

**Global Health Pvt Ltd**  
**Medanta-The Medicity, Sec-38, Gurgaon**  
**Discharge Summary**

<b>Patient Name</b>	: Mrs. Subhawati Devi	<b>Patient UHID</b>	: MM01617043
<b>Age</b>	: 54Y	<b>Gender</b>	: Female
<b>Admission Date</b>	: 23/01/2020 13:05	<b>Discharge Date</b>	:
<b>Encounter Type</b>	: Inpatient	<b>Encounter ID</b>	: 16559023
<b>Consultant Incharge</b>	: Dr Sudhir Dubey	<b>Specialty</b>	: Neurosurgery
<b>Location</b>	: 6th Floor A2A3	<b>Bed No</b>	: 5628

### Discharge Summary -Neuro

<b>Patients Address</b>	: 39a saraitaki jhansi ,prayagraj,Jhansi S.O,ALLAHABAD,India,211019
<b>Date of Discharge</b>	: 30/01/2020 22:54
<b>Name of Consultant</b>	: Dr Sudhir Dubey
<b>Bed No</b>	: 5628
<b>Discharge Status</b>	: Discharged to home (routine discharge)
<b>Reason for admissions</b>	: Procedure/Surgery *
<b>Primary Diagnosis</b>	: Lumbar Listhesis (L4-L5, L5-S1)
<b>Primary Diag ICD Code</b>	: M43.16
<b>Co-morbidities</b>	: Tuberculosis

#### Medical History & Presenting Complaints :

Mrs. Subhawati Devi, 54 years female, is a known case of tuberculosis, presented with complaints of lower backache radiating to both lower limbs (left> right) since 4 months. Patient started complaints of pain in lower back, insidious onset mild intensity, localized initially, dull aching, intermittent, relieved on medications and sometimes on its own. It progressed to involve both lower limbs in about 20-25 days, left more than right upto knees. No history of trauma. Pain now radiating to bilateral legs and foot since last 1-2 months, the pain has increased in intensity to moderate now, become continuous. she is able to walk with difficulty. Pain aggravated by walking and on standing from sitting position. Pain decreased on taking rest. No history of numbness or tingling in bilateral lower limbs. No history of weakness of bilateral lower limbs. No history of pain, numbness, tingling or weakness of bilateral upper limb. No history of neck pain. No history of fever, weight loss and urine incontinence. There is history of constipation present since long time.

Now admitted here for further evaluation and management.

#### Physical & Systemic Examination :

Blood pressure: 110/70 Millimeter Of Mercury (mmHg)  
Pulse : 82/minute  
Respiratory Rate: 20/minute  
Chest : Bilateral clear  
Cardiovascular System: S1, S2 normal



2018  
NABH



2018  
NABH



2018  
NABH

#### Medanta - The Medicity

\* Sector - 38, Gurugram, Haryana - 122 001, India  
T: +91 124 4141 414 Fax: +91 124 4834 111

#### Medanta - Mediclinic

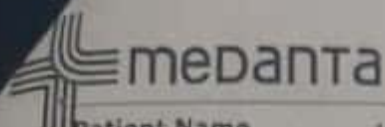
\* E-18, Defence Colony, New Delhi - 110 024  
T: +91 11 4411 4411 Fax: +91 11 2432 1433

#### Medanta - Mediclinic Cybercity

\* UG Floor, Building 10C, DLF Cybercity, Phase II, Gurugram 122 002  
T: +91 124 4141 472

Regd. Office: Global Health Private Limited, E-18, Defence Colony, New Delhi - 110 024, India Tel: +91 11 4411 4411 Fax: +91 11 2432 1433  
www.medanta.org

Corporate Member Number: 08100000000000000000  
30.01.2020



Patient Name	: Mrs. Subhawati Devi	Patient UHID	: MM01617043
Age	: 54Y	Gender	: Female
Admission Date	: 23/01/2020 13:05	Discharge Date	:
Encounter Type	: Inpatient	Encounter ID	: 16559023
Consultant Incharge	: Dr Sudhir Dubey	Specialty	: Neurosurgery
Location	: 6th Floor A2A3	Bed No	: 5628

Per Abdomen: Soft, Non-tender  
 Central Nervous System:  
 Higher mental function (HMF) within normal limit  
 Conscious, oriented  
 All cranial nerve intact  
 Bulk and tone normal all four limbs  
 Power 5/5 in all four limbs  
 Straight Leg Raise (SLR) Test right > 70°, left > 60°  
 Deep Tendon Reflex 2+ in bilateral upper and lower limbs  
 No sensory deficit  
 Bilateral plantar flexor  
 No cerebellar or meningeal signs  
 No obvious back or spine deformity  
 Mild tenderness over lumbosacral region more over L4-L5

#### Allergies

Not known

### Investigation

#### Laboratory

Attached

#### Others

2D Echocardiogram (23.01.2020) showed no left ventricular regional wall motion abnormality, left ventricular ejection fraction 55%. Normal Right ventricular (RV) systolic function. Mitral inflow pattern (MIP)- Dilated right atrial (DRA), Left Ventricular End Diastolic Pressure normal. Trace tricuspid regurgitation, Trace Mitral regurgitation. Pulmonary artery systolic pressure 24 mmHg. No aortic stenosis. No aortic regurgitation. Normal cardiac chamber dimensions. Inferior vena cava normal. Non collapse Central venous pressure 3 mmHg. No intracardiac clot/vegetation/pericardial effusion.

#### Procedure or Surgery

MIS L4-L5, L5-S1 TLIF was done on 24.01.2020

B/L L4-5/L5-S1 Foraminal injection done on 29/01/2020

Technique: The patient was positioned prone prepped and draped. With 23G Spinal needle B/L L4-5/L5-S1 Foraminal injection given under fluoroscopic guidance using 2mg Dexamethasone+1.5cc 0.20% Ropivacaine at each level.

#### Course in Hospital

Patient was admitted under Neurosurgery team with above mentioned complaints for which investigations were done. After informed consent & Pre anesthesia clearance, patient underwent MIS L4-L5, L5-S1 TLIF on



ISO 9001  
CERTIFIED



ISO 14001  
CERTIFIED



ISO 45001  
CERTIFIED

#### Medanta - The Medicity

Sector - 38, Gurgaon, Haryana - 122 001, India  
 ☎ +91 124 4141 414 Fax: +91 124 4034 111

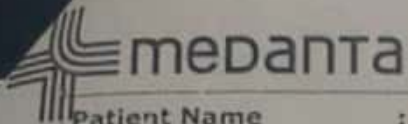
#### Medanta - Mediclinic

E-18, Defence Colony, New Delhi - 110 024  
 ☎ +91 11 4411 6411 Fax: +91 11 2432 1423

#### Medanta - Mediclinic Cybercity

UG Floor, Building 18C, DLF Cybercity, Phase II, Gurgaon 122 007  
 ☎ +91 124 4141 472

Medanta - The Medicity Private Limited, E-18, Defence Colony, New Delhi - 110 024, India. Tel: +91 11 4411 6411 Fax: +91 11 2432 1423



Patient Name	: Mrs. Subhawati Devi	Patient UHID	: MM01617043
Age	: 54Y	Gender	: Female
Admission Date	: 23/01/2020 13:05	Discharge Date	:
Encounter Type	: Inpatient	Encounter ID	: 16559023
Consultant Incharge	: Dr Sudhir Dubey	Specialty	: Neurosurgery
Location	: 6th Floor A2A3	Bed No	: 5628

24.01.2020. Patient tolerated the procedure well. Post-operatively patient was kept in Intensive Care Unit (ICU) for close monitoring and intensive care. After stabilization patient was shifted to the room. Patient still complained of pain around left hip region. Pain clinic consultation was sought (Dr Rajkumar) and patient underwent B/L L4-5/L5-S1 Foraminal injection done on 29/01/2020 .  
Now, patient is being discharged in stable condition with following advice.

#### Significant Medication Given :

Injection. MONOCEF, Injection . KABIMOL, Injection. PAN.

#### Condition at Discharge :

No new neurological deterioration  
Conscious, Oriented  
Afebrile, vitals stable  
Orally accepting, self voiding  
Wound healthy, suture in situ.  
Pain Decreased in intensity  
Walking without support

#### Diet :

Normal Diet

### Advice on Discharge

#### Discharge medication

Discharge Medication				
Drug Name	Route	Frequency	Time	Duration
Tablet CEFTUM 500 mg	Oral	Twice daily	8 am- 8 pm	for 5 days
Tablet SYNAPTOL 150 mg	Oral	Once daily	10 pm	for 10 days
Tablet DOLO 650 mg	Oral	Thrice daily	8 am -2 pm - 10 pm	for 5 days then as and when required for pain and fever
Tablet GABAPIN NT 400/10 mg	Oral	Once daily	10 pm	for 15 days
Tablet PANTOCID 40 mg	Oral	Once daily	7 am	for 7 days
Syrup. CREMAFFIN	Oral	Once daily	10 pm	for 7 days then as and when required for constipation,



30/01/2020  
20/01/2020



Certificate No.  
H-2013-0012



Certificate No.  
MC-036

## Department of Radiology -

Xray LS spine lateral flexion &amp; ext anal

**Radiology Report**

MM01617043

**RADIOGRAPH OF WHOLE SPINE & AP, LATERAL AND FLEXION & EXTENSION VIEW OF LUMBAR SPINE**

Clinical details are not available.

**Findings**

Marginal osteophytes are noted at multiple vertebral levels.

There is grade-II anterolisthesis of L4 over L5 with grade I anterolisthesis of L5 over S1 along with spondylolysis.

The intervertebral disc spaces are mildly reduced at L4-L5 and L5-S1 levels.

Rest of the intervertebral disc spaces is maintained.

Loss of cervical lordosis is seen.

Facet joint arthropathy is noted at lower lumbar spine.

Sacroiliac joints appear normal.

Soft tissue appears normal.

*Please correlate clinically.***Dr. Rajul Bhargava**  
Fellow, RadiologyAuthorized by Dr Rajul Bhargava on 20 Jan 2020 14:32  
Ordered: 20 Jan 2020 13:00

Note: This is a system generated document. Signature is not required.





medanta

Neurosurgery

Name: Mrs. Subhawati Devi

Gender: F

Doctor: Dr Sudhir Dubey

UHID: MM01617043

Age: 54 years

Date: 20 Jan 2020

Department of Radiology -

XRay whole spine AP & lateral with analy

**Radiology Report**

MM01617043

**RADIOGRAPH OF WHOLE SPINE & AP, LATERAL AND FLEXION & EXTENSION VIEW OF LUMBAR SPINE**

Clinical details are not available.

**Findings**

Marginal osteophytes are noted at multiple vertebral levels.

There is grade-II anterolisthesis of L4 over L5 with grade I anterolisthesis of L5 over S1 along with spondylolysis.

The intervertebral disc spaces are mildly reduced at L4-L5 and L5-S1 levels.

Rest of the intervertebral disc spaces is maintained.

Loss of cervical lordosis is seen.

Facet joint arthropathy is noted at lower lumbar spine.

Sacroiliac joints appear normal.

Soft tissue appears normal.

*Please correlate clinically.*

**Dr. Rajul Bhargava**

**Fellow, Radiology**

Authorized by Dr Rajul Bhargava on 20 Jan 2020 14:32

Ordered: 20 Jan 2020 13:00

**Note: This is a system generated document. Signature is not required.**



**Global Health Pvt Ltd**  
**Medanta-The Medicity, Sec-38, Gurgaon**  
**Radiology Report**

<b>Patient Name</b>	: Mrs. Subhawati Devi	<b>Patient ID</b>	: MM01617043
<b>Age</b>	: 54Y	<b>Gender</b>	: Female
<b>Admitting Practitioner</b>	: Dr Sudhir Dubey	<b>Attending Practitioner</b>	: Dr Sudhir Dubey
<b>Specialty</b>	: Executive Health Check	<b>Visit/Admission Date</b>	: 20/01/2020 12:03
<b>Location</b>	: Executive Health Check		

## **Radiology Report**

### **BONE DENSITOMETRY OF TOTAL BODY:**

Region	BMD (gm/cmsq)	T-Score	Z-Score
L1-L4	0.989	-1.6	-0.8
Femur (Left)	1.007	0.0	0.7
Femur(Right)	0.940	-0.5	0.2
Radius	0.765	-1.4	-1.0
Whole Body	1.052	-0.9	-0.2

### **BODY FAT COMPOSITION:** is as described under -

Tissue % fat	45.1 %
Total mass	58.1 Kg
Fat	25,382 gm
BMC	1,896 gm
BMI	26.1 Kg/msq

### **IMPRESSION:**

Bone densitometry findings are suggestive of Osteopenia as per WHO definition. The BMI is 26.1 Kg/msq, which is suggestive of Overweight.

Dr. Vivek Sharma