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## IT TOOLS

### Practical 6: Writing Blogs

## *The Book that brought out a Refreshing change of Penception towards Life in me.*



- March 22, 2021

### **The Secret - Life Lessons**

Recently, I finished reading a book called *The Secret* by Rhonda Byrne and would definitely like to share my personal reviews/opinion from it in my [Blog](#).

1) The first Secret is the [Law Of Attraction!!!](#)

Like attracts like --- 'If you can think about what you want in your mind, and make that your dominant thought, you will bring it in your life' because '[Thoughts become Things](#)'.

2) Attract the [Good instead of Bad](#) ☺

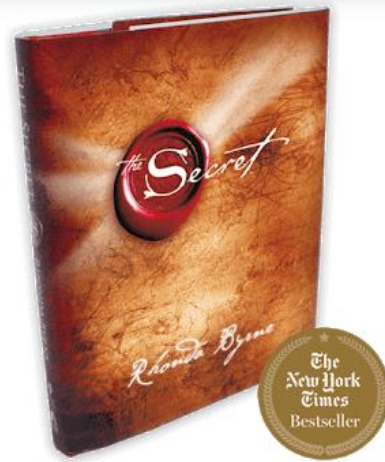
The words such as 'don't' , 'no' , 'not' etc. **do not count**. For instance, instead of saying, **I don't** want to get fail this time, try saying, **I will** get pass this time...and surely the results will become better.

3) Ask, [Believe](#), Receive.

- 4) Don't Stress about 'how'
- 5) One way to master your mind is to learn to quiet your mind.
- 6) Create/ Visualize your day in advance
- 7) Practice [Gratitude](#) 🙏
- 8) Treat yourself with love and respect ❤️
- 9) Think abundance, see abundance, feel abundance, believe abundance. Let no thought of limitation enter your mind.
- 10) What you resist, you attract!!
- 11) Let go of difficulties from your past.
- 12) Finally, Do what you love!!

There are many more key takeaways from it and will understand it better and when you read the whole book...





Now, the only thing I did not like 😞 about this book was that it says nothing bad will happen to you unless you attract those things to you. But some terrible things do happen in our life which are out of control. And I believe that people do not attract those things to them.

Therefore, the book is still worth a read and I highly recommend you all viewers to read this book as this book might [change your life](#) and the way you think.

