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## VASTU PURUSH MANDALA

### How Do the Energy Fields Develop During Construction?

#### Origin of *Brahma* and Four *Devatas*

Whenever a space is created in any form or any enclosed space (house, flat, shops, office, factory, hospital, institutions) is designed, some energy-fields get developed. It is not restricted just to buildings. You will be surprised to know that energy fields get developed even in an image, made on a piece of paper.

With practice of meditation you can perceive the energy fields that develop in these images and the emotions they produce in the person who sees them. On the basis of this you can design your stationery; you can also design the logo of your company.

Energy fields exist on any piece of land. Observation of the quality of the land will reveal this. I recall seeing a large piece of land in Europe which had beautiful, clear and strong energy fields (termed as *dev* in *Vedic* tradition), which are very rare to come by. Wherever such energy fields are present in a land, people residing there become powerful and prosperous with money and influence. This happens because of the effect of the land.

However, there are ways to improve the quality of any land by creating the right energy fields. In the Indian *vastu shastra*, the alchemy of space, this is possible through astrological calculations (*jyotish*). For example, by determining at what time the foundation should be created, in order to facilitate formation of the best energy fields, thus, fulfilling the purpose of the building.

These calculations have been mentioned in *Vishwakarma Prakash*, which includes the suitable positions of sun and the moon and for how long these energy fields will last in that building, depending on the positions of different planets. The age of the building is decided, based on this.

During my visit to United States of America, a likeminded friend there, gifted me a book, titled, '*The Secret Architecture of Our Nation's Capital—Washington DC*'. I was surprised to read that the position of planets, at the time of laying the foundation of White House, is mentioned in that book. Biblical or Greek Astrology has been taken as the basis of that calculation, but there is no reference of Indian Astrology in it.

When I checked those calculations, I found that the same formulas, which were mentioned in

*Vishwakarma Parkash*, had been used. It appears that this knowledge was shared some centuries back and, after assimilation there, got popular by some other name.

At several other places in the world, such references are found, where a specific time is decided upon for laying the foundation stone, which in India is a common practise and is known as *Shilanyas* (laying the foundation stone). This ascertains the life span of energy fields in that building, i.e., for how long will they last.

Another practical example is found in Dubai where a lot of construction has happened without paying attention to the presence of energy fields which has resulted in many beautiful and big buildings lying desolate, till date. A very good building in a very good market is lying deserted for years. The basic reason for this is the evaporation or removal of natural energy fields from the building, which makes it deserted.

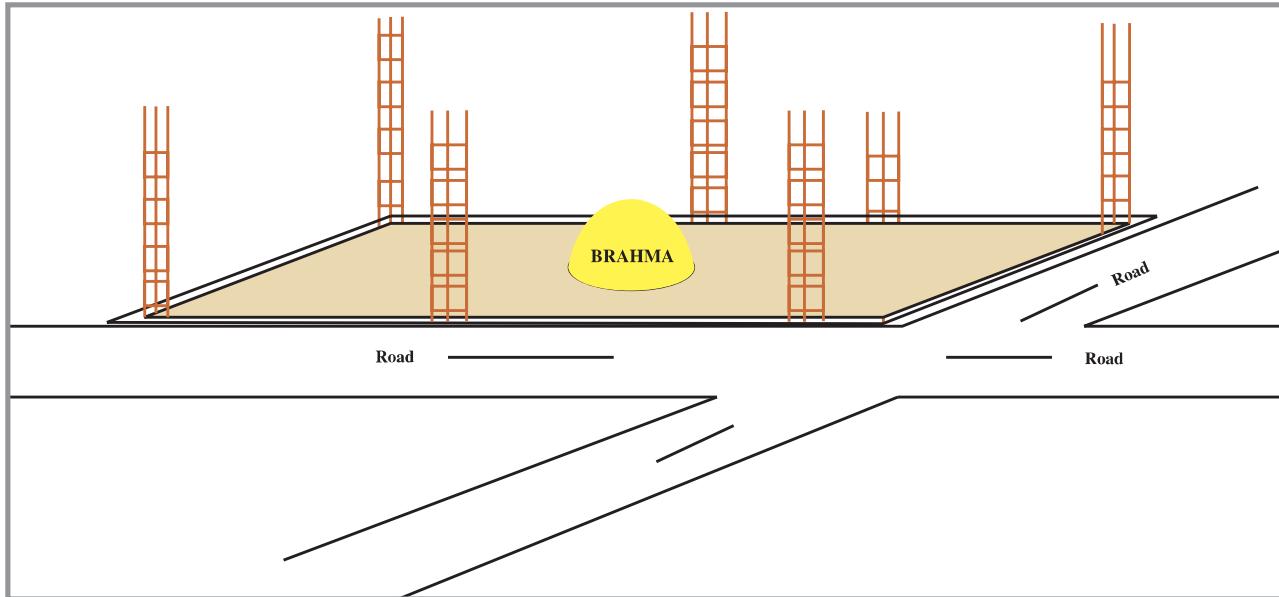
Let us find out how the formation of these energy fields takes place, at different stages of construction of a building.

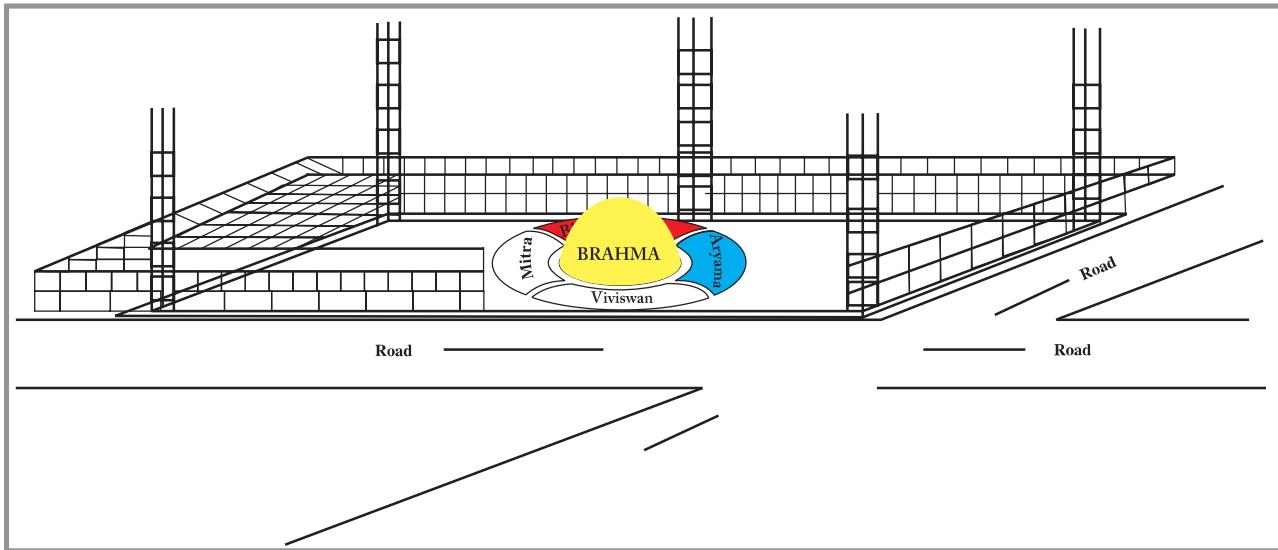
### Creating the Creator (*Brahma*)!

First of all, ‘*Pujan*’ (prayer) and ‘*Shilanyas*’ (foundation laying ceremony) is done (foundation stone is laid) on a piece of land. Then foundation walls are constructed by digging. When they reach the plinth level, a field of energy develops in that land. Right in the centre of the plot, a group of energy starts accumulating which creates an *aura* (energy field) of golden-white colour.

*Vedic* seers (*rishi-munis*) touched this field of energy through *Vigyanmaya Kosha*, felt it, and observed its effects on human consciousness. They found that it had the potential of manifesting all the forms and processes of life. A person can reach this energy field through meditation. As he takes his consciousness upwards from his *Anandmaya Kosha*, he gets to see a similar golden-white aura (*Aabha*) which has been termed as *Param tattva*, *Param purush*, or *Brahma* in *Shastra*.

This is the first energy field which gets developed in the centre, after formation of boundary wall (fence) beneath the ground floor. This energy field has its own quality; it might be very powerful, or it might be moderately powerful, or it might be





weak, or it might not even develop at all. Where this energy-field does not develop at all, construction stops there after reaching the foundation or plinth level. This happens due to the land's own effects.

So the very first energy field that develops while constructing a building has been termed as *Brahma*—the absolute; the one who is responsible for process of evolution on the planet; the one who is responsible for evolution of the whole universe. That universe has been termed as '*Brahmand*' in *yoga*, *tantra* and *Vedic* literature, literally meaning the egg of *Brahma*; hence, the concept of universe getting created from Golden Egg.

### **Development of 4 Devtas in North, East, South and West**

(*Aryama* : the Connector', '*Viviswan* :the controller of change ', '*Mitra*: the motivator', '*Bhudhar*: the manifestation power')

As the construction of the building progresses and its walls rise to a height of 5-8 feet, this golden coloured energy field starts expanding evolving into four different colours of energy fields, like the blossoming of a flower.

In the East, this golden view, while taking a

light blue colour, finally, gets developed into a dark blue coloured energy field. In the South, it develops into white colour. Towards West, it is slightly off-white in colour, more like silver. In the North direction, this golden colour, while getting a little darker, becomes brown and finally changes into red, more a burnt red colour like that of copper.

These energy fields develop in the same way as ripples develop when a stone is thrown in water; first one, subsequently, other ripples develop. Assume that these ripples have four petals, their colours being - blue towards East direction, white towards South, silvery-white towards West, and red towards North. Here, the directions come into picture.

In the *Vedic* era, seers got to experience these energy fields. Such experience happens not only at the time of construction of a building but also when a flower is blooming. The same aura, same colours, same fields of energy are visible in a flower also before it gets fully developed. This is visible in every process.

At the time of the birth of a child also, the same golden energy comes from *Anandmaya Kosha* to *Annamaya Kosha* (Physical body) and

starts developing as the foetus. There also, a single cell grows in to the three colours—light blue, dark brownish-red and white.

Whosoever observed that process whether in a subtle form or in physical form or they observed a building under construction, they observed the very same process. They termed it as four faces of *Brahma*, in four directions. Here, from *Vedic* point of view also, reference of four directions appears as *Chaturdik*.

Directions (*vastu* zones) are always with respect to the centre; if it is North above the centre then below will be South; on the left, will be West and on the right, will be East. Directions are merely reference points. The effect of a direction is basically on account of the expansion of *devtas* from the centre (point). When we divide the space around the centre in four parts, stabilize it and name them as North, East, South and West, then these four fields of energy develop.

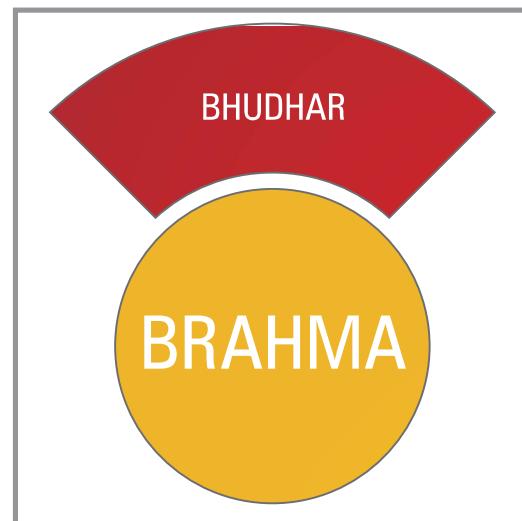
When we sense and feel the energy field (developed) in East, we get to understand its power and attributes. *Vastu Purush Mandala* has a name for these energy fields. The Blue coloured glowing field in East has been termed as '*Aryama*' while the white field of energy in South has been termed '*Viviswan*' or '*Viviswat*'; the silvery-white field in West has been termed as '*Mitra*'; and the rust-red coloured energy field present towards North has been termed as '*Bhudhar*'.

Now let's understand these energy fields and the role they play.

#### ***Bhudhar: The Manifestation Power (North)***

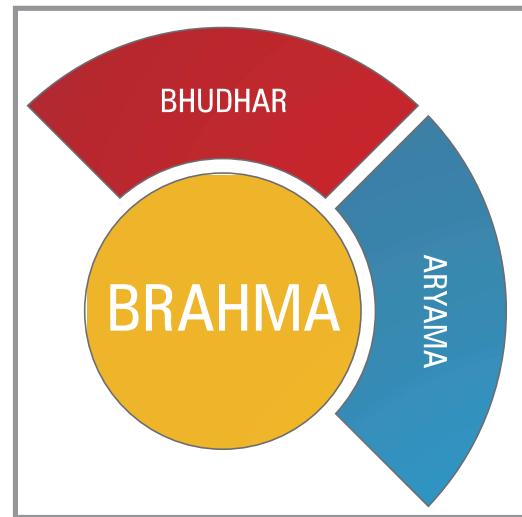
The coppery-red energy field in the North is *Bhudhar*. Many people regard him as *Prithvidhar* but if we go by experience and as per definitions mentioned in the Shastra and in the Vedas, its meaning has been changed from *Bhudhar* to *Prithvidhar*.

'*Bhu*' is usually taken for the earth but it also means – 'to happen', 'to exist', 'to manifest'; and, '*Dhar*' means the one who carries or contains it. So, the meaning of this field of energy becomes—'the one who carries the power of Manifestation'. '*Bhudhar*' is the name of the power because of which this universe comes into existence.



#### ***Aryama: The Connector (East)***

The blue coloured energy field in the East direction has been termed as *Aryama*. After manifestation of the existence, the power which



supports its growth and connects it with the rest of the material in the world, is of *Aryama*.

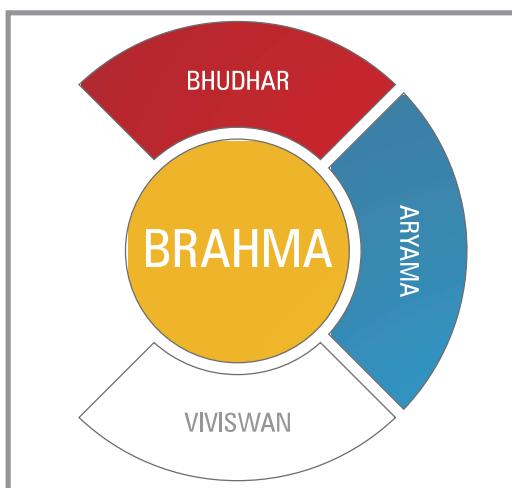
At many places in *Vedas*, *Aryama* has been referred as the power which grants connectivity with the world and has been invoked as a *devta* to get a Bride for the Groom. The power that connects with the world, gets you a companion, in order to carry ahead the process of evolution, is the power of *Aryama*.

#### ***Viviswan: The Controller of Change (South)***

The white coloured energy field developing in the South has been termed as *Viviswan* in the *vedic* context. *Viviswan* is also known as *Viviswat* and is the one who brings about changes.

If you pay attention here, you will see that the power, responsible for bringing the world into existence is of *Bhudhar* and lies in the North direction. The companionship needed to carry forward the process of evolution, is granted by the energy field (*devta*) called '*Aryama*'.

And, *Viviswan* is the cause to change. It controls the change which initiates the process of manifestation. It shines that change and moves the manifestation process.

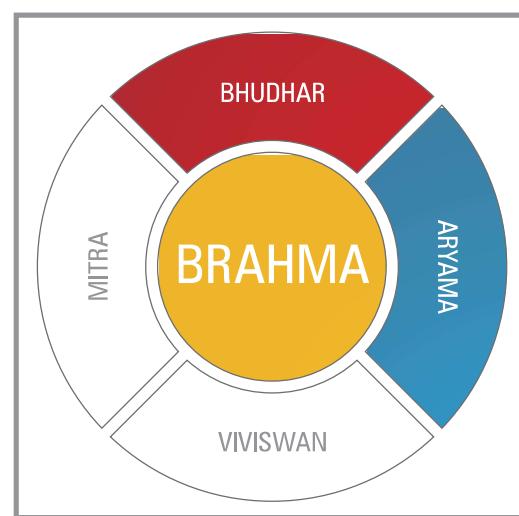


#### ***Mitra: The Motivator (West)***

The silvery-white energy field in the West has been termed as *Mitra* in *Vedas*. To bring all the above mentioned processes into action, a *devta* called '*Mitra*' has been invoked repeatedly in the '*Atharvaveda*'.

*Mitra* has been assumed as the one who brings this world in action. This is an inspirational energy and affectionate *devta* who has the capability to bind – who keeps the world tied together. He is the power of holding the world together so that the process of evolution or manifestation could move ahead.

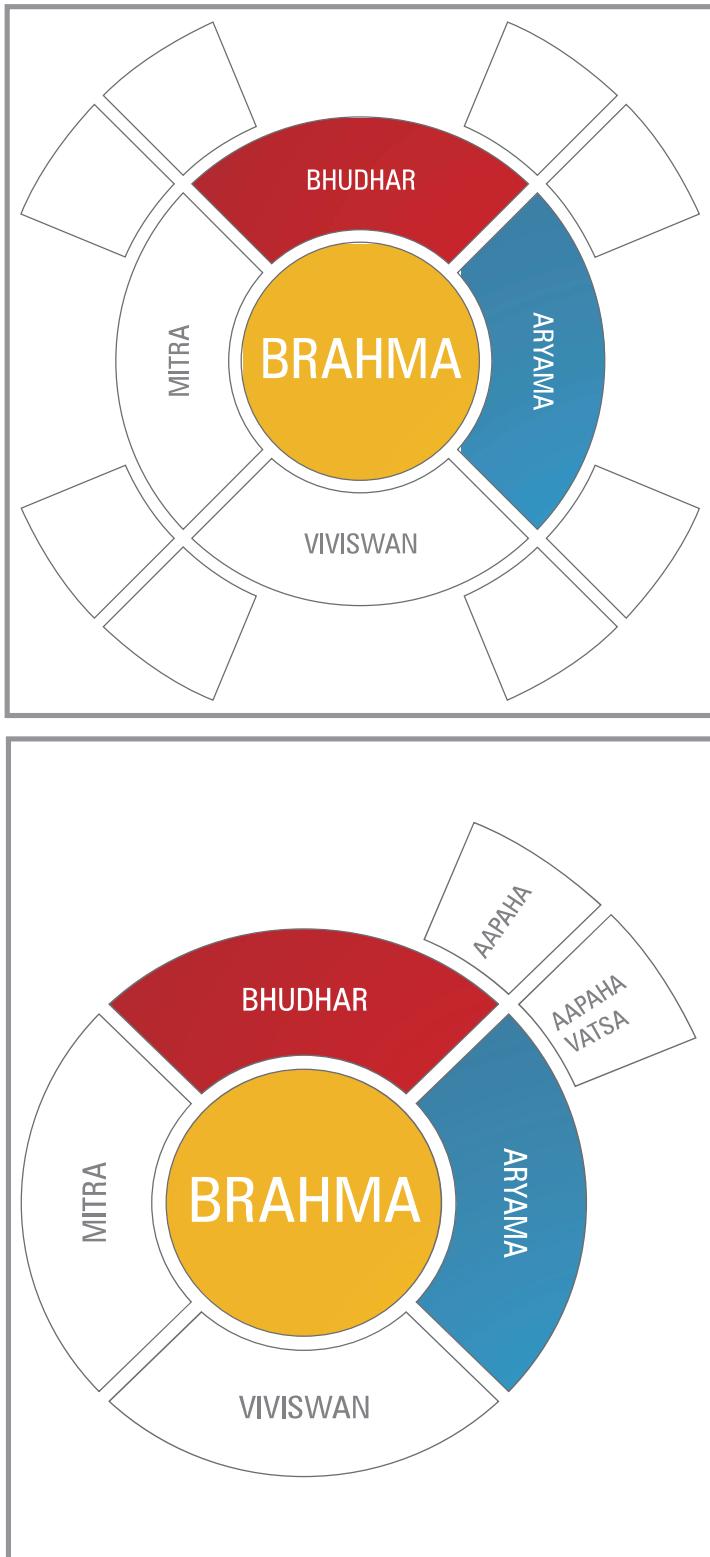
So these four *devtas* develop at this stage of the building construction. Further, as the construction of the building advances, more fields of energy develop, accordingly. Those powerful energy fields help in the manifestation of different activities in different domains of life.



#### **WALLS**

#### **Origin of Eight Devtas and Asuras**

In the olden times when the walls were constructed first and then the roof was laid on them. But in this era of RCC construction where the roof is cast first and then the walls are built, the energy fields develop in a different way. Here it is pertinent to



mention that we will confine our discussion on energy fields as was observed by the *vedic* seers.

So when walls get constructed and only casting of roof (over them) is remaining, exactly at that time, energy starts flowing in the corners in the diagonal directions (Zones), viz., in North-East, South-East, South-West, and North-West; as if, forming a tortoise like image (refer adjacent figure) in which its four legs are extending out of its body.

In the same way, two energy fields develop in each of these diagonal directions. A silvery-white coloured energy field develops in the North-East. If we draw a line from North-East direction to South-West direction, passing through the centre, then one energy field gets developed on the northern side of that line, and another energy field gets developed on the eastern side; as you can see in above figure.

The *devta* or energy field located towards North, in the North-East, has been termed as “*Aapaha*”, and, the one adjacent to it has been termed as ‘*Aapahavatsa*’. In the same way, *devtas* with names ‘*Savita*’ and ‘*Savitra*’ have been shown in South-East direction. *Devtas* called ‘*Indra*’ and ‘*Jaya*’ develop in South-West; and, in North-West, a *devta* called ‘*Rudra*’ and an *Asura* called ‘*Rajyakshama*’ have been depicted.

### ***Aapaha – Healing Booster and Aapahavatsa—Carrier (North-East)***

The energy-fields, located in North-East, have Silvery White colour and are called *Aapaha* and *Aapahavatsa* in the *Vastu Purush Mandala*. These have been mentioned in the *Atharvaveda* as very important powers of health and healing.

***Aapaha—Healing Booster:*** In the sixth *sutra* of first ‘*Kanda*’ of *Atharvaveda*, *Aapaha* has been referred as a *devta* of control or destruction of ailments and fears. His power relieves one from

fears and, has the healing power.

Basically, it strengthens the immune system. *Aapaha* has been attached much importance in *Vedas*, in order to cure diseases and get long life.

*Aapaha* is the *dev* who creates the vision and brings the driving force in humans. He is the life (*prana*) of all the water streams on the planet and is the causing factor of their movement.

When we meditate and attain *sanyam* on this energy field, situated in the North-East direction (Zone), we start touching the *Vigyanmaya Kosha* and the *Anandmaya Kosha*. As we start imbibing its attributes, we experience improved immunity.

***Aapahavatsa – Carrier:*** The white-coloured energy field on the eastern side in the North-East direction is of *Aapahavatsa*. *Aapahavatsa* has been considered as the son of *Aapaha* who carries along the power of medicines in the water of rivers.

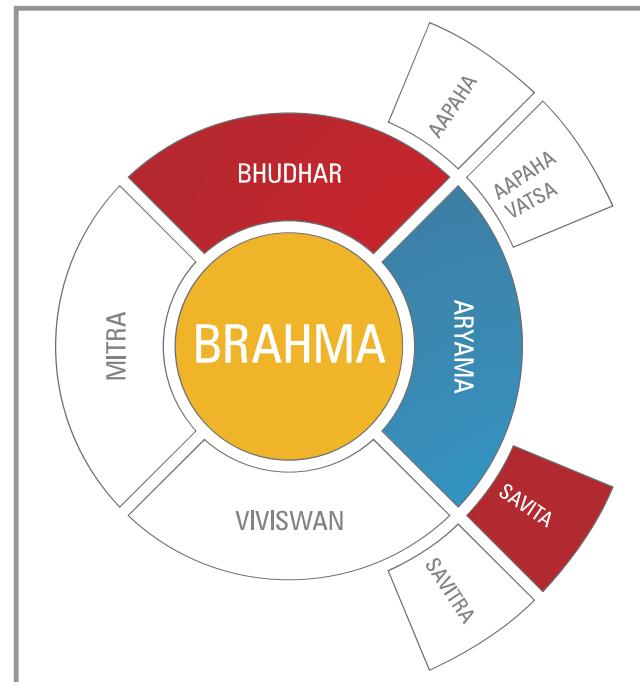
In the same sense, *Aapahavatsa* has also been invoked or eulogized as the son of water in the forms of rivers, drains and ocean. *Vedas* describe *Aapahavatsa* as the carrier of the core functions of *Aapaha*.

*Aapahavatsa* grants the power which carries medicinal elements to the point of disease in the human body. The same power is also responsible for carrying insights from Intuitive body (*Vigyanmaya Kosha*) to Mind body (*Manomaya Kosha*). That is why *vastu shastra* recommends doing worship or meditation in this energy field.

### **Savita—Igniter and Savitra—Pusher (South-East)**

Two *devtas* develop in the South-East – *Savita* and *Savitra*.

***Savita – Igniter:*** The first energy field that gets developed in the South-East is copper-red colour (like that of *Bhudhar*). This is the energy field



which bestows power of meditation, kindles fire and, helps to initiate things. This power stimulates your *karmas* (actions) and, immediately, brings them into action. It has been termed as *Savita* in *Vedic* terminology.

One of the synonyms of *Savita* is *Surya* (Sun) but this is different from the Sun talked about in Astrology. In the 2nd and 3rd *shloka* of the 18th *sutra* of the first *kanda* of the *Atharvaveda*, *Savita* has been described as the *dev* who removes ominous symptoms, activates powers in something through cleansing or through friction, develops association with influential and powerful people and friends, and also provides support and money.

***Savitra – Pusher:*** *Savita* has, along with him, his favourite attendant who has been termed as *Savitra* in the *Vastu Purush Mandala*.

*Savitra* carries a white colour which comes from *Viviswan*. He appears like as butter oil (*ghee*). He is considered a demon, having his own

resources. His power shows the unlimited capability of his resources. He is the ruler of all the desires.

According to *Vedas*, it is due to the power of *Savitra* only that the earth is intact in the space. The power of determination to remain steady in meditation is bestowed upon by him. He also owns the power to grant luxuries. That is why *vastu shastra* recommends this energy-field to be used as a place to keep butter oil (*ghee*).

The most amazing thing, as mentioned in *Vedas*, is that the *Gayatri Mantra* originated from *Savitra* only. He is the *dev* who grants strength and nourishment. The strength required to move ahead in life is granted by him through earned virtues (*punya*).

### ***Indra*—Protector and *Jaya*—Winning Tool (South-West)**

*Indra* and *Jaya* are the two *devtas* which develop in the South-West.

***Indra* – Protector:** The energy field which gets developed in the South-West direction is of very dark brown-red colour and has been termed as *Indra*. At many places he has been considered carrying green colour also.

In *Vedas*, he has been considered as the primary *dev* (*Adheeshta Dev*) to safeguard money. He is also the power of the medicine of conception. That is why *vastu shastra* recommends South-West direction for a labour room (childbirth).

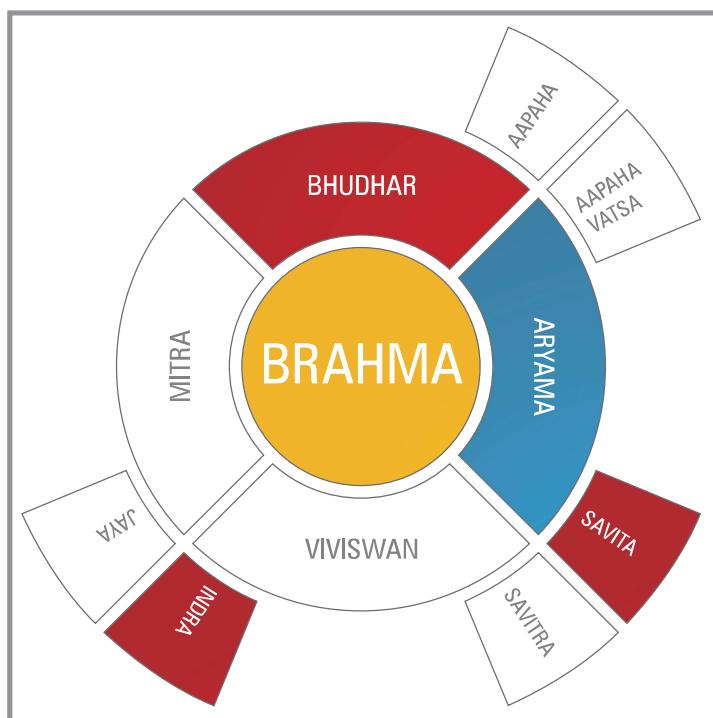
Because *Indra devta* is believed to be residing here and, it has been said that pregnancy stabilizes with his powers only. He gives strength and longevity to life. He is also considered as a protector.

The fourth *mantra* of 25th *sutra* of the fifth *kanda* of the *Atharvaveda*, describes *Indra* in this direction. This forms the basis for instructions mentioned in the *vastu shastra* for setting up balance to ensure safe delivery (child birth) and to keep Safe etc.

***Jaya* – Winning Tool:** The silvery-white coloured energy-field on the diagonal axis in south-west direction has been termed as *Jaya* in *vastu shastra*. Many times he has also been termed as *Jayendra*.

*Jaya*, in fact is the name of a weapon (*vajra* or *shastra*) which is held by *Indra*. It also refers to all those infallible weapons (*shastra*) which ensure victory in life. As the construction of the building progresses, this power gets developed in the form of the power to impart skill and expertise.

In a building, this direction is recommended to make a place for keeping all those tools, books and objects which are related to the performance of your skill. In any field, say business, your own skill is the tool or weapon named *Jaya* which facilitates your victory. When, due to any *vastu-dosha*, this energy field loses its power, then you



feel unable to exercise your skill at the right time and at the right place.

### **Rudra - Channeliser and Rajyakshama - Holder (North-West)**

In the North-West (*vayu koan*), two *devtas* of copper-red colour (which comes from *Bhudhar*) get developed. *Vedic* saints have termed these fields of energy as *Rudra* and *Rajyakshama*. Basically, *Rajyakshama* or *Rudradas* is the assistant of *Rudra*.

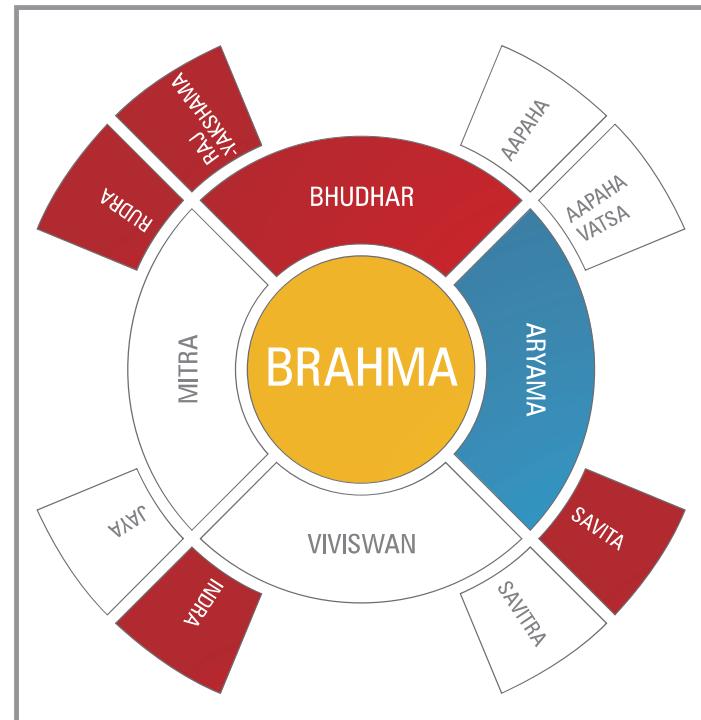
**Rudra – Channeliser:** *Rudra* has been mentioned at many places in *Rigveda*. He has been described as cunning and head of thieves. It has also been mentioned that he has a special methodology for treatment or cure. The power which makes water streams flow on earth has also been termed as *Rudra*.

The power which maintains the flow of activities in life is the power of *Rudra*. For example, food grain received from new crop sustains life. That is why, in ancient *vastu* texts this place (direction) has been recommended for storing food grain.

Contemporarily, the consumption of products produced in factories maintains the flow of industries. That is why it is recommended to keep the ready-to-sale goods (stock) in this place (North-West).

*Rudra* means which causes weeping, detoxification, emotions. So, the power which generates tears and, which makes the water in a river flow is *Rudra*. Later, in ‘*Shatpath-Brahman*’, this same *Rudra* has been termed as lord Shiva; but, not in *Vedas*. It might be because lord Shiva made the river Ganga flow, that he has been termed as *Rudra*.

**Rajyakshama – Holder:** The other red coloured energy field which gets developed along with *Rudra* has been termed as *Rajyakshama*. This is an attendant of *Rudra* and, is the Lord of all roots.



The power which holds together a foundation (be it of any type, of anything), strengthens it and maintains it has been termed as *Rajyakshama* or *Rudradas*. This is the power which keeps walls bound and holds them.

It also stills the mind. If energy of this zone becomes wrathful (*kupita*), then due to Air being wrathful the mind becomes very much unstable. This energy ceases the Universal Mind for a moment so that the creation of life could initiate. Unless that cessation happens, creation is not possible.

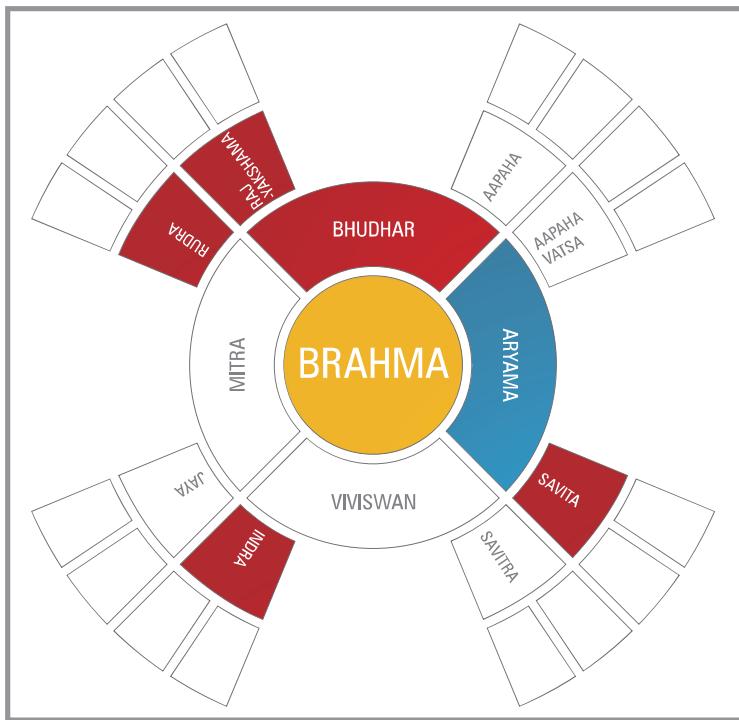
Thus, the *Rajyakshama* is the power to hold that cessation and the new walls around that space in which the life manifests and which, in turn, initiates the creation of the whole world.

The space developed till this stage, which is open to the sky, now gets divided in to two parts. The powers of *Aryama*, *Savita*, *Savitra* and the power of conception of *Indra*, together, take the form of *Prakriti*.

From North-East to South-West; the portion on the South-Eastern side starts acting as a Female or *Prakriti* while that, on the North-Western side, starts acting as a Male or *Purush*. But these are in an inactive state because their job has not started yet; it is just that the elements which facilitate creation of the world are taking their respective places.

When activities start in the building (home, office or industrial space), then appearance of these *Prakriti* and *Purush* gets interchanged—the *Prakriti* comes on *Purush* side while *Purush* comes on the *Prakriti* side.

If we try to comprehend this from *Pranmaya Kosha*, it is just like creation of Crown *chakra* (*Sahastrara chakra*) followed by moving to *Aagya chakra* (Brow *chakra*). When we move from *Sahastrara chakra* to *Aagya chakra*, *Ida* (the left *nadi* which is feminine) lies at the right side. But as it moves ahead of *Aagya chakra*, it appears on the left side. So at *Aagya chakra* and in the building, *Prakriti* changes its direction.



This change appears as and when all the roofs have been cast upon the walls and construction of the building gets completed. Then it (the building) has a purpose and with the development of the purpose the North-Western side of the building attains the form of *Prakriti* and the South-Eastern side becomes the *Purush*.

Symbolically, it looks as if someone is lying prostrate. This is the reason why the *Vastu Purush* is said to be lying prostrate in the *vastu shastra*. Lying prostrate means just that his right *nadi* (*surya nadi* or *Pingala*) is on the South-Eastern side and his left *nadi* (*chandra nadi* or *Ida*) is on the North-Western side.

## ROOF

### Origin of Sixteen Devtas and Asuras

When the roof is cast in a building, then four more energy fields get developed in each of the diagonal directions. As we see this image, it appears as if a head is popping up in the North-East direction, elbows and knees are in the South-East and North-West directions and, feet are spread in the South-West.

The conception of *Vastu Purush* comes from the appearance of energy-fields in this situation. The *Vedic Seers* would have visualized such an image containing different *devtas* in the form of different energy-fields.

### *Aditi—Peace, Diti—Vision, Shikhi—Yogi, Parjanya—Insights* (North-East):

When the first roof is cast, two golden-yellow coloured, one red coloured and another golden-yellow coloured energy-field gets developed in the North-East (*Ishaan koan*).

**Aditi – Peace:** The first energy-field, out of the four *devtas* getting developed in the North-East, is of golden-yellow colour and has been termed as *Aditi*. This has also been referred to as *Vishwadevi* in the *Vedas*.

According to the 68th *sutra* in the 6th *kanda* of the *Atharvaveda*, this is the energy-field which feeds the entire world. When you meditate and attain *sanyam* on its power, you come to know that it is a boundless expression possessing deep peace and serenity.

This is the energy which provides security and helps in maintaining the integrity (*akhand swaroop*). This energy field gives perfection and has also been termed as the ‘Mother Earth’, a form of Earth. This energy imparts the power of milk mixed with Honey (*madhu mishrit doodh*).

This is the power of connectivity with self. When it gets imbalanced in the building, person (occupant of the building) moves away from his own self. Then he feels restless and nervous; his mind being always haunted with the fear of unknown. He feels directionless and the whole life seems getting imbalanced.

This energy field offers the requisite platform for the powers of *Diti*, *Shikhi* and *Parjanya* to do their jobs. That is why doing worship or meditation in this place yields the best results. This field of energy bestows the power of receiving solutions from the Universal Consciousness to come out of difficult circumstances.

**Diti – Vision:** The golden-yellow coloured field adjacent to *Aditi*, in the North-East direction, has been termed as *Diti* in *Vedas*. He has been considered as the mother of all demons (*Asuras*).

This is the power that grants the capability to express, wider vision and liberal thinking. So, this energy is considered as the Conferrer or the Giver – the energy to give Power. The power to develop

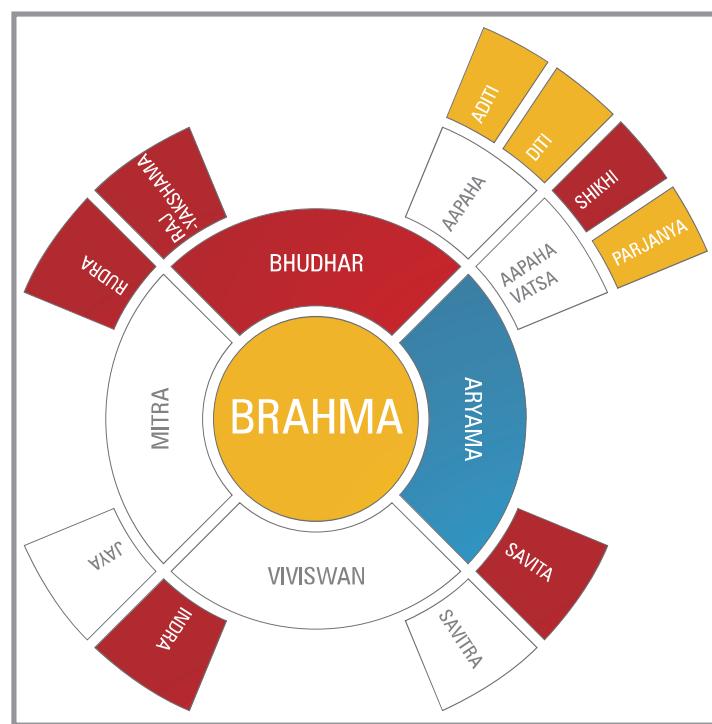
the vision to see the real truth of life and the actual form of nature is also the power of *Diti*.

When this power is in balance in a building, the person has clarity of mind. He clearly knows what his purpose is, what he wants and what he should do for that. And, with the power of *Diti*, he achieves that purpose also.

Such persons do not believe in blindly following the orthodox traditions and customs. Child born in such a building has innate capability of saying No.

When imbalanced, this power leads to confused mind. Person finds himself unable to visualise all the related aspects of a subject or situation and, reach a decision.

**Shikhi – Yogi:** The red coloured energy field East of *Diti*, in the North-East direction, is called *Shikhi*. *Shikhi* means a pointed flame; the minute form of fire has been termed as *Shikhi*. A ray of light is also termed as *Shikhi*.



When you wish to project your thoughts and influence the world over with the light of your thoughts, then that energy is of an energy field or a *devta* called *Shikhi*. This is that powerful thought which is deep rooted and paves the way for the manifestation of a new world.

Any creation, any product or any service in this world starts from a thought or an idea only. An idea appeared in someone's mind; so, today Aeroplanes are flying in the sky, we are able to see remote scenes through T.V., and businesses are being governed and run with Computers. Even, efforts are being made to explore possibilities of life on other planets in the universe. All such effective and important ideas are the outcome of the *Shikhi*'s power.

**Parjanya – Insights:** The next energy field which develops towards East, in the North-East direction, is of *Parjanya* and is golden-yellow in colour. Attributes of this field are the cause for

generation of flora. At certain places, this energy has been considered as husband of the Earth. Rain water from clouds satiates the Earth and leads to the generation of flora.

When one meditates while sitting in this energy field, the knowledge (wisdom) from Universal mind comes to *Vigyanmaya Kosha* and satisfies the curiosity just like the rain water satisfies the Earth. This is the power responsible for growth in plants and production of fruits.

*Parjanya* is also invoked in *Vedas*, as the power to grant fertility in cows and women. Development of all the Psycho-Medicines (*Mano Aushdhiyan*) on Earth is done by this power.

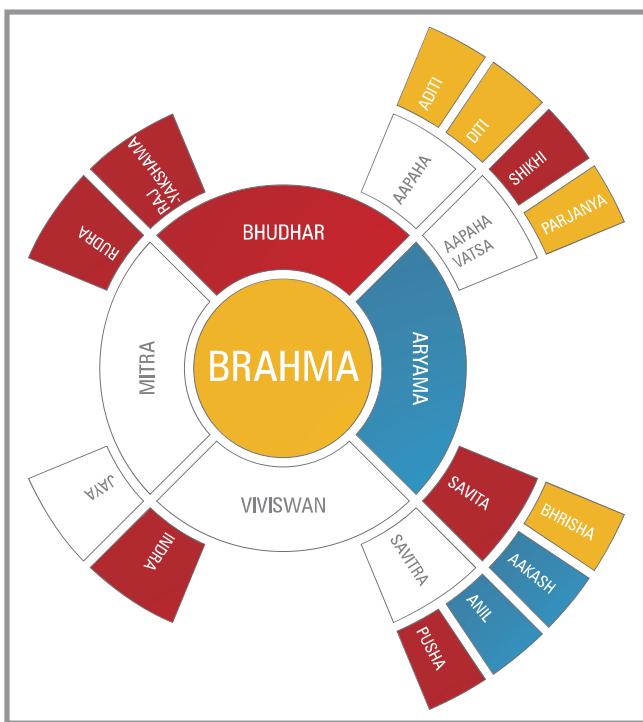
### ***Bhrisha—Gravity, Antariksh—Inner Space, Anil—Uplifter, Pusha—Strength (South-East):***

Four more energy fields get developed in the South-East. The yellow coloured energy field is called *Bhrisha*; the blue coloured energy field is called *aakash* or *Antariksh*; another blue coloured energy field is called *Anil*; and the red coloured energy field is called *Pusha*.

***Bhrisha – Gravity:*** The first yellow coloured energy field which gets developed in the South-East direction has been termed as *Bhrisha*. This is the power to make anything fall, just like the power of the gravitational pull.

The power of bringing out a new thing out of rubbing two things (surfaces) together comes from this energy field. For example, it is the power of *Bhrisha* that works to bring out butter through churning of curd.

If this power is weak in a building, actions will not be executed correctly. Either, too much thinking to achieve perfection will delay the execution and outcome, or hastiness in execution,



without giving proper thought (planning) to it, will result in undesired outcome.

That is why *vastu shastra* recommends to carrying out churning activities in this place to make ideal use of the power of this energy field.

***Antariksh – Inner Space:*** The energy field next to *Bhrisha* in the South-East direction is of blue colour. This is also known as *aakash*, and represents the space (*aakash*) present between Earth and Heaven which grants (allows) life.

Many times when you say, “I am not getting my space”, “I am feeling suffocated”, then, in fact, you talk about this inner space, i.e., *Antariksh* only. This is the space which allows the process of evolution of mind to take place. The supportive space required at both levels – physical and mind, to allow the power of *Bhrisha* work, is provided by *Antariksh* only.

For example, a growing plant needs a part of space to grow. You sit inside a car which occupies a particular space. Similarly, if you sit inside a building then the space which is required for erection of that building is considered in the form of a *devta* – *Antariksh*. If that space (*Antariksh*) does not allow, then, this manifestation is not possible.

***Anil – Uplifter:*** The next energy field in the South-East direction is of blue colour and is known as a *devta* called *Anil*. Basically, he is the *adheeshth dev* of air (*vayu*). Just as space (*aakash*) allows the manifestation of things, air (*vayu*) is the power to elevate (or lift) them in that space (*aakash*).

The power which makes any process happen is the power of Air. *Anil* is one of the eight *Vasus*. This is the power which, initially, elevates any building from earth in to the space (*aakash*). This is the same power which lifts the fire into the sky.

The power of making upward movement

(*Oordhvamukhi*) is the power of a *devta* called *Anil*. The power to vigorously move ahead in life, in spite of difficult situations, is also bestowed by *Anil*.

***Pusha – Strength:*** The next energy field in the South-East direction is of a red coloured *devta* called *Pusha*. *Pusha* is the power of nourishing, strengthening and promoting.

At many places in *Vedas*, *Pusha* has been prayed, along with *Indra*, to block the path of enemies. *vastu shastra* recommends this place for keeping *ghee* (butter oil) and other nourishing things. This is also a *devta* to safeguard the ways (roads for journey).

This is a *devta* which imparts nourishment and strength to life. He appears on the main door of the road from where a journey starts. He is invoked in *Vedas* for being helpful in getting back the lost money.

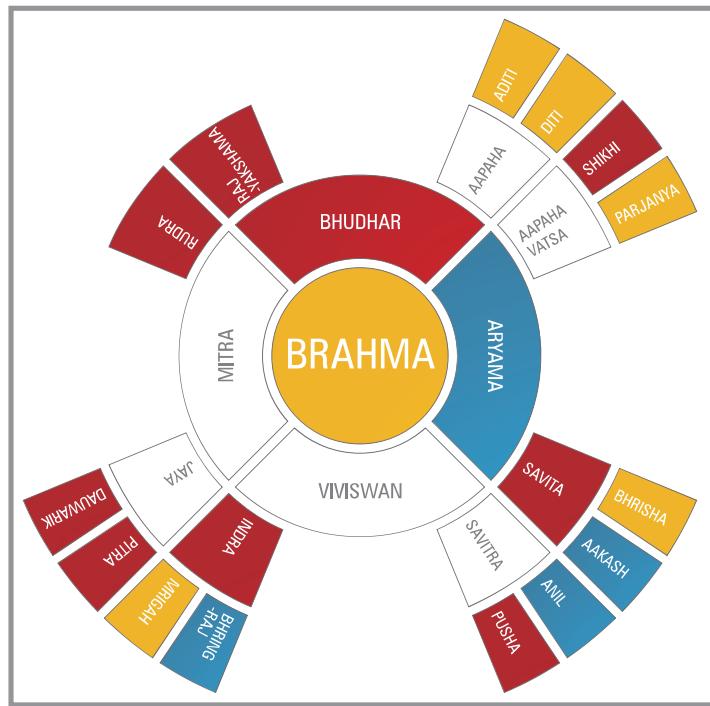
He is also invoked, along with *Dhata*, *Savita* and *Maroot*, to impart power to select the bridegroom. He is the observer of all the buildings and is the primary *dev* (*adheeshth dev*) of the power to save them from getting destroyed.

After this, four *devtas* originate in South-West.

### ***Bhringraj—Discriminator, Mrigah—Curiosity, Pitra—Ancestors, Dauwarik—Door Keeper (South-West):***

In the South-West, blue coloured energy field is called as *Bhringraj*; golden-yellow coloured energy field is called *Mrigah*; red coloured energy field is called *pitra*; and another red coloured energy field is called as *Dauwarik*.

***Bhringraj – Discriminator:*** The first energy field which gets developed in the South-West direction is of blue colour and, has been termed as *Bhringraj* by the *Vedic* saints. In a person, *Bhringraj* is the element of being Genius.



He is the power to grant wisdom and to manifest what is left after removing the unnecessary elements. It is the power of *Bhringraj* that extracts the nutrients from the food and returns them back to the body while disposing off the waste.

When the power of *Bhringraj* becomes weak in the building, it leads to increased expenditure, efforts not becoming successful and the person wasting his time and energy in useless pursuits.

In *vastu shastra*, this place has been considered ideal for making a toilet. Toilet made in this field of energy facilitates balanced and smooth process of disposal at all the three levels of body – Physical, Energy and Mind.

**Mrigah – Curiosity:** The golden-yellow coloured energy field adjacent to *Bhringraj* in the South-West direction is *Mrigah*. Let us try to understand the nomenclature of this *devta* called *Mrigah*. ‘*Mri*’ basically refers to the power which gives craving or seeking.

It gives curiosity to search for something, to investigate something which is the basic factor of life. A *devta* who is moved by a craving for a smell which, in fact, comes out of his own navel, has been termed as ‘*Mrigah*’.

When you try to decode the meaning (in Sanskrit) of each letter of names of *devtas* mentioned in *Vedic shastras*, then you will come to know how composition of names (words) describes their appearance and effects.

That is why the power to give skill, seeking, craving and to get into detailed knowledge of a subject through practice, has been termed as the power of *Mrigah devta* in the *Vastu Purush*.

In ancient times, people used to work more with hands; they used to sell handmade goods to earn their livelihood. So, they required skill to improve their creations which they used to get by sleeping or working in this energy-field. That is why this area of the building was used to make bedroom for common man in order to make optimum utilisation of this power.

**Pitra – Ancestor:** The next energy field in South-West direction is of red colour and has been termed as *Pitra devta*. *Pitra* means Ancestors.

The powers inherent in your space which are responsible for providing you with all the means and source of happiness which are necessary for your survival, for sustenance of your being, relate to this energy field.

Safety, happiness and the capacity to donate are sought from *Pitra devta*. A new bride prays to him to sustain her race, viz., prays for male child. The power to grant the birth of a male child and to bring in a new bride is inherent in this energy field.

This energy field develops love and bonding in a family. All the attributes of *Nairitya koan* as mentioned in *vastu shastra* are, in fact, related to the power of *Pitra*. With a toilet made in

this place in a building, *Pitra dosha* appears in the horoscope of the child taking birth in the building.

The skill and competence to aptly address any situation in life are bestowed by *Pitra* only. The power of *Pitra* must be balanced in the building to achieve continuous growth in life.

**Dauwarik – Door Keeper:** The energy field developing towards West of *pitra*, in the South-West direction is of *Dauwarik* and is red in colour. He has infinite knowledge (the knowledge of *Agam Shashtra*) and has also been referred to as the door keeper.

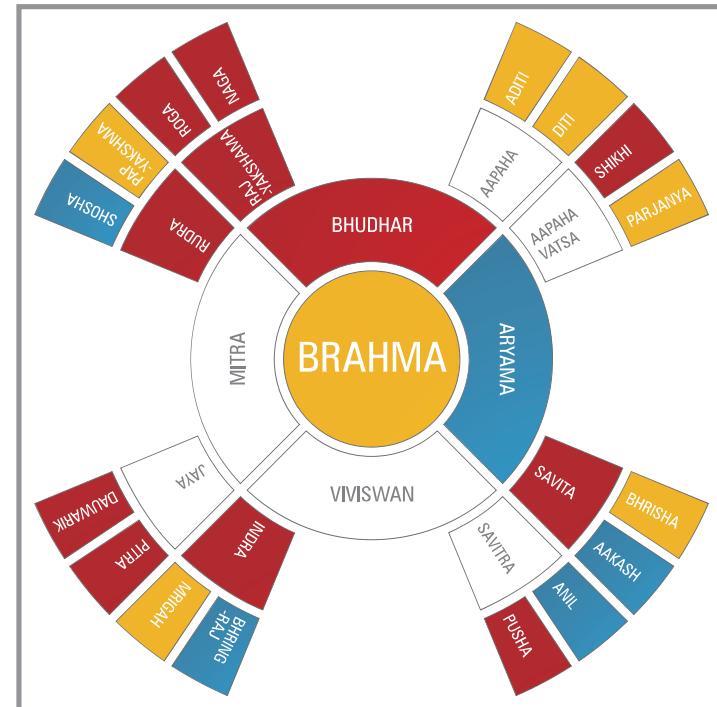
Basically, *Dauwarik* is a demon (*Asura*) but he is a genius and highly knowledgeable who carries heritage and traditional knowledge. Retaining age old knowledge is the attribute of this energy field.

Whenever a person moves one step ahead, from one reference point (of knowledge) to another, this is the power which helps him move ahead at each step. It does not let you indulge in unwanted thoughts or subjects and thus, acts as a door keeper or a filter.

The power that decides which knowledge you should grasp and which you should not, has been named as *Dauwarik* in *Vedas*. It is the power of *Dauwarik* which enhances memory in your inner mind (subconscious mind).

Power of *Dauwarik* must be balanced in the building for excellent studies of children. If it is weak, children will not be able to retain the learned knowledge, and, at the time of examination, they will forget what they had learned by heart.

When balanced, *Dauwarik* bestows the power of discrimination. With this, a person is able to evaluate the expected benefits of spending his time, attention, money and energy. In this way, the power of *Dauwarik* increases savings by controlling wasteful expenditure at both the



levels – physical (*Annamaya Kosha*) as well as mind (*Manomaya Kosha*).

### ***Shosha—Dryer, Papyakshma—Addictor, Roga—Weakener, Naga—Craving (North West):***

In the same manner, one blue, one yellow and two red coloured energy fields get developed in the North-West which are termed as *Shosha*, *Papyakshma*, *Roga* and *Naga*.

***Shosha – Dryer:*** The blue coloured energy field located in the North-West direction is meant to dry up the things. *Shosha* is that power which dries up. He has been considered as a demon in *Vedas*.

*Rudra* is the *dev* who makes one weep; the one who makes water flow – whether it flows from eyes (tears) or it flows in a river. *Shosha* has been considered as his attendant who dries up that water.

Many times in life, person gets depressed. He finds himself unable to face difficult

situations. Whatever efforts he makes prove insufficient and ineffective to produce the desired results as per his expectations. In such a situation, he starts weeping but soon it stops naturally once his mind gets relaxed.

That stopping of weeping happens because of the power of *Shosha*. He is the one who accomplishes the process of weeping (detoxification) which got started to protect one from depression or intense emotions. That is why he has been defined as an assistant of *Rudra* – the process of flow of water initiated by *Rudra* is completed by *Shosha*.

**Papyakshma – Addictor:** The yellow coloured energy field next to *Shosha*, in the North-West direction, is of *Papyakshma*. Even he has been considered as a Demon, not a *Dev*.

*Papyakshma* gives diseases, drinking habit (alcoholism), and guilty feeling, and weakens the mind. But, he also grants the capacity of saving. What is saving from the point of view of *Yoga*?

Many times there is an accumulation in the body in the form of guilt or miseries which causes hindrances and blockages in life. So the control of such negative energies is done by the power of this energy field only.

A person who spends more time in this energy field, starts developing a negative attitude towards life. His attention is continuously looking for mistakes of others. This behaviour disconnects him from the society. Then, he resorts to alcohol and drugs to keep off his loneliness.

To make right usage of this power *vastu shastra* recommends for making a place for weeping in this zone of the house. This keeps the power of this energy field in balance and, keeps the negative powers which weaken the mind under control.

**Roga – Weakener:** The next energy field in the North-West direction is of *Roga*. This red-

coloured energy field weakens the strength but he also acts as a supporter. He is the one who destroys diseases and provides you with the power of support during tough times.

In contemporary terms you can understand the power of *Roga* as similar to an Inverter which is used in houses for back up electric supply. The Inverter keeps on consuming power and getting charged till it continues to receive electricity from main supply.

In this sense it weakens the strength but at the same time, it immediately makes the stored electricity available for use in case of an electric failure from main supply. The power of *Roga* is responsible for doing this.

Throughout your life you keep spending your money, time and other resources to earn (and store) money and relationships. When the power of *Roga* is in balance in your house, then, because of this power, you will immediately get the money and support from people as and when you need them.

**Naga – Craving:** The next red-coloured energy field in the North-West direction is of *Naga devta*. He has been considered as a serpentine demon (*Sarp Asur*) and is the giver of enjoyments (*bhog*). He is the power of giving emotional enjoyments.

He gives you the power which controls sexual tendencies – tendencies pertaining to *Mooladhar*—and draws the best possible pleasure and enjoyment out of them for you.

It is the power of *Naga* only that generates lust (sexual desire) in a person. In mythological texts, *Naga* has been mentioned in the form of a weapon (*astra*) of *Kaamdeva*. On whosoever *Kaamdeva* applies this power of *Naga*, he gets bound by sexual desire.

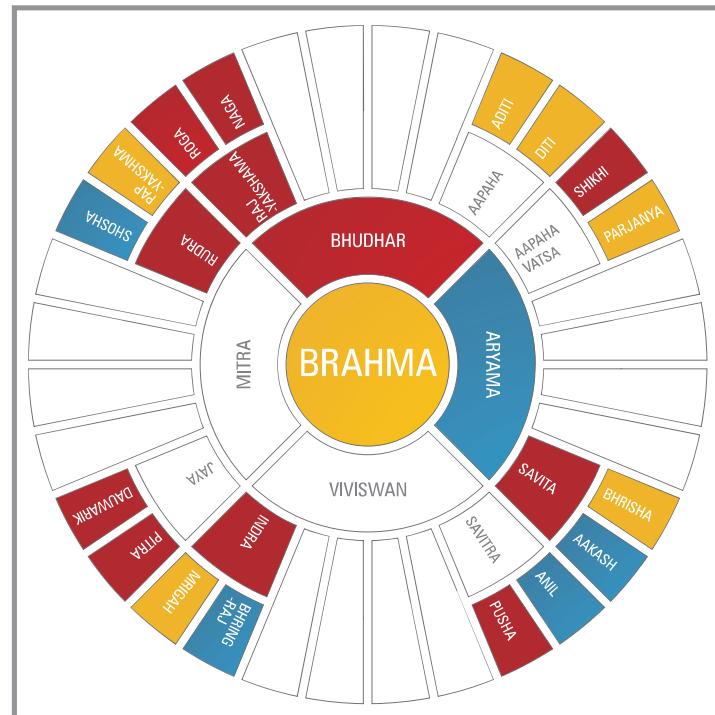
According to a story, on the request of *Indra* (*Mahendra*), the same power was applied on

saint *Vishwamitra* as a result of which he fell for *Menka* and *Mahendra* saved his dethronement.

The same power has been termed as ‘*Nagpash*’ power of *Varun*, which is used to bind a person. In *Vedas*, he has been invoked as a weapon which can be used to bind enemies in lower human sensual activities. This demon is invoked in the form of a *dev* in *Vedas*.

In this way these 45 types of energy fields, which are known by different names, develop in *Vastu Purush Mandal* in different directions. As the construction of the building progresses after first roof is cast, all the rest of the *devtas* continue to take their respective places. Then the building moves towards completion and all the rest of the walls and roofs also get constructed.

At that time, four more sets of energy fields take their respective places in each of the four directions. Next we will discuss how these sixteen *devtas* take their places in *Vastu Purush Mandal*? What do they mean? What are their attributes? And, how they help in creation of the world?



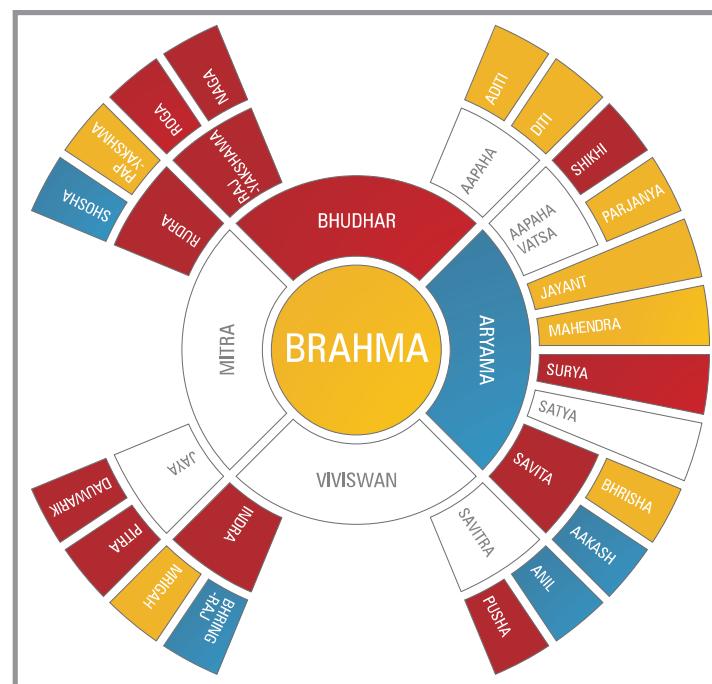
## Completion of Structure

### Origin of Sixteen Devtas and Asuras

When the super structure, i.e. the civil work of the building gets completed but the services, like electrical, plumbing etc., have not been installed in it, then sixteen more energy fields develop in the four cardinal directions.

First of all a transparent field of energy gets developed in East, South, West and North which then segregates into different parts. In each of these four directions this field gets divided into four parts.

**Jayant—Success, Mahendra—Administrator, Surya—Controller, Satya—Goodwill (East)**



In the East, it has two parts of golden-yellow colour, one part of burnt-red or coppery-red colour, and the other one of silvery-white (pearl) colour.

**Jayant – Success:** The first golden-yellow coloured energy field in the East has been termed as *Jayant* in *Vedas*. The attribute of this energy field is to give a sense of victory, to ensure victory. *Jayant* ensures success in whatever you do.

The sense of being victorious comes from this energy field. Nowhere in *Vedas*, is the name of *Jayant* found in the form of a saint (*rishi*) or a *dev*. In the early *Vedic* texts he has been described as the *dev* who bestows victory. *Jayant*'s name appears in *Ramayana* also. He has also been mentioned as a cheerful *devta*.

The power of *Jayant* refreshes the body and mind – person gets charged with enthusiasm and zeal to execute a new idea. This, in turn, paves way for his success.

When this power is in balance in the building, the person does not worry about trifles but remains connected with his purpose, his goal. The person and the atmosphere in the house always remain cheerful. Because of his cheerful nature, his social contacts improve which lead to his growth and success.

**Mahendra – Admisinistrator:** The next golden-yellow coloured energy field in the East direction is of *Mahendra*. He is the most significant *dev* after *Apaha* and *agni*.

*Mahendra* has been considered as the *adheeshth dev* for associating people and developing the power of association among them. His real name is *Indra* but he has been conferred with the title of *Mahendra*. In the last *sukta* of the fifth *mandala* of *Rigveda*, he has been termed as *Mahendra* when he killed a demon called *Vatra*.

His chariot moves with the speed of mind; that basically means that *Mahendra* is the king of (five) senses and is also considered the *adheeshth dev* of mind. The power of an administrator with which he gets the work done by an organisation, is granted by *Mahendra*.

In all the processes the energy of the main controller, with which the controller controls, has been considered as the power of *Mahendra*. When it is balanced in a building, the power of *Mahendra* bestows connections with high ranking, administrative officers in the government which generates abundance, money and luxuries for the person.

**Surya – Controller:** Next *Dev* after *Mahendra*, in East direction, is *Surya Dev* who has an energy field of coppery-red colour. *Surya* has been considered as the main *devta* in *Rigveda*. As mentioned in the 15<sup>th</sup> *sutra* of first *kanda* in *Rigveda*, he destroys demons who reside in darkness. As I have said earlier, these are symbolic names which represent one or the other power of life.

*Surya* is the guardian of the power which runs the world. According to *Vedas*, the soul, the core controller in any system is represented by *Surya*. *Surya* has also been invoked as the eye of *Varun* and *agni* in *Vedas*.

In the 24<sup>th</sup> *sutra* of the fifth *kanda* of *Atharvaveda*, he has been described as the lord of eyes. This is the power to give farsightedness and to observe what is happening in the world.

In *Yogic* perspective, when a person becomes an observer, when he establishes in his own soul, at that time he attains the power of *Surya*. When a person becomes an observer he gets to experience the power which runs the world.

That power has been referred to as the power of *Surya*. It is only when the power of *Surya* is in

balance in the building that the person gets fame and recognition in the society.

**Satya – Goodwill:** The silvery-white energy field, next to *Surya*, in the East direction, is known as *Satya*. We do not find any *dev* named ‘*Satya*’ in any *vedic* literature. However, description of a *dev*—‘*Satyen*’ as the primary *dev* for (developing) good-will and status while establishing any concern is found.

This *dev* was invoked for almost all the establishments in ‘*Panini kaled*’ India. He is worshipped as the one responsible to establish the authenticity, credibility and reputation of attributes. Although rarely, but we get written scriptures for that.

*Satya* has also been considered as a supporter of *Surya*. His nature includes – sharpness, aggression (emotional surge) and being undeterred. When this energy field loses its strength in a space (building) the person (resident) loses his credibility, trustworthiness and reputation.

It is the power of *Satya* only that grants thinking ability in a person. When a decision is taken after properly thinking over and analyzing all the aspects of a subject, it forms the basis for successful execution of the task. The basis so formed with the power of *Satya* maintains the goodwill of commitments of the person in the society.

### **Vitatha—Pretension, Grihakshat—Ceasor, Yama—Order, Gandharva—Preserver (South)**

After East the transparent energy-field in South direction segregates into four different colours.

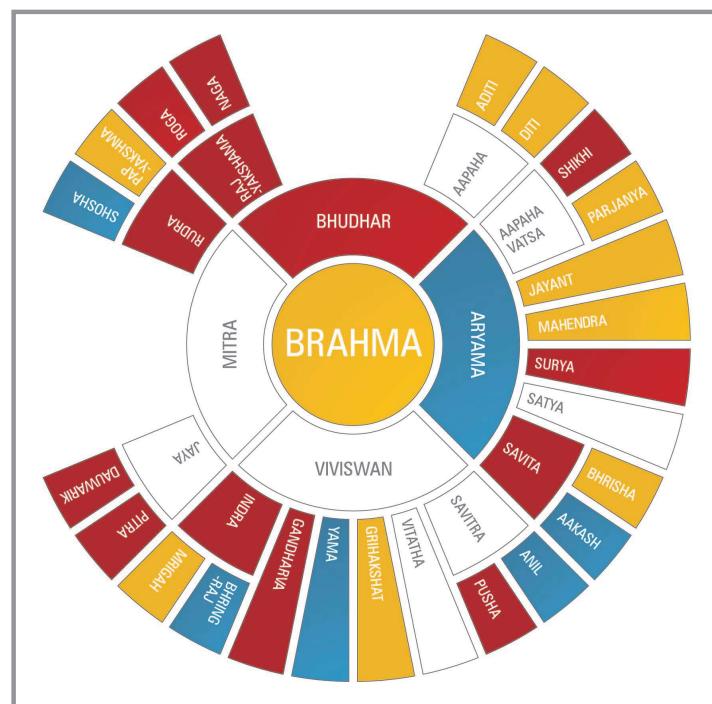
**Vitatha – Pretension:** Starting from South-East, the first energy field in the South gets converted into a transparent, highly shining silver colour. In *Vedic* language, this has been termed as *Vitatha*

in the *Vastu Purush Mandal*. All the unreal world, falsehood, pretension is related to *Vitatha*.

Many times a person himself does not know that he is pretending. That tendency of pretension, the mentality of showing-off, projecting oneself or some other person as someone else, that projection of falsehood, that masked life is *Vitatha*. The one who moves opposite (*vi*) to the facts (*tath*) is *Vitatha*.

These are different powers; making good use of them is the art in *vastu shastra*. It is not necessary for everything to be good; there are bad forces also but even those can be used positively. *Shashtra* says if one pretends that I am capable from inside, I am healthy and, my body is well nourished, then, that will be a positive pretension bearing positive results.

But, if the power of *Vitatha* is misused, it leads to disrepute. If you are not what you are pretending to be and there is no depth in it, then it becomes a reason for disgrace in the society.



**Grihakshat – Ceasor:** The golden-yellow coloured energy field next to *Vitatha*, in the South direction, has been termed as *Grihakshat* in *Vastu Purush Mandal*. However, we do not find any *devta* by the name of *Grihakshat* in any *Veda*.

Where we do not get the as it is description of *devtas* in *Vedas*, there, according to *Gurukul*, each word has been considered as a form of energy in Indian *Vedic Granths*. Basically, all the developing energy fields are accompanied by their specific sounds.

Different letters (*varns*) of Sanskrit have been presumed corresponding to different petals of the seven *chakras* inside our Energy body. This is because the sounds, coming out from these *chakras*, form the basis for development of characters and script of Sanskrit language. Those letters have been taken from those sounds; those sounds, *per se*, describe their attributes.

So we do not get the description of *Grihakshat* but if we take the basic meaning of ‘*Griha*’ and ‘*kshat*’, then *Griha* means - ‘Ceasing the mind’; and *kshat* means – ‘Supporter’. *Grihakshat* is also considered as a *dev* of the building.

How? As the power of ceasing the mind, the power which controls mind, the power which binds it in a boundary. The building which you live in is also called as *Griha*. Because the enclosed space inside it defines the limits of your mind; its boundary becomes the boundaries of your mind. *Grihakshat* is the *adheeshth Dev* of that power in building which controls your mind.

The power of *Grihakshat* works as a supporter also. A supporter always has a defined (work) domain. Your consciousness extends to do certain jobs and a person from a specific domain, becomes your supporter. So the power which chalks out his (your supporter’s) boundaries, viz., which defines his (work) domain, is the power of *Grihakshat*.

**Yama – Order:** The blue coloured energy field adjacent to *Grihakshat*, in the South direction, has been termed as *Yama*. *Yama* means self control, moral duty. The power which binds the world in laws is that of *Yama*. That is why *Yama* is also called as the cause of death.

Because the Physical body has been attained with a law (principle); and, it has to be left with a law. However, it is mentioned in *Rigveda* and *Atharvaveda*, that if *Nairitya* (South-West) releases from its *Pash* (control) then *Yama* resurrects and gives back the life. *Nairitya* means ancestors’ place. So, for those, having high strength of ancestors, even the laws get changed.

*Yama* has been termed as the lord of residents. Earlier we said that *Grihakshat* confines the mind in a boundary (built up space) but *Yama* offers that infinite space in which mind can move. If the expansion of things or of mind or of any work is in accordance with certain law or discipline then they prove far more effective.

For example, light of an earthen pot (*deeya*) remains in a very limited space but a laser beam goes in infinite space; reason being the laws associated with a laser beam which are well-defined and controlled.

When Human consciousness worked on the laws, then a high power laser beam generated, that could go to infinity. *Yama* is the *adheeshth dev* of that power (of binding in laws).

**Gandharva – Preserver:** The next energy field in South direction is of coppery-red colour and has been termed as *Gandharva*. The main job of *Gandharva*, as mentioned in *Vedas*, is to preserve *Soma* (a divine drink).

*Soma* means treasure (vitality, in case of human body), the purpose. Extracting *Soma* from each object and retaining it safely, lest it should get disposed off, is the duty of *Gandharvas*.

*Gandharvas* are the *devta* of that power which preserves that *Somras*.

*Gandharvas* have all the secrets of sky and all the mystical powers from *Satya*. They also give the ecstatic states of mind. The most commonly perceived meaning of *Gandharvas* is that they are considered the *adheeshth Dev* of music and all kinds of arts.

Here we need to understand it a little in depth. When a person is deeply involved in music, he reaches a state of trance. Any art proves helpful in taking a person to the state of trance.

According to the *Tantra Shastra*, in that deeply relaxed state of trance the invocation of *Somras* happens from above the left eye which is drunk by a *Yogi*. That special state can be attained through art, through any form of art.

Special powers awaken by drinking *Somras*. It can also be understood in other way. When we take our food happily then nutrients, which are vital for the body, are extracted from the food, and absorbed in the body while disposing off the rest.

So, there too, *Gandharvas* work as the preserver (guard) of those divine (vital) molecules found in the food. The power which keeps them preserved is the power of *Gandharvas*.

### **Sugreev—Receiver, Pushpdant— Assistant, Varun—Observer, Asur— Illusionist (West)**

After South, four groups of energy-fields appear in West direction in the form of four *devtas*. Attributes of these four energy-fields govern different functioning in human life.

**Sugreev – Receiver:** The silver-white coloured energy field in the West direction is *Sugreev*. *Sugreev* is not found in the form of a *dev* in *Vedas*. Again if we focus on the composition of words then *Su* means beautiful and *greev* means

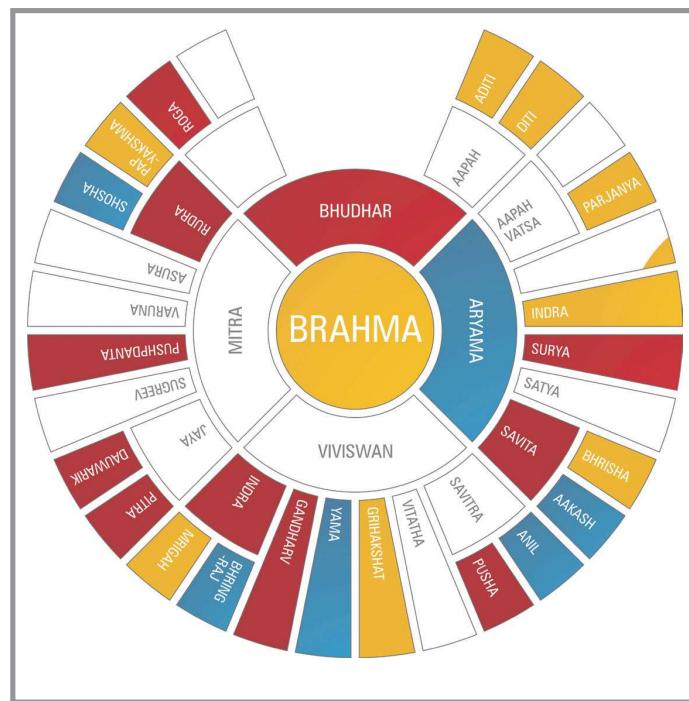
neck. So, *Sugreev* means one having a beautiful neck, viz., one who is capable of receiving beautifully and easily.

It is the power of receiving the beauty. The power which makes all the subjects in the world easily comprehensible for you is the power of *Sugreev*.

In earlier times, a person used to learn through recitation which, in turn, was facilitated by a good throat (part of neck). That is why, later on it was so mentioned in the *vastu shastra* that the power of *Sugreev* be used for practice of knowledge (*vidya abhyas*).

The process of receiving (learning) starts from childhood when a child starts with his studies. He imbibes the knowledge printed on papers – this is done by the power of *Sugreev* only. When the child grows up, then along with knowledge he is able to receive money also – even that is ensured by the power of *Sugreev*.

When this power is weak in the building, then the process of receiving does not get



complete despite making numerous efforts. Children residing in such houses are not able to gain knowledge of a subject despite listening or studying it repeatedly and feel as if they have forgotten whatever they mugged up.

**Pushpdant – Assistant:** The red coloured energy field adjacent to *Sugreev* in the West direction is *Pushpdant*. At many places *Pushpdant* has also been referred as *Kusumdant*. Another meaning of *Pushpdant* refers it as a power of blessing (*vardayini shakti*), viz., the giving power between the earth and the sky.

In mythology, *Pushpdant* has been called as the vehicle of *Kuber* whose attributes are blooming and expanding. When it is balanced in a building, it grants the power to fulfil all the desires in life, e.g., success and growth.

Continuous growth is the nourishment in life. Life blossoms and feels as if it has filled with the fragrance of flowers (*Pushp*). This nourishment and fragrance in life is brought by the power of *Pushpdant*.

*Pushpdant* has also been considered as a helper of *Shiva* and *Vishnu* who controls their powers of expansion. As an attendant of *Varun* he governs *Varun*'s quality of imparting growth and prosperity.

Basically the description of *Pushpdant* as mentioned in *vastu shastra* is not found in *Vedic* Literature. Here he has been considered as a helper of the controller; reason being the adjacent silvery-white energy field, *Varun*.

**Varun – Observer:** *Varun* has been considered the controller of the world. According to *Vedas*, no other *devta* has his *dev* element as big as that of *Varun*. *Varun* has been worshipped the most in *Vedas*. But with passage of time beliefs and forms kept on changing. *Varun* has two attendants, *Pushpdant* and *Asur*.

A special thing about *Varun*, about this zone of  $11.25^\circ$ , about this particular location – in all the religious places in the world, the idols of gods and goddesses have been placed in the location of *Varun* only. All the churches, that you see, have a deviation of  $5.15^\circ$  ( $5.12^\circ$ , to be more precise) from the magnetic North. Why so?

The reason is that to place the idol on this location the orientation of the building has been changed slightly. In all the ancient temples that I have seen in India, whosoever be the god, they have been placed in the location of *Varun*.

In my opinion, as soon as a *devi* or *devta* is placed on this location then it seems to human consciousness that it is the one who is running this world. But from the point of view of *vastu shastra* that energy field, per se, is the one which runs the whole world. This has been termed as *Varun*.

*Varun* has been termed as the king of Universe. He possesses extra ordinary powers. He has wisdom which has been termed as '*Maya*'. The word '*Maya*' has been used as the wisdom of *Varun*, in *Vedas*. He controls enemies through his *Paash*.

Let's understand the meaning of this word *Paash*. Just like a Remote control controls the T.V., so we can say that T.V. is bound in the *Paash* of the Remote control. *Paash* means the controlling power. Emotional drive is the power which controls humans. Out of some emotion only a person keeps on running or does his work.

Some people are pretending; getting motivated from *Vitatha* and pretending. They do not know their purpose in life and as the life progresses they feel a void; "I did not want to do this but it happened; In fact, I should had done something else". *Varun* controls your tendencies (*Vrittian*) through his *Paash* and bound with that *Paash*, that drive, a person keeps on running.

*Varun* is the granter of immortality. He has also been called as the brother of *agni* (Fire). *Varun*

observes all the works which are being done in the world. It has been mentioned in 16<sup>th</sup> *sukta* of fourth *mandala* in *Rigveda* that *Varun*'s messengers visit all the places in the world and *Varun* observes entire world with thousands of his eyes.

When *Varun* and *Mitra* meet, a divine field is created in which *Maya* shows up. All the rules (principles) in the world are created by *Varun* only. All the principles which are followed by *devtas*, humans, and energy fields (to execute their *dharma*) are created and maintained by *Varun*.

*Varun* is very merciful on those people who confess and repent. He grants growth and prosperity also. *Varun's paash* are not always used negatively. They also work as a supporting power to bind together a bride and bridegroom. So, none of the *devtas* has as many attributes as *Varun* has because all the *devtas* come under the purview of *Varun* only.

**Asur – Illusionist:** As mentioned earlier, *Asur* is another attendant of *Varun*. The silvery-white energy field lying North of *Varun* in the West direction is *Asur*. In *Vedas*, *Asur* has been referred as the governor of '*Maya*'.

'*Maya*' is the wisdom of *Varun*. *Asur* is the control which governs that wisdom. So he is the *adheesht Dev* of '*Mayavi*' power. *Asur* also gives spirituality. All the negative powers, the opponents of God, people with fighting spirit are, basically, *Asur*. But he is an attendant of *Varun*.

All the evil ('*Danvi*', '*Asuri*', '*Mayavi*') and divine ('*Daiviya*') powers fall under his purview. He also gives spiritual depth. When a person, out of realization of futility, explores the depth of spirituality, at that time the power which makes him realize the futility is of *Asur*; it is not divine ('*Daiviya*').

*Dev* always lure you; they give ego, savour but *Asur* make it savour-less. That is why *Asur*, attendant

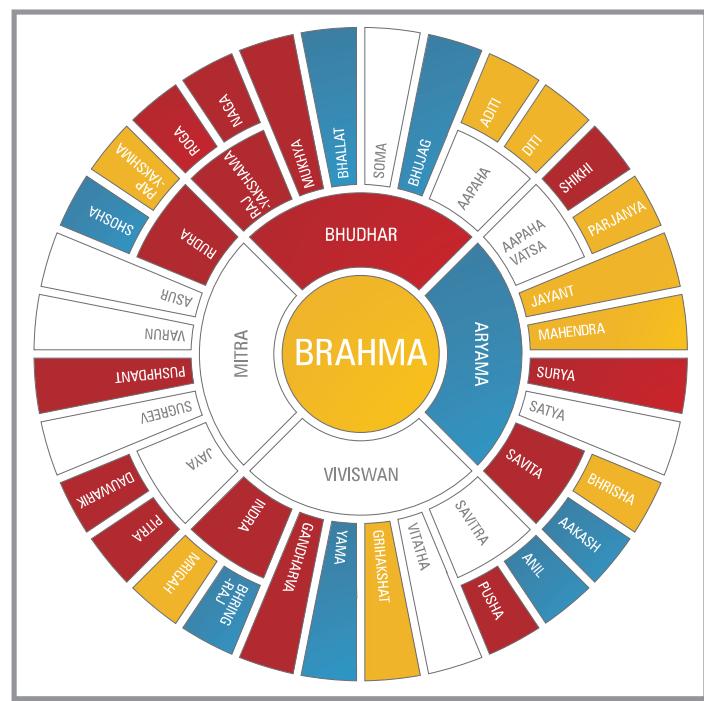
of *Varun*, helps in releasing the mind from temptations and false hope and in moving on a divine spiritual path.

### ***Mukhya—Caretaker, Bhallat— Abundance, Soma—Treasure, Bhujag— Immunity (North)***

After powers of West, we move ahead to see the attributes of energy fields developed in North direction. Four *devtas* originate in North direction.

***Mukhya – Caretaker:*** First *devta* in North is *Mukhya* of red colour. He is the manager of *Varun's* house; *Varun*, who is the power of governing the entire world. *Mukhya* looks after *Varun's* personal administration in order to sustain the world.

He is the head of all the jobs done by *Varun* with respect to his house. He is the head of the main purpose of a building. He is the head of all those energies which manifest the purpose of a building.



Another of his job is to let the forms (from *Vigyanmaya Kosha*) manifest (in the physical world). The power of accomplishing the process of manifestation is the power of this energy field.

All the actions (*karmas*) in life are meant to fulfil one or the other purpose. For example, in modern context, sale of a product or service to gain money is an important purpose. Most of our actions are directed towards fulfilment of this purpose.

The process of fulfilment of this purpose starts with a new idea or thought (that generates with the power of *Shikhi* located in the North-East) and it ends up with the sale of finished goods or service. In this process, it is the power of *Mukhya* which gets the product or service ready for sale.

A power which, as a leader, a guide or a guided force, let things happen or manifest is the power of '*Mukhya*'.

**Bhallat – Abundance:** The energy field developing East of *Mukhya* in the North direction is of '*Bhallat*'. It has a blue colour. '*Bhallat*' means very big, in abundance. In *Sanskrit*, the meaning of *Bhallat* is a large super natural being, *Yeti* – the conception of snow-man on hills has been termed as *Bhallat*.

He is considered as a *dev* in *Vastu Purush Mandal*. *Bhallat* also means the capital of a kingdom. It is the power to give colossal, abundance. It is the power of *Bhallat* which magnifies our efforts and also the results of those efforts and, makes them very big.

Whenever we try to achieve something big in any domain of our life, then, the power of *Bhallat* works in conjunction with the power of *Bhudhar* to manifest our desire and to make our efforts successful.

**Soma – Treasure:** White coloured energy field adjacent to *Bhallat*, in North direction, is a *Dev* called *Soma*. *Soma* is a drink having magical

properties. *Chandra* (Moon), i.e., inner mind, has been referred as his *adheeshth dev*.

*Kuber*, who is the *adheeshth dev* of all the wealth and money in the world, has also been referred as a form of *Soma*. The power to make a female receive good fortune is of *Soma*. *Soma* gives the power to earn profits in business and to safeguard from enemies.

He creates such a magic in whatever you do that it attracts the attention of other person standing before you. The power which practically converts your work in to money is the power of *Soma*. *Soma* and *Bhallat*, together, give it a colossal form.

So, whatever opportunities and money comes in your life, all that money flow in your life happens because of the energies of these two *devtas* only. When this power is balanced in your building, you will immediately get the people who will appreciate your efforts and purchase your product and service.

**Bhujag – Immunity:** The blue-coloured energy field which develops East of *Soma* in the North direction is of *Bhujag*. The word '*Bhujag*' originated after '*Purav Meemansa*' era. Before that *Bhujag* had been worshipped as a 'Snake' in *Vedic shlokas*.

In the 12<sup>th</sup> *sutra* of 3<sup>rd</sup> chapter of *Atharvaveda*, he has been invoked as a protector of treasures hidden inside the earth. He basically works for '*Asuras*' (demons). However, at certain places in *Vedic mantras*, he has been invoked as *Varun's Paash* along with *Mitra*.

In *Vedas*, he has been mentioned as the preserver of life-saving medicines and, as the lord of treasures of *Nadir* (*Patal lok*). He has also been revered as the primary *dev* of sexuality. In *Yoga* and *Tantra granths*, *kundalini* has been associated with him as a divine power (*daivi shakti*).

When the power of *Bhujag* is in balance in the building, it ensures health and smooth flow of money is maintained.

In this way, we got to know how 45 *devtas* move life, manifest life and how they contribute towards what is happening or not happening in our life.

## Grih Pravesh (Home Warming)

### Change of Energy Fields After *Vastu Pujan*

In earlier times when construction of a building, i.e., the super structure got completed, different activities were established in its different parts. A particular corner was used for lighting up a flame to cook food, another room was used for sleeping (as bedroom), one room was as a granary, and yet another was used as the drawing room for meeting people etc.

In those times, building (home, office, industry, etc) was constructed first and placement of activities was decided later. But times have changed now. Now everything is decided in advance, viz., location of kitchen, bedroom etc. So I have observed that in olden times the colours of energy fields were similar to what we have discussed so far. As soon as activities (e.g., kitchen, burner, bedroom, drawing room etc.) and different objects were placed after doing *vastu Pujan* or house warming, the colours of energy fields, changed.

Even today they change. What I see is that while doing various tasks like painting, polishing, plastering etc. in the building, each and every room in the building keeps on taking its final shape, viz., this is kitchen, this is bedroom and so on, and the colours of the energy fields, discussed so far, start changing.

As you reach fig. B from fig. A you will observe that the colours of *devtas* after different activities and functioning have been decided in the built up structure. The colours of the energy fields which are seen in built up houses are as per

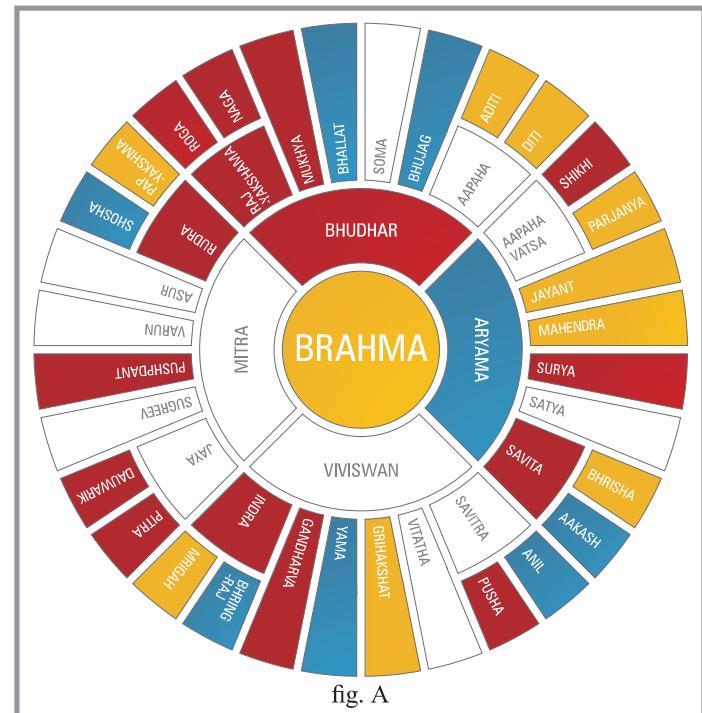
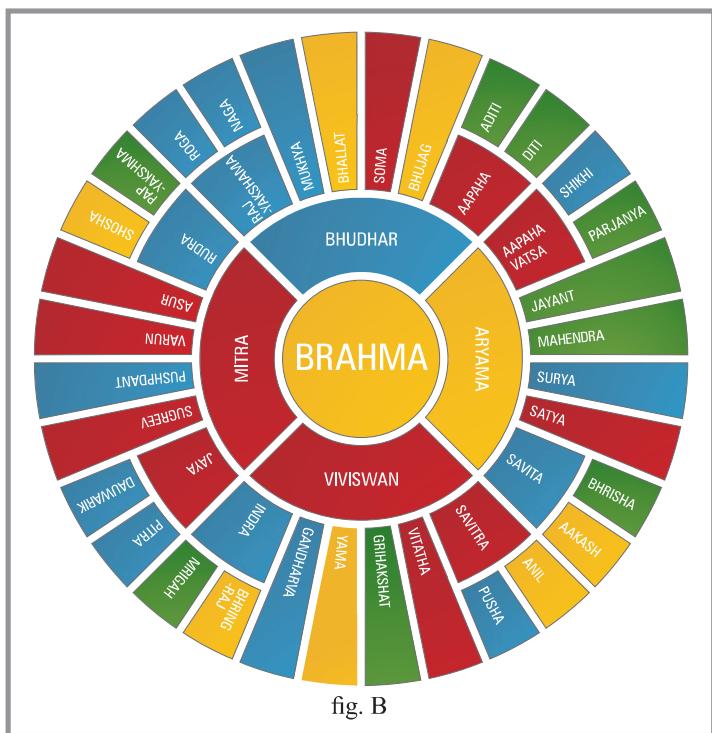


fig. B. This is a very interesting transformation in the context of Indian metaphysics. For many years I remained confused on why it so happens? Because when the building is under construction then the colours are as shown in fig. A and as soon as people start living in it then colours are different, as per fig. B. This is seen, however, its logic is not understood.

Then *guruji* (my teacher) made it clear that except for the centre, which is the eternal (*shashwat*) place whose colour remains the same golden-white, like a golden shade in water, colours of all the rest of the *devtas* change. For example, colour of *Surya* in East is red but it is blue in fig. B; colour of *Soma* is white in fig. A but it becomes red in fig. B; this transformation takes place.

Just like there is the Cycle of Creation - there is also a Cycle of Control and Cycle of Balance of the five elements. According to cycle of control, when fire melts the space, water gets produced; when white coloured space cuts the



green coloured tree, fire gets produced. So, if we, in fig. A, put blue in place of red, put red in place of white, put yellow in place of blue and put green in place of yellow, then fig. B is achieved.

We place water in place of fire, viz, we take its controlling element in place of the element itself, because an element is the root cause of the development (origin) of its controlling element. For example, take fire – when fire melts the space, water will get produced which, in turn, extinguishes (controls) the fire. In the cycle of Control, fire is the cause for production of water and water is the cause for putting out the fire. When we apply that principle in fig. A, we get fig. B; this is from where the journey of *vastu shastra* begins.

