



PREPARING FOR THE FLIGHT

PACKING

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- Enough clothing for 5 days
 - Passport and identification (license)
 - Bring cash to convert to yen
 - Phone charger and extra battery
 - Comfortable shoes, easy to slip on/off
 - Nice socks, no holes
 - Sunglasses/hat/small umbrella
 - Small hand towel/ sanitizer
 - A crossbody travel bag for daily use
 - Pack light, leave extra room for souvenirs

FOR A MORE COMFORTABLE FLIGHT

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- Small snacks, like trail mix or protein bars
 - Headphones for in-flight movies
 - Inflatable neck pillow
 - Sleep mask
 - Lip Balm
 - Hand wipes
 - Face mask