

MahaVastu divides the plan of a building into 16 *vastu zones*, each covering 22.5 degrees. Each of the 16 *vastu zones* has its own attributes and effects. Each zone is governed by its specific element, as already mentioned. The balancing of each zone offers an easy path to achieve the desired goals.

Each and every emotion and thought that appears inside you is generated by the 16 MahaVastu zones (in your home). The kinds of objects placed in a zone, and the kinds of activities that occur in a zone decide how that zone affects your corresponding emotions. If you have a *bedroom in the Zone of Anxiety and Analysis* (the East-South-East zone), you will never feel relaxed in it, and will have frequent disagreements with your spouse. Similarly, your children get naturally inclined towards their studies and do well academically if their study table is placed in the *Zone of Education* (West-South-West). Likewise, if there is a *toilet in the Zone of Gains* (West), you will never get the expected results of our efforts. Now, let us take a look at these zones and their powers, and their influence on your life.

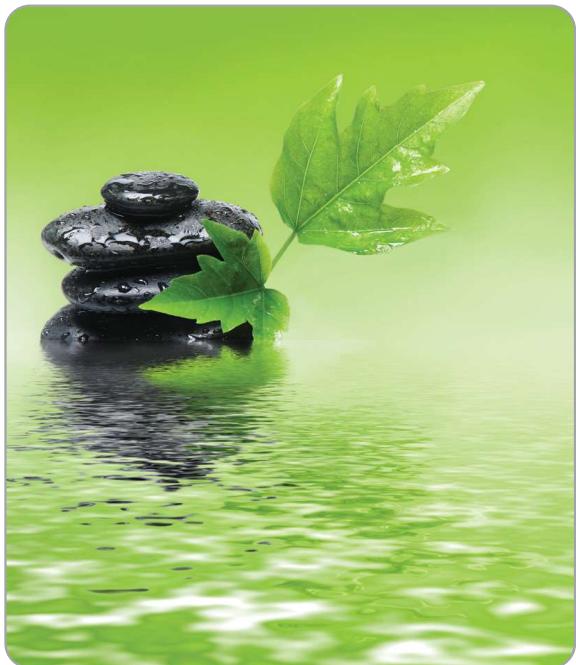
### 1. North-East (NE): Insights

**Making *puja* or prayer place in this zone gives new ideas, clarity and wisdom.**

The North-East (NE) zone governs *new ideas, mental clarity and wisdom*. Any (new) thought contains some desire within it. According to the *Directions of Alchemy*, the *puja* room or place is a zone of such energy that merely sitting there enhances our receptivity. The North-East zone governs our receptivity, clarity and wisdom. So this zone has the energy to make us receptive to latent knowledge, ideas useful in life, and the strength to solve the problems.



Therefore, the *Directions of Alchemy* in *Vastu Shastra* recommends a place of worship or temple here. We need not meditate here daily, but a symbolic placing of our *Ishta Devta* (Family, God/Goddess) here ensures that there is a connection of ourself (with the higher self), subtly. This also helps to facilitate our intuitions to operate and govern your lives with wit and wisdom.



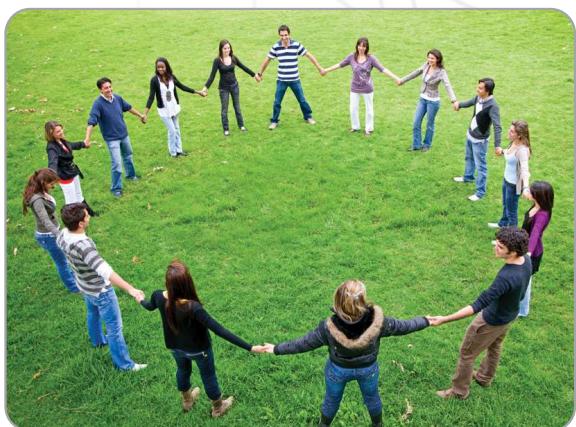
### 2. East-North-East (ENE): Refresh

**A bath spa or children's play area in this zone adds rejuvenation and freshness in life.**

A new idea or thought refreshes us, making us joyous. In life, there are many times when we need to be refreshed and connected to our *Muladhara* or our basic purpose (of life). The scope for this is extended by the second zone, that is of 'rejuvenation'. It is in between the East and the North-East zones, namely, the East-North-East (ENE) zone.

*The Directions of Alchemy in Vastu Shastra recommend this place to be used for bathing.*

Awakening comes from the North-East zone, but *reawakening is related to the East-North-East (ENE) zone*. In any domain of life, when freshness is to be brought, look carefully at the ENE zone for anything that maybe creating staleness or insipidity which leads to stress in relationships. According to the *Directions of Alchemy*, this zone supports the vividness in any area of life.



### 3. East (E): Connections

**Drawing room or living room in this area nurtures your connectivity with the world outside.**

Connecting with the right people, who support us in fulfilling our purposes is important. The East zone governs successful meetings with significant people, and is a good location for the *drawing room in residences, and conference room in offices*.

It is the area of successful or meaningful meetings and connections with the outside world. The power governing all these factors is inherent in the East zone. In terms of the *Directions of Alchemy*, connections and associations, successes and failures of meetings, and all our interactions with the world (meetings, calls, mails, etc) are all functions of the East zone.

### 4. East-South-East (ESE): Churning

**Kitchen utilities help to eliminate grinding situations in your life.**

The East-South-East (ESE) is the *Zone of Manthan*. Everyone, every moment, in every domain of life is in a state of *manthan*. When we think too much about the results, and are judgemental or biased, there is excessive thinking, and no proper results are gained. If someone experiences a high level of anxiety, that means he/she is not reaching at any conclusion and his/her *manthan* process is not working properly.



Wherever a motor, named *manthan*, is placed in a person's life, its current or power is drawn from this zone. Kitchen utilities like mixer, grinder or juicer can be placed in this zone. *Decisions and indecisiveness relate to this area or zone.* Decision means reaching a conclusion after analysing quickly; but a slow, continuous analysis yields only confusion and ineffective decisions. Therefore, a bed placed in this zone never lets you take quick and effective decisions, and painful things keep haunting the mind. This zone also affects relationships negatively. For example, couples with bedrooms in the *zone of manthan*, can never live happily.

### 5. South-East (SE): Money

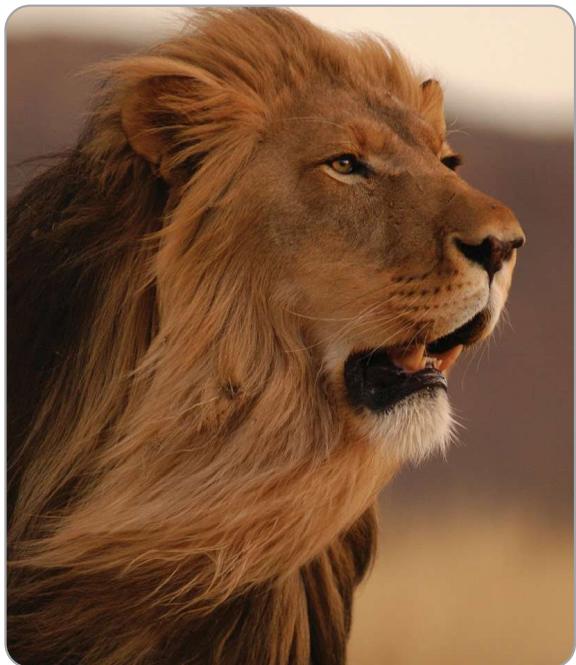
**Fire in the South-East zone ensures quick flow of money.**

*The South-East (SE) is the Zone of Fire.* The spark of life and activity or energy comes from this zone, as per the *Directions of Alchemy*.



*Roop* (beauty), *Tej* (aura or personality) – all are connected to the fire element. *Money and cash flow are the symbols of fire.* *Money is also the symbol of auspicious fire.* According to the *Directions of Alchemy*, *money or cash* is related directly to the South-East zone.

The state of *Agneya koan* (South-East zone) affects many other aspects of life as well. *Fire symbolises security; so a disturbance in the South-East zone will lead to frequent accidents and insecurities.* Hence, *security agencies in the governmental sector* are governed by this zone. Some examples of these are the *Customs Department and the Income Tax Department*.

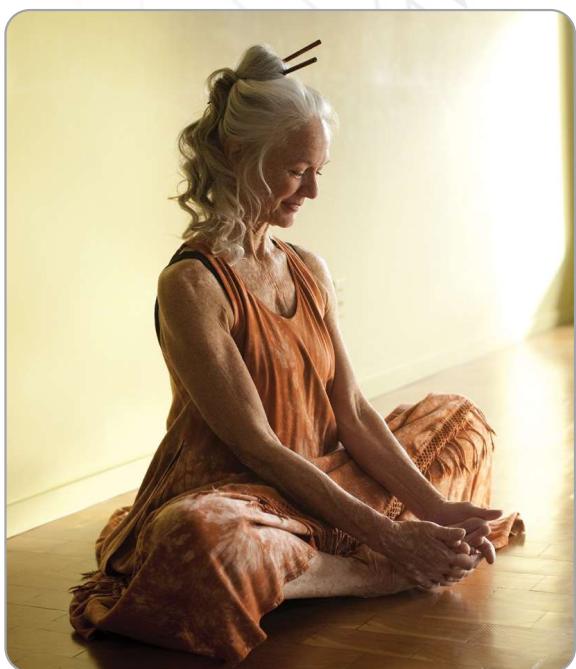


### 6. South-South-East (SSE): Power

**Sleeping or sitting in this zone gives a powerful mind and strong body.**

*The South-South-East (SSE) zone governs power, energy, strength and confidence* which is required after the initiation of any activity. Like nutrients present in cooked food, this zone is responsible for providing *nutrition* and *strength* to the body. Bodily power and strength come from this zone. The energy and strength required in any situation also comes from this zone. Along with this, the mental power of a person is also developed from this SSE zone.

According to the *Directions of Alchemy*, we can use this zone as a *drawing room or bedroom*, because it will add *strength to meetings* and *promote the person's strength and influence*. In many of the natural healing or nature care centres in Kerala (India), special places for healing through massage have been made in this zone. Those nature care centres and health resorts have been designed on the basis of the *4-step method of MahaVastu*.



### 7. South (S): Peace

**Sleeping in this direction/zone gives relaxation and peace of mind.**

The South (S) zone is the ‘place of relaxation’. *Sleep is the only natural medium of relaxation*. The *Directions of Alchemy* suggest that this zone’s energy can be used for bedroom or doing *Yoga*, meditation and such other activities. If all our activities are performed according to the attributes of the different zones, then it will certainly ensure happiness success and prosperity.

If a person is *suffering from insomnia (sleep disorder)* or *feeling fatigued* without any reason, it

means that there is an imbalance in this zone in his or her house. The *Directions of Alchemy* suggest that balancing only this zone facilitates recognition, fame, peace of mind and sound sleep, and this is the secret of creating miracles through *Vastu Shastra*.

### 8. South-South-West (SSW): Wastage

#### Controls expenditure

The zone of energy expanded in the South-South-West direction is that of 'disposal'. According to the *Directions of Alchemy*, unless waste (in all the domains of life) is disposed of, problems will appear in life. If there is excessive disposal, that also causes trouble, as an imbalance is created.



When the waste matter is not disposed of properly from the human body, the body loses its ability to carry out its functions. If the waste disposal increases, then the bowel functions increase; and this may lead to diarrhoea 'and a feeling of being drained out'. At the opposite end, less or stoppage of waste disposal results in 'constipation' and a feeling of being stuck, or 'not being able to let go' appears. Either way, the body and mind suffer by being unable to work properly.

*So, it is ideally recommended in the Directions of Alchemy that a toilet should be built in this zone.* With a *toilet, sewage, dustbin or garbage* here, the disposal activity, on all the three levels, will be in balance.

If anyone stays for too long in this zone, the natural composition of his/her body will be disturbed. The person may not also keep good health. Therefore, in this way, this zone conducts the *activity of disposal*.

### 9. South-West (SW): Excellence & Relationships

#### You can get the best results with ancestor's photographs in this zone.

*The South-West (SW) is the zone of excellence, skills, relationships, love, family bonding and ancestors (pitra).* The SW zone is recommended as the place to keep the *shastras* (weapons or tools). Added to this, is an interesting facet in the *Directions of Alchemy*; as this is also the *zone of relationships*.



All relationships, be it father-son, husband-wife, and so on, are related to the South-West zone. According to the *Directions of Alchemy*, if this zone is disturbed (e.g., because of the presence of a toilet in this zone), then neither our skills nor our connection with the ancestors will serve the purpose. If child-birth takes place in such a house, then, as per *Jyotish Shastra (Vedic Astrology)*, *pitra dosha* reflects in the child's natal chart. Due to a toilet in this zone, the husband-wife relationship will also be stressed, rather, disposed of – all connections removed. So, the *Directions of Alchemy* in your home not only control each activity of your life, but also reveal a clear picture of the life you lead.



### 10. West-South-West (WSW): Studies

**Get the best grades and high scores with books or study table here.**

*The zone in the West-South-West (WSW) direction is of knowledge (study). In the shastra, this is the area governing vidya abhyas; vidya means knowledge, and abhyas means practice. Therefore, practising skilfully what is observed and continuity of efforts in that direction will ensure the gain of knowledge.*

Hence, the WSW zone grants capability for *vidya abhyas*, as also the power, energy and capacity for retention of that knowledge. Ideally, the children's room or studyroom should be located in this direction or zone. The influence of anything placed in the West-South-West zone can be seen easily. For instance, if a television set is kept here, it will definitely distract the child from his studies. He or she will think of cartoons when he or she should be studying.

With a washing machine in this zone, the child may study as hard as he/she can, but will always feel drained out or exhausted. In the examination hall, the mind will become blank.



### 11. West (W): Profits

**Ensure gains and profits with the bedroom or dining room here.**

*The West (W) zone is the area of gains. It governs material gains or profits. Whatever living we earn, this zone contributes the energy to it. The Directions of Alchemy say that the power*

and energy to fulfill desires, and the power to manifest these desires is situated in the West direction.

*This zone is helpful in fulfilling all the desires of life.* If this zone is extended, the gains will not increase; rather the expectation for gains will increase. If this zone is imbalanced on account of being ‘cut’ or is small, desires will not be fulfilled as per your wishes. The results will be below expectations, and your efforts will go waste. *If there is a toilet made in this zone, there will be no gains. If there is a bedroom here, then profits will flow in easily; and a drawing room here will make all meetings fruitful.* In this way, this zone’s energy will influence whatever work, activity or functioning in life we undertake in this zone.

### 12. West-North-West (WNW): Depression

**Wash away your fears and your past by placing the washing machine in this area.**

*The West-North-West is the Zone of Detoxification or Weeping.*

It has been mentioned in *Vastu Shastra* that the West-North-West (WNW) zone should be used for making a room for weeping (*Kop Bhavan*) in a palace. *Crying carries out that emotional detoxification process;* it helps in releasing mental suffocation, which is important for the mind’s balance. The *Directions of Alchemy recommends this zone to be used as a toilet and bathroom.* We release waste from our bodies and take bath for freshness. Both these activities naturally release emotional fatigue. *The basic reason for a malfunctioning thyroid gland is a disturbed West-North-West zone.* If this zone is used as a storeroom for many years, the space here tends to store all the mental fatigue. The thyroid gland is affected, and so are the other glands, due to emotional fatigue. As all the glands are imbalanced, emotional sufferings are experienced in the life too. This zone’s energy works to release that blockage and bring back life to normalcy.





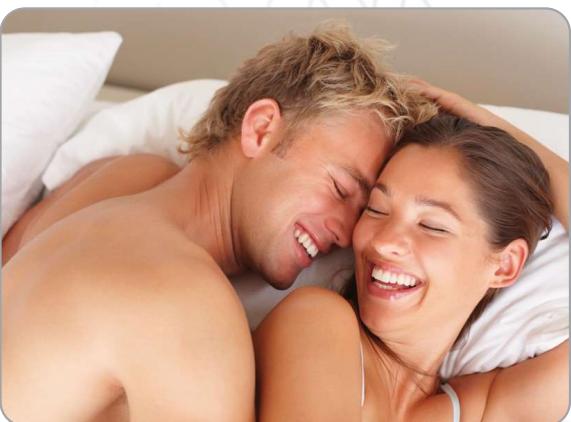
### 13. North-West (NW): Help

#### Place storage to get support

*According to Vastu Shastra, the North-West (NW) is the Zone of Storage, or of Resources.*

In the olden times, crops were stored safely to facilitate the availability of food throughout the year. So, the granaries were usually located in this zone.

These days storage refers to that support (system) which facilitates smooth running of the life cycle, or of an industry. *Hence, the accrual of buyers or customers is governed through the North-West zone.* The bank is also associated with this zone. Banks represent our support system formed in lieu of all our hard work, efforts and performances in life. *The zonal energy in the North-West direction creates, governs and controls the financial support and banking aspects of our lives.* The favourable time and people, who give all kinds of support and assistance is governed by this zone.



### 14. North-North-West (NNW): Sex

#### Explore sexual ecstasy

The North-North-West (NNW) zone is the *one of attraction.* In *Vastu Shastra*, the North-North-West zone has been termed as the *Zone of Rati* (Goddess of sex).

So, in the *Directions of Alchemy*, it is considered to be the best for newly married couples. It is also a good place for people, who want to get married, or are seeking companionship. *This zone governs sexual enjoyment.*

According to the *Directions of Alchemy*, the energy in this zone heightens the senses' experience; and hence, it is the Zone of Sex and Attraction, which includes pleasures of the body to those derived from accessories.

I always found higher sales of the brands or objects which were placed in this zone. Basically, this zone has the quality to attract, and people usually buy or purchase more.

### 15. North (N): Opportunities

**Attract new opportunities with a family lounge or green house here.**

*According to the Directions of Alchemy, the North zone governs transactions—in earlier days, it was the barter system and goods were exchanged. Today, there is the market place, and things are bought and sold. So, whatever goods we produce, we do so to earn money.*



This chemistry of transformation, the productive capacity and the conversion of material into money comes from this zone. *If this zone is healthy, there is plenty of opportunities and money in life. Therefore, this zone can be used for a family lounge or green house.*

### 16. North-North-East (NNE): Healing

**Create strong immunity with meditation or relaxing lounge in this zone.**

*The North-North-East (NNE) zone is associated with health and healing. According to the scriptures, drugs should be placed here, as the energy inherent in this zone makes your immune system strong and powerful. This zone governs medicines and solutions – applicable not only to the body, but also to the mind and the whole of life. It has been termed as the place of healing and health.*



Whenever any disease appears, it means this zone is disturbed. To observe what is disturbing this zone, it must be checked if any activity is acting like anti-activity for this zone. If this is so, it will manifest in the form of ill-health.

*Those who have toilets, invertors or generators placed in this zone have poor immunity levels, and suffer from health problems and chronic diseases like tuberculosis, cancer, etc.*

We must ‘save’ this zone with ‘efforts’ and keep it clean, tidy and healthy. Then only the people residing in this zone will enjoy better health and immunity.

## Online MahaVastu Foundation Course

The table below lists the zones, their attributes, elements and ideal activities.

Vastu Zone	Attribute(S)	Element	Ideal Activity
North-East	Clarity of mind	Water	Puja
East-North-East	Recreation and Fun	Air	Drawing room
East	Social Associations	Air	Drawing room
East-South-East	Anxiety and Analysis	Air	Toilet
South-East	Cash	Fire	Kitchen
South-South-East	Power and Confidence	Fire	Kitchen
South	Rest, Relaxation and Fame	Fire	Bedroom
South-South-West	Expenditure and Wastage	Earth	Toilet
South-West	Relationship and Skills	Earth	Study/ Study room
West-South-West	Education and Savings	Space	Study/ Study room
West	Gains and Profits	Space	Drawing room
West-North-West	Depression	Space	Toilet
North-West	Support and Banking	Earth	Store/ Storeroom
North-North-West	Attraction and Sex	Water	Bedroom
North	Money and Opportunities	Water	Bedroom
North-North-East	Health and Immunity	Water	Bedroom