Fitness Exercises

Complete Workout Guide

Exercise Name
Muscle group
Equipment
Difficulty

[Show details]

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Muscle group
Equipment
Difficulty

[Show details]

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Muscle group
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Difficulty

[Show details]

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Muscle group
Equipment
Difficulty

[Show details]

Exercise Name
Muscle group
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Difficulty
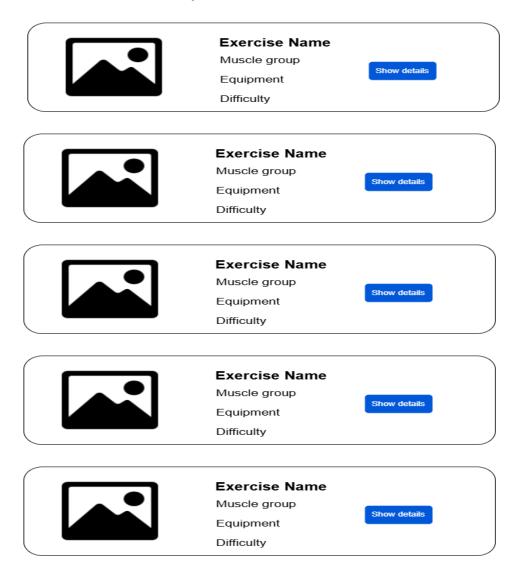
[Show details]

Node Server: https://finalproject-t41i.onrender.com/

API: https://finalproject-t41i.onrender.com/api

Github: https://github.com/RaghavP116/FinalProject.git