

Assignment 8: Effects of Activities in 16 Directions of your home

An **Activity** means a Defined Area to perform certain Actions.

The Effect of any Activity, Utility or Object (AUO) in a Building is derived using the following formula.

$$\text{Effect of AUO} \quad = \quad \text{Function of an AUO} \quad + \quad \text{Attribute of Zone}$$

Hence, the effect of an Activity in a direction is derived from the following formula.

$$\text{Effect of Activity in a Zone} = \text{Function of an Activity} + \text{Attribute of Zone}$$

Eg. A Toilet is located in North zone.

Now, function of Toilet is disposal of waste. Attributes of North are Customers & New Opportunities. Applying the Formula:

$$\text{Effect of Toilet in North Zone} = \text{Dispose off Waste (Function of Toilet)} + \text{Customers & New Opportunities (Attribute of North)}$$

Hence, as per MahaVastu Methodology, a Toilet in North zone will give effect of ‘Disposing off Customers and New Opportunities as Waste’.

How to Manage Negative Effects of Activities in a building?

(Eg. Toilet in North Zone)

First, we apply this basic approach to correct the effect.

- Because of the Toilet in North, the Customer and Opportunity attracting energy of North Zone is getting disposed off.
 - We use the Element of North (Water) to balance this drain of energy.
 - Adding Water in any form of Color, Shape or Metal will

maintain the energy of the North Zone.

In the next level, we can fine-tune the corrective approach by using Disha Bal/Bar Chart Analysis.

- If North Zone is balanced in Bar Chart analysis, use Blue Tape or Aluminum Strip to keep the energy of the North Zone intact.
 - If North Zone is reduced in Bar Chart, then White Color Tape or Iron Strip will be utilized to balance the effect of Toilet.
 - If North Zone is extended in Bar Chart, then Green Color Tape or Stainless Steel Strip will be used for Toilet management.

Action List to Complete Assignment

1. Print this File or make Table 8 (Ref. Pages 3 & 4) in your Notebook or Computer. Fill the Table for Activities in 16 MahaVastu Zones of your Home.
 2. Columns A and B are already filled with 16 zones and their attributes for your reference.
 3. Now, complete Columns C, D, and E by following the given instructions.
 - o **In Col. C:** Refer your home map and write the main Activities at your home in relevant MahaVastu zones.
 - o **In Col. D:** Write the functions of each Activity (*Ref. Annexure 8 on page 5 to understand function of activities at home*)
 - o **In Col. E:** Use the formula given to derive the effects of different activities at your home. Then, relate the same with your real-life facts.



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4. Fill Col. F only after you have learned the following **MahaVastu Techniques** on Day 4. Use these techniques to balance any negative effects of Activities in 16 MahaVastu zones at your home. • Elemental Strip • Tattva Shuddhi • Relocation • Color Therapy

Table 8: Effects of Activities in 16 Directions.

A. Zone	B. Attribute	C. Activity*	D. Activity Function	E. Use Formula to derive Effect and Relate with your Experience		F. Suggest MahaVastu Solutions Yourself
Eg. North	Customers, Money Opportunities, New Job, Sales Orders	Toilet	Dispose Off	'Disposing off Customers and New Opportunities as waste.' Yes, I have not gotten new customers or sales orders lately. New Opportunities also get passed on to someone else.		North Zone is balanced in Bar Chart analysis, so put Blue Tape or Aluminum Strip around Toilet.
NE	Insights, Mental Clarity, Wisdom, Motivation					
ENE	Reawakening, Recreation, fun, Happiness					
East	Govt. Connections, Social Associations, Networking,					
ESE	Churning, Anxiety, Overthinking, Analysis					

* Refer Most Common Activities and their functions in a Home in Annexure 8 (Page 5). You can add more if needed.

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SE	Money, Cash Liquidity, Cash Flow, Deal closure				
SSE	Confidence, Power, Energy, Strength				
South	Relaxation, Peace, Fame, Sound Sleep				
SSW	Expenditure, Dispose off, Wastage, Let Go				
SW	Excellence, Skills, Relationships, Family, Ancestors				
WSW	Studies/Education, Savings, Knowledge, Know-how				

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W	Gain, Profits, Wish fulfillment, Desired results				
WNW	Depression, Detoxification, Addiction				
NW	Support, House help, Resources, Banking				
NNW	Sex, Attraction, Sensuality, Companionship				
N	Customers, Money Opportunities, New Job, Sales Orders				
NNE	Healing, Health, Immunity, Recovery from Disease				

* Refer Most Common Activities and their functions in a Home in Annexure 8 (Page 5). You can add more if needed.

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Annexure 8: MahaVastu functions of Activities in a Home.

S.No	Activity	Functions of Activity as per MahaVastu*
1	Bar	Recreation, Deviation, Zone Out
2	Bedroom	Sleep, Rest, Relaxation, Cell (Body) Repair
3	Dining	Gains, Survival, Food Habits
4	Drawing Room	Meeting, Interaction, Welcome Quality
5	Family Lounge	Togetherness, Acceptance
6	Guest Room	Connection, Relationship with Guest, Interaction
7	House-Help Room	Help, Support, Assistance
8	Kitchen	Fuel, Energy, Money
9	Pooja Room	Connect with God, Isht Dev
10	Staircase	Elevating or Up-Down Movement
11	Storeroom	Recycling, Resources
12	Study	KnowHow, Knowledge, Study Quality
13	Toilet	Dispose off, Waste Removal

* Also refer Functions of Activity for Balancing Activities in a Zone as per MFC Manual Ch.3 Pg 37 to Pg 62.

You can write any other Activities and their functions as per your Home Plan in the Table below. Ask your Trainers for help in deriving functions of such Activities.

S.No	Activity	Functions of Activity as per MahaVastu*