Pre-Study Questionnaire

	Not Confident at all	Mostly not confident	Slightly confident	50/50	Fairly Confident	Mostly confident	Absolutely confident
I could come up with a suitable strategy for a given programming project in a short time							
While working on a programming project, if I got stuck at a point I could find ways of overcoming the problem							
I could find a way to concentrate on my program, even when there were many distractors around me.							
I could find ways of motivating myself to program, even if the problem area was of no interest to me							
I could write a program that someone else could comprehend and add features to at a later date							
I could write a small Java program given a small problem that is familiar to me							
I could complete a programming project if I could call someone for help if I got stuck							
I could complete a programming project if someone showed me how to solve the problem first							
I could complete a programming project once someone else helped me get started.							

Post-Study Questionnaire

	Not Confident at all	Mostly not confident	Slightly confident	50/50	Fairly Confident	Mostly confident	Absolutely confident
I could come up with a suitable strategy for a given programming project in a short time							
While working on a programming project, if I got stuck at a point I could find ways of overcoming the problem							
I could find a way to concentrate on my program, even when there were many distractors around me.							
I could find ways of motivating myself to program, even if the problem area was of no interest to me							
I could write a program that someone else could comprehend and add features to at a later date							
I could write a small Java program given a small problem that is familiar to me							
I could complete a programming project if I could call someone for help if I got stuck							
I could complete a programming project if someone showed me how to solve the problem first							
I could complete a programming project once someone else helped me get started.							