



Vata-Pitta-Kapha Related Diseases

Air (Vata)	Fire (Pitta)	Water (Kapha)
Physical		
Cold Aching Joints Dry Skin and Hair Emphysema Arthritis Constipation Flatulence Tics Twitches Nerve Disorders Mental Confusion Speech Disorders Premature Ageing	Indigestion Allergies Inflammation Skin Rashes Burning Sensation Acid Reflux Diarrhea Ulcers Colitis Sore Throat Fevers Leukemia	Cancer Flu Sinus Congestion Sluggishness Obesity Diabetes Water Retention
Emotional		
Anxious Nervous Indecisive	Agitated Aggressive Hate Anger Jealousy Obsessive Compulsive	Withdrawn Greedy Envy Attachment Possessiveness Depression