

RAHUL SANJEEV

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Aura, Kozhummal, Peralam, Karivellur, Kannur - 670521

ABOUT ME

Experienced Karate Instructor with expertise in driving and warehouse assistance roles. A self-taught developer with a passion for computer programming, actively pursuing further knowledge in the field. A versatile individual with a dedication to continuous learning and professional growth.

STRENGTHS AND EXPERTISE

- HTML and CSS
 - Coding
 - Flutter
 - App Development
 - Karate
 - Python
 - Team Leadership
 - Driving
 - Warehouse Management
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PROFESSIONAL EXPERIENCE

Alan Thilak Karate School International,
Karate Instructor

July 2019 - Present

- Developed guides and course materials focused on reinforcing lecture information and helping students learn.
- Created lesson plans describing various methods of presenting information to students to facilitate comprehension
- Planned and executed activities to create balanced programme focusing on instruction, demonstration and work time
- Employed different assessment strategies to understand student abilities, strengths and weaknesses.
- Explained and demonstrated tasks to learners, helping students understand approaches and techniques for problem-solving.
- Coached students in utilising video and social media storytelling to improve visual intelligence of projects.
- Scheduled classes and procured classroom space to present teaching materials and deepen understanding of coursework
- Instructed students using innovative classroom techniques and lectures to help learners overcome learning challenges.

**Malabar Traders,
Warehouse Assistant**

August 2021 - January 2024

- Picked orders to meet productivity targets.
- Transported pallets and heavy stock using forklift equipment.
- Assisted team members with picking, packing and processing tasks to increase overall warehouse efficiency.
- Identified and removed damaged products, quickly replacing items with quality stock to minimise customer delays.
- Cleaned and maintained warehouse in compliance with safety standards.
- Recognised and reported defective material and equipment to warehouse supervisor.
- Assessed packages and counted stock to ensure delivery accuracy before unloading and processing.
- Carried out day-to-day warehouse duties with care and attention, maintaining compliance with safety
- Maintained excellent physical fitness levels to safely lift and manoeuvre heavy orders and deliveries.

**Malabar Traders,
Driver**

August 2021 - January 2024

- Drove cautiously in bad weather conditions to maximise safety.
- Planned best, safest and most efficient routes for journeys using navigational systems and maps
- Continuously monitored traffic reports, forward-planning arrangements for travel delays where necessary.
- Loaded vehicle, properly securing items to prevent load shifting and damage during transportation.
- Represented highest standards brand when on road.
- Delivered goods and services to customers on time and made sure they were in excellent condition.
- Remained calm during rush hour and other stressful driving situations.
- Used safe driving practices at all times when operating vehicles

EDUCATION

Harvard University, Cambridge, Massachusetts.
CS50 - Computer Science & Python Programming

February 2024 - Present

Gurudev Arts & Science College, Mathil.
BBA - Travel And Tourism Management

2017 - 2020

C.K.N.S.G.H.S.S Pilicode
Computer Science

2015 - 2017

G.H.S.S Udinur
S.S.L.C

2015

LANGUAGES KNOWN

ENGLISH

MALAYALAM

HINDI

SOCIAL MEDIA LINKS

LinkedIn

<https://www.linkedin.com/in/rahulsanjeev>

GitHub

<https://github.com/Rahul-Sanjeev>

Personal Website

<https://rahulsanjeev.netlify.app>

ACHIEVEMENTS

National Senior Karate Championship

Bronze Medal

Kannur University Championship

Gold Medal

Moses Cup National Championship

Gold & Silver

Kasaragod & Kannur District Championship

Gold
