1. As you would need to reassign the tail pointer to the next to last element in the linked list, but you wouldn't know where to point the tail pointer without iterating through the entire linked list.
2. Yes, but you would still need to point the beforeTail pointer to the element that is now the second the last element, which would again require iterating through the entire linked list. So, it would only really work every other time in theta(1) time.