

Panchtattva — The Chemistry of Life

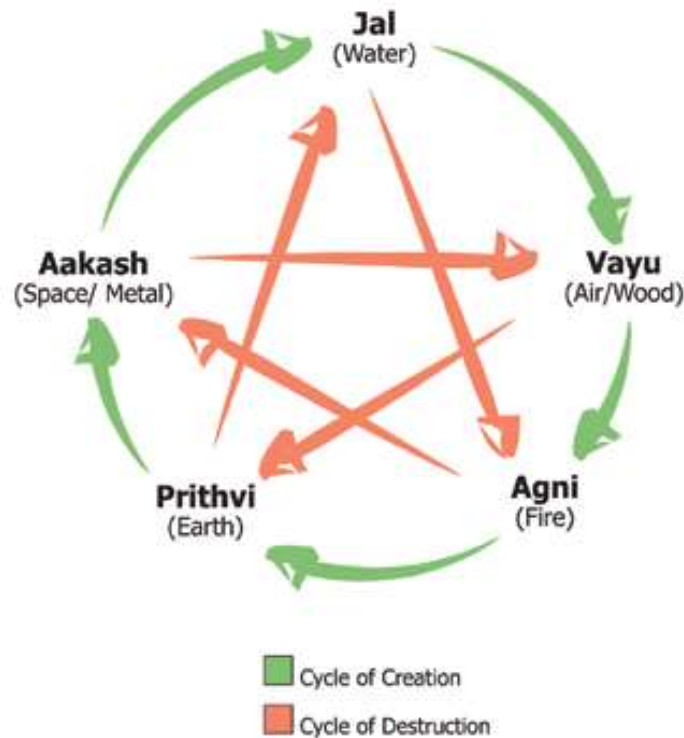
The foundation of *MahaVastu*TM is *Samkhya Yoga* (Indian Metaphysics), which is the basis of all Indian sciences like *Yoga*, *Ayurveda*, *Tantra* and many more. According to *Samkhya Yoga*, the evolution of the Universe begins with a concentrated form of pure consciousness (*Param Shiv*) and the energy of bliss (*Shakti*). This *Shiv-Shakti* union is complete and whole in itself. It is the unmanifested form of the Universe.

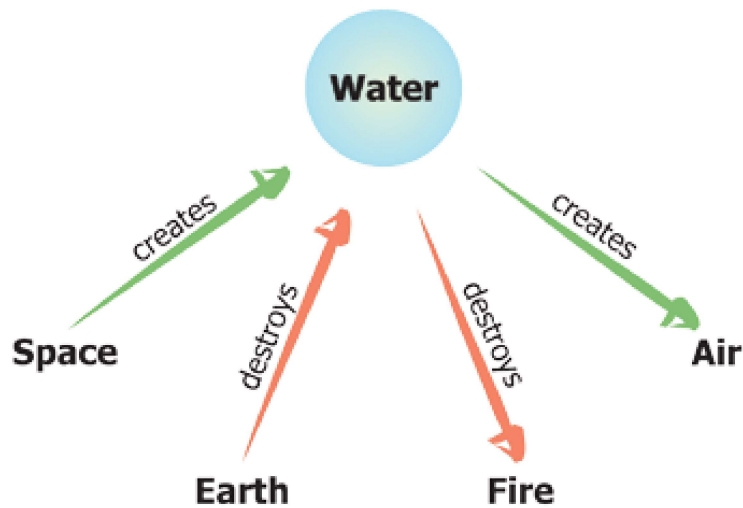
The Universe evolves in the form of ‘five elements’ from the birth-less, form-less Supreme Existence. These five elements are: *Jal*, *Vayu*, *Agni*, *Prithvi* and *Aakash*.

The entire Universe, whether it is the stars, the planets, the moons, or any form of life, is made up of these five elements only. Even buildings are a manifestation of these five elements, though their proportion may vary from one building to another. Each direction is dominated by one element. It is the elements which create and control the life of a building’s inhabitants — the balanced state being the cause of positive, and the imbalanced state, the cause of negative effects on one’s life.

In Indian metaphysics, the attributes of the five elements have been considered as *Tridosha* (*Vaat*, *Pitta* and *Kapha*) in *Ayurveda* and *Triguna* (*Rajas*, *Tamas* and *Sattva*) in *Yoga*.

In *MahaVastu*TM, *Tantra* and Chinese medicine, the concept of the five elements is used in the same form as these are visible in the manifested world. Let us explore the nature, effects and properties of the five elements: *Jal*, *Vayu*, *Agni*, *Prithvi* and *Aakash*.





Water

Nature

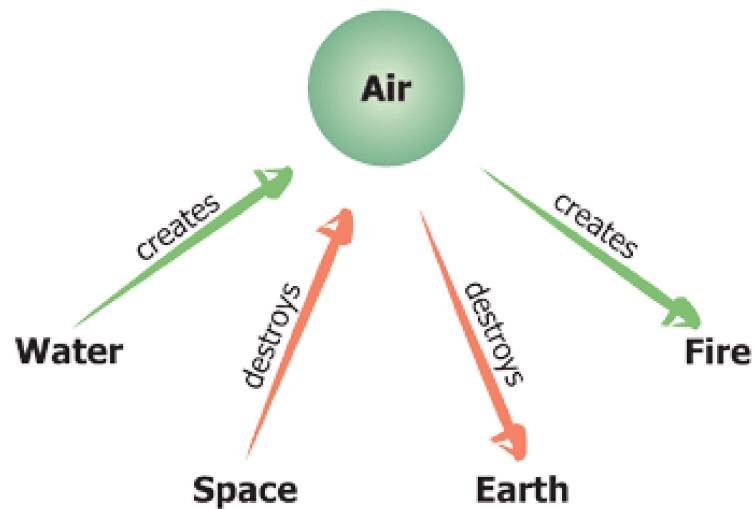
It is the nature of water to flow and move on and it possesses cleansing abilities. It represents clarity, flow, generation and continuity. Accordingly, it is associated with the conception of new ideas, clarity of thought, creation of new things and vision, flow of new opportunities in life, healing energy, immunity and restoration of health. Water element dominates the North direction in buildings.

Balanced State

When Water is in a balanced state in a building, the people inhabiting it are able to see the larger picture of life. Though their attitude towards life becomes spiritual and philosophical, they are, at the core, worldly beings. They have better immunity than others and are able to cope well with life's situations. Such people create great opportunities for themselves.

Imbalanced State

When Water is in an imbalanced state in a building, it causes a nagging sense of insecurity in its occupants. Opportunities do not come their way easily and they suffer from a myopic vision of life, which is dominated by survival instincts rather than a desire to grow in life. As a result, there is no growth in their career. They are always bogged down by the burden of petty problems. Their mental peace is disturbed by trivial worries. Once things start moving out of control, it becomes difficult to restore the situation back to normalcy. Immunity gets weak leading to regular health problems.



Air

Nature

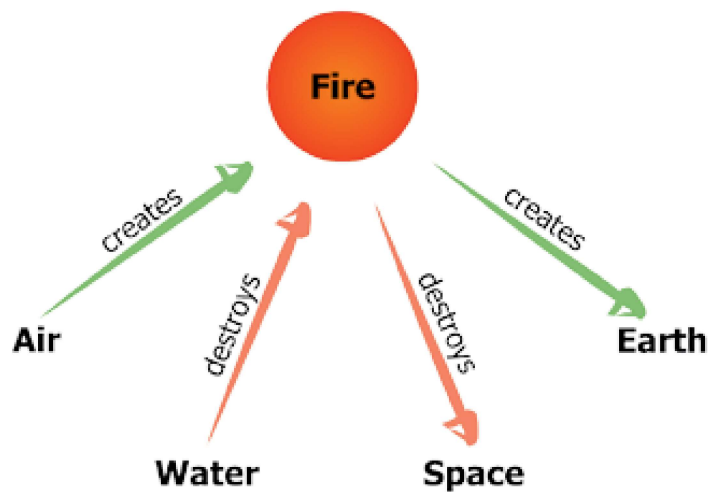
The word 'air' is commonly used for vital oxygen which is provided by the plants and trees — representing growth in life. The Air element is also associated with movement, especially rotational movement. Thus, it brings refreshment, fun, joy and happiness in life. It shapes the associations you make and your position in the society. The Air element is the energy that inspires you and helps you to inspire others. It dominates the East direction and Chinese call it the Wood element.

Balanced State

In a balanced state, Air gives you the courage to try new things, take the right risks for your growth and explore your inner-self. You meet people who pave way for your growth and you perform impressively.

Imbalanced State

If not properly balanced, Air causes in an individual, stubbornness, excessive and prolonged anger, problems with neighbours or society and a feeling of being stuck. If you feel you are not able to move forward in life and petty things constantly hold you back, it's an outcome of an imbalance of the Air element in your life. In terms of health, an imbalance of the Air element leads to skin infections, joint pains and in certain cases, sexual dissatisfaction which gives way to a depressed state of mind.



Fire

Nature

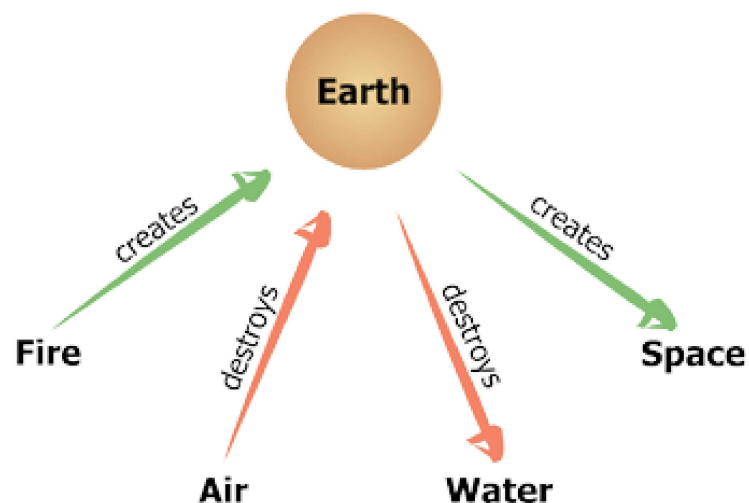
Right from the early times, Fire has been used for protection. It represents the spark, the zeal and the passion in life. Fire is the driving force behind all life processes, and thus, it is equated with money in the modern context. This element can transform your life with confidence and enthusiasm. South is the direction of Fire.

Balanced State

In its balanced state, Fire brings you fame and recognition among the masses. It gives you the zeal, power, strength, confidence and money, which become the driving force behind life and its processes. You are able to enjoy sound sleep and warmth in your relationships.

Imbalanced State

An imbalance of the Fire element in a building denies its occupants the recognition duly deserved by them. They remain unappreciated. Extreme imbalance may even bring disrepute and ill-fame, cause accidents, miscarriages, thefts and mishaps. It drains away the zeal, enthusiasm and confidence of an individual, who then tends to become introvert and fearful in nature. People living with such an imbalance face financial problems and obstacles in auspicious events — for example a marriage or a business deal. In certain cases, they face frequent health problems like acidity and indigestion.



Earth

Nature

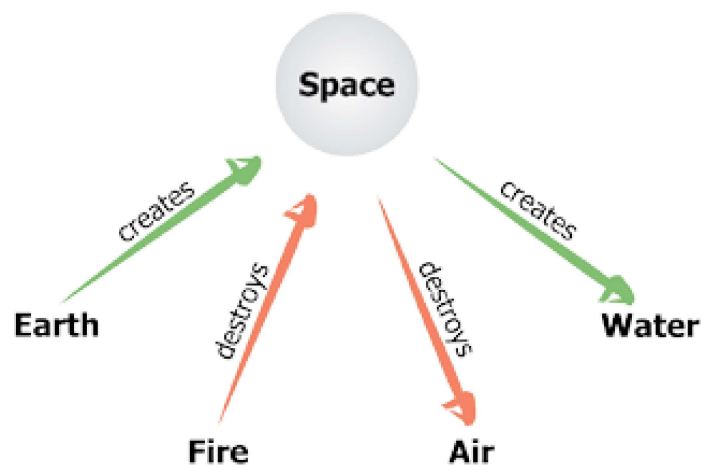
Mother Earth gives you whatever you possess and aspire for in life. Stability, balance, tenacity, solidity, rigidity, infinite patience and maturity are imbued by this element. The germination of seeds is governed by the Earth element. It provides you with the capacity to give, and it governs the process of removal of wastes from the body, thoughts, relations and life. Earth dominates the Centre and the diagonal directions of every built-up space.

Balanced State

When balanced, this element induces stability in your life — be it your career, behaviour, relationships or results of general efforts. It induces peace and harmony that you maintain with the entire world, especially with your family.

Imbalanced State

When Earth is imbalanced, it causes laziness, acute lethargy and a feeling that all your energy is drained out. Those in the service sector face job insecurity; those waiting to get married find it hard to get a suitable match. Disputes and feuds become common within the family and wasteful expenditure increases. To sum it up, imbalance of the Earth element leads to instability in relations, career and life as a whole.



Space

Nature

Space in *Vastu* refers to something which has defined boundaries. It offers a medium for connectivity. It represents expansion, enhancement, extension, spread, communication and thought processes (mental space). Creation of new ideas, emotions, development of knowledge, relationships, blissful married life, increase in happiness, enhancement of information, business, system, support, strength (physical, emotional and financial), and the overall gain in life — are governed by the Space element. Space dominates the West direction. The Chinese call it the Metal element due to its similarity with the perfect space configuration present in metals (in their atomic structure).

Balanced State

In a balanced state, Space gives you the charge of your own destiny. It gives you a sense of direction and the ability to be organised, ensuring that you excel in everything that you do. Such a person has the ability of detached and objective introspection, and is willing to learn from past mistakes. Space gives you the knowledge and awareness to understand old beliefs and adopt new creative ideas. You are able to sharpen your skills, save more and enjoy the expected returns of your efforts.

Imbalanced State

In an imbalanced state, Space clouds wisdom. If you think you have lost your skills or that you are not getting the due returns for efforts, being unable to bring about a progressive change in things, ideas and situations, constantly feeling stuck and unclear about what to do — bring your Space back into a state of balance and harmony.

ELEMENT	COLOUR	SHAPE	
WATER	Blue	Wavy	
AIR	Green	Rectangular	
FIRE	Red	Triangular	
EARTH	Yellow	Square	
SPACE	White	Circular	

It is the balance or imbalance among these *Panchtattva* that turns a space into virtual heaven or hell for its inhabitants. Each of these Five elements has certain attributes in the form of colours, shapes and metals. By using the attributes of the elements appropriately, the *Vastu* defects in a Space can be corrected. *Mahavastu*TM remedies offer an easy way for rectifying *Vastu* defects without resorting to actual alterations in the building structure.

To conclude, the Water element governs the North direction in every building. Air, Fire, Earth and Space govern the East, the South, the Centre and the West directions respectively. Whenever there is an imbalance, it is due to the presence of the wrong element in the wrong direction.

For example, placing the Water element (in the form of an underground water tank, water boring, blue shade or wavy shapes) in the South direction, weakens the Fire element — as Water destroys Fire (*refer to Figure on page 20*). The weakening of the Fire element will disturb the attributes of the zones (we will explain this later under the subject The 16 *MahaVastu*TM zones). Thus, placing

an underground water tank in the South zone will turn a cause of anxiety, fire-accidents, restlessness and disturbed sleep. Similarly, placing the Fire element in the North zone (the zone of Water) will block new opportunities, receipt of payments, create lack of orders, these being the attributes of this zone (*refer to Figure on page 50*). With these examples, you can see how an imbalance of the elements creates problematic situations in real life.

*MahaVastu*TM techniques emphasise matching the symptoms in real-life situations with the wrongly placed elements in the form of colours, shapes or physical objects in your space. Once you have identified the symptoms and matched them, be assured that the right solutions will come to you. This is the most scientific and logical approach, which will highlight the root cause of your problems and give correct solution, yielding positive results in four to six weeks, sometimes even in lesser time.