

Junior Caucus presents...

The **October** College Newsletter

Popular SUNYs

University at Albany

🌐 www.albany.edu

Albany, NY 12222

Distance: 136 miles



UAlbany provides its students the resources of a large institution while fostering individual growth. Its convenient location in New York allows students to enjoy opportunities for internships and career development in a thriving city. With 55 majors, 18 NCAA Division I teams, and 300 student clubs, UAlbany offers a vibrant environment to advance education and unleash potential.

Application type

- Public
- \$50 fee
- Common App or SUNY App required
- Test Optional
- Not allowed to superscore SAT and ACT
- 1 Teacher Recommendation required

Financial Info

- Costs: \$29,106
- Financial Aid Estimate: \$17,051

Academics

SAT Range: 990-1170
ACT Range: 22-27
Stuyvesant SAT Range: 1410-1520
Stuyvesant ACT Range: 31.25-35

Acceptance Rate: 70%
Stuyvesant Acceptance Rate: 52%
EA Rate: 86.4%
ED Rate: Not offered

Enrolled

- 12,190 undergraduates
 - 53.8% Female
 - 46.2% Male
 - 80% qualified for financial aid
- Graduation rate: 63%

Popular Majors & Minors

Social Sciences	22% of graduates
Business, Management, Marketing, and Related Support Services	13% of graduates
Psychology	10% of graduates

What UAlbany Is Looking For

Admission to the University is based on evidence of high school graduation or the equivalent, rigor of high school course completion, record of achievement, and desirable personal characteristics without regard to age, sex, race, color, creed, disability, sexual orientation, marital status, or national origin.

Campus Life

Coed Dorms	Yes/No
Alcohol for Students of Legal Age	Yes/ No
Campus Size (acres)	610
Career Services	Yes/No
Basic Health Services	Yes/No
Learning Disabled Student Services	Yes/No
Class Size	2,865
Student to Faculty Ratio	19:1
Study Abroad Options	Yes/No

Sports

Collegiate Athletic Association: NCAA Division I- America East, CAA

Varsity Intercollegiate Teams	18
Sport club teams	33
Undergraduates in varsity sports	~500

Top Sports

Basketball, Lacrosse, Field Hockey, and Women' Golf

Neighborhood: Albany

- 100,800 residents
- Suburban
- Diverse Restaurants
 - Indian, Chinese, Italian, American Cuisines
- Lots of Retail Stores
- Recreational
 - Museums
 - Bowling
 - Washington Park
 - Festivals and Farmers Markets

Binghamton University

🌐 www.binghamton.edu

Binghamton, NY 13902

Distance: 189 miles



Binghamton combines a strong academic foundation with an engaging campus life, creating a well-rounded experience for students. There, they offer over 130 academic programs, provide exceptional research opportunities, and a collaborative environment with distinguished faculty. With a 92% first-year retention rate, students thrive in a mid-sized university known for its six diverse living-and-learning communities, more than 250 clubs, and 21 NCAA Division I teams.

Application type

- Public
- \$50 fee
- Common App, SUNY App, or Coalition App required
- Test Optional
- Superscores ACT and SAT (but do NOT self report your superscore)
- 1 Teacher Recommendations required

Financial Info

- Costs: \$29,869
- Financial Aid Estimate: \$21,594

Academics

SAT Range: 1210-1370
ACT Range: 28-32
Stuyvesant SAT Range: 1480-1550
Stuyvesant ACT Range: 34-35

Acceptance Rate: 38%
Stuyvesant Acceptance Rate: 39%
EA Rate: Not offered
ED Rate: 51.6%

Enrolled

- 14,408 undergraduates
 - 49% Female
 - 51% Male
 - 68.9% qualified for need-based scholarships
- Graduation rate: 77%

Popular Majors & Minors

Biology/Biological Sciences, General 12% of graduates
Psychology, General 9% of graduates
Neuroscience 7% of graduates

What Binghamton Is Looking For

Binghamton University fully reviews all pieces of the application. We value students who challenge themselves academically as well as outside of the classroom. Strong applications will highlight the well-roundedness of the student. We are looking for students who will perform well academically and will also contribute to the active Binghamton campus community. While the most important piece of the application continues to be the high school transcript, we seek out students who are leaders, athletes, musicians, researchers, environmentalists, passionate about causes, driven, self-starters, political activists and so much more.

Campus Life

Coed Dorms	Yes/No
Alcohol for Students of Legal Age	Yes/ No
Campus Size (acres)	930
Career Services	Yes/No
Basic Health Services	Yes/No
Learning Disabled Student Services	Yes/No
Class Size	3,094
Student to Faculty Ratio	79:1
Study Abroad Options	Yes/No

Sports

Collegiate Athletic Association: NCAA Division I- America East

Varsity Intercollegiate Teams	21
Sport club teams	48
Undergraduates in varsity sports	~450

Top Sports

Swim, Squash, Golf
Softball, W Track

Neighborhood: Binghamton

- 47,000 residents
- Diverse Restaurants
 - Korean, Lebanese, Vietnamese, Italian, Japanese, Indian, Mexican, American Cuisines
- Recreational
 - Apple Picking
 - Robot City
 - Corning Museum of Glass

University at Buffalo

🌐 www.buffalo.edu

Getzville, NY 14068

Distance: 400 miles



UB is a leading research-intensive institution that offers over 140 undergraduate degrees and 300 graduate programs. Known for its world-class research, UB is home to Empire AI, a statewide consortium conducting groundbreaking AI research. Their global alumni network spans 150 countries and students learn across three vibrant campuses, blending historic architecture with state-of-the-art facilities.

Application type

- Public
- \$50 fee
- Common App, ApplySUNY, or Coalition App required
- Test Optional
- Submit all SAT and ACT scores (the school will superscore)
- 1-3 Teacher Recommendations required

Financial Info

- Costs: \$31,266
- Financial Aid Estimate: \$19,592

Academics

SAT Range: 1220-1390
ACT Range: 26-32
Stuyvesant SAT Range: 1440-1530
Stuyvesant ACT Range: 32-34.5

Acceptance Rate: 69%
Stuyvesant Acceptance Rate: 69%
EA Rate: 81.5%
ED Rate: Not offered

Enrolled

- 20,463 undergraduates
 - 46.2% Female
 - 53.8% Male
 - 62% qualified for need-based scholarships
- Graduation rate: 40%

Popular Majors & Minors

Business, Management, Marketing, and Related Support Services	16% of graduates
Engineering	14% of graduates
Social Sciences	12% of graduates

What SUNY Buffalo Is Looking For

Admission to UB is based on a holistic approach that considers all aspects of a student's application, both academic and non-cognitive factors. We review your high school average, your class rank and the strength of your high school academic record.

Campus Life

Coed Dorms	Yes/No
Alcohol for Students of Legal Age	Yes/ No
Campus Size (acres)	1,350
Career Services	Yes/No
Basic Health Services	Yes/No
Learning Disabled Student Services	Yes/No
Class Size	4,197
Student to Faculty Ratio	12:1
Study Abroad Options	Yes/No

Sports

Collegiate Athletic Association: NCAA Division I- MAC, FBS

Varsity Intercollegiate Teams	14
Sport club teams	33
Undergraduates in varsity sports	~450

Top Sports

Football, Hockey, Baseball

Neighborhood: Buffalo

- 270,000 residents
- Urban and suburban area
- Diverse Restaurants
 - Vietnamese, Japanese, Chinese, Indian, Italian, American, Cuisines
- Recreational
 - Bike path to and along the Tonawanda Creek
 - Visit Niagara Falls, Becker Farms
 - Hike
 - Museums

SUNY Cortland

🌐 www2.cortland.edu

Cortland, NY 13045

Distance: 215 miles



SUNY Cortland is recognized as one of the state's top public institutions, as it is ranked highest among SUNY comprehensive colleges by Money magazine's "Best Colleges for Your Money." It offers a well-rounded educational experience with nearly 70 majors and a powerhouse Division III athletics program. Since originally being known for teacher education and health-related majors, the university has since expanded its excellence into the arts, sciences, and professional fields.

Application type

- Public
- \$50 fee
- Common App or SUNY App required
- Test Optional
- No superscore*(double check)*
- 1 Teacher Recommendation required

Financial Info

- Costs: \$26,570
- Financial Aid Estimate: \$19,535
- [Net Price Calculator](#)

Academics

SAT Range: 1090–1240
ACT Range: 22–27
Stuyvesant SAT Range: 1390-1505
Stuyvesant ACT Range: 31

Acceptance Rate: 51%
Stuyvesant Acceptance Rate: 44%
EA Rate: N/A
ED Rate: Not offered

Enrolled

- 5,905 undergraduates
 - 53.1% Female
 - 46.9% Male
 - ~80% qualified for need-based scholarships
- Graduation rate: 56%

Popular Majors & Minors

Education 35% of graduates
Parks, Recreation, Leisure, Fitness, and Kinesiology 18% of graduates
Social Sciences 10% of graduates

What SUNY Cortland Is Looking For

SUNY Cortland looks for students who are not only academically prepared but also well-rounded individuals. A cumulative grade point average of 2.5 on a 4.0 scale is required for admission, however some programs are more competitive. SUNY Cortland gives preference to those who have or will complete an associate's degree. They seek students who actively participate in extracurricular activities, volunteer work, or other experiences that demonstrate their dedication to service, diversity, and teamwork.

Campus Life

Coed Dorms	Yes/No
Alcohol for Students of Legal Age	Yes/ No
Campus Size (acres)	191
Career Services	Yes/No
Basic Health Services	Yes/No
Learning Disabled Student Services	Yes/No
Class Size	1,216
Student to Faculty Ratio	16:1
Study Abroad Options	Yes/No

Sports

Collegiate Athletic Association: NCAA Division III-SUNYAC

Varsity Intercollegiate Teams	25
Sport club teams	31
Undergraduates in varsity sports	~750

Top Sports

Football, Soccer, Field Hockey

Neighborhood: Cortland

- 17,000 residents
- Suburban area
- Diverse Restaurants
 - Italian, Greek, American, Asian Cuisines
- Recreational
 - Golf
 - Snowboarding
 - Museums

Stony Brook University

🌐 www.stonybrook.edu

Stony Brook, NY 11794

Distance: 58 miles



Stony Brook University is situated such that students have easy access to Manhattan. With nearly 27,000 students and over 200 academic programs, Stony Brook excels in fields like marine science, engineering, and sustainability. Graduates are highly sought after, with nearly 95% employed or pursuing further education. Stony aims to provide high-quality education, cutting-edge research, and innovative health care, while fostering economic growth and cultural leadership.

Application type

- Public
- \$50 fee
- Common App or SUNY App required
- Test Optional
- Takes ACT and SAT superscores
- 1 Teacher Recommendation required

Financial Info

- Costs: \$30,518
- Financial Aid Estimate: \$17,232

Academics

SAT Range: 1220-1360
ACT Range: 26-31
Stuyvesant SAT Range: 1480-1550
Stuyvesant ACT Range: 33-35

Acceptance Rate: 49%
Stuyvesant Acceptance Rate: 41%
EA Rate: N/A
ED Rate: Not offered

Enrolled

- 17,549 undergraduates
 - 51% Female
 - 49% Male
 - 68% qualified for need-based scholarships
- Graduation rate: 66%

Popular Majors & Minors

Biological and Biomedical Sciences 14% of graduates
Health Professions and Related Programs
14% of graduates
Business, Management, Marketing, and Related Support
Services
11% of graduates

What Stony Brook Is Looking For

Admission to Stony Brook is based on a holistic review of a student's academic record including the overall grade point average and strength of curriculum, as well as other academic and personal factors such as extracurricular and community involvement, evidence of leadership, special talents or interest.

Campus Life

Coed Dorms	Yes/No
Alcohol for Students of Legal Age	Yes/ No
Campus Size (acres)	1,454
Career Services	Yes/No
Basic Health Services	Yes/No
Learning Disabled Student Services	Yes/No
Class Size	3,569
Student to Faculty Ratio	19:1
Study Abroad Options	Yes/No

Sports

Collegiate Athletic Association: NCAA Division I- America
East, CAA

Varsity Intercollegiate Teams	20
Sport club teams	36+
Undergraduates in varsity sports	~475

Top Sports

Baseball, W Lacrosse, Basketball

Neighborhood: Stony Brook

- 13,000 residents
- Suburban area
- Diverse Restaurants
 - Italian, Mexican, American, Chinese, Vietnamese Cuisines
- Recreational
 - Explore Long Island
 - Cultural Events
 - Performances
 - Art exhibits

SUNY College at Geneseo

🌐 www.geneseo.edu

Geneseo, NY 14454

Distance: 331 miles



Founded in 1871, SUNY Geneseo is a public liberal arts college known for its outstanding faculty, supportive environment, and successful alumni. They are an inclusive community dedicated to empowering students through knowledge, creativity, and lifelong learning. Their hope to offer an equity-centered, public honors experience that drives positive societal impact.

Application type

- Public
- \$50 fee
- Common App or SUNY App required
- Test Optional
- Allowed to superscore
- Teacher Recommendations optional

Financial Info

- Costs: \$26,632
- Financial Aid Estimate: \$18,950

Academics

SAT Range: 1090-1300
ACT Range: 24-28
Stuyvesant SAT Range: 1470-1540
Stuyvesant ACT Range: 35-36

Acceptance Rate: 64%
Stuyvesant Acceptance Rate: 64%
EA Rate: 82.5%
ED Rate: Not offered

Enrolled

- 3,897 undergraduates
 - 64.8% Female
 - 35.2% Male
 - 61% qualified for need-based scholarships
- Graduation rate: 65%

Popular Majors & Minors

Social Sciences	20% of graduates
Education	16% of graduates
Psychology	13% of graduates

What SUNY Geneseo Is Looking For

SUNY Geneseo attracts students searching for a "quality education at an affordable price," and undergraduate students describe "challenging but rewarding" courses taught by faculty who are "here to teach and prepare students for the real world."

Campus Life

Coed Dorms	Yes/No
Alcohol for Students of Legal Age	Yes/ No
Campus Size (acres)	220
Career Services	Yes/No
Basic Health Services	Yes/No
Learning Disabled Student Services	Yes/No
Class Size	982
Student to Faculty Ratio	15:1
Study Abroad Options	Yes/No

Sports

Collegiate Athletic Association: NCAA Division III-SUNYAC

Varsity Intercollegiate Teams	21
Sport club teams	23
Undergraduates in varsity sports	~550

Top Sports

Swimming and Diving, W Soccer, Softball, XC/TF

Neighborhood: Geneseo

- 8,000 residents
- Rural area
- Diverse Restaurants
 - American Cuisines
- Recreational
 - Ski
 - Golf
 - Sail
 - Theater

SUNY Potsdam

🌐 www.potsdam.edu

Potsdam, NY 13676

Distance: 346 miles



SUNY Potsdam aims to create an inclusive community where students engage in innovative, hands-on learning experiences that lead to fulfilling careers. The college strives for educational opportunity and economic growth in the region through cutting-edge programs that emphasize inclusivity, sustainability, and social mobility. SUNY Potsdam is committed to being an open, ethical, and socially conscious community that values diversity, promotes wellness, and protects freedom of expression.

Application type

- Public
- \$85 fee
- Common App required
- Not Test Optional
- Allowed to superscore SAT, but NOT ACT
- 2 Teacher Recommendations required

Financial Info

- Costs: \$10,900
- [Net Price Calculator](#)

Academics

SAT Range: 1070 - 1240
ACT Range: 21-28
Stuyvesant SAT Range: 1365-1465
Stuyvesant ACT Range: 33

Acceptance Rate: 85%
Stuyvesant Acceptance Rate: 82%
EA Rate: Not offered
ED Rate: Not offered

Enrolled

- 1961 undergraduates
 - 58.1% Female
 - 41.9% Male
 - 75% qualified for need-based scholarships
- Graduation rate: 34%

Popular Majors & Minors

Education	28% of graduates
Visual and Performing Arts	16% of graduates
Psychology	10% of graduates

What SUNY Potsdam Is Looking For

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Campus Life

Coed Dorms	Yes/No
Alcohol for Students of Legal Age	Yes/ No
Campus Size (acres)	240
Career Services	Yes/No
Basic Health Services	Yes/No
Learning Disabled Student Services	Yes/No
Class Size	430
Student to Faculty Ratio	9:1
Study Abroad Options	Yes/No

Sports

Collegiate Athletic Association: NCAA Division III-SUNYAC

Varsity Intercollegiate Teams	17
Sport club teams	17
Undergraduates in varsity sports	~300

Top Sports

Basketball, Cross Country, Ice Hockey, Lacrosse

Neighborhood: Potsdam

- 15,000 residents
- Rural area
- Diverse Restaurants
 - Thai, Italian, American, Hawaiian, French Cuisines
- Recreational
 - Summer Festivals
 - Museums
 - Gallery Walk
 - Rock Climb
 - Canoe/Kayak down Raquette River

SUNY Oneonta

🌐 suny.oneonta.edu

Oneonta, NY 13820

Distance: 212 miles



SUNY Oneonta's mission, concise yet impactful, reflects its daily commitment to student well-being and success. Oneonta strives for a friendly environment where everyone feels at home. With their pillars being inclusivity, service, and sustainability, they value hope SUNY Oneonta in becoming an exemplary residential community that provides relevant educational experiences inside and outside the classroom. By challenging the status quo and evolving with students, the university aims to foster a more just and humane world.

Application type

- Public
- \$50 fee
- Common App required
- Test Optional
- Allowed to superscore SAT, but NOT ACT
- 1 Recommendation required

Financial Info

- Costs: \$10,000
- [Net Price Calculator](#)

Academics

SAT Range: 1110-1250
ACT Range: 23-29
Stuyvesant SAT Range: 1380-1580
Stuyvesant ACT Range: 31

Acceptance Rate: 70%
Stuyvesant Acceptance Rate: 44%
EA Rate: Not offered
ED Rate: Not offered

Enrolled

- 4,847 undergraduates
 - 59.5% Female
 - 40.5% Male
 - 67% qualified for need-based scholarships
- Graduation rate: 57%

Popular Majors & Minors

Education 21% of graduates
Business, Management, Marketing, and Related Support Services 12% of graduates
Psychology 11% of graduates

What SUNY Oneonta Is Looking For

Havard seeks students who have demonstrated a passion for knowledge across all disciplines. Character is an especially important component of the Havard admissions, where they look for students who display leadership, integrity, and maturity. This often involves essays, recommendations, and interviews. They look for those who have made significant achievements outside of the classroom.

Campus Life

Coed Dorms	Yes/No
Alcohol for Students of Legal Age	Yes/ No
Campus Size (acres)	250
Career Services	Yes/No
Basic Health Services	Yes/No
Learning Disabled Student Services	Yes/No
Class Size	1,319
Student to Faculty Ratio	15:1
Study Abroad Options	Yes/No

Sports

Collegiate Athletic Association: NCAA Division III-SUNYAC

Varsity Intercollegiate Teams	21
Sport club teams	18
Undergraduates in varsity sports	~450

Top Sports

Soccer, Swimming and Diving, Tennis, Track and Field

Neighborhood: Oneonta

- 16,000 residents
- Rural area
- Diverse Restaurants
 - Italian, Thai, American, Chinese Cuisines
- Recreational
 - Hiking
 - Music Festivals
 - Road Trips
 - Interskate 88
 - Delaware-Otsego Audubon Society Sanctuary

SUNY New Paltz

🌐 www.newpaltz.edu

New Paltz, NY 12561

Distance: 212 miles



SUNY New Paltz offers over 100 majors and a vibrant community. Known for its high retention and graduation rates, the college is committed to providing an inclusive, affordable education that is also diverse. With a strong focus on faculty-student collaboration and innovative learning, SUNY New Paltz prepares students to become engaging citizens and productive members of their communities.

Application type

- Public
- \$50 fee
- Common App required
- Test Optional
- Allowed to superscore SAT, but NOT ACT
- 1 Teacher Recommendation required

Financial Info

- Costs: \$9,400
- [Net Price Calculator](#)

Academics

SAT Range: 1010-1200
ACT Range: 24-29
Stuyvesant SAT Range: 1415-1530
Stuyvesant ACT Range: 31.5-35.5

Acceptance Rate: 59%
Stuyvesant Acceptance Rate: 41%
EA Rate: 76.2%
ED Rate: Not offered

Enrolled

- 6,111 undergraduates
 - 63.8% Female
 - 36.2% Male
 - 64% qualified for need-based scholarships
- Graduation rate: 56%

Popular Majors & Minors

Education 16% of graduates
Business, Management, Marketing, and Related Support Services 11% of graduates
Psychology 11% of graduates

What SUNY New Paltz Is Looking For

New Paltz embraces its culture as a community where talented and independent-minded people foster openness, diversity, artistry, and creativity.

Campus Life

Coed Dorms	Yes/No
Alcohol for Students of Legal Age	Yes/ No
Campus Size (acres)	257
Career Services	Yes/No
Basic Health Services	Yes/No
Learning Disabled Student Services	Yes/No
Class Size	1,119
Student to Faculty Ratio	15:1
Study Abroad Options	Yes/No

Sports

Collegiate Athletic Association: NCAA Division III-SUNYAC

Varsity Intercollegiate Teams	15
Sport club teams	~20
Undergraduates in varsity sports	~300

Top Sports

M Volleyball, W Basketball, Softball

Neighborhood: New Paltz

- 8,000 residents
- Suburban area
- Diverse Restaurants
 - Mediterranean, Italian, Mexican, Chinese, Thai Cuisines
- Recreational
 - Fitness classes
 - Swim
 - Shawangunk Mountains
 - Mohonk Preserve

SUNY College of Environmental Science and Forestry

🌐 www.esf.edu

Syracuse, NY 13210

Distance: 193 miles



ESF is about educating future environmental leaders from diverse backgrounds while promoting scholarship and stewardship of natural and designed environments. With a vision of achieving a better world through environmental discovery, ESF fosters a dynamic community of researchers, teachers, and learners committed to making a positive impact. Students can explore their passions through research, field experiences, study abroad, and internships, benefiting from the partnership with Syracuse University. As a result, ESF graduates are well-prepared for rewarding careers and graduate school opportunities.

Application type

- Public
- \$50 fee
- Common App required
- Test Optional
- Allowed to superscore SAT, but NOT ACT
- 1 Teacher Recommendation required

Financial Info

- Costs: \$9,685
- [Net Price Calculator](#)

Academics

SAT Range: 1130-1300
ACT Range: 24-30
Stuyvesant SAT Range: 1380-1570
Stuyvesant ACT Range: N/A

Acceptance Rate: 61%
Stuyvesant Acceptance Rate: 100%
EA Rate: N/A
ED Rate: N/A

Enrolled

- 1800 undergraduates
 - 53% Female
 - 47% Male
- Graduation rate: 65%

Popular Majors & Minors

Conservation Biology	10.4% of graduates
Environmental Biology	8.7% of graduates
Natural Resources	8.5% of graduates

What SUNY ESF Is Looking For

ESF is looking for students with strong academic backgrounds in mathematics and science. Student passions should align with the school's mission.

Campus Life

Coed Dorms	Yes/No
Alcohol for Students of Legal Age	Yes/ No
Campus Size (acres)	25000+
Career Services	Yes/No
Basic Health Services	Yes/No
Learning Disabled Student Services	Yes/No
Class Size	429
Student to Faculty Ratio	14:1
Study Abroad Options	Yes/No

Sports

Collegiate Athletic Association: NCAA Division III-
SUNYAC, USCAA

Varsity Intercollegiate Teams	12
Sport club teams	40+
Undergraduates in varsity sports	~150

Top Sports

M Golf, Soccer, Cross Country

Neighborhood: Syracuse

- 144,000 residents
- Urban area
- Diverse Restaurants
 - Italian, Mexican, Arab, Japanese, Vietnamese Cuisines
- Recreational
 - Apple picking
 - Esports
 - Group fitness classes