PRODUCTIVE POWER

UNPLUG TO RECONNECT

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WHAT DOES THE APP DO?

- Productive Power is a potential software which could help people spend their screen time productively and effectively.

- It uses the help of Google to analyse and construct a personal program for your screen time so that your eyes don't get damaged.

- For instance, we all have medical profiles. All you need to do is link it to the software and it will try and find out how much screen time is acceptable for your eyes.

DIFFERENT FEATURES OF THE SOFTWARE

- FEATURE NO. 1- The app will give you notifications on YouTube or games saying "this is now damaging your eyes please stop", "wouldn't you rather spend time with your family?", "you have had enough of this screen don't you want to study now?" etc.

- FEATURE NO. 2- To reduce cyberbullying we also have a feature. For instance if you are using the famous google chatting platform hangouts, you unknowingly send hurtful messages like "idiot", "you are stupid" etc. the app will send you a notification on the bottom left of the screen saying that this is not nice, do you want to reconsider your message? There will be an option to discard the notification but also an option to continue drafting and reconsidering your message.

- FEATURE NO. 3-When you download the app you have to fill out a small form writing about your passions and what you do when not on screen. For instance on YouTube when you are watching a non-educational video we will send you a notification saying a channel which has productive information and you like the topic has uploaded a video you may like . As an example you like nature so we will send you a notification that national geographic has uploaded a video which you may enjoy and also you may learn something.

OUR AIM

- In this day and age it has become norm to have a screen time over 3 hours! Our aim is to reduce this and if not reduce make people use this productively.

- We want to reduce eye damage and want to spread knowledge by making people watch educational videos according to their interests so that they can develop different skills in their respective topics.

- Our slogan showcases our approach- Unplug To Reconnect. We need to get away from our screens and need to spend more time with family!

HOW TO DOES THE APP WORK? (PICTURE EXPLANATION)

STEP 1

Fill in medical details and passions.

TO: _____ Clinic/Office
Address _____
Phone: _____ Fax: _____ _____

Patient Name: _____ DOB: _____
Visual Acuity: _____ R _____ L   Intraocular Pressure _____ L _____ R

Retinal Examination Findings:

_____ No retinopathy or past retinopathy and should be examined in one year

_____ Needs no laser now, but should return in _____ months because of risk of developing diabetic macular edema (DME) or high risk of proliferative diabetic retinopathy (PDR)

_____ Diabetic macular edema requiring focal laser photocoagulation

_____ High risk proliferative diabetic retinopathy or iris neovascularization requiring panretinal photocoagulation

_____ Tractional retinal detachment or vitreous hemorrhage requiring vitrectomy

Other Ocular Conditions
_____ Not Applicable
Cataracts:

_____ Does interfere with activities of daily living

_____ Does not interfere with activities of daily living

Glaucoma:

_____ Controlled

_____ Sub-optimally controlled

FILL IN MEDICAL FORM ABOVE^

Question Time
Ask yourself these questions. Allow yourself to be honest about what you really want. There are no right or wrong answers.

1. If I could do anything in life and knew I wouldn't fail doing it, what would it be?

2. How can my strengths help other people?
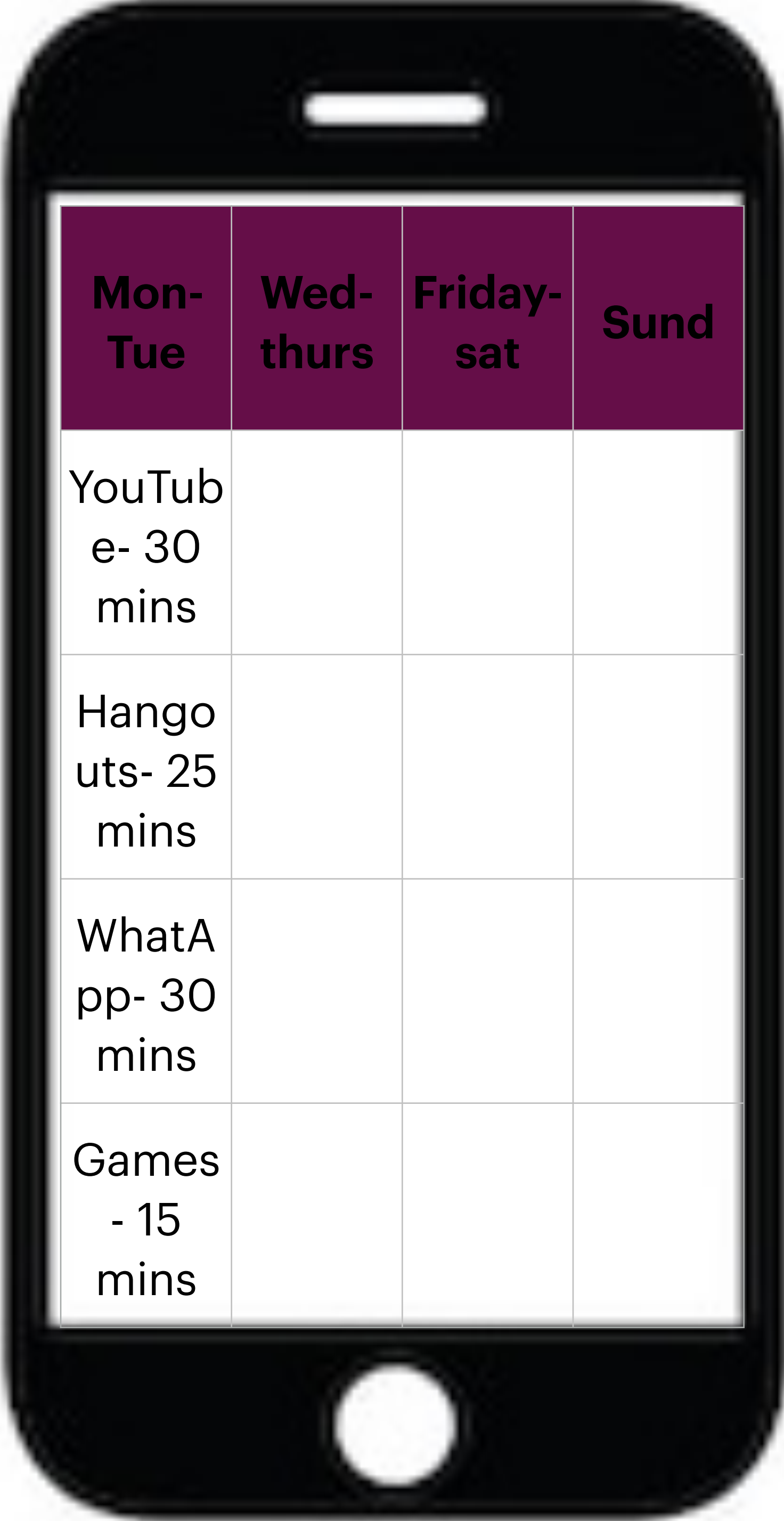
3. What would I love to do for the rest of my life?

4. What would you do for no reason, but just for the pleasure of it?

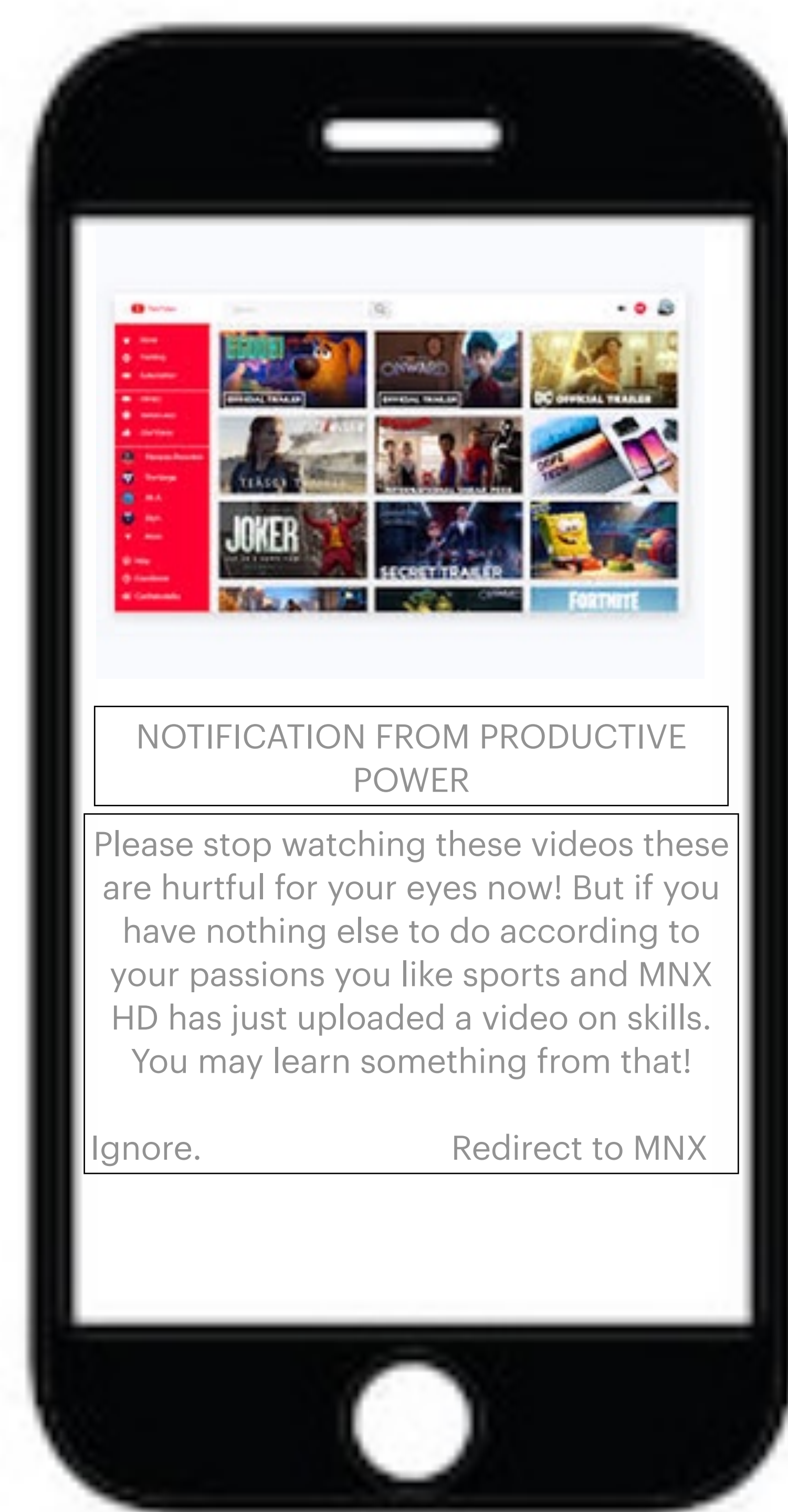5. How can my strengths help me with what I really want?

Continue ->

STEP 2

Look at table constructed for appropriate screen time which is acceptable for your eyes.

Mon-Tue	Wed-thurs	Friday-sat	Sund
YouTube- 30 mins			
Hangouts- 25 mins			
WhatApp- 30 mins			
Games - 15 mins			

EXAMPLE OF FEATURES

It will send you notifications if screen time exceeded.

NOTIFICATION FROM PRODUCTIVE POWER

Please stop watching these videos these are hurtful for your eyes now! But if you have nothing else to do according to your passions you like sports and MNX HD has just uploaded a video on skills. You may learn something from that!

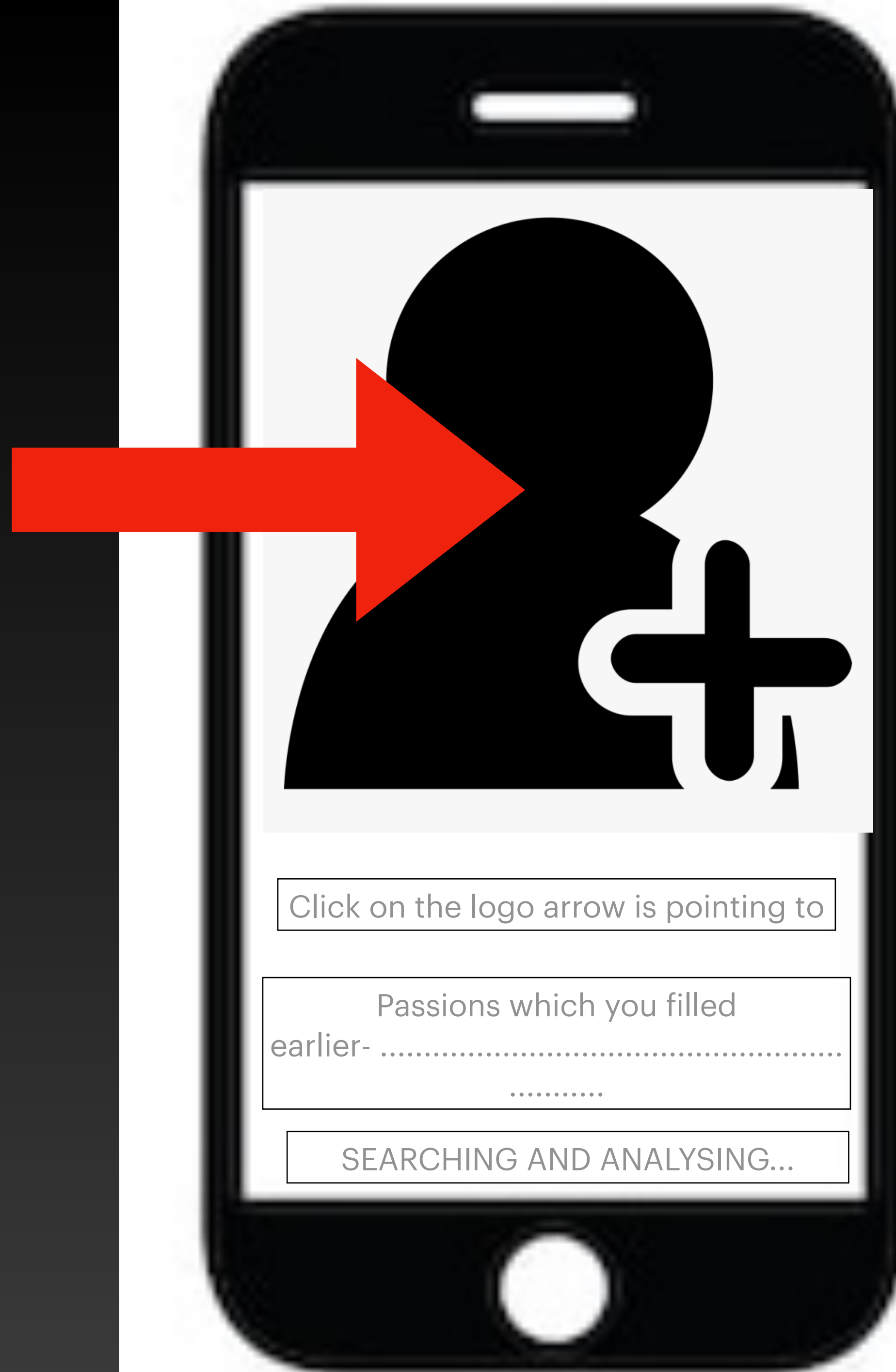Ignore.   Redirect to MNX

EXAMPLE OF FEATURES

If you are writing a message which may be hurtful the app will send you a reminder which may help you reconsider your message
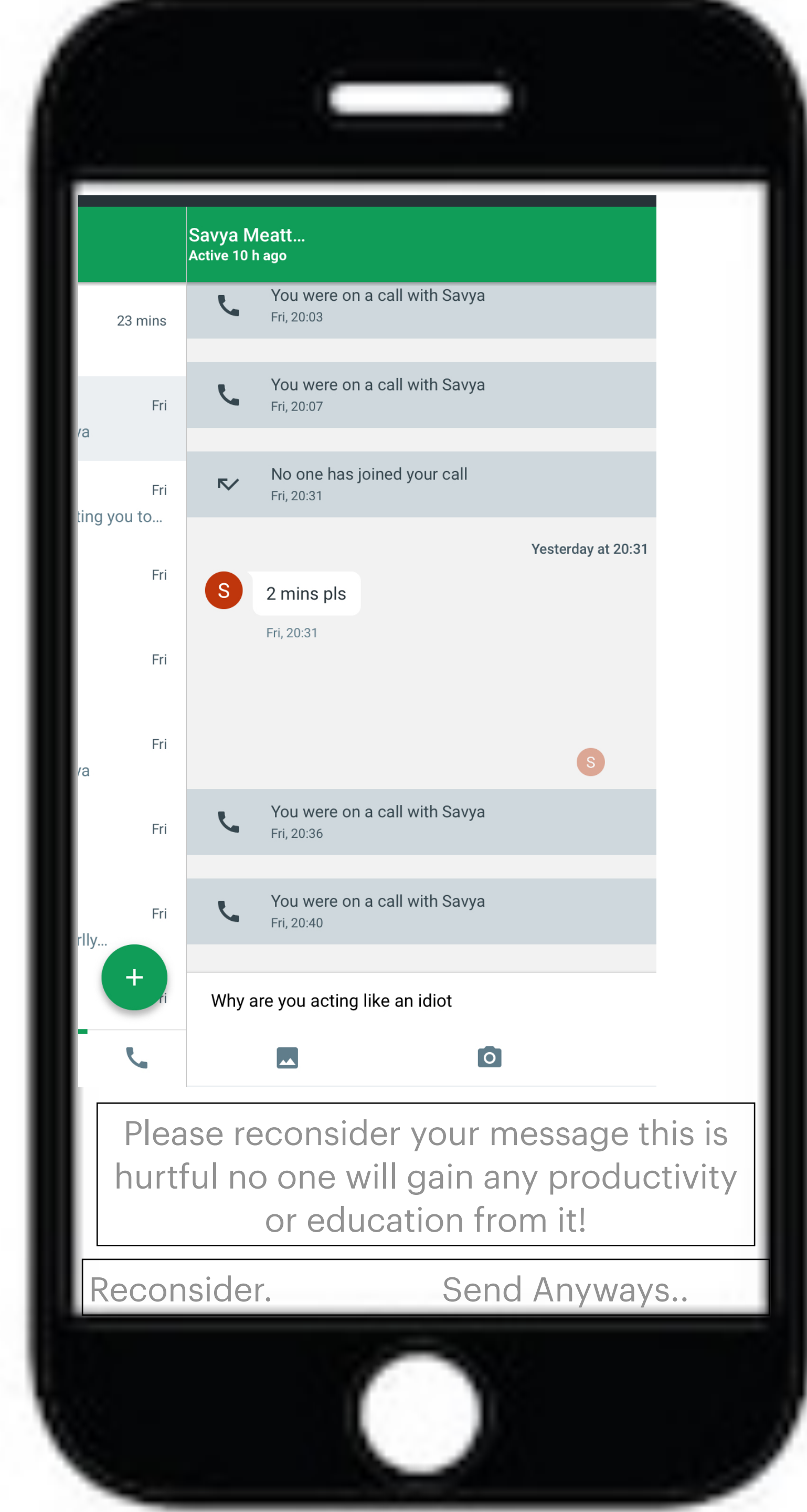
FIND FRIENDS

STEP 2
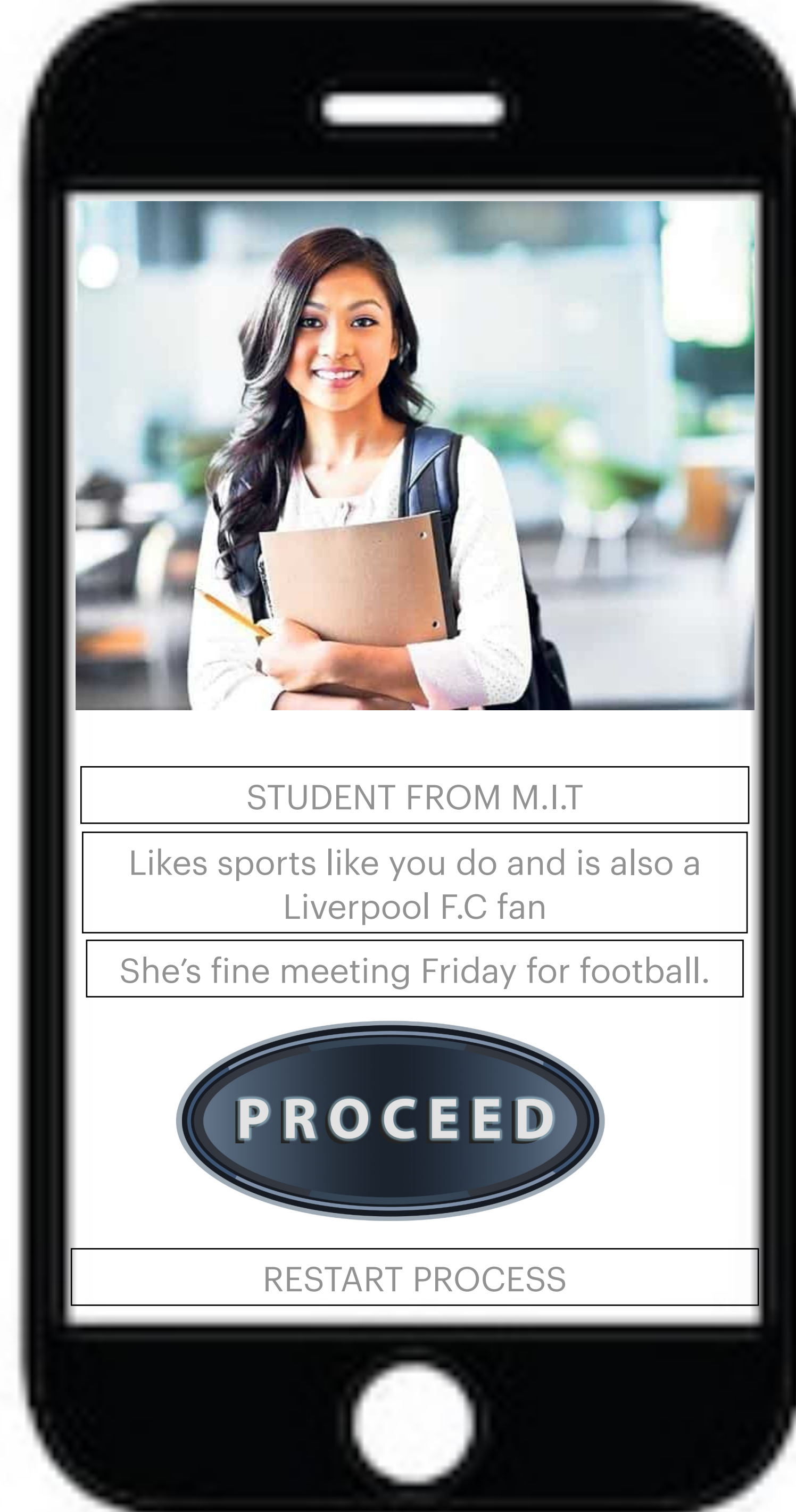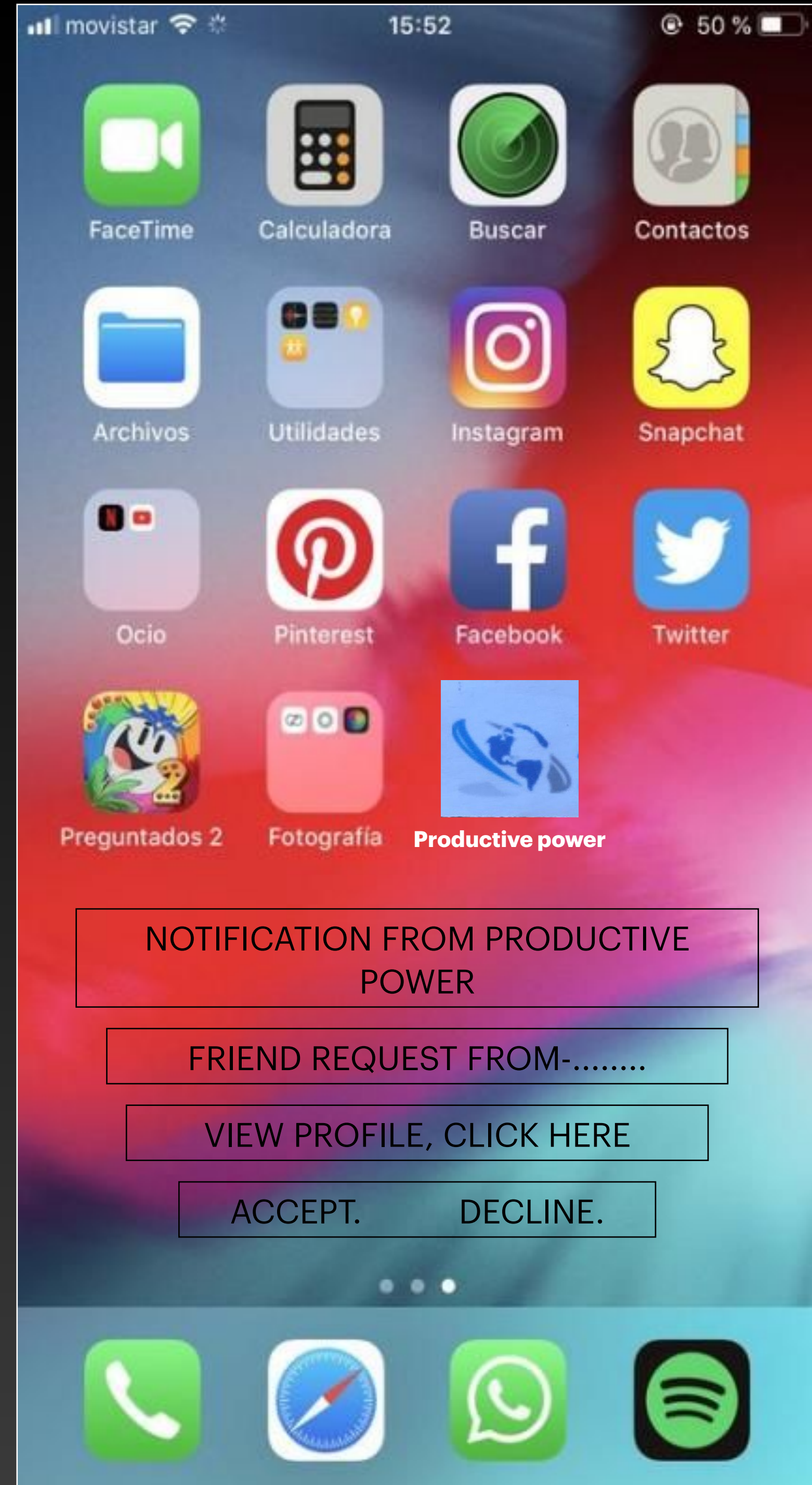After you press proceed wait for them to accept a friend request automatically sent. It will then automatically redirect you to next webpage

STUDENT FROM M.I.T

Likes sports like you do and is also a Liverpool F.C fan

She's fine meeting Friday for football.

PROCEED

RESTART PROCESS
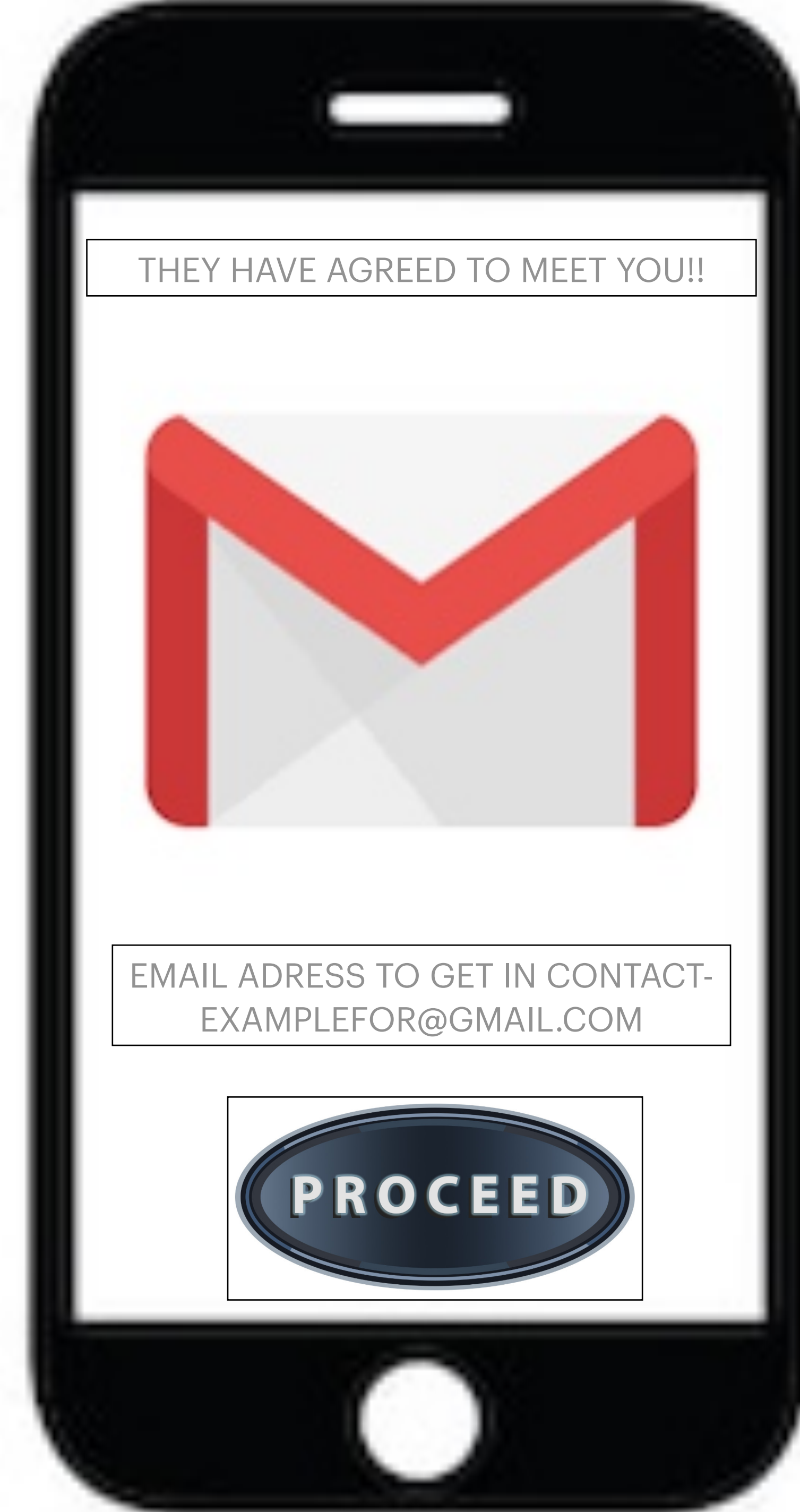
FRIEND REQUEST

NOTIFICATION ON SCREEN TO ACCEPT/DECLINE

FIND FRIENDS

STEP 3

It will give you some domain to contact them through. Their privacy is intact as they have chosen to either give you phone no or email Id.

THEY HAVE AGREED TO MEET YOU!!

EMAIL ADRESS TO GET IN CONTACT-
EXAMPLEFOR@GMAIL.COM

PROCEED

Productive Power
Unplug To Reconnect

PRODUCTIVE POWER !!! (App)
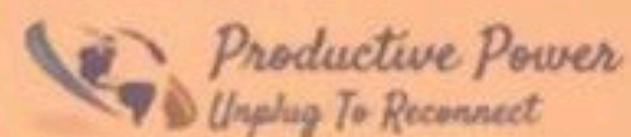
What Does The App Do ? / What Is The App ?

- Productive Power is a software which you can download from the app store/Google Play Store.
- The app uses the help of Google to analyse if you are doing something productive instead of taking time in entertaining yourself throughout the day.
- There is a time-limit to entertain yourself and after it is over the software will automatically direct you back to the home screen unless you are doing something productive or educational.
- There are also different settings to this software. For instance, if you are in a flight you can go to the app & add time or shut down the software. After the duration of the flight the app will work normally again.

How Does The App Work ?

- Productive Power simply uses Google to analyse what you are doing on your device. This software will send you back to the home screen if you are doing something unnecessary and you have surpassed your time limit. The app will also send you a reminder saying that you have not spent much time with a family, you need to give your eyes a break as it is unhealthy for them etc. This will help the health of people & also help them spend more time with family.

Goal Of The App –

On an average most people spend over 4 hours on their devices. Children now days don't even get the undivided attention of their parents due to these devices. Thus, we created Productive Power to reduce unnecessary screen time. In these 4 hours & 30 mins above 3 hours are spent on Social Media, Games and Entertainment. We have a goal to reduce this to a hour resulting in people spending more times with their families.

Productive Power
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Thank You!

THANK YOU!!