

WINTER 2022

# ANIMAL FRIENDS



## PRESIDENT'S MESSAGE

### FEELING GRATEFUL

As I reflect on 2022, I am filled with gratitude. I am grateful for our donors and grantors who enabled us to expand our life-saving work to those in our community who need it most; for a relatively mild fire season; and for our dedicated staff and volunteers who tirelessly care for the 5,000+ dogs and cats that came through our doors.

This year, we saw our Humane Advocacy program, our program that matches low-income East Bay residents with animal care and services, grow in leaps and bounds. I am grateful for Petsmart Charities who awarded us a grant so we could hire a second Humane Advocacy staff member. This second position will enable us to significantly increase the number of folks we can assist.

Our volunteer programs continued to rebound from the impact of COVID and just in time – shelters state and nation-wide are overflowing with homeless pets. The reasons for this are multifold, and we remain committed to working collaboratively with our partners to get these deserving pets into loving homes. I am grateful for how well our local shelters work together to care for the animals in our community.

I have so much to be grateful for as we tackle these challenges together. I am grateful for YOU.

Wishing you all the happiest of holidays and a healthy, prosperous New Year!



**ALLISON C. LINDQUIST**

President and CEO



### BOARD OF DIRECTORS

**Marilyn Leahy**

*Board Chair*

**Pat Harden**

*Secretary*

**Bridge Mei**

*Chair, Governance Committee*

**Miranda Helmer**

*Chair, Development Committee*

**Terri Dyer**

**George Yuhas**

**Kristi Rocha**

**Stacey Wells**

**Steve Winchell**

### EAST BAY SPCA LEADERSHIP

**Allison Lindquist**

*President and CEO*

**Karalyn Aropen**

*Vice President of Operations*

**Kristen Beitzel**

*Vice President of Medical Services*

**Jennifer Whitaker**

*Vice President of Development and Communications*

### On the Cover

Romeo the dog enjoys some extra love from our 2021 winter camp participants.

# SHELTER MEDICAL UPDATE

## TOAST THE CAT GETS ROOM TO BREATHE

Toast came to us as a 10-week-old kitten with a prominent indentation in his chest. Sometimes a dent in your chest is just that—but in this case, with a breathing rate of 100 breaths per minute (rather than the normal 24)—it was cause for alarm. The indentation was compressing Toast's lungs, enough to cause a serious problem. Pectus Excavatum is a condition that can vary from mild, moderate, to severe. Toast's situation was severe. Left untreated, and at his age, this could have been fatal.

Our medical team sprang into action when they saw Toast's condition and rushed him into surgery. The surgery involved multiple, separate stitches placed through the skin externally, delicately avoiding his heart and lungs. They then wrapped the stitches around the back of his sternum and tied them to a splint. Prefabricated material didn't exist for this type of splint, so our veterinarian, Dr. Josie, had to get creative and use a plastic device with drilled holes.

Thanks to the ingenuity of our medical team, Toast's sternum repositioned appropriately. With a few splint adjustments, the help of an incredible foster, and Dr. Josie, Toast has begun his healing journey.

A special thanks to Toast's foster for giving him a home to recuperate. After approximately 6 weeks of wearing the splint, Toast's sternum stabilized allowing him to live a normal life breathing easy!



### By the Numbers

**1,438**

animals required  
medications\*

**447**

surgeries performed  
this year\*

**3,401**

medications prescribed  
and distributed\*

\*Jan. 1 - Oct. 31, 2022

# TRAVELING WITH PETS THIS HOLIDAY SEASON

## DO'S AND DONT'S



If you are traveling over the river and through the woods to grandmother's house this season, here are some tips on how to prepare for your holiday adventure with your pet.

- 1.** When looking for a boarding facility, ask for a tour. The facilities should be clean, provide ample places for animals to rest as well as have positive mental and physical outlets for your pet, and there should be enough team members to provide care to each pet during their stay.
- 2.** If you are searching for a house/pet sitter, take time on the front end to build a relationship with the person who may watch your pets. Meet and greets are a great way to build your relationship and allow your pet to be comfortable with their caretaker. Always communicate a clear plan in the event of a veterinary emergency.
- 3.** If you decide to use medication to soothe your pet's travel anxieties, test out the dosage with your veterinarian FIRST. You want to know how the medication will affect your animal and be aware of any potential side effects.
- 4.** Bring a piece of your home with you. Pack your pet's favorite treats, toys, and blankets from home to keep them comfortable.

For more information on how to support your pet, visit our Behavior and Training website:

<https://eastbayspca.org/what-we-do/behavior-and-training/>

## Something Sweet for Those on Four Feet

### Healthy Vegan Peanut Butter Cookies [For You and Your Dog!]

The holiday season isn't just filled with delicious snacks for you, but for your four-legged friends as well. Treat your pup (and yourself!) to these soft-baked Peanut Butter Cookies. Made with whole food ingredients, these cookies are vegan, gluten-free, and sweetened with dates. Sweet, delicious, and FULL of peanut butter flavor.

Prep Time: 10 mins

Cook Time: 15 mins

Total Time: 25 mins

Yield: 8-10 cookies

#### INGREDIENTS

1 cup pitted Medjool dates

(about 10-12 dates, you can find these at your local grocery store!)

1/2 cup hot water

1/2 cup oat flour (about 58 grams)

1/4 cup natural peanut butter

2 tbsp peanut flour

#### INSTRUCTIONS

Preheat oven to 350. In a food processor, combine dates and water. Puree until smooth. Then add remaining ingredients and blend until smooth (dough will be sticky). Using a tablespoon, drop dough onto a parchment paper lined baking sheet until dough is used up then press each cookie down with the prongs of a fork. Bake for 15 minutes.

Remove baking sheet from the oven and let cookies cool COMPLETELY before handling and storing them.

Soft baked, vegan, and gluten-free. The sweetness of the dates pairs perfectly with the nuttiness of the peanut butter and makes for a DELICIOUS cookie for both you and your pup!



# GIVE THE GIFT OF A SECOND CHANCE

Are you searching for a gift idea for someone who already has everything or is impossible to shop for?

We've got the purr-fect solution!

Donate to East Bay SPCA in honor of your loved one. It's a meaningful way to make an impact while showing your friends and family that you care! Give the gift of a warm blanket for a shelter dog or cat or life-saving surgery for an injured animal. No matter the size of the donation, you are giving a shelter animal a second chance.

Plus, if you're running out of time to find a gift (we've all been guilty of last-minute shopping!)—a charity gift is quick and easy when you donate via our Tributes Gift page, which can easily be located on our website.

In a few short clicks, your shopping is done!

If you have questions or experience technical difficulties while making your charity gift this holiday season, please call

**510-563-4604** or email us at [giving@eastbayspca.org](mailto:giving@eastbayspca.org).

Tribute gift page: [https://eastbayspca.org/get-involved/give-now/  
tribute-gifts/](https://eastbayspca.org/get-involved/give-now/tribute-gifts/)



<b>\$25</b>	Can provide a shelter dog or cat with lifesaving vaccinations
<b>\$50</b>	Can spay or neuter one dog or cat to prevent future unwanted litters
<b>\$100</b>	Can provide essential pet food and care for a cat or dog in foster care
<b>\$250</b>	Can help an animal overcome fear and other behavioral issues through our Behavior & Training program
<b>\$500</b>	Can support 40 pet families in need through our Pet Pantry food distributions
<b>\$1,000</b>	Can help save the life of an injured animal with critical surgery





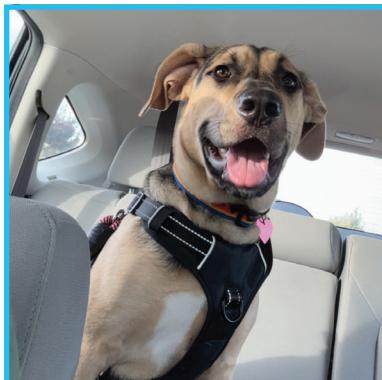
# HAPPY TAILS

## ADOPTION SUCCESSES



**Kyra,**  
adopted October 2022

This is Kyra (formerly Lina) who we adopted from the East Bay SPCA! She's with Biskit; we adopted him from Alameda County Animal Control. These two are such a joy. Though not adopted as a pair, they bonded immediately! Two kitties are definitely better than one. We lost our two senior kitties last year, and we were ready to start over with two kittens. They're hilarious, affectionate, and curious! Thank you, East Bay SPCA!



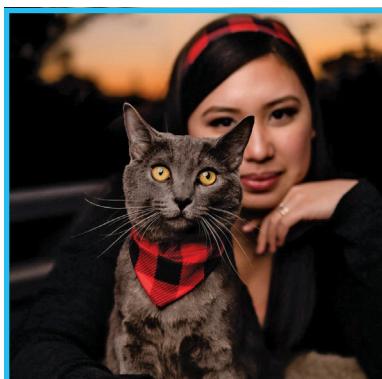
**Luna,**  
adopted October 2022

We adopted little Luna from East Bay SPCA and she is so loved. She has a big brother and loves sleeping with mommy and daddy. She's so incredibly cuddly and loving and is such a special little girl. Luna has helped our family grow and is so much fun to be around!



**Juice Box (aka Pocket),**  
adopted July 2022

Juice Box fits into our home so naturally. He's been the absolute perfect companion for our dog Minnow. Minnow has separation anxiety and having her brother home with her makes her feel so much more comfortable. He is always up for an adventure, loves to make new friends, and is an expert cuddler. We were nervous about bringing a second dog into our home but now we can't imagine life without him.



**Wolfie,**  
adopted July 2019

Met my fur baby Wolfie when he was still 6 weeks old. I knew he was special because he was a very loving brother to his siblings. Someone else adopted his other siblings and he was the only one left that time. Knowing he would be the only one left there, I did not hesitate to welcome Wolfie into our lives. We brought him home that same day. He brought so much happiness to me and my husband's lives and continues to do so with his new sister Dot who looks exactly like him.



**THANK YOU**  
To our 2022 Growl,  
Meow & Wine Sponsor

**Best In Show Sponsor**  
**Bob Connor and Thyda Yim**

## UPCOMING EVENTS

### Winter Animal Camp



Looking for something fun to do during school breaks? Our Winter Camps put a fun animal twist on the traditional camp experience. 2nd through 8th graders will participate in crafts, games, and animal interactions each day that are sure to get your tail wagging. Learn more at [eastbayspca.org/wintercamp](https://eastbayspca.org/wintercamp).

### Ongoing Dog Training Classes



Our training classes are designed to enrich the bond between you and your companion through positive reinforcement methods. Classes are offered online and in-person in Oakland and Dublin. Discover your perfect class at [eastbayspca.org/dog-training](https://eastbayspca.org/dog-training).

### Popular Pup Spay/Neuter Program

From December 1st – 31st, we are offering 25% off spay/neuter procedures for Pitbulls, German Shepherds, and Huskies. These breeds are prominent in pop culture and because of this, we see them frequently in the shelters. Their energy and abundance for life may not be the appropriate fit for every family, causing these breeds to spend more time waiting in shelters, which is not optimal for dogs needing a regular mental and physical outlet. To help prevent unwanted litters, that may enter the shelter system, we have launched a Popular Pup Spay/Neuter Program. \*Exclusions apply. Please visit <https://eastbayspca.org/what-we-do/veterinary-services/> for details.



8323 BALDWIN STREET - OAKLAND, CA 94621

Non-Profit Organization

US Postage

**PAID**

Permit No 1930

Oakland, CA



Saving Lives Since 1874

**EAST BAY SPCA** is committed to the welfare of cats and dogs in the communities we serve. We strive to eliminate animal cruelty, neglect and overpopulation by providing programs and education that support people and companion animals.

[www.eastbayspca.org](http://www.eastbayspca.org)

East Bay SPCA is a 501(c)(3) nonprofit organization.  
Federal Tax ID # 94-1322202.

## LOCATIONS

### Oakland Campus

**Oakland Adoption Center**  
8323 Baldwin Street  
Oakland, CA 94621

**Theodore B. Travers  
Family Veterinary Clinic**  
8323 Baldwin Street  
Oakland, CA 94621

**Oakland Spay/Neuter  
Surgery Center**  
410 Hegenberger Road  
Oakland, CA 94621

### Dublin Campus

**Dublin Adoption Center**  
4651 Gleason Drive  
Dublin, CA 94568

**Dublin Spay/Neuter  
Surgery Center**  
4651 Gleason Drive  
Dublin, CA 94568