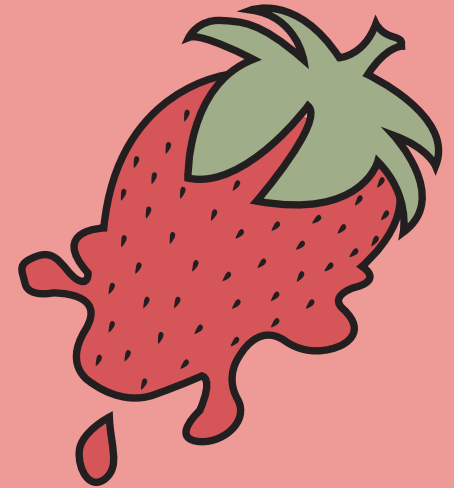
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BLEND BASICS

Smoothie Co.



BACK TO THE BASICS



Our most popular Green Goddess smoothie is fiber-filled and will help you get through the day with ease. Start feeling fuller, more energetic, and happier today!



THIS SMOOTHIE ROCKS

BASICS IS BETTER

“

I am so happy I found Blended Basics! Usually smoothies from similar chains cause me to crash in the middle of my work day, but Blended Basics keeps me going from breakfast to dinner. Their smoothies are also delicious, even without all the added sugar!”

-Brittany Walker

