

Vata-Pitta-Kapha Related Diseases

Air (Vata)	Fire (Pitta)	Water (Kapha)
Physical		
Cold	Indigestion	Cancer
Aching Joints	Allergies	Flu
Dry Skin and Hair	Inflammation	Sinus Congestion
Emphysema	Skin Rashes	Sluggishness
Arthritis	Burning Sensation	Obesity
Constipation	Acid Reflux	Diabetes
Flatulence	Diarrhea	Water Retention
Tics	Ulcers	
Twitches	Colitis	
Nerve Disorders	Sore Throat	
Mental Confusion	Fevers	
Speech Disorders	Leukemia	
Premature Ageing		
Emotional		
Anxious	Agitated	Withdrawn
Nervous	Aggressive	Greedy
Indecisive	Hate	Envy
	Anger	Attachment
	Jealousy	Possessiveness
	Obsessive	Depression
	Compulsive	