

HR Assignment

1) What is work life balance?

Work life balance is maintain your personal life with work life and understand properly that these two are very different from each other and whenever the work is going so i have to focus only on work rather than family according to the requirement.

2) What does a perfect day look like?

start from your day like it's new day with ray to god. and completed all the tasks, whatever task you have decided by your own or gives by someone until the days off and do some exercises and talked with family even after a busy schedule. so its perfect day for me.

3) What does work mean to you?

According to me work is very important for me because it's the responsibility that assigned to me by someone or by myself for better results with properly cleaned and perfect way

4) Give an example from your life where you defied pressure from your family or close ones to do something that was right according to you.

Hmm actually the phase was where my family was in hospital for my sister treatment and that time there are 10 members are in the hospital and at that time i left the hospital with my some family members and comes to home for less the expenses of hospital bills and all

5) What is your biggest fear?

My biggest fear is my overthinking and quick decisions sometimes.

6) What are your hobbies and interests, and to what extent have you accomplished them?

My hobbies is playing cricket gym and singing and whenever i get time to achieve this am do this in my free time and also take some time from my busy life for complete this

7) Provide an example of resilience from your life. Share the work you have undertaken despite facing constant setbacks. the best example is preparing for any exams from very long time and you get the failure instead of the success and after understanding by taking the time that failure is a part of life and again preparing and get success is unpredictable things

8) What movies have you seen recently? Share your learnings.
i have recently seen movie heist where i learn that with calm and smartness we can solve many big problems even the condition is not properly according to our planning.

9) Are you aware of the climate change crisis? In your view what is the fundamental reason behind it and how can it be averted?

yes i faced these things many times. and i thing it's nature which happened only when we do the changes against the changes like cut the trees, and use many chemical products so these things are majorly point which is the reason for climate change and in this time i mostly prefer to use walking for travel and if there is flood in the river then am not the risk for crossing it and also avoids to visit near the waterfall places.

10) What are your views on veganism? Are you a vegan?

No am not a vegan, but i thing veganism is good thing that you are not killed the innocent animals and birds. i am thinking as well that veganism is going is work according to your need and body requirement like someone like me if not taking the protein in enough amount then i am feeling very low and also feeling sick because now a days is everything is mixed product like milk, rice so i thing

11) Share your understanding of Acharya Prashant's work. If you aren't familiar, you can watch a video and share your thoughts.

He is doing very great work and also many people are listening him because his though and knowledge for sanatan dharma is remarkable and also focusing on the work where people going the right direction rather than going to wrong path.