

## **Amherst Office**

205 N Leavitt Road Amherst, OH 44001 P: 440-988-5770 F: 440-988-5776

## **Sandusky Office**

1807 W. Perkins Ave. Sandusky, OH 44870 P: 419-625-5373 F: 419-625-5377

## N. Olmsted Office

F: 440-979-9326

28350 Lorain Road North Olmsted, OH 44070 P: 440-979-9226

www.leimop.com

## **Gel Liners**

- Gel liners should be changed daily. Alternate between the two you received.
- Insert liner with gel side facing out and wash in the sink with your normal soap.
- After washing, either spray or rub with alcohol to disinfect.
- Then turn the liner with fabric side out to dry
- If you get an allergic reaction to a liner, stop wearing it and call the office.
- The liner can cause a rash and odor if they are not kept clean enough.
- You may experience perspiration at first but, the body will slowly adapt and it will become less over time. If this continues however antiperspirant can be used.
- Do not use excessive skin lotion. It can contaminate the liners, use lotion at night (if desired) after you remove the liner for the day.